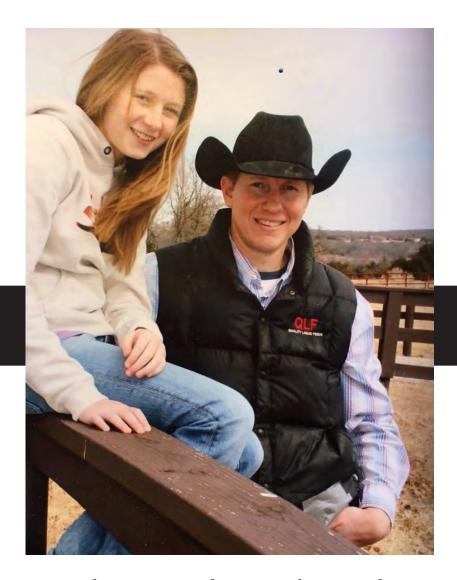
PIONEER

WOMEN'S MARCH Pages 8 and 9



Daddy, Did You Know?

Father-Daughter Relationships Often Complicated, Difficult

By KARALEE LANGFORD

Seventh grade would be the last picture Darbi Easley would take with her father for several years.

Not because he is no longer living, but rather because he became a silhouette that once held a permanent place in his daughter's life.

"I want understanding for my opinions and beliefs, respect for them regardless if he agrees with me or not. Just agree to disagree," she said. "And acceptance."

Darbi hung her head. Her hair hugged her face hiding her eyes.

Throughout past generations, friction has caused many father-daughter relationships to be more interactive and open. However, as the role of women evolve and change, the level of tension between these relationships has increased.

Erin Johnson is a college student who asked that her name be changed for the story. Johnson said her father would never say he was proud of her. "I would try to do everything to get him to say that to me, but he only ever said it once. After that, I realized that he was never going to say he was proud of me, so I just gave up," she said.

While maintaining a relationship is a twoway street, most people agree determining the boundaries of the relationship shouldn't be up to the daughter, alone.

Throughout a daughters' life, she is learning from her father what the expectations and limitations are when it comes to their personal relationship. A daughter evaluates and compares, even critiques her own relationship with her father because she wants to feel secure. Those early learning stages determine the future expectations that her children have with their father.

"If there was never communication in the first place, if you didn't have a relationship talking and explaining things as a kid with your dad, then that's just going to make it ten times harder to talk to them as a teenager," Easley said. "I know it's not all him. I think our relationship probably fell apart because there was no talking, there was no communication. There still isn't."

In a 2014 study of 494 people conducted by The Dove Medical Press, researchers confirmed previous studies done by Bowling and Wermer-Wilson which emphasize, "the influence of a daughter's relationship with her father on her relationship with other men and her mature sexual decisions later on. This may also contribute to the daughter's psychosocial adjustment, social acceptance, sexual adjustment, perceived warmth and closeness, self-image, and self esteem."

"What little relationship I have with my parents, the some talking, not arguing. It's way better than what they had with their parents so they thought it was okay," Easley said. "They didn't realize how important it is and they didn't realize how important it was at the time."

Similarly, Johnson's lack of a positive relationship with her father changed her views about marriage. "I don't really want to get married in

Review/Opinion

Review/Opinion

I, Tonya an Eye Opening Film



BY NATALIE NELL Pioneer News Writer

Pregarded as a "white trash" figure skater. She never fit the image that was forced on her. She was poor, had a bad mouth, and a rough look. But she was a good figure skater. No matter how many people didn't like her, they knew that she was good.

The movie, "I, Tonya" illustrates her life story; growing up in Portland, her skating career, and one of the most infamous scandals to ever happen in the Olympics.

Harding was constantly abused by her mother. If she didn't land right, she was beaten. If she spoke her mind, she got hit. She was never "good enough" for her mother. Tonya just wanted her mother to be proud of her, for once in her life.

Her mother drank, spiking her coffee with brandy for morning practices. She worked

multiple jobs to pay for her training and always made sure that Tonya knew that. Her mother even threw a steak knife at her once.

Tonya's coach, Diane, said it best: "Skating for Tonya is her ticket out of the gutter."

Then there's Jeff.

Tonya fell in love and married the first guy who told her she was pretty. However, Tonya moved out of one abusive household into another. They had a toxic, on-again off-again relationship, that often involved the police.

During this time, Tonya was preparing for the 1991 Nationals. She became the first American woman to land a triple axel in competition. She was on top of the world: the highlight of her career. After that, things went downhill.

In 1994, Tonya's teammate, Nancy Kerrigan, was assaulted, struck at the knee.

The movie reveals everything you never knew about the Olympic scandal. Tonya's life was in crisis.

As the investigation unfolded, her career came to a halt.

The movie, overall, was well done. The use of a filter gave it the vintage 1980s look. The clothing was spot on: puffy jackets and colorful scrunchies. There couldn't have been a better cast to portray Tonya and the people in her life. It was great acting.

The movie was funny, and brutally honest: it was real

People think Nancy Kerrigan was the only victim in this story. When really, Tonya was a victim her whole life. She was abused, poor, no one believed her, and was someone who looked and lived a way that people didn't approve of.

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All letters must include the author's name, address, phone number and signature.

E-mail letters should include all but the signature. The PIONEER will withhold the

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Letters should be no more than 250 words. Students must list a major. OCCC staff and faculty must list a work title.

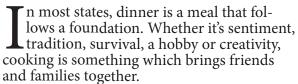
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COOKING:

A blend of art and flavor





In Oklahoma City, cooking has stopped becoming the stereotype that's left only to parents and grandparents or more commonly chefs, cooks, bakers, and food lovers.

According to the United States of Department of Labor, about 1030 individuals specialize as a chef, cook or caterer in Oklahoma.

With multiple backgrounds of experience, each have one thing in common, a love for food

For Justin McAroy, it's his underlying passion.

McAroy focuses on the art of cooking with smokers and creating delectable barbeque. In 2018, he created his own personal business known as The MeatyOkie Smoking Co.

"The thing that led me into the world of smoked foods was all the barbeque and smoked foods that I've had," he said. "I've wanted more and I've wanted better."

McAroy said there are a lot of restaurants that sell meats and barbeque and it is often lacking in flavor and tenderness.

"That's when I took it upon myself to get my first smoker. I now own three smokers."

McAroy is fond of experimenting with brines, rubs and different cuts of meats, ribs, sauces, types of wood and adjusting the temperature of the smoker.

"There are so many variables," he said.

He does a comparison in his choices starting in size, marbling, or color. When the moment arises, and it's available, he also looks at organic options.

While McAroy has worked hard to establish his business, others enjoy the luxury of cooking at home.

Working mom Rebecca Neeman feels in her element while preparing a dinner for her family.

"I'm completely in my realm," she said. Neeman always had a love for cooking ever since she was a little girl.

"I remember helping my grandmother cook, and my mom," she said. "Cooking was a family event for all the ladies in the house. We did it together."

While cooking, Neeman looks back and thinks, "what would her grandmother have added to this?"

"Many of the things she cooked, I still do today by memory since she never wrote down any recipes," she said.

While grocery shopping, Neeman enjoys quality in the food she brings home and shops organically when she can.

"If I were totally made of money, I would use organic ingredients all the time," she said.

"I use them sometimes, when I can," she said. "I know with fruits and vegetables, I can taste the difference. Organic fruits are sweeter and vegetables taste brighter."

According to United States Department of Agriculture, a survey showed organic farms increased from 23 in 2015 to 34 in 2016 and acres rose from 6,082 to 18,008.

As the survey continued, 29 farms had crop sales, five livestock and-or poultry sales and four livestock and-or poultry products sales, and 13 growers harvested 7,032 acres of field crops with sales of \$2,030,942.

Throughout the city more organic grocery stores have become available. Just two years ago, Oklahoma welcomed its seventh Natural Grocers grocery store, which holds organic, vegetarian, gluten free and non-genetically modified options.

As Oklahoma continues to grow more organic options each year, others are found

using these ingredients in a 'sweeter' way.

Pastry Chef Caleb Shepherd creates artistic desserts for local restaurant Benvenuti's Ristorante located in Norman.

With a creative eye, Shepherd has always felt inclined toward the arts since high school.

"In high school my thing was 3D art," he said. "I decided to combine that with my love of food, and pastry. Arts were a good place to flourish in that regard; I could make 3D art out of sugar, and that's really what inspired me to become a chef."

Shepherd said he posted a picture of a chocolate sculpture he created, "That piece really sums up my love of my profession."

What Shepherd said he loves the most is serving what he's made.

"I love feeding people, and seeing that first reaction when they take a bite really makes me happy. Especially with sweets."

Shepherd spends his time working on different creations. Cake orders, desserts, and creating new recipes.

"I really enjoy taking an order on paper and making it into a reality," he said. "The most challenging yet gratifying thing about being a chef is making a brand new recipe."

He said to enter into new territory, and learn, while making mistakes and stumbling is "lovely in its own rite."

"Then at the end, you have a new creation to share with others," Shepherd said. "How I feel while baking is how any artist feels while in their medium. It's a strange blend of autopilot, serenity, and resolute hope that everything will come out the way it's supposed to."

Without even knowing, families have artists hiding in their own kitchen. It is a need to create, nourish, and satisfy while bringing others together.

In the end, it all starts with a simple recipe.

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Editorial/Opinion

Opinion/Editorial: We Cannot Turn a Blind Eye to Racism

This Time, History Shouldn't Repeat Itself



In the wake of Black History Month, I am reminded of the many ways black people in America have risen above the broken system put in place to deter them. This month we should reflect on the current state of Black Americans who are living inside this system.

A symptom of this broken system is the disproportionate number of Black women who die during childbirth.

The Center for Disease Control and Prevention reported that women in the United States are more likely to die from childbirth or pregnancy-related causes than other women in the developed world.

"More details are needed to better understand the actual causes of death, but research suggests that half of these deaths are preventable," the study showed. "Racial disparities persist. The risk of pregnancy-related deaths for black women is three to four times higher than those of white women."

What does this reveal to us when we take into consideration America spends more money on healthcare than any other nation? Data from the Commonwealth Fund shows that the United States spends more than \$9,000 per person on health care, yet our life expectancy is ranked 12th compared to other countries like Japan, whose life expectancy age 83.

Black women die in childbirth because of a system that is broken and racist. In a Propublica partner story with NPR, racism was identified as a major force in the death of mothers. "For much of American history, these types of disparities were largely blamed on blacks' supposed innate susceptibility to illness — their 'mass of imperfections,' as one doctor wrote in 1903 — and their own behavior. But now many social scientists and medical researchers agree, the problem isn't race but racism."

Racism is also the cause of several other obstacles faced by the black community.

A 2013 study by the Ben and Jerry's ice cream company indicated white families hold 90 percent of the national wealth, Latino families hold 2.3 percent and black families hold 2.6 percent.

"Not only that, the Great Recession hit minority families particularly hard, and the wealth gap has increased," the study said. "Think about this: while median wealth for a single white woman in the US is \$41,000, the median wealth for a black woman is \$100. And for single Latinas it's \$120. That's almost unbelievable—and it's a huge racial issue."

A 2011 Pew research study showed Black people are two times as likely to be unemployed. The study explained, "One common explanation, as William A. Darity Jr. of Duke University told Salon is black people are 'the last to be hired in a good economy, and when there's a downturn, they're the first to be released."

In September of last year the New York Times published an article which showed Black families in America earn \$57.30 for every \$100 a white family

America has stacked the cards against people of color since the abolition of slavery. The Trail of Tears, and many other defining historical points have helped shape America into a divisive and exclusive country that benefits primarily white people.

The systems like housing which was desegregated years ago but boundaries are still set for people of color, especially black people, when buying a home. The Washington Post recorded, "The [red-lining] maps promoted residential development by indicating which neighborhoods and potential borrowers were eligible for the generous mortgage assistance programs of the Federal Housing Administration and the Veterans Administration. And by carefully recording neighborhoods' ethnic and racial makeup, they provided literal road maps for the realtors, lenders, and public officials who oversaw and financed decades of racial exclusion in the American housing market. Federal mortgage programs made homeownership affordable for the majority of households, for the first time in the nation's history. But because the programs refused to support lending in racially integrated neighborhoods and in most minority neighborhoods, the lion's share of benefits after World War II went to whites, who became the primary home owning class in the nation's fastgrowing suburbs."

Because of what is called "White flight" many black American home-

owner's property value has stayed lower than those in white neighborhoods. This in turn causes the funding of things like public education to be significantly lower than suburban white neighborhoods.

Capitalism as a whole has shaped inequality in America, leaving minorities at the bottom tier. These systems of inequality were initially created for those who were free in America upon its conception. We have yet to change these systems to benefit all people.

So I ask you today, when you think about Black History month, to remember Black people and other minorities are still not entirely free. Black people still cannot drive without fear of being murdered. Black people and their allies cannot peacefully protest without being killed by a White supremacist plowing through the crowd. Black people are still disadvantaged by a system put in place by slave owners.

Take into account the predisposition of the Black and Native communities, and their shortcomings in America. Sure, we could look at what plagues the two communities, or all minority communities, and use those problems as an explanation for their poverty and life expectancy.

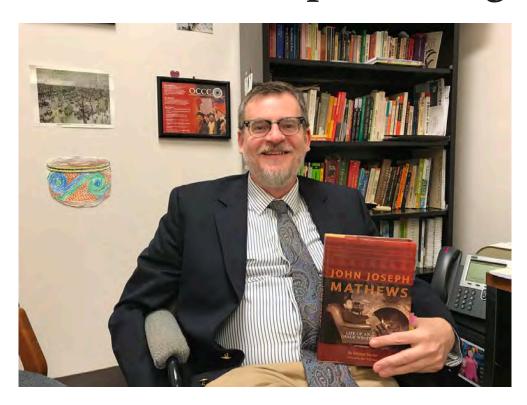
However, you would be looking at the symptoms of a broken system rather than the cause. For Black people and other minorities poverty is caused by the systems in place that affect their schools, the lack of affordable health-care, and the prison system jails non-violent offenders more than violent offenders who happen to be mostly Black men.

We cannot alienate each other because of these differences. There is a lot of racial and political tension in these times, but we have to come together as the human race and acknowledge past and current systemic issues.

When we acknowledge systemic racism we begin to find out how to fix the systems through policy and community. White people have to speak out against racism within their communities, and push for political leaders who also acknowledge America's systemic racism.

Only then can we pave the path of equality for all.

OCCC Professor's Book Explores Osage Writer's Life



BY NATALIE NELL Pioneer Staff Writer

klahoma City Community College English professor Michael Snyder says the Osage culture today is thriving and vibrant.

Snyder recently wrote a book about John Joseph Mathews, an Osage Indian who contributed to Osage culture as a renowned author, naturalist, historian, and a tribal preservationist in the twentieth century.

Snyder considers this book his best work on Mathews.

"I want people to know that he was a great writer, and his books are compelling," he said. "He was a complex person but a fascinating guy."

In his biography, "John Joseph Mathews: Life of an Osage Writer," Snyder described Mathews' colorful life in depth and provides information about his family that has never been published.

Mathews attended the University of Oklahoma, majoring in Geology. In his junior year, he enlisted in World War I and later became a flight instructor. After he returned to OU, he attended Oxford to earn another degree. Later he would serve as tribal councilman and historian for the Osage Nation.

At OU, Snyder said, people encouraged Mathews to become a writer.

"Walter Stanley Campbell, who wrote books under the name Stanley Vestal, started what became the professional writing program at OU and was a mentor for Mathews," he said. "Joseph Brandt, the first director of the OU Press, and OU President William Bennett Bizzell, who established it, also encouraged him to write."

Mathews' autobiographical works, "Sundown" and "Talking to the Moon," are assigned at OU in English and Native American studies, where Snyder first discovered Mathews.

"I was already interested in Native American

"I was already interested in Native American culture, but hadn't studied it in a serious way until I was a graduate student at OU," Snyder said.

Snyder had taken a Native American critical theory course, taught by Craig Womack, a Muskogee Creek scholar, and other related courses that taught about Mathews.

He also befriended an Osage woman, Veronica Pipestem, who has taken him to many I'n-Lon-Schka dances, a ceremonial Osage tradition. "The I'n-Lon-Schka dances are bigger and beautiful, and seem to be more popular," he said.

Before this book, there was no information about Mathews' two marriages and his relationships with his children and stepchildren. Snyder managed to be the first to uncover that.

"I just did extensive research. I made some phone calls, and I think nobody really tried to track down his granddaughters, his son, and his daughter-in-law," he said. "I interviewed two of his granddaughters, talked to a niece and a nephew, a great-niece, and really anybody I could track down. I tried to talk to living relatives because nobody had done that."

Snyder also had a chance to meet with Mathews' son, John Hopper Mathews, in Pennsylvania before he passed away.

His next book on Mathews is called "Our Osage Hills." It is complete and is currently being edited.

It contains Mathews' best newspaper columns, called "Our Osage Hills" that he wrote for the Pawhuska newspaper.

"I've collected the best of them, typed them up, and written a series of commentaries and articles on it," he said.

Snyder said the articles look at things that he references but also examine what is going on in the newspaper, local history, the Osages, and the southwest of Oklahoma. "There's also things about Will Rogers, other writers, the TallChief family, and the Red Eagle family," he said.

You can find "John Joseph Mathews: Life of an Osage Writer" at local stores, on Amazon, and at the OU Press website.

"Hopefully it'll draw attention to Mathews, which will draw attention to Osage history and land and so forth," Snyder said.

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Travel Can Help Expand A Student's World View, OCCC Professor Says

BY JENNA LOWRANCE

n Oklahoma City Community College professor believes traveling abroad provides people with a new way of thinking.

Julie Rice-Rollins teaches Cultural Geography and World Regional Geography at OCCC. She is also the professor that travels with students who want to get a taste of life overseas.

Professor Rice-Rollins said OCCC provides students the opportunity to study abroad. Anyone enrolled in higher education in the state of Oklahoma is eligible to participate in the Oklahoma Study Abroad Program. The program is connected to the Study Abroad Association.

The SAA's mission is to increase study abroad and international travel among young adults and professors across the United States.

Participation in a study abroad program requires just a few easy steps. The first is completing a sign up form on SAA's website. After finishing the form students will be contacted with important information regarding their program such as payment due dates, packing lists, orientation dates, and more.

If a student does not already have a passport, applying for one is the next step. According to the Bureau of Consular Affairs processing time for a passport can take up to 4-6 weeks. Therefore, the sooner one applies the better.

The final step is to make the required payments and signing the trip waiver.

OCCC students have the option to choose between various trip destinations including: London, Belize, Thailand, Peru, France, Spain, and Ireland.

Students will travel to Ireland on the next trip which is scheduled from May 15th to May 27th. This trip costs \$2,900. This covers entrance fees to activities included in the program, all ground transportation, roundtrip airfare, cultural and historical walking tours, excursions, activities, and more.

Enrolling in a 1-hour class through OCCC in Ireland is the only requirement to be a participant. The class does cost an additional \$90.00, and it is not included in the trip price.

Janelle Lawson is a previous student of OCCC. Lawson attended a trip to Ireland in 2016. She used her trip to Ireland to motivate her in her education, career, and personal goals. To Lawson, the trip demonstrated she could do anything she put her mind to as long as she worked hard for it. The study abroad trip for Lawson was not only culturally and globally enriching, but also developed an internal self-assurance. It was life changing.

Chloe Spor was also a student at OCCC. Spor traveled to Central Europe in 2017. Spor, Professor Rice-Rollins, and three other young women started their trip in Dublin, Ireland then to Prague, Czech Republic, continued to Vienna, Austria, and ended in Budapest, Hungary.

The fiery passion for travel and adventure still has yet to leave Chloe Spor. The OSAP has changed the way she looks at the world. She strives to experience life to the best of her ability through travel and the creation of memories.

Spor says, "Travel is essential. It leads us to something we never could have imagined. It possesses the ability to change who we thought we once were and make us realize who we are meant to become."

Shooting in Kentucky Leaves Two Dead, Several Injured

A 15- year old boy armed with a handgun opened fire in a rural high school in Kentucky, recently killing two students and wounding a dozen other people authorities said.

At a news conference Kentucky State Police Commissioner Rick Sanders said the boy walked into Marshall High School in Benton and opened fire a few minutes before 8 a.m.

The authorities said that 15-year old Bailey Nicole Holt was pronounced dead at the school, and 15-year-old Preston Ryan Cope died from his injuries at Vanderbilt University Medical Center.

At a news conference that same day, Kentucky Governor Matt Bevin said the teenage suspect is facing murder and attempted murder charges.

Five students were treated at Vanderbilt University Medical Center in Nashville. The doctors there said they treated boys from ages 15 to 18 with a variety of injuries. One of the boys was shot in the head, arm, chest, and abdomen.

Kentucky State Police Lt. Michael Webb said the FBI and the Bureau of Alcohol, Tobacco, Firearms and Explosives are assisting police as they process the scene at the high school. The authorities intend to investigate the suspect's home for possible motives.

The authorities did not release the name of the suspect. Senator Mitch McConnell spoke Tuesday giving his condolences to the people of Kentucky. "Our hearts are with the entire community in Marshall County and our gratitude is with the first responders," he said.

"This is a wound that is going to take a long time to heal and for some in this community, it will never heal," Governor Bevin said.

Some Health Programs Will See \$5 Per Hour Fee Increase

BY SAVANNAH MELHER Editor

ome health profession programs at Oklahoma City Community College will be adding an additional fee next semester.

The Vice President for Academic Affairs, Greg Gardner, said the fee was not across the board for OCCC students.

Gardner said the fee of \$5 would only apply to select amount of health profession programs like the EMS program, which uses equipment that costs \$25,000 and up.

Deborah Myers, the Nursing Program Director, said the fee would be per credit hour meaning it would charge for each lab that requires equipment. She said the fee would affect five health profession programs next fall.



For some
fathers and
daughters
fractures
in the
relationship
never heal

Continued From page 1

general because of my father. I have a general distrust for men," she said.

Allison Burns, who also asked that her name be changed, has been a mother for 18 years but still doesn't consider herself to have a lasting relationship with her father.

"Women's roles have shifted over the last few generations and we shouldn't neglect to acknowledge that men's roles have shifted almost in tandem," Burns said. "Fathers today might be finding themselves in a much different fatherly role than their fathers and grandfathers. They are in new territory and have to figure out how to balance a whole list of expectations from both prior generations and expectations from their own generation."

In other words, she believes the relationship between fathers and daughters is declining because fathers are unsure of how to act.

"In past generations men were thought of as the "protector" of the family, especially of the females, and now parenting has shifted to empowering daughters to become independent women," she said.

Burns said because of the changing role of women, fathers have to consider an entire list of expectations such as "how society views a man's role in the family, how masculinity is perceived, their partner's expectations, if they are religious, how their church or religion defines a man's familial role, and certain cultural exceptions of men."

In the same way, Easley believes the issue is "a generational thing."

"It's hard for fathers to connect to their daughters at this age anyways, because they have so much disapproval for this generation," she said. However, Easley doesn't blame her father for their

lack of a relationship. Actually, she mentions she could have played a larger part in encouraging their relationship to begin with.

The Bureau of Labor Statistics reported the number of stay-at-home fathers has doubled in the past 25 years. However, with this increase and change in the stereotypical fatherly role, it is still difficult to see any change regarding the positive effects of a father-daughter relationship.

"Despite the fact many women have recently been engaged in the workforce, very little changes have occurred in fathers' parenting role and their involvement with children," the Dove Medical Press study said. "Cultural role expectations in the nurturing processes remain limited." However, the study also noted it is appropriate to expect a change in the role of the father, who is being viewed increasingly as a significant factor in the child's psychosocial development.

Why then, is there still such a heavy strain on father-daughter relationships?

According to Harvard University, when children become parents, they look to their parents as to what they should and should not do. For young girls in particular, their fathers can make a huge impact on their self-esteem and how they grow into women.

Unfortunately, there are many fathers today who are having a hard time breaking free of past generational expectations in effort to provide a better relationship with their daughters'. In addition, Johnson believes that current social media and entertainment is partially to blame.

"Because of movies and television shows where it shows the mother being the main person who is there and cares for them, then you see single mothers, and guys that just leave all of a sudden," she said. "Yes, I feel like there are more bad relationships than good relationships."

Because of the impact fathers have on their daughters, whether positive or negative, the role they play is becoming even more essential.

"I won't have kids, or I will have a kid but on my own," Johnson said. "I just want it to be me and a kid and that's it. It may be unfair because I feel like to a certain extent it is unfair that they only have one parent and not two. In the end I feel like I would be preventing, in layman's terms, a world of heartbreak."

Johnson said she knew people who stayed together because of their kids. "In their head they are doing it for their children, but the kids are saying no, you should be separated by now because it would be better," she said.

The Dove Medical Press study indicated that a huge part of how a daughter perceives future relationships is based off the one she had with her own father. "Factors such as father's presence, closeness, and communication of affection are found to be predictive variables of positive relationships. Research also shows that daughters' self-appraisal, style of life, and self-perceptions represent distinct features of father-daughter relationships."

While neither Johnson, Easley or Burns blame their father for lack of a supportive and encouraging relationship, they are there are ways to improve.

In fact, Easley said she has more of a relationship now because her parents realized that there wasn't one before so now they are trying. However, she does believe that for her, attempting to salvage the relationship is just not possible.

At this point it's too late, she said.

"Yes, I have just become so used to it that it has become the norm."

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OKC Women's March Draws Crowds,

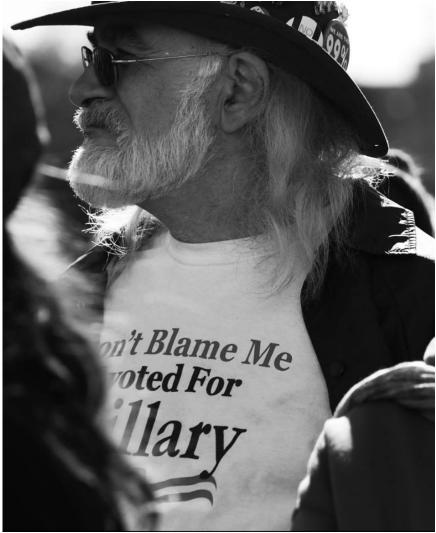




Photos by Cici Simon/ Pioneer

Sparks Debate Over Politics and Policy







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'Here My Dear' Showed A Different Marvin Gaye

BY THOMAS MASSENAT, Pioneer Staff Writer

In 1975 Anna Gordy Gaye sued legendary soul musician Marvin Gaye for divorce. The proceedings were grueling and complicated due to Marvin's wealth, and Anna's desire of custody of their child, Marvin Gaye III.

In 1977 an unusual settlement was reached; Marvin would give Anna half of the proceeds of his next album.

Thus, Marvin Gaye recorded a purposefully un-commercial album, to spite his estranged ex-wife.

Within this album, however, lie his true opinions about love, marriage, and how it all came apart. It's a masterpiece of production, and critics today recognize it as some of his finest work.

The act of creating a concept album about divorce, to spite his ex-wife, is nothing but petty. No song better embodies the pettiness which destroys a marriage like the first song of the album, "Here, My Dear." Marvin doesn't sing on it, instead speaking his lyrics in a dry, nasally, rhythmic cadence.

Lyrics such as, "I guess I'd have to say this album is dedicated to you. Although perhaps you may not be happy, this is what you want, so I've conceded," are scathing and bitter. On paper they sound sincere, considerate, and sweet. But within context, they serve as a passive aggressive stab at his ex-wife.

Though, beyond Gaye's intent, they represent something that most people go through at some point in their lives. They're words used to start a fight with a loved one, or in Marvin's case an ex-loved one.

To avoid these fights triggered by a snarky remark, therapists often argue to speak on a

deeper level with your partner. Clinical therapist Rob Riordan believes these types of arguments fail to resolve the true issues within a relationship. Riordan argues that one should, "find out what the fight is really about."

Though it may seem like simple advice, it holds an undisputable kernel of truth. Emotions are difficult to deal with, and more easily bottled up. It's at times easier, but ultimately more damaging, to scratch the surface of a problem. If you try to withhold your emotions for too long, however, they often seep out in unpleasant ways, or simply explode. "People can't hear you when they're being blamed," Riordan says. Riordan is correct in the assumption that one's pride often stands in the way of self-improvement. To truly reach a significant understanding of a partner's concern in the other's actions, one must swallow their pride.

Gaye's first song speaks volumes on the ways bitterness can ruin a marriage. He knew that part of a divorce is pettiness. For him to recognize it, and transform his pain into art, speaks volumes about his songwriting capabilities. It's also worth mentioning that it's the only song that explores this facet of love. His other tracks explore human's need for love, anger, and heartbreak.

Love is multi-faceted, and Gaye understood that.

When one tells of love, similar imagery repeats itself. A man meets a woman who takes his breath away, and they rejoice. Gaye's second track, "I Met a Little Girl," tells the story of the romance he once shared with Anna. The song is passionate, and emotional. He tells of his loneliness before they met. He

believed their love would last, and by extension their marriage.

This complicated emotion is repeated throughout the album. By demonstrating that love can be happy and sad simultaneously, Gaye successfully articulated the heartbreaking nature of divorce.

These conflicting emotions are at the very core of what makes an unhappy relationship drag on too long. They are necessary to comprehend if one wishes to have a lifelong relationship.

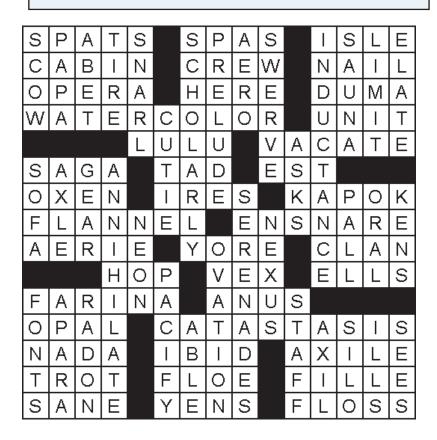
It may allow one to reach the conclusion to leave a toxic person. But it may also change the way you speak to each other. Emotional issues are a cavity, and a deep conversation is a root canal taking away the infection.

The advice given by Rob Riordan, and the examples from Gaye's work, show that pettiness can demonize any relationship. To hurt someone who has been vulnerable to you is terrible sadism. Vulnerability is a good thing, though one should choose wisely to whom they take off the mask.

"Here, My Dear" was a commercial flop. That was Marvin's intent. He left his wife with the least amount of money he could possibly give. Yet Gaye was an emotionally intelligent man. He was sensitive and articulate about the way he felt, but years of scratching the surface with his wife left him warped and bitter. It can happen to anyone, even a superstar. The key is to recognize when a fight is just a fight, and when a deeper issue is at hand. Marriages are built on trust, and so are any other meaningful relationships. Be vulnerable to those you trust, and be rewarded with true love that will stand the test of time.

CLASSIFIEDS

LAST ISSUE'S SOLUTION



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WEEKLY CROSS-

ACROSS

1. Mete

6. Certain

10. Broad valley

14. Reluctant

15. "Smallest" particle

16. Arab chieftain

17. Film

18. Anagram of

"Tine"

19. Printer's unit

20. Eyeglasses

22. Auspices

23. Against

24. Not learned

26. Young sheep

30. Not in

31. Unhappy 32. Wings

33. Not nights

35. Adhesive

39. A wasp has one

41. Icebreaker

43. Laser printer powder

44. Harvard rival

46. Roman moon

goddess

47. By means of

49. Calypso offshoot

50. At one time (archaic)

51. Mighty

54. A storage chest 56. By mouth

57. Tending to van-

ish like vapor

63. Bal cony section

64. 1 less than 10

65. Eagerness

66. Baking ap-

pliance

67. Physicians

68. Audio communications

69. Where a bird

lives 70. Beers

71. Epee or saber



DOWN

1. Charity 2. Coil 3. Wash

4. Ear-related 5. 8th Greek letter

6. Asylum

7. Usefulness 8. Learning method

9. Vomiting 10. Reliable

11. Girlfriend (Spanish)

12. Allowed

21. Positive pole

Delete

25. Back of the neck

26. Not first 27. Countertenor

28. Principal

29. Charitable 34. Sleekness

36. Not sweet 37. Bronzes

38. French for "State" 40. Smile 42.

13. Stop

45. Sideways

48. Order of business

51. Sage 52. Cache

53. Angers 55. Russian emperors

58. Six-stringed instrument

59. A pouch in some birds

60. Cocoyam

61. French for "Black"

62. Stepped

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City of The Village is accepting applications for part time employment in the Code Dept. General maintenance, mowing, painting, ability to lift/carry 50+ lbs is required. Valid Okla. Drivers license, drug screening and back-ground check required. \$9.50 per hr/ 20+ hours per week. Apply online at thevillageok.org/aboutus or The Village City Hall 2304 Manchester Dr. The Village OK. 73120

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