Enrollment down 5.3% from last year

A stable economy equals fewer people enrolling in college

LAUREN DANIEL
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Enrollment at OCCC is down 5.3 percent for the spring 2014 semester with headcount at 11,600, down 648 from this time last year, said Planning and Research Executive Director Stu Harvey.

Harvey said this does not come as a surprise.

“We were down in the fall and since a lot of these students who start in the fall make up a large percentage of students … who attend in the spring, you’d expect it to go down,” Harvey said. Credit hours for the spring 2014 semester also are down from 108,131 in the spring 2013 semester to 102,167 this semester, he said.

“We’re down 5.3 percent headcount … 5.5 percent credit hours and that’s what we would expect.” Harvey said when the economy is doing well, fewer students enroll because they are able to get jobs. However, he said, during bad economic times, students tend to enroll as a backup plan.

“… We think some of the reason for that is when the economy does well, employment does well. Our enrollment tends to slack off … to slow down,” he said.

Because the economy has been doing better in recent years, Harvey said, there have been several consecutive years of declining enrollment. The fall semester of 2009 was the last year when enrollment increased significantly, because of the recession, he said.

“We’ve had two or three years now of declining enrollment. That was after a period when it went up. In fall 2009, I think it...”

See ENROLLMENT page 9

Italy trip offered for class credit

SIALI SIAOSI
Staff Writer
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OCCC students interested in studying abroad should take advantage of an 11-day trip to Italy being offered June 3 through 14. The trip costs $2,800, including airfare and most meals, said English Professor Sue Hinton.

Hinton said the trip is centered on the historical and cultural
Healthy lifestyle takes commitment

Many of us have made New Year's resolutions that will most likely not make it past January. The most popular resolution seems to be "get in shape," "lose weight," or "exercise more."

However you word it, most people who have any of those goals will be trying an ever-popular remedy to the American obesity crisis — dieting.

First of all, I will say I am guilty of making an empty promise each year to change my eating habits or to visit the gym more but, sadly, I never make it past March. This could be due to my poor self control, lack of motivation. However, I think the way we view becoming more healthy in our minds makes all the difference.

There is a problem with the way Americans view their health. We often think our bodies can be fixed by a one-time simple solution. People use diet pills, Slim Fast, the latest drink fad such as Herbalife or Plexus, or cutting out sweets for a week.

I know the college wants to do everything it can to keep students and employees safe as we experience winter-weather delays and closings. Many of us have made New Year's resolutions that will most likely not make it past January. The most popular resolution seems to be "get in shape," "lose weight," or "exercise more."

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There is a problem with the way Americans view their health. We often think our bodies can be fixed by a one-time simple solution. People use diet pills, Slim Fast, the latest drink fad such as Herbalife or Plexus, or cutting out sweets for a week.

Sorry to burst everyone's bubble, but all of those things are temporary fixes. You can't just stop drinking Slim Fast, Plexus, or Herbalife one day and expect to stay in great shape. Cutting out sweets for a week may help you lose weight the first time, but once you start eating them again, you’re in the same unhealthy boat again.

Losing weight, or getting in shape, doesn't happen overnight. It is something you have to continuously work at and be committed to. There are plenty of ways to adapt your lifestyle to have healthier results.

The process might have gone more smoothly if the college had opened at 10 a.m. with classes beginning at 11 a.m. Another option might have been for the college to open at 11 a.m. with classes beginning at 1:30 p.m. Either way both students and faculty would have known what to do. In the future, such a small adjustment in the communication could make expectations clearer to all affected by winter-weather delays and closings.

The American Heart Association recommends that people should get at least 30 minutes of exercise a day. There are many benefits to making exercise a part of your daily routine such as having a stronger immune system, good cholesterol and prolong overall health.

Eating right also is a major part of maintaining a healthy lifestyle and weight. The Center for Disease Control and Prevention (CDC) recommends that people stay within their calorie counts each day. Fruits and vegetables are important and provide nutrition that other foods cannot. Whole grains, low-fat or fat-free milk and calcium rich foods can help maintain weight or help with weight loss. Foods with low saturated and trans fat, sodium and sugar are healthier options.

The Harvard School of Public Health uses a "Healthy Eating Plate" that includes vegetables, fruits, whole grains, healthy proteins, water and healthy oils. Drinking water is a small change that can make a large difference. Sugary drinks are not healthy because they add empty calories to daily intake.

Sleep deprivation also can cause people to eat more because lack of rest can cause imbalance with hormones, leading to a larger appetite. People also are advised to stop smoking because of the damage that it can do to your lungs and other organs.

There are many free recipes and helpful lifestyle changing tips at www.heart.org.

For the fifth year in a row, I will be attempting a healthy lifestyle change along with many other students. It’s never easy but, hopefully, I can make it at least until the summer.

—Lauren Daniel
Editor

LETTER TO THE EDITOR | College should look into making a few adjustments during storms

To the editor:

I want to take this opportunity to thank the college staff members for their hard work in clearing sidewalks and entry ways after winter weather came in Monday night, Jan. 27. Also I appreciated the timely phone message I received early Tuesday morning from the Campus Alert Network, saying the campus would open at 11 a.m.

I know the college wants to do anything it can to keep students and employees safe as we experience winter weather problems on campus.

One small adjustment to the late opening on Tuesday, Jan. 28, might have been even better for everyone. These are my thoughts.

When the college announced the campus would open at 11 a.m., both students and professors jumped to the conclusion that 11 a.m. classes would be meeting as usual. The 11 a.m. time slot on Tuesday and Thursday is very popular at OCCC.

However, when students and faculty arrived on campus a few minutes early, they found themselves locked out.

Many students waited outside in the parking lots, keeping warm in their cars.

Others found themselves caught in traffic lines as many people converged on campus at the same time.

The result was that almost everyone was late for class, something one would hope to avoid during the second week of the semester when professors and their students are just getting acquainted.

Again, thanks for the good work. Here’s hoping the winter storms in the forecast now don’t cause us more headaches.

—Sue Hinton
Journalism and English Professor
COMMENTS AND REVIEWS

RESTAURANT REVIEW | Delicious food, classy atmosphere makes eatery worth a visit

KD’s Southern Cuisine unique

KD’s Southern Cuisine, located in Bricktown, seems to be the new popular place to eat. With everyone wanting to go there, the wait time to be seated is about two hours. However, KD’s website at www.kdsbricktown.com allows customers to make online reservations, which makes going to the restaurant more convenient. I made online reservations a month in advance. Making the reservation was very simple and easy, because I was able to set my party size and the time we would like to be seated.

When my family and I arrived at KD’s, we were immediately seated after we told them our reservation information.

The atmosphere was comfortable, yet classy. The lights are dimmed and all of the upholstery is black leather. There are pictures of Thunder star Kevin Durant hanging on the walls and a huge see-through, blue-lighted wine room that has two levels.

The service was exceptional because the staff always went the extra mile to make sure the dining experience was nothing short of spectacular.

The menu has many appetizers. My family and I shared the buttermilk biscuit basket which was $4 for four biscuits. The biscuits were homemade, fluffy, baked squares of heaven.

The main courses on the menu include chicken, steak, fish, sandwiches and salads.

I had the honey chicken which was fried chicken with a honey coating. It was without a doubt the best fried chicken I have ever eaten.

The $15 entree came with two sides. I got mashed potatoes, and macaroni and cheese. Both of the sides were amazing.

We all shared double chocolate cake for dessert. It was incredibly moist, and the icing was creamy and delicious. The slice was only $7.

My family of four ate for $110, which included the tip. Although that is quite a bit more than eating at a normal restaurant, I will assure you it is worth the extra money.

For only about $20 a person, you can have some delicious food in a unique atmosphere.

I recommend KD’s to anyone who is looking for a great place to eat.

Rating: A+

—Lauren Daniel
Editor

PRODUCT REVIEW | Apple design is sleek, lightweight — the perfect size to take anywhere

iPad with retina display addictive

If it’s possible to become addicted to a piece of electronics, the Apple iPad with retina display will be the one to do it.

The sleek design, lightweight and size are perfect to fit in a purse or book bag to take anywhere you go. I found it to be extremely user friendly and anyone with a smartphone will pick it up quite easily.

The touch screen is the perfect size for web surfing. The iPad is responsive and there are a wide variety of applications available through the apps store, such as iCloud and iBook.

Photograph quality is good and you have a choice of Skypeing with a friend or recording a video on FaceTime, then sharing it.

The graphics are crisp, and the speed between selecting and loading applications is amazing.

If you want to lie in bed reading yourself to sleep or watching a movie on Netflix, this is the perfect way to do it.

The sound quality is quite clear and actually better than on my Sony VAIO.

There are plenty of free books to choose from in the iBookstore on a variety of subjects, including classics, SciFi and how-to books.

Games are fun to play and I find that my scores are better on the iPad than with my laptop.

All in all, you can’t go wrong in deciding to purchase this iPad.

Just prepare to lose sleep because you’ll have a hard time putting it down.

I did mention that it was addictive, didn’t I?

Rating: A+

—Nancy Martinez
Contributing Writer

Financial Aid

FACT$!

All students encouraged to apply for aid

With the start of the Spring 2014 semester, the Financial Aid Office would like to encourage all students to complete the FAFSA (Free Application for Federal Student Aid).

The FAFSA is used to determine students’ eligibility for Federal Student Aid (grants, work-study, and federal loans) and state grants. Applying for Federal Student Aid is quicker and easier than ever. Students can complete the FAFSA online at www.fafsa.gov.

Any student who wants to apply for financial aid for the 2014 spring or summer semesters needs to complete the 2013-2014 FAFSA. Students will need to include OCC’s Federal School Code: 010391. The submission deadline is June 30.

Now is also the time that current students should be submitting their renewal 2014-2015 FAFSA.

The federal submission deadline is June 30, 2015. However, many students also may be eligible to receive the Oklahoma Tuition Aid Grant (OTAG), and will need to submit their 2014-2015 FAFSA on or before March 1, 2014, to meet the state deadline.

Students can stop by the Financial Aid Office and pick up a FAFSA on the Web Worksheet, which will assist them with submitting the FAFSA. Computer stations are available in the lobby of the Financial Aid Office for students to submit FAFSAs. Financial Aid staff is available to answer questions and assist students.

Students can gather information by stopping by the Financial Aid Office or visiting our website at www.occc.edu/financialaid.

We encourage students and parents to browse our website for general information about college costs, types of financial aid available, the financial aid process, and financial aid application requirements.

This also is where students can complete and submit required financial aid documents, review the process or conditions on certain financial aid programs, view disbursement dates, and find links to other helpful resources.

The Financial Aid Office serves as a resource for students in all aspects of the financial aid process. Our mission is to provide financial assistance for students, enable access to educational opportunity, and to support persistence toward completion of their educational goals.
COMMENTS AND REVIEWS

PRODUCT REVIEW | Whitening rinse and toothpaste work against smoke, caffeine-stained teeth

Crest 3D products not just temporary fix

If you’re a smoker, caffeine junkie, or your teeth just aren’t as shiny as you’d like them to be, I have a suggestion for you: Crest 3D Whitening products.

Now, we’ve probably all seen the products’ advertisements promising a whiter smile in just two weeks, but I didn’t believe it until I tried them myself.

As a former smoker, I’m aware of the effects that the habit has on your teeth. But even when I smoked a pack a day, Crest 3D Whitening products ensured the shimmer of my smile.

I know it sounds unlikely, but combined usage of the 3D Whitening toothpaste and rinse really makes a difference. And not only do the products whiten teeth, but it also fights against the typical turmoil our mouths endure daily: plaque, cavities and the ever-embarrassing curse of halitosis.

I’ve been using the products for three years now and I can honestly say my teeth have never looked better. It’s not just a temporary fix, either — even when I halted use of the products to opt for a cheaper brand, my teeth remained as white as Crest had promised.

Before using Crest 3D Whitening rinse and toothpaste, however, I was an avid user of the 3D Whitening Strips, the original product that ensured a whiter smile in just seven days.

Although the whitening strips indeed make smiles brighter and whiter, they also seem to damage tooth enamel and may cause sensitivity.

If you’re shopping on a budget like many college students, I’d say it’s best to avoid purchasing Crest 3D Whitening Strips and opt for the toothpaste and rinse instead.

They provide the same results without harming your mouth and are a lot cheaper.

Now, I understand not everyone is as occupied with the color of their teeth as I am, but your smile says a lot about you.

A smile can comfort a stranger, reassure a friend, or land a job. A smile is often a first impression, so why not make it a good one?

Selling at roughly $7 for a large bottle of Crest 3D Whitening rinse and $4 for a tube of 3D Whitening toothpaste, the products are a bit pricey but worth it.

Rating: C+

—Siali Siaosi
Staff Writer

RESTAURANT REVIEW | Dirty floors, confrontational management among downfalls of Pancho’s

Buffet falls flat with new owner

Many OCCC students like to eat a little Mexican food once in a while and an all-you-can-eat buffet is an extremely tempting option.

Pancho’s Mexican Buffet, located at 2166 SW 74th, is close to OCCC.

This is a restaurant that I took my children to for many years and my sister worked at when she was a teenager.

Times have changed, however, and so has the quality of the restaurant.

The first thing that my family and I noticed when we entered was the lack of customers in what was once a packed restaurant.

The second thing was that the silverware and trays at the buffet line were neither clean nor dry.

I decided not to complain about this and just went through the line and selected a few options.

After taking my food to the table, I went to the bar that holds salsa and other side options.

There were fewer selections available than my previous visits to the restaurant and they didn’t seem to be fresh.

The dining table seemed to be sticky, as if it had been wiped down by a dirty cloth and the floor had crumbs on it.

Before eating, I went to wash my hands and found that the restroom was also grimy. The floors seemed to have been mopped with dirty water.

Since I had already paid for our food, we decided to go ahead and eat, but it wasn’t as enjoyable because I couldn’t seem to keep from thinking about all the germs that could be on the food.

Before leaving, I asked to speak with the manager and when he came out, he was extremely confrontational.

I dialed the corporate number later and learned that Pancho’s Mexican Buffet is no longer part of the corporation, but is privately owned, so there is no one higher up to speak with.

I would recommend saving your money and going elsewhere until the management or ownership changes and they begin caring about cleanliness and customer satisfaction.

Rating: D-

—Nancy Martinez
Contributing Writer

TOP 20 MOVIES

Weekend of Jan. 24 through Jan. 26
www.newyorktimes.com

1. Ride Along
2. Lone Survivor
3. The Nut Job
4. Frozen
5. Jack Ryan: Shadow Recruit
6. I, Frankenstein
7. American Hustle
8. The Wolf of Wall Street
9. August: Osage County
10. Devil’s Due
11. Her
12. The Hobbit: The Desolation of Smaug
13. Saving Mr. Banks
14. 12 Years a Slave
15. Dallas Buyers Club
16. Gravity
17. Nebraska
18. The Hunger Games: Catching Fire
19. The Legend of Hercules
20. Philomena
Policy affects student creation ownership

LAUREN DANIEL
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Many students use OCCC resources from time to time to create things not related to their courses — films or videos, for example.

However, many students may not know their work may be vulnerable to partial ownership by the college.

The Administrative Property Policy No. 226 titled "Intellectual Property" that was adopted by the College Board of Regents in 1989 sets guidelines for ownership of creations.

The policy states if a creation that involves OCCC resources is used for commercial use, the College Board of Regents is a partial owner.

The policy states "the owners of intellectual property refer to the College Board of Regents … creator and/or sponsor."

This statement may cause students to think the College Board of Regents owns part of anything created with campus resources. However, this is not the case.

When students create an assignment for class, it is generally considered a scholarly project, which is not owned by the College Board of Regents, said Paul Sechrist, OCCC President.

"Scholarly works are generally not subject to the policy …," Sechrist said.

"Since most students' creative works are scholarly, in general terms, I would say that students have no reason to be concerned.

Since the policy has been adopted, no student-created project has been partially owned by the Board of Regents," Sechrist said.

Students who are using campus resources, like computers, to create film, music videos, or art for their own pleasure will not need to worry about this policy applying to them.

"If the project is part of a class assignment and has no commercial value, it is not subject to this policy … the project would be fully owned by the individual," Sechrist said.

However, if a student or employee creates something for commercial use, the situation changes.

The policy states "commercialization of an intellectual property includes any form of distribution, licensing, marketing, or sale of the property."

"Consistent with the policy, works created using college resources that are not scholarly works should have the ownership spelled out in a written agreement prior to the work being created," Sechrist said.

"One example of when the Board of Regents may exercise its ownership rights would be in the production of a commercialized film or video, if that film was made using college resources."

Sechrist said it's better to have an agreement in place prior to production.

"It would always be advisable to have the agreement in place prior to production so that the student and the college have agreed to the terms …," Sechrist said. "If a student ever has any question, it's good to sort of get it worked out beforehand."

The College Board of Regents can own anything from 50 percent to 100 percent of intellectual property, which will be agreed upon by the situation in which it's created.

The net revenue from ownership that the College Board of Regents is "allocated in equal portions to the Education and General Operating Budget and to a Part II Special account earmarked for the research and development of intellectual properties," according to the policy.

The policy was adopted around the time the Film and Video Production Program was developed and was put in place to protect both the college and the individual.

"We wanted a way to ensure that the state was protected as a resource, but also that [the] creator had some right, too …," he said.

To read the "Intellectual Property" policy, visit www.occc.edu/policy/pdf/226.

Student film eligible for Emmy nomination

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"Going Dark," a short film produced by OCCC students, is eligible for an Emmy nomination in June, said Jason Gwynn, Film and Video Production equipment manager.

Gwynn worked on the film while doing an internship for the OCCC Film and Video department in spring of 2012.

"Going Dark" was filmed in Oklahoma and tells about the death of film projection, Gwynn said.

The film shows two film projectionists working during their last days.

He produced and co-directed the film with his peer, OCCC student Jay Sheldon, who edited and also co-directed the film.

They said they never expected the film to have such a big audience.

"I'm just happy that it's getting an audience," Gwynn said.

The film has been more successful than being eligible for an Emmy. "Going Dark" has been in several festivals and featured on OMTA, also known as PBS.

"Throughout 2013 we just started [participating in] festivals. The film aired on OETA in December. It's won a couple festivals," he said.

The film is part of an international film festival that will be going through major cities this spring, including Chicago, San Francisco, Tulsa, Los Angeles, New York City, London and the United Kingdom.

"It's going to be playing in Paris, France, at the Clermont Ferrand … the world's largest short film festival," Gwynn said.

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"It's going to be playing in Paris, France, at the Clermont Ferrand … the world's largest short film festival," Gwynn said.

"We directed it, we shot it, we did all the sound work, we edited everything and we learned all that here," he said.

Gwynn moved to Oklahoma from West Virginia for the Film and Video Production program.

He said OCCC's Film and Video program is something to brag about.

"Thanks to this program, the film has changed my life and I've had the opportunity to play on television, to win awards, things like that," Gwynn said.

"Gwynn and Sheldon made the film to help people become informed of something that they had grown up with their whole life.

"It's happening right now, and it's something the general audience isn't aware of, and that's why we made it," Gwynn said.

"We wanted to pay homage to something that we grew up our whole lives learning about."

He's pleased with the attention the 15-minute film is getting.

"We did it as a class project and it's just got way more attention than we ever expected. We're just waiting to see if the nomination happens … that would be pretty damn cool."

For more information about the film, visit www.facebook.com/goingdarkdocumentary.

For more information about the Film and Video Program, call Sean Lynch at 405-682-1611 ext. 7129.
A djunct professor Narciso Argüelles said his Latino upbringing has greatly influenced his career as an artist.

Argüelles, who grew up in Tijuana, Mexico, said he learned how to be inventive as a child.

He said his experiences growing up in a third-world country provided him with a unique artistic aesthetic.

Argüelles said he graduated with a master’s degree in Fine Arts from the University of California in Irvine in 1998.

He has been an adjunct professor at OCCC since 2008.

Since then, Argüelles said he’s taught Drawing, 2-D and Color Theory and Art Appreciation.

“The reason why I make art … [is because] I want to bring about change.”

“If I were a writer, I would write about things that bring social and economic change for Latino people,” he said.

“If I were a filmmaker, I’d make a documentary — but I’m an artist, so I make art.”

Argüelles co-curated an art show entitled “Art: Balance + Design” at the Main Site Art Gallery in Norman on Jan. 23.

“The premise of the show is graphic designers making art,” Argüelles said.

“I got the idea because a lot of my former students are professional graphic designers now [who] still make artwork.”

Argüelles said the show, which gathered an audience of about 75 on its opening night, was comprised of pieces from local artists in Norman, Oklahoma City, Tulsa and surrounding areas.

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Affordable Care Act in effect across U.S.

SIALI SIAOSI
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Students who have no healthcare insurance by March 31 will pay a penalty under the Affordable Care Act law, said Donna Dorr, ombudsman for the Oklahoma Insurance Department.

She said in 2014, the penalty is $95 per adult a year, and $47.50 per child, or 1.0 percent of the entire family income, depending on which is greater.

The penalty increases with the number of months without coverage, Dorr said, so the penalties will increase in 2015 and 2016 for those who are uninsured.

“These penalties will be accessed through your federal income taxes,” she said.

Under the act, students who are already insured through their parents will now be covered until age 26.

“This is huge for college students,” Dorr said. “Before the law, many plans would drop dependents at age 18 or if they were older than 18, they had to be in school full time.”

Dorr said prior to the ACA being enacted, millions of students were left uninsured and unable to purchase coverage on their own.

However, she said, the ACA has specific plans in mind to make healthcare affordable for uninsured students.

Dorr said the plans are income-based and that students with little financial support will qualify for different insurance packages.

She said those under 30 are generally healthier than older people, so the www.healthcare.gov Marketplace offers plans such as the Catastrophic Plan.

Specifically, this plan has lower monthly premiums than a comprehensive plan, but covers a person only if he or she needs care, Dorr said.

“It’s a plan that basically protects you from worst-case scenarios like serious accidents and illness.”

She said the Catastrophic Plan covers three primary care visits a year at no cost and also covers free preventative services.

Dorr said the ACA was implemented because many Americans were either uninsured or had limited insurance plans that didn’t cover much.

“Insurance companies could reject Americans with pre-existing medical conditions, like asthma, heart conditions, or high blood pressure … [which] left millions who wanted and needed health insurance without access to any coverage at all.”

Dorr said most Americans are under the impression the Affordable Care Act — commonly referred to as Obamacare — just became effective Jan. 1, but Dorr said the law has been around since 2010.

“The law has been around for a few years now,” Dorr said.

“In 2010, parts of the law went into immediate effect, while other parts are still being phased in …”

—DONNA DORR
OKLAHOMA INSURANCE DEPARTMENT OMBUDSMAN

“I think that it’s a good idea because the fact of the matter is, every person cannot afford health care and if we can help them out with our tax money, why shouldn’t we?”

—Jonathan Sullivan
History major

“It’s just not fair that we have to get penalized for it if we don’t want it, if we choose not to have it, because that’s our choice. Isn’t that kind of like taking away a bit of our freedom … in a way?”

—Adriana Lopez
Premed major

“I think it’s beneficial. I just think it has a bad reputation, because people call it Obamacare.”

—Sean Coleman
Engineering major

“I think it’s beneficial in a lot of ways and I kind of don’t agree with it in some other ways.”

—Cara Taylor
Film and Video Production and Theater Arts major

ACA POLL

During the week of Jan. 27, 100 OCCC students participated in the Affordable Care Act Survey. The results are:

1. Are you familiar with the Affordable Care Act?
   - 59 students responded “Yes”
   - 41 students responded “No”

2. Do you have private insurance?
   - 62 students responded “Yes”
   - 38 students responded “No”

3. If you don’t have private insurance, have you signed up for insurance through the Affordable Care Act?
   - 9 students responded “Yes”
   - 27 students responded “No”

4. If you have not signed up for insurance through the Affordable Care Act, do you plan to?
   - 17 students responded “Yes”
   - 10 students responded “No”

5. Are you aware that there is a penalty for not having insurance by March 31, 2014?
   - 65 students responded “Yes”
   - 31 students responded “No”

What are your thoughts on the Affordable Care Act?
Lifting weight

Seth Reynolds, business administration major, works out in OCCC’s weight room. The weight room houses treadmills, elliptical machines, stationary bikes and stair climbers, all free to students with a valid OCCC ID. In addition, students can use the gymnasium and swimming pool, all located on the first floor of the Main Building. For more information, visit www.occc.edu/rf.

SPORTS | Students can participate by purchasing a $35 fitness pass

Zumba classes offered day, night

SIALI SIAOSI
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Campus Recreation offers group fitness classes for OCCC students and certified instructor Ritchel Schultz said the Zumba classes she teaches are an easy and exciting way to stay fit.

Zumba, a Latin-based fitness phenomenon, is a total-body workout, she said.

Schultz said faculty members can attend Zumba for free and students can participate for a small fee.

Schultz teaches Zumba classes from noon to 12:55 p.m. on Tuesday and Thursday afternoons and from 6:30 to 7:25 p.m. on Tuesday night.

“‘There’s nobody really around [in the evenings],’ said Schultz. ‘‘I’d say the daytime classes have more participants.’”

Schultz said the classes are high energy.

“It’s all cardio,” she said. “We incorporate some toning … but it’s basically all cardio.”

“If you’re accustomed to [Latin] music, and a lot of drums and different beats, you get drawn to it.”

“‘If you’re not open to that kind of music — if all you listen to is country — you won’t get it.”

Schultz said Zumba implements intervals of both high- and low-intensity movements.

She said participants spend the entire time moving on their feet.

“A lot of these moves are just your basic marching [and] lateral movements,” she said.

“Then we add the hips.”

Schultz said attending Zumba class not only has health benefits but is a great way to socialize.

Those who have never tried Zumba should be open-minded about the dance movements and Latin music, she said.

Schultz said faculty members make up the majority of her classes.

However, she said, she hopes to generate more interest from students this semester.

For more information about Zumba classes, visit www.occc.edu/rf/wellness-classes.html#zumba.

For more information about purchasing a group fitness pass or any of the other fitness classes provided by OCCC, call 405-682-7860 or visit www.occc.edu/rf.

UPCOMING INTRAMURAL EVENTS

• Feb. 27
Men’s Spring Open Basketball League pre-season open run for registered teams at 7 p.m. in the OCCC gym. Teams will be assigned to their divisions according to their performance. Open Divisions: A and B. League Fee: $275 per team. League dates are March 6 through May 1. Game days are Thursdays at 7, 8 and 9 p.m. End of season tournament is May 8 and May 15 (single elimination). For more information, call 405-682-7861 or visit www.occc.edu/rf/adultsports.

• March 1
Final day for Spring Coed Volleyball registration with payment. League starts March 10 and runs through April 21. Games are at 6:30 p.m. each Monday. Each team will play 12 games plus tournament using USVBA rules with some modifications. League fees: $230 per team. Roster limit is 12. For more information, call 405-682-7861 or visit www.occc.edu/rf/adultsports.

• Spring semester:
Visit www.occc.edu/rf/swimming-diving to enroll in a number of events held in the college’s Aquatic Center.
Pornography, trespassing reports made to police

LAUREN DANIEL
Editor
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OCCC police responded to several calls in January. At about 3 p.m. on Jan. 3, a former OCCC student was spotted viewing pornographic images on the computers located near Main Building entry 1. According to a police report, work-study students called campus police to report the activity.

According to the report, the 45-year-old male had several tabs open at the bottom of the screen and questioned the police when he was instructed to open them. None of the tabs that were opened at that time contained inappropriate images.

However, a student, working at the Welcome Desk, told police she saw full frontal nudity on the suspect’s computer screen. She said she had witnessed the same man viewing pornographic materials on the public computers before. She said the incidents were always on a Friday.

Campus Police officers Jeremy Bohannon and Joey Piazza performed a search on the suspect’s driver’s license and found no criminal records or outstanding warrants. Once his license was returned, he left campus without any incident.

Another report was filed involving pornographic materials at approximately 7 p.m. on Jan. 15. This incident involved a 24-year-old male viewing pornography on the library computers. Officer Patrick Martino was called to the library circulation desk, where he was told the librarian had screenshots of the images the individual had been viewing.

Martino issued the suspect a Notice to Vacate the College property. The suspect was prohibited from entering OCCC property for six months.

The dispatcher said the suspect may have had an outstanding warrant, so the Oklahoma City Police Department was dispatched to the OCCC campus. The OCPD could neither confirm or deny that he had an active warrant. The suspect was then released back into OCCC property. He was released from custody without being charged.

At approximately 9 a.m. on Jan. 17, a 26-year-old male was caught trespassing on OCCC property. Officers David Madden and Tim Harris spotted a car in Parking Lot A that was registered to a person with a two-year suspension from OCCC because of previous offenses.

The officers then found the suspect in the OCCC Bookstore and requested identification. The suspect claimed he was unaware he was suspended and said he had enrolled in four classes.

The suspect was escorted to the Student Life office where they could confirm the suspension. He met with Student Life Assistant Director Chris Shelley. The suspect was then escorted to his vehicle.

The names of all suspects were redacted on each of the reports under the direction of Marketing and Public Relations Director Cordell Jordan.

“If a person is a suspect of a crime and was not placed under arrest by the reporting agency, nor charged with a crime by the courts system and/or did not have outstanding warrants at the time of the report, their name is not required to be released, and is withheld for purpose of due process,” Jordan said in an email after being asked for reports with the redacted names included.

To contact campus police, call 405-682-1611, ext. 7747. For an emergency, use one of the call boxes located inside and outside on campus or call 405-682-7872.

Enrollment: Enrollment down from this time last year

Continued from page 1

went up 15, [or] 16 percent,” Harvey said.

Nothing stands out this year in terms of enrollment, Harvey said, but he said he did notice a trend with students enrolling later.

“One of the interesting things [is] in the last few years we’ve [had] a surge in late enrollment. “When enrollment is going up, sections of particular classes close down a little bit more quickly and students will enroll earlier.”

Harvey said he encourages students to not only enroll early but also to complete their education.

“… [Those students are] going to be better off in terms of their ability to make more money,” he said.

For more information, visit at www.occc.edu/admissions/enrollment.html or call Harvey at 405-682-7849.

Italy: Students encouraged to take part in trek across Italy

Continued from page 1

aspects of Italy. She said interested students must enroll in the travel-writing journalism course that accompanies the trip.

Students who aren’t interested in getting credit for the travel-writing course can enroll as auditors, Hinton said.

She said students will write about their time in Italy as they experience it.

“The students will have a lot of opportunity to follow their own interests.

“We’re going to have a course in Italian cooking and have a tour of a family winery… So, somebody who wants to focus on the cuisine of Italy … can write about it.”

Hinton said students who travel to Italy will get a chance to witness sights that some people have only read about.

“It’s worth doing,” she said. “It’s worth being some place that you’ve never been.”

Oklahoma Study Abroad Program Director Christian Alyea said the 10-night, 11-day trip will give students the opportunity to witness and explore a large portion of the country’s many historical sights.

“The students will get the initial taste of Italy,” Alyea said.

“They’ll get to explore all the art [and] historical sights … like the Coliseum [and] the Vatican in Rome.”

Alyea said travelers will trek across Italy using public transportation and tour guides.

“They will stay in top-rated youth hostels throughout the trip. “We like to stay in top-rated youth hostels to show the travelers a different way of traveling,” he said. “You don’t always have to stay in hotels.”

He said safety is top on his list.

“At the trip] is 100 percent safe,” he said. “Safety is our first priority.”

Alyea said the travelers will undergo advisement before traveling to ensure they know how to pack accordingly for the trip.

He said any interested student should take this opportunity to see another part of the world.

For more information about the Italy trip, contact Hinton at 405-682-1611, ext. 7331 or email shinton@occc.edu.
Cyber Security club plans demonstration

SIALI SIAOSI
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OCCC’s Cyber Security Club is perfect for students interested in the growing advancement of technology, said the club’s Public Relations Representative Ondre Gaines.

He said the club hopes to increase student interest in an upcoming event that will show students how webcams are hacked using two separate computers and a wireless Internet connection.

Gaines said the Cyber Security Club is a newer club on campus.

Cyber security encompasses all aspects of computer technology, from firewalls to hacking software, he said. However, Gaines said, being computer-savvy isn’t a necessary skill needed to join.

“We have meetings once a month … with a guest speaker,” he said.

“We [also] have a lot of stuff that people do outside of the club [meetings].”

Gaines said the Cyber Security Club often meets on Wednesdays to test new software. He said even if students are just curious about the club, they should attend the meetings.

“We try to get more people than just [those] who are majoring in Cyber Security,” Gaines said.

He said the main focus of the monthly meetings is to discuss what new discoveries have been made in the realm of cyber security.

The objective is for students to express their interests and curiosities regarding the subject, he said. Gaines said the meeting might include a PowerPoint or a video showing step-by-step processes about the material being discussed.

Cyber security is best learned visually, Gaines said. He said he is new to the world of cyber security too.

“This is my second year doing this stuff, so I’m still really new to some of the stuff that’s going on as well. You just jump in and you learn.”

Gaines said Hollywood makes hacking look more complicated than it actually is. He said most cyber security tasks are completed using computer programs.

“[Cyber Security] is probably one of the [fastest] growing professions out there … because of technology [and] how it grows.”

“I love it.”

Gaines said there will always be a job market for cyber security because technology will only progress.

The Cyber Security Club has mostly male members, though he said some members are female students as well as non-traditional students.

For more information about the Cyber Security Club and upcoming meeting dates, contact faculty adviser Hailfeng Ji at 405-682-1611, ext. 7381.
Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or email adman@occc.edu.


FOR SALE: New size 26 jeans — never been worn. Brands include Vans, Levi’s and Zumiez. $10 per pair. Retail for $40 each. Text 405-818-0083 for pictures.

FOR SALE: Collector’s Item! “Star Wars” Hayden Christensen autographed photo in plastic protector & Certificate of Authenticity. $60. Text 405-818-0083 for more information.


TUTOR WANTED: Part-time tutor wanted for Accounting I and Macroeconomics. Pay is negotiable. This is a great opportunity for anyone looking to make extra money. Text 405-443-8448.

2. _Truffle (Beehive song)_
3. Bathroom item, maybe
4. Sulphur and hydrochloric
5. Harvard rival
6. Bullock of ’Speed’
7. Supports for props, perhaps
8. TV’s “American _”
9. Restorative drinks
10. Plain area
11. Type of type
12. Language of Pakistan
13. Talese and others
14. Simpleton
15. Miller Sebastian
16. Lodge
17. Guy at the plate
18. Sign
19. Help a huster
20. Kind of list
21. Opened a crack
22. Like some orders
23. Full follower?
24. Newark to Cape Cod (dir.)
25. FedEx rival
26. Second-largest English-speaking country
27. Synonym for 45 across
28. 10 down to a guacho
29. Slippery one
30. Wall Street debut
31. Fanny business
32. Clari’s relative
33. Ice
34. Perk
35. Cook’s cover
36. Cambodian dollars
37. Norman Vincent
38. Something in the plus column
39. Went fast
40. Place for 60 across
41. Commies
42. Shallowest Great Lake
43. Indian princess

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Pathways students sport new duds around OCCC

SAMANTHA WOODRING
News Writing Student

High school students at Pathways Middle College are no longer incognito on OCCC’s campus. Their uniforms give them away.

Until this year, the Oklahoma City public school students, tucked away in classrooms on the third floor of the Main building, have blended in with college students sharing the same space, and sometimes even the same classes.

Last March, the Oklahoma City School Board voted in favor of a policy that requires all students in the Oklahoma City public school district to wear uniforms.

Pathways Principal Carol Brogan had mixed emotions about the vote, but she wanted her students to be involved from day one.

Students approved the uniform design and helped pick out colors.

“I asked the community college… to help us design our T-shirts,” Brogan said. “The kids liked the design and we went forward with it.”

The front of the T-shirts feature the Pathways mascot, a panther, and the OCCC logo, “because it’s a partnership,” Brogan said.

“There was grumbling initially,” Brogan said, “but I think [students] have come to realize they have something they can wear that they are comfortable with.”

The “campus casual” style has been retained in the uniforms, students said.

“It’s pretty lenient,” said Daniel Prieto, Pathways sophomore. “We don’t have to tuck [our shirts] in.”

Pathways students also are allowed to wear dark colored jeans or khakis, but they must meet certain standards.

“We wear basically just normal jeans, but they can’t really be cut,” said Javier Merendon, Pathways sophomore.

Both Prieto and Merendon said they were originally opposed to the uniform policy, but agree they aren’t now.

The uniform shirts come in red, black or white with the Pathways logo on them, Brogan said.

Styles include T-shirts, long-sleeved T-shirts, sweatshirts and zip-up hoodies.

Pathways students benefit from their partnership with OCCC, Brogan said. “They benefit socially — they benefit economically.”

The staff at Pathways are dedicated to preparing their students for college. “We work really, really hard to help our students to be able to walk into a college classroom and be successful,” Brogan said. Many seniors and some juniors take college classes while in high school.

Pathways students are required to participate in 32 volunteer hours per year.

Graduating seniors who have been with Pathways since eighth grade will have accumulated 160 hours of community service.

On average, at least 85 percent of students who graduate from Pathways go on to attend college.

Last year, Pathways students had a 99 percent graduation rate and many of the students are first generation high school graduates in their family, Brogan said.

Juniors and seniors have the option of taking college courses if they meet the academic requirements.

Passing a college class empowers students and teaches them they must be responsible for their own education, Brogan said.

Pathways students work hard to be successful in their studies.

“[My] students are phenomenal,” Brogan said. “Then again, my staff is too…I’ve got staff members that believe the same thing I do: Every kid can make it and can do well.”

Even if students are more visible in their Pathways school uniforms, they are still part of the college atmosphere. For more information, contact the Pathways Middle College High School office at 405-682-7840.

There was grumbling initially… but I think [students] have come to realize they have something they can wear that they are comfortable with.”

—CAROL BROGAN
PATHWAYS PRINCIPAL

Pathways Middle College High School students Karina Martinez and Jesus Bahena study in their school uniforms. The student-approved uniforms are a result of a newly adopted policy that requires all Oklahoma City public school district students to wear uniforms. The school’s classrooms are located on the third floor of OCCC’s Main Building.

BROWN BAG: ROSA PARKS DAY

Time: 12:30 to 1:30 P.M.
Date: Tuesday, Feb. 4
Place: CU3

Bring your lunch and join Political Science Professor Sharon Vaughn as she discusses the historical Rosa Parks.