

PIONEER ONLINE

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EDITORIAL

CHILDLESS LIFESTYLE TOO SCRUTINIZED

Online Editor Erin Peden says the choice to have or not have children is an individual decision, not for a public forum. See more inside.

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NEWS

PROFESSOR FINDS PASSION IN ACTING

When Physics Professor Tad Thurston decided to branch out, he found he had a passion — and talent — for the stage. Read more about his journey.

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SPORTS

RED CROSS CERTIFICATION OFFERED

Students who are interested in becoming certified swim instructors can sign up for the American Red Cross training. See inside.

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CAMPUS LIFE

CLUB HOPES TO CREATE AWARENESS

The International Student Association invites all students to join and get to know about different cultures. To learn more about the club, see page 10.

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The art of lighting



LORI VALENTINE/PIONEER

Adjunct Professor Gary Shlifer helps Film and Video Production majors Liz Drew (far left), Brandon Russell (near left), and David Chissoe (far right) to shoot a scene for a 30-second commercial project Sept. 24 in front of the VPAC. The project is part of Shlifer's Cinematography II class.

Most students qualify for TRiO program

Applications for spring semester being accepted

PARIS BURRIS
Editor
editor@occc.edu

About 60 to 70 percent of OCCC students qualify to join the TRiO Student Support Services program on campus but have not taken advantage of the opportunity, said TRiO Grant Programs Director Karolyn Chowning.

"Since our program is primarily focused on raising the number of bachelor's degrees attained by low-income, first-generation

students, our program is often most useful to students in their second, third and fourth semester," Chowning said.

She said the program is currently accepting applications for the spring semester.

Students must qualify as low-income, first generation, or have a documented academic need on record with Student Support Services to apply, Chowning said.

Pre-education major LeAnn Brock said she was close to dropping out of school, but TRiO-SSS helped her stay focused.

"I had been married for 14 years and after my first semester at OCCC my hus-

band walked out," Brock said. "I thought about totally dropping out of school, but TRiO asked me to talk about it.

"It wasn't just talking, but helping me realize all of the positive

strides I had made up to that point. That made me realize that if I gave up on my dreams I may

See **TRiO** page 9

Job fair to take place on campus

BAILEY NORRIS
News Writing Student

About 70 general employers and 30 health employers will converge on OCCC's Student Union Wednesday, Oct. 2, looking for full-time and part-time

employees, said Debra Vaughn, Student Employment and Career Services director.

Vaughn said the job fair is advertised statewide and all job-seekers, including students,

See **JOB FAIR** page 9

OPINION

EDITORIAL | Time magazine reports U.S. birthrate lowest it's ever been

Choice to have children personal one

"You'll change your mind when you are older." That's the first thing people usually say to me when they find out I don't want kids.



ERIN PEDEN

According to Time magazine, "the birthrate in the U.S. is the lowest in recorded American history."

The magazine reports from 2007 to 2011, fertility rates decreased by 9 percent. This adds up to about one in five women who have decided not to have children.

What used to be a milestone in the lives of women and couples has now become a decision.

Opposers to this view like to point fingers and say couples who choose not to have children are making a selfish decision.

I say they aren't.

What about couples who have too many children? Couldn't that also be considered selfish?

I am not married nor do I plan to be any time

soon but I have known from a young age I was not interested in having children. It is simply not in the cards for me.

Having a child changes everything. It can limit your job, limit travel, and limit other opportunities in your life.

Why should a woman give up her dream job, for example, because society says she needs to have a child and doing so would limit her job performance?

There is the cliché that women who claim they wouldn't be a good parent always have the "mom gene" kick in as soon as they have their first child, therefore, saying you are not equipped to be a parent is irrelevant. I do not agree.

I admire people who make the decision not to have children because they know what they want.

Women and couples do not need a child to feel fulfilled.

Having a child is a big responsibility and if an individual feels he or she is not capable of raising a child or simply does not want to have children, then I say kudos to that person. There are plenty of parents out there who treat their children poorly and



shouldn't be parents.

In a country where we have the freedom to make our own decisions, telling someone who does not have children that it is their duty to have kids is wrong. If people choose to live a childless lifestyle, it is their right to do so.

I am not saying being childless is right or wrong.

I simply ask that people who do have children respect those who decide not to and take a look at their own lives before judging the lives of others.

—ERIN PEDEN
ONLINE EDITOR

LETTER TO THE EDITOR | CDC says more than 70 percent of all smokers want to quit

'Talk with your doctor' initiative doubles odds of quitting

To the Editor:

A doctor's advice and assistance more than doubles the odds that a smoker will successfully quit. The Centers for Disease Control and Prevention, Tobacco Settlement Endowment Trust, and State Department of Health are partnering with Oklahoma physician groups on the new "Talk With Your Doctor" campaign to encourage smokers to ask a doctor for help. The campaign also encourages doctors to ask patients if they smoke and offer assistance in helping them to quit.

The initiative is part of CDC's national tobacco education campaign, Tips From Former Smokers, which features a variety of ads with real people who are living with smoking-related diseases and disabilities.

The graphic, emotional ads show how smoking or exposure to secondhand smoke has changed lives

forever.

"These stories motivate smokers to try to quit, and the 'Talk With Your Doctor' campaign encourages smokers to get help from their doctor to quit," said Tracey Strader, TSET executive director.

In 2012, Oklahoma ranked 39th among states for the percent of adults who smoke, up from 47th worst in 2011.

More than 70 percent of smokers want to quit, and about 50 percent try to quit each year, according to the CDC.

Physicians play an important role in helping motivate patients to quit. Physicians should routinely ask patients whether they use tobacco and encourage those who do to quit, and patients should feel empowered to talk with their doctor for help.

"Our message is simple," said Sylvia Lopez, chief

medical officer for the Oklahoma Health Care Authority and neonatologist. "If you're a smoker, quitting is one of the best things you can do for your health, and the health of your children. We are here to help give you the best chance of success. Don't wait. Talk with your doctor today about quitting."

In addition to talking with their doctors, smokers who want help quitting can call the Oklahoma Tobacco Helpline toll-free at 1-800-QUIT-NOW (1-800-784-8669) or visit www.OKhelpline.com for free quit coaching and free patches, gum or lozenges.

For more information about the Tips campaign, including profiles of the featured former smokers, other campaign resources, and links to the ads, visit www.cdc.gov/tips.

— TOBACCO SETTLEMENT ENDOWMENT TRUST
AND STATE DEPARTMENT OF HEALTH

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The **PIONEER** welcomes **letters** to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The **PIONEER** will withhold the author's

name if the request is made in writing.

The **PIONEER** has the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 250 words. Students must list their major. OCCC staff and faculty must list their work title.

Letters to the editor can be submitted to the **PIONEER** office, located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The **PIONEER ONLINE** also can be accessed at www.occc.edu/pioneer.

COMMENTS AND REVIEWS

FOOD REVIEW | From pulled pork to strawberry, fare is delicious

Area crepe shop serves up yummy

While at the Oklahoma State Fair, I had the pleasure of trying a crepe for the first time. Although what I tried was a little unorthodox for a crepe, I was not disappointed.

At DJ's Creme de la Crepes, I tried the Carolina Que Crepe which is a crepe filled with pulled pork and barbecue sauce, topped with coleslaw.



I have to say it was delicious and an unexpected surprise.

The pork was cooked perfectly and the barbecue sauce had this one, two combo of tang and spice.

It was almost like eating a burrito filled with barbecue pulled pork, but the crepe made it a little bit lighter and it was not as doughy.

I also tried a strawberry crepe. At first bite I felt like I was teleported to heaven. The strawberries were so fresh I could have eaten a basket of them

individually. They had a nice crisp texture to them and were very sweet.

The custard on top of the strawberry crepe paired nicely with the strawberries. It was a vanilla bean flavor which made it irresistible. I could not get enough of the custard. I gobbled up the little extra that had spilled out of the crepe

because it was too good to let even a drop go to waste.

If you didn't get a chance to try DJ's Creme de la Crepes out at the fair, don't fret. They travel around Oklahoma to all sorts of different festivals. You can go to their Facebook page at www.facebook.com/pages/DJs-Creme-de-la-Crepes and find out exactly where they will be next.

Rating: A

—GRANT VANWINKLE
SPORTS WRITER

PRODUCT REVIEW | Victoria's Secret best deal for the price

Good-fitting bra crucial to comfort

It's something that almost all women dream of: a bra that provides the perfect amount of comfort, support and good looks at the same time.

But here's the catch: we don't want to burn a hole in our wallet to buy one.

And let's be honest, places like Walmart just don't offer this type of product.

That's why Victoria's Secret is my go-to place for pretty, good quality bras.

I like Victoria's Secret bras because they offer a large variety of styles for all body types, including multi-ways, demis, push-ups, bombshell and more.

They offer a variety of colors and patterns that are sure to fit all sorts of style tastes.

Another factor is that they last a long time. Most studies say that a good bra, if treated properly, will last about eight months.

My Victoria's Secret bras usually last more than a year.

During my last visit, I was able to buy two PINK collection bras for under \$50 by taking advantage of the store's current mix or match two bras for \$42 sale.

The store also offers a "two bras for \$49.50" sale on sports bras or other select Victoria's Secret styles.

The sales team at the Penn Square Mall store is friendly and helpful.

They will provide feedback, grab different styles or sizes for you in the fitting room and help you find exactly what you are looking for.

The store offers free bra fittings.

Seeing as though the vast majority of women are wearing the wrong size bra, it is smart to get fitted



every time one buys a new bra.

However, Victoria's Secret's staff has fitted me wrong in the past so I recommend you also learn how to measure yourself to have a back up.

Overall, I have never been as satisfied with bras from other stores as I have with Victoria's Secret.

Victoria's Secret is a great place for affordable, good quality bras — just make sure you get the right size.

Rating: A

—PARIS BURRIS
EDITOR

COUNSELOR'S Corner

College a great place to get out of comfort zone

"We hate some persons because we do not know them; and we will not know them because we hate them."

—CHARLES CALEB COLTON

Acquiring a college education is designed to be a transformative process: it changes us.

Many of us come to college having grown up insulated within the safe familiarity of our family and immediate social network. We view the world through eyes that compare our limited understanding of people outside our world with the values and rules of our world; and we pass judgment on them, not because we're bad, but because we're human.

For many of us, college offers the first real opportunity to interact with those who are substantially different from us in some way. That's one of the exciting things about going to college but it can also be scary, especially if family and friends — your social lifeline — see such experiences as a threat to their values and way of life.

Personal growth requires that we examine our values and beliefs, and expand our awareness beyond what we feel comfortable knowing. This process isn't about rejecting who we are as much as it is about affirming who we are. Even so, education will change us.

October is National Diversity Awareness Month, and the Student Life office will host a variety of activities designed to expand students' awareness of different cultures.

We in Student Support Services encourage you to participate in as many of these events as possible. You will learn things about other people, but also about yourself.

The Learning Specialists further challenge you to get outside your comfort zone and sit next to someone you might not normally sit by; eat lunch and have a conversation with someone very different from yourself; learn about someone's favorite childhood games, family traditions, and more. Discuss taboo topics such as religion and politics, not to challenge or one-up each other, but to really understand other points of view.

There is the risk, of course, that you may change your mind about some things. Learning always carries that risk. It may also reinforce and affirm your point of view. Either way, you become a better person for the experience.

—MARY TURNER AND ALTA PRICE
LEARNING SUPPORT SPECIALISTS

COMMENTS AND REVIEWS

SERIES REVIEW | Show is a bit gory but well animated and action packed

‘Attack on Titan’ anime series well written

In the heyday of my youth, I spent a lot of my time watching anime. As I got older, I sort of lost interest in the entire genre, aside from a few shows that I considered to be classics.

However, lately, a lot of my friends have gotten back into animation and have started recommending shows to me. Chief among the recommendations was a relatively new series called “Attack on Titan.”

I sat down one humdrum Sunday afternoon with my Hulu plus subscription and decided to get into the show.

The praise that my friends had lauded on the series soon made a lot of sense to me. “Attack on Titan” has served as a strong reminder of all the reasons I ever loved anime in the first place.

“Attack on Titan,” created by the directors of the animanga classic “Death Note,” tells the story of an Earth where

humanity has been forced to live in massive cities behind huge, fortified walls to protect them from what lurks in the world beyond. Outside the walls are giant, man-eating monsters known as titans, who freely roam the land.

The show is a bit more gory than most anime I’ve watched, but that’s because I tend to stay away from most things in the horror genre.

Parts of “Attack on Titan” are truly frightening, at least for someone as weak-willed as I am.

However, the scary parts of the show haven’t deterred me from watching and I don’t think they will anytime soon.

“Attack on Titan” showcases beautiful animation (as you might expect) but also features a storyline that is as compelling and engaging as it is brutal.

While the show isn’t really a feel-good experience, it is extremely exciting to

watch.

“Attack on Titan” is available on Hulu in two formats; one that is subtitled and another that has an English dub over the voices.

I prefer the subtitled version, but I suppose the dub might be a better choice for those who aren’t interested in reading subs.

If you’re a tried and true anime-viewing veteran or just getting into the genre, I recommend “Attack on Titan” — especially if you’re interested in a show that is action-packed, well animated and extremely



well written.

Rating: A-

—KATIE THURMAN
SENIOR WRITER

FOOD REVIEW | Public chooses cheesy garlic bread as contest winner

New Lay’s chip flavors fall flat

In February, Lay’s announced it would host a contest to find a new chip flavor.

After accepting submissions online, Lay’s narrowed the contest down to three flavors: cheesy garlic bread, chicken and waffles, and sriracha. Consumers

then had a period of time in which to try the new flavors and vote on their favorite one.

While I am not a big chip eater, I decided these flavors were too unusual not to try.

The first one I tried was cheesy garlic bread. It tasted like anything but cheesy garlic bread. What I tasted was a sour, bitter flavor with an overwhelming taste of garlic. There was not much cheesiness to it and it tasted like someone had perhaps left their garlic bread in the oven a little too long.

I tried chicken and waffles next. Although it wasn’t bad, it was definitely not my cup of tea. I primarily tasted a syrupy flavor upon my first bite, followed by what seemed to be the slightest hint of chicken aftertaste.

Since I have not had real chicken and waffles, I cannot compare it to the real thing but overall, it wasn’t terrible.

The last flavor I tried was sriracha. Upon taking the



first bite, it did not seem that spicy — until the aftertaste hit me like a brick.

Although it was my favorite of the three flavors I tried, it tasted like any other spicy chip out there.

So who was the winner of Lay’s con-

test?

In May, the people spoke and decided cheesy garlic bread was the winner. Originally, the winning chip was supposed to be the only one that remained on store shelves; however, since the other flavors have continued to sell, they remain available for people to enjoy at just \$3 a bag.

Overall, I don’t think the chips are something I would ever buy again.

Although they weren’t terrible, they missed the mark in my opinion. There are a lot better flavors out there and I think these new flavors were just a gimmick on Lay’s part.

My suggestion is: don’t waste your money. If you really want some cheesy garlic bread, go pop some in the oven.

Rating: C

—ERIN PEDEN
ONLINE EDITOR

TOP 20 MOVIES

Weekend of Sept. 20 through Sept. 22
www.newyorktimes.com

1. Prisoners
2. Insidious: Chapter 2
3. The Family
4. Hombre de Piedra
5. Battle of the Year: The Dream Team
6. We’re the Millers
7. Lee Daniels’ The Butler
8. Riddick
9. The Wizard of Oz
10. Disney’s Planes
11. Percy Jackson: Sea of Monsters
12. Elysium
13. Despicable Me 2
14. Blue Jasmine
15. One Direction: This is Us
16. The World’s End
17. 2 Guns
18. The Mortal Instruments: City of Bones
19. Thanks for Sharing
20. The Smurfs 2

Professors ponder planetary questions during talk

JAMES VATER
News Writing student

Physics Professor Tad Thurston and philosophy Professor Stephen Morrow recently came together to talk about searching for possibilities outside the solar system and inside the self in a format similar to TED Talks, labeled OCCC Talks.

The presentation was given to a small audience Sept. 18.

In his presentation Thurston attempted to answer the question, "Are there planets circling other stars?"

He explained the extreme distance between the sun and other stars using the OCCC campus and Google maps as references.

Thurston said if the sun were located on the OCCC campus, the nearest star would be somewhere in Hawaii.

Thurston explained that both the star and its planets' mass pull on each other — creating an orbit. As the planets orbit the star, they pass in front of the star creating a shadow.

Through this method, he said, astronomers can mathematically determine the composition and location of the planets.

Thurston concluded that there are indeed far away orbiting planets and that a select few of them could have a composition similar to Earth.

In his presentation, Morrow discussed the impor-

tance of higher education from a philosophical perspective.

He asked the audience to "ignore spectral lines and search into one's own consciousness for answers."

Morrow created an analogy between searching for knowledge through education and Plato's ancient story of the cave and the sun.

The story explains how a slave in the cave gains the courage to climb out of the cave and sees the sun for the first time.

He returns to the cave and brings those willing to make the climb into the sun.

The sun represents education, Morrow said, and though difficult, others can climb out of the cave and receive the sun's benefit.

The presentation ended with questions from the audience.

TED talks is a global set of conferences that are presented under the slogan "ideas worth spreading."

The OCCC version is offered through Campus Voices. The next lecture in the series will be at 1 p.m. Wednesday, Nov. 13, in CU1.

For more information, contact Thurston by phone at 405-682-1611, ext. 7605, or

by email at tthurston@occc.edu.

Morrow can be reached by phone at 405-682-1611, ext. 7350, or by email at smorrow@occc.edu.



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AIR NATIONAL GUARD

Alzheimer's walk brings out OCCC volunteers

NANCY MARTINEZ
News Writing Student

Almost 300 OCCC student volunteers signed up with Student Life to spend the day assisting with the 2013 Walk to End Alzheimer's on Saturday, Sept. 21, at the Bricktown Ballpark in Oklahoma City.

Students in bright green T-shirts created a sea of color while staffing tables, setting up tents, cheering on the walkers with air horns and pompons, and even ringing cowbells when cued by speakers.

According to the Alzheimer's Association, 2,344 participants took part in the two-mile walk through the Bricktown area, including some from other cities and states and even from other countries. They raised \$266,943 for research, support and care.

Nursing student Kim Smith said she wasn't certain what to expect when she signed up to help.

"I'm surprised how many people came out for it," Smith said. "It's very well organized."

Other students also said they hadn't anticipated the number of walkers.

"It's an amazing turnout," said nursing student Lori Cooper.

Jenna Phillips was another

nursing student volunteer.

"There are a lot more people than I thought there would be," she said.

Alzheimer's is a devastating and deadly illness that causes diminished memory function, behavioral changes and dementia as time progresses, according to the Alzheimer's Association. Several of those who participated had someone in their family who had been diagnosed with this disease.

A promise garden made up of various colored flowers representing these relationships was lifted into the air at one point by participants to symbolize those loved ones.

"It's a good experience for a great cause," said physical therapy assistant major Jordan Cox.

At the Trial Match tent, participants and volunteers had the opportunity to be involved with a research database for genetic testing, therapy and medical trials. It was there that Kathy Sullins from the Alzheimer's Association said she was impressed with the OCCC student volunteers.

"I'm only as good as my volunteers," Sullins said. "These volunteers rock."

OCCC students staffing the tent were able to enroll three times as many people as were signed up at the Tulsa walk,



COURTESY OF NANCY MARTINEZ

Walkers carry flowers in remembrance of those who are affected by Alzheimer's. The flowers are part of a promise garden.

Sullins said. More than 150 registered in Oklahoma City, compared to 54 in Tulsa.

The volunteers at the tent included nursing students Nancy

Gibson and Sharon Colbert.

Students each had their own reasons for volunteering for the walk. There were a large number of nursing students at

the event because volunteering was part of their class participation grade.

Others, such as Colbert, have relatives with the disorder.

Students should get familiar with Test Center rules, hours

BRITTANY ZINK
News Writing Student

So many rules. So easy to forget.

Many students who come to take an exam at the Test Center are unprepared, said Linda Little, new director of Testing and Assessment Services.

Common problems arise because students come without their ID, bring personal items with them, lack information about the course and test number, or arrive too close to closing time, Little said.

The first thing students need

to do is bring their student ID when testing, she said. Otherwise, they can't test.

Little said students also often don't know they can't take any personal items into the testing area. The Test Center provides free lockers for students to store their personal items but their capacity is limited. To use the lockers, students need a golden token that is provided by the Test Center.

Approximately half the students interviewed for this story admitted they had no knowledge of the Test Center or its rules, except its general

location on campus.

Michael McFarland, who has been taking classes at OCCC for a few years, said he didn't know students couldn't take items with them into the Test Center the first time he took a test. Luckily, the Test Center provided him with a locker.

Since then, McFarland said, he has taken a few tests there and his experience has been really good.

Student Antonio Aponte said the Test Center is easy to use.

Aponte said the staff will loan out a calculator. Students who choose to use their own

calculator will have to let Test Center employees clear the memory first.

Students also need to come prepared with the exam's course category, course number, instructor's name and the test number, Little said.

An hour before closing time, the Test Center will put up a sign saying: "Closed. You must be in the Test Center one hour before close. Sorry." Then they lock the doors.

Little advises checking the hours of operation before heading to the Test Center, because they change every

semester.

The rules and hours of operation can be found either online at the OCCC website at www.occc.edu, in the student handbook or at the Test Center.

The Test Center follows the campus closing hours for all holidays and breaks.

Student Daisy Quiane said she has never taken a test at the center, but if she ever has to, she is going to make sure she checks the hours first.

For more information, contact Little at llittle@occc.edu or call the Test Center at 405-682-1611, ext. 7321.

Physics professor discovers artistic side



COURTESY OF JEWEL BOX THEATRE

Physics professor Tad Thurston as the character Macaulay "Mike" Conner, in Philip Berry's comedy, "The Philadelphia Story," takes one to the chin. Thurston performed at the Jewel Box Theatre in Oklahoma City.

ALLEN MITCHELL
Contributing Writer

Physics Professor Tad Thurston is leading a double life. During the day, his students know the mild-mannered Thurston as a witty and charismatic teacher who is a self-professed geek.

After hours, however, there's really no telling who he will be.

Most recently, he assumed the character of Macaulay "Mike" Conner, in Philip Berry's comedy, "The Philadelphia Story," performed at the Jewel Box Theatre in Oklahoma City.

The role was famously played by Jimmy Stewart in the 1941 movie starring Audrey Hepburn.

Alongside Thurston in "The Philadelphia Story," playing the part of

Uncle Willie, was OCCC graduate Paul Tomlin.

The curtain came down on that show Sept. 15.

In December Thurston has already committed to the role of Bob Cratchit in "A Christmas Carol."

The discovery of his artistic side is a relatively recent development for the science professor.

A year and a half ago, Thurston said, he set out in search of fun and adventure.

While doing so, he found himself playing the part of John Stapleton in a stage adaptation of Sir Arthur Conan Doyle's "The Hound of The Baskervilles."

Thurston said he auditioned for a part in the play being produced by the Jewel Box Theatre in Oklahoma City because

he enjoys being a part of the story.

Since then, he has done six productions including the farce, "Dilemmas with Dinner."

Rehearsals for each new production last about four weeks, running from 7 to 10 p.m. each weeknight, Thurston said.

Following rehearsals, the play itself also runs about four weeks.

"If it's fun enough, you make time," Thurston said of the demanding schedule.

And Thurston should make time.

Production Director Chuck Tweed said Thurston was voted best actor last season by Jewel Box patrons who had seen all six plays.

"He is very natural on stage," Tweed said.

While he has yet to perform at OCCC,

“ If it’s fun enough, you make the time.”

—TAD THURSTON
PHYSICS PROFESSOR

Thurston said it is on his to-do list and that he hopes to be able to this coming spring.

For the time being, students interested in discovering who Thurston becomes after class can see him in the upcoming Jewel Box Theatre production of the Charles Dickens classic over the holiday season.

The show runs from Nov. 14 to Dec. 8. Tickets are \$15 for adults, \$10 for students and seniors age 65 and up.

For more information about Jewel Box Theatre visit www.jewelboxtheatre.org or call 405-521-1786.

SPORTS

Workout fun



GRANT VANWINKLE/PIONEER

Child Development Professor Dawn Ladiski, Computer Technician Mike Schilling, Public Relations Specialist Kim Holding work out in a combo aerobics class. The class meets from noon to 12:55 p.m. on Monday, Wednesday and Friday. For more information, call 405-682-7860.

SPORTS | First round of Red Cross courses to begin Oct. 3

Instructor certification classes offered

GRANT VANWINKLE

Sports Writer
sportswriter@occc.edu

Students interested in becoming certified to teach swimming can sign up for the American Red Cross water safety instructor training.

This course certifies students to teach swim lessons for the American Red Cross and also to teach the community water safety course.

Health and Fitness Specialist Carole Valentine said the class costs \$150.

The class is scheduled from 5 to 9 p.m. Thursday, Oct. 3 and Friday, Oct. 4, and from 8 a.m. to 6 p.m. Saturday, Oct. 5.

It will be offered again with the same hours on Thursday, Oct. 10, Friday,

Oct. 11, and Saturday Oct. 12.

Valentine said there are some prerequisites for the class.

"Participants for the class must be at least 16 years old, be able to swim at a level IV and pass a swimming skills test that will take place on the first day of class," she said.

The requirements to be able to swim at a level IV are to swim a front crawl for 25 yards, breaststroke for 15 yards, butterfly for 15 yards, back crawl for 25 yards, elementary backstroke for 15 yards, and swim on your side with a scissor kick for 15 yards.

Valentine said the swimming skills test has the same requirements with a couple added.

"The swimming skills test will consist

of the same as the level IV skills but also they must be able to float on their back for one minute and also tread water for one minute as well," she said.

Valentine said the FIT course also is included in the training.

"FIT stands for fundamentals of instructor training," she said. "It is used to inform and educate possible instructors on the methodology of the Red Cross courses."

Upon completion of this course, participants will be able to teach the basic water safety course and how to be safe in and around the water, Valentine said.

For more information, call 405-682-7860 or visit www.occc.edu/rf/watersafety

UPCOMING INTRAMURALS EVENTS

• **Sept. 23 - Oct. 21:**

Ultimate Frisbee season. Games will be played Monday afternoons from 3 to 7 p.m. Free to students and faculty. For more information, call 405-682-7860.

• **Oct. 1:**

Total body workout class starts. The class focuses on a complete body workout that will improve overall strength, agility, balance, and conditioning. Learn how to use a stability ball, hand weights, and body bars. Cost for the class is \$30 and has a limit of 20 people. For more information, call 405-682-7860.

• **Oct. 2:**

Abs express class starts. The class is \$20 and is designed to elevate all of your abdominal and lower back strength. This class is limited to 25 people. For more information, call 405-682-7860.

• **Oct. 5 through Dec. 7**

OCCC will offer the Personal Fitness Trainer Certification course approved for massage therapists, occupational therapists and athletic trainers. The Saturday classes are set from 9 a.m. to 4 p.m. in room 1H2 SSC. Cost for the class is \$549 — required textbook not included in the cost. To order a book and begin the required reading for the course details, contact W.I.T.S. at 888-330-9487 or www.witseducation.com. For more information, call 405-682-7860.

• **Oct. 28:**

Nitroball is a combination of basketball and volleyball. The season starts on Oct. 28 and game days are Monday afternoons from 1 p.m. until 5 p.m. The teams will be a coed 4v4. For more information, call 405-682-7860.

Visit the Recreation and Fitness website at www.occc.edu/rf/swimming-diving to find out about additional events and classes.

All event news is due Monday by 5 p.m. for inclusion in the next issue. Email your news to sportswriter@occc.edu.

Message graffiti discovered in men's restroom

KATIE THURMAN
Senior Writer
seniorwriter@occc.edu

A missing backpack and graffiti in a men's restroom were reported to campus police on the same day.

On Sept. 11, housekeeping supervisor Brian Minor

reported graffiti in a men's restroom on the first floor of the Main Building on two different stall walls.

According to a report filed by Officer Gordon Nelson, the writing on one stall was unable to be read after the cleaning crew had attempted to clean it off.

The writing in the second stall was legible and read, "Capitalism is Killing us all."

Nelson recommended in the future that Minor have his staff notify the campus police before attempting to remove any graffiti.

Also on Sept. 11, student James MacDonald reported

his backpack missing from the Engineering lab. MacDonald had left the backpack there overnight, according to a report filed by Nelson.

Nelson reviewed area surveillance camera footage that showed a member of the nighttime cleaning crew removing the backpack. It had been

turned over to another officer. MacDonald was contacted and notified that his property had been recovered.

To contact campus police, call 405-682-1611, ext. 7747. For an emergency, use one of the call boxes located inside and outside on campus or call 405-682-7872.

TRiO: Students encouraged to apply for TRiO program

Continued from page 1

be giving up on the fact of being able to make an impact on somebody else's life later on down the road."

Premed major Jessica Macias encourages students to join the program.

"If [students] really want to know more things about school, want to have someone who is personal ... they can talk to and feel more comfortable with, [TRiO-SSS] are the people to talk to," Macias said.

"Everybody in their office makes me

feel welcome all the time. They'll work with you one-on-one, step-by-step, and they don't do it in front of everyone. It's between you and that person."

Macias said TRiO-SSS supports her in her goals.

"My favorite thing about TRiO-SSS is that they support you with anything. And if you need help, for example, with financial aid or for any classes — anything educational — they will always help you ..."

Macias qualified by being a first-generation college student.

"I'm going to be the first person in my family who is graduating from college," she said.

"When I first came from Arizona to Oklahoma ... I started seeing all these programs and clubs all around campus and one of the ones I joined was TRiO."

Macias said she has benefitted from the program.

"The best benefit I've had is free tutoring for history," she said.

"They explain to you step-by-step what to do."

Chowning said students should at-

tain six college credit hours with at least a 2.0 GPA before applying.

She said because of limited space, not all applicants will be accepted but those who aren't are encouraged to apply again the following semester.

"Because we serve 160 students a year, space is always an issue." Chowning said.

To apply for the TRiO-SSS program, stop by the TRiO office on the first floor in the Main Building.

For more information, call Chowning at 405-682-1611, ext. 7620.

Job Fair: Everyone is invited to attend career and job fair

Continued from page 1

alumni and members of the community, are invited.

OCCC nursing student Emma Marshall said she will attend the fair this year in hopes of finding a job from one of the many health employers.

Vaughn said preparing for the career fair is simple. She recommends applicants dress professionally.

This will not only give the employers a good first impression, Vaughn said, but also will show them how serious one is about getting a job.

Vaughn also recommends people bring six or more copies of their résumé.

Up to 10 résumés a day can be printed on official résumé paper for free in the Career and Employment Services office which is located on the first floor of the Main Building.

Another thing to prepare for would be an on-the-spot interview, Vaughn said. Many employers are looking to hire

that day.

Many who attend the career fair get hired, Vaughn said.

Usually around 3,500 to 4,000 people attend OCCC fairs, Vaughn said. She advises applicants to get to the career fair as soon as it starts. She said in the past, some employers have run out of applications within two hours.

One student who attended a year ago found a job there.

"Going to the career fair last year was a great opportunity for me to begin looking for a job," said Randi Merritt. "I was able to get a part-time job with a publishing company on the spot."

The goal of the career fair is success for people who want to work, Vaughn said.

"We strive to have a variety of employers for the students and public," she said.

For more information about OCCC's career fair, contact the Employment and Career Services office at 405-682-7519 or visit www.occc.edu/es.

GENERAL EMPLOYERS

10 a.m. to 2 p.m.:

- Accel Financial
- AM Accounting
- Association of OK General Contractors
- Avon Products
- Axis Practice Solutions
- Childcare Network
- Federal Transfer Center
- Choctaw Nation Career Development
- Francis Tuttle Technology Center
- Cox Communications
- CSAA Insurance Exchange
- CSL Plasman
- Eskimo Joe's Clothes, Inc.
- Family Video
- Farmers Insurance
- Federal Transfer Center
- FedEx Ground
- Firestone
- Ford Audio-Video
- Francis Tuttle Technology Center
- Gary E. Miller Childrens Justice Center
- Home Depot
- KinderCare
- KOKH Fox 25 & KOCB CW 34
- Lowe's of Yukon
- McRay Roofing & Construction
- Medley Material Handling
- MetroShoe Warehouse
- Mid-America Christian University

- MidFirst Bank
- Moore Norman Technology Center
- Northeastern State University
- OCCC:
 - Career Transitions
 - Cultural Programs
 - Human Resources
 - Professional Dev. Institute
 - Recreation & Fitness
 - Recruitment & Admissions
- Office Max
- Oklahoma Blood Institute
- Oklahoma Department of Corrections
- Oklahoma Department of Corrections/Civil Rights Division
- Oklahoma Department of Human Services
- Oklahoma Dept. of Mental Health & Substance Abuse Services
- Oklahoma National Guard
- Oklahoma City Police Department
- OU College of Liberal Studies
- OU Medical System
- Pace Butler Corporation
- Primerica
- Renaissance OKC Hotel
- Rent-A-Center
- Schlotsky's/Cinnabon
- Smart Choice Inc.
- Southern Home Improvement
- Staffmark
- Sunbelt Staffing
- Tate Publishing

- Teleflora
- Tinker Federal Credit Union
- T-Mobile (Simply Wireless)
- Vaughan Foods Inc.
- Waste Connections

HEALTH EMPLOYERS

Noon to 6 p.m.:

- Aspire Home Care
- Comanche County Memorial Hospital
- Comfort Keepers
- Duncan Regional Hospital
- Excell Private Care Services
- Respiratory Care Program
- Grace Living Centers
- Hillcrest Hospital South
- INTEGRIS Health
- Kaplan Nursing
- Manor Care
- Mays Home Health
- Medical Park West Rehab
- Moore Norman Tech. Center
- Norman Specialty Hospital
- OK Dept. of Corrections/ Medical Division
- OU Medical System
- OU Physicians
- Right At Home
- St. Anthony's Hospital
- Learning Care Group
- The Children's Center
- Therapists Unlimited/ CareerStaff

CAMPUS COMMUNITY

Transfer talk



KATIE THURMAN/PIONEER

Chemistry major James Warden talks to DeAudre Ridley, a representative from Mid-America Christian University, during OCCC's transfer and graduation fair. The fair is designed to help OCCC students communicate with representatives from universities and colleges they'd like to learn more about.

COMMUNITY | Students from all walks of life encouraged to be part of ISA

International club welcomes everyone

ERIN PEDEN

Online Editor

onlineeditor@occc.edu

Creating cultural awareness among students is one of the main goals of the International Student Association. Ginnett Rollins, co-sponsor of ISA for about five years, said the club serves as a support group for international students.

"I've been a study abroad student so I know what it's like to be an international student and not to have the support system you have when you live in your hometown," Rollins said.

Rollins said the club is not just for international students, however. Students from any and all cultural backgrounds are encouraged to join.

"We try to create interaction between not just the international students but the students from the U.S. as well," she said.

ISA president Freshta Nematadhe said the club offers something for all backgrounds.

"Don't be hesitant and think that you cannot bring something to the club because I think everyone can bring their own diversity, whether it's being an officer or just being an active member."

Nematadhe said the club does not charge any dues but holds various fundraisers throughout the year.

"As far as the funds we raise, we can either put them in our account for a trip or we can put them toward

a scholarship," she said.

Rollins said some of the money goes toward scholarships.

"We've been able to give a few small scholarships to international students over the last few years."

Besides fundraisers, Rollins said, the group also participates in various activities around the state.

"We have done some community service activities such as the Regional Food Bank but we've also gone to the Halloween parade downtown, Chickasha Festival of Light, and the state fair."

Nematadhe said these activities are a great opportunity for international students.

"The [students] who come abroad to study don't really get a chance to explore and see what America has, what the state has, and what the city has. That's why we like to plan trips and events," she said.

Rollins said the club includes a variety of cultures. "When you're in an [ISA] meeting, sometimes there's no one from the same country and everyone speaks a different language," she said.

"I think [the club] is an enriching experience for anyone who wants to be around and get to know international students."

Students can join ISA by visiting Student Life's website and clicking "join a club." ISA meets bi-weekly, from 12:30 to 1:30 p.m. on Thursdays in VPAC 122.

For more information on ISA, contact Rollins at grollins@occc.edu or 682-1611, ext. 7704.

CAMPUS HIGHLIGHTS

Open play audition call

Open auditions for "How I Learned to Drive" will be held at 7 p.m. Tuesday, Oct. 1, in the Bruce Owen Theater. Seeking two men and three women. Students are asked to prepare a one- to two-minute contemporary monologue. The play will be performed Nov. 21 through 23. This play contains adult themes, content and is intended for mature audiences. For more information, email Brent Noel at bnoel@occc.edu.

Domestic violence display planned for Oct. 1

Witness a display of plastic cutouts representing women, men and children murdered by domestic violence from 9:30 a.m. to 2:30 p.m. Tuesday, Oct. 1, in the Main Building lobby. Silent Witnesses is an international initiative to promote peace, healing and responsibility in adult relationships, and to eliminate domestic violence murders. For more information, email the Student Life office at SLStaffDL@occc.edu

Job fair will host more than 100 employers

OCCC's Job Fair & Health Job Fair is Wednesday, Oct. 2, in the College Union. General employers will be available from 10 a.m. to 2 p.m. Health employers will be available from noon to 6 p.m. The event is open to the public. For more information, call 405-682-1611, ext. 7362, or 405-682-7519.

Attend the next Leadership Council meeting

All students are welcome to attend the next bi-weekly meeting of OCCC's The Leadership Council (TLC) for student clubs and organizations. The meeting will be held from 12:30 to 1:30 p.m. Thursday, Oct. 3, in CU3. For more information, email SLStaffDL@occc.edu.

College Poets & Writers club meeting

OCCC's only writing club meets each week from 12:30 to 1:20 p.m. on Wednesdays in room AH 2E1. The club provides provide a healthy environment for writers to grow and express themselves, and to be around other writers. For more information, contact club President Maria F. Rivera at CPW@my.occc.edu.

OU professors to speak to Cyber Club Oct. 10

Two information technology professors from the University of Oklahoma will speak to the Cyber Club at 12:30 p.m. Thursday, Oct. 10, in room 402 in the library. For more information, contact cyberclub@my.occc.edu.

Join Christians on Campus for weekly Bible study

Christians on Campus hosts a Bible study on the book of Romans every Monday from noon to 12:45 p.m. in room 2N7MB and Tuesday from 12:30 p.m. to 1:15 p.m. in 1C3AH. For more information, email christiansoncampus@my.occc.edu.

All Highlights are due Monday by noon for inclusion in the next issue. Email your event to communitywriter@occc.edu or drop by 1F2 AH.

CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

FOR SALE: Little Tykes pool, \$60; Little Tykes picnic table, \$30; Little Tykes baby slide, \$10; Little Tykes push & go car, \$10. Text 405-818-0083 for pictures.

FOR SALE: New size 26 jeans — never been worn. Brands include Vans, Levi's and Zumiez. \$10 per pair. Retail for \$40 each. Text 405-818-0083 for pictures.

FOR SALE: "Lost" cast autographed photo — in plastic protector. Comes with Certificate of Authenticity. \$40. Text 405-818-0083 for picture or more information.

FOR SALE: HP office jet all-in-one printer. New color and B&W cartridges. Power cord. Works great. \$50. 405-602-6499 or 405-568-5996.

FOR SALE: Golden oak corner TV cabinet. Gold trim, glass door on power storage section. Gently used. \$75. 405-602-6499 or 405-568-5996.

FOR SALE: Netgear N300 wireless router. Great for setting up home worksites. Used for only one month. Comes with power cord and ethernet card. \$35. 405-602-6499 or 405-568-5996.

FURNITURE

FOR SALE: Two 40" CRT televisions. EC. \$20 each. 405-818-0083.

FOR SALE: ProFormXP 550S treadmill. iFit compatible, heart-rate sensors, LCD display shows calories burned and more. Like new. \$400. For more details and pictures, text 405-818-0083.

FOR SALE: Queen-size black heavy headboard and footboard bed frame. Good condition. \$75. 405-602-6499 or 405-568-5996.

MISCELLANEOUS

FOR SALE: Women's professional clothing, sizes 18W, to 22W. The lot includes 3 dresses, 2 2-piece dresses, and 9 skirt suits. All 23 pieces for \$100. Text 405-245-7319 for pics or more info.

YOUR AD COULD BE HERE for ONLY \$32 a week!
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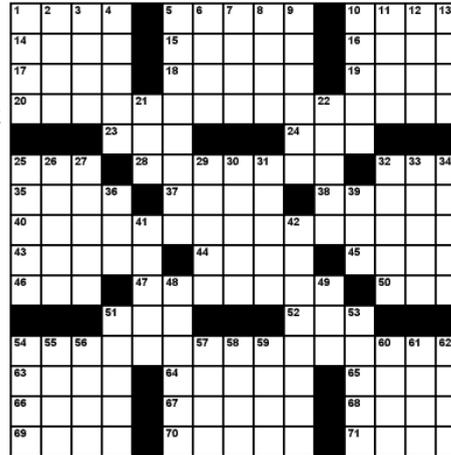
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 Student Employment & Career Services OCCC

JOB BOARD
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 Students register with their 7-digit student ID number
 Alumni enter AL+last 5 digits of Social Security number
 Find Jobs • Post Your Resume • Apply for Positions

THIS WEEK'S CROSSWORD PUZZLE

'Ignorance Is This' Crossword by Dave Fisher

- Across**
 1. Volume with a lot of volume
 5. Up to snuff
 10. Student's org.
 14. Designer Cassini
 15. Followers of Muhammad ibn Ismail ad-Darazi
 16. Kinks hit
 17. Columbus caravel
 18. Strauss material
 19. Sign
 20. Does this mean I'm ignorant or...
 23. Reagan's 'Star Wars' project, for short
 24. Relative of 17 across
 25. No spring chicken
 28. Marches
 32. Tie a knot
 35. What the 'fat lady' sings
 37. Susan on "Coupling"
 38. La Sorbonne, e.g.
 40. ... that I don't read this guy's books or...
 43. ___ voice (conscience)
 44. Just a drop
 45. Knows what's up
 46. Make lace
 47. Takes in
 50. ___ Spiegel
 51. Collection
 52. Shaq's shoe width
 54. ...that I don't buy this guy's booze?
 63. Sound of displeasure
 64. Shocking
 65. Having the resources
 66. Eric of Monty Python fame
 67. In reserve
 68. Lawsuit
 69. Word with swap or track
 70. Leveled
 71. Sherpa's specialty
Down
 1. 'Flakey' tiger



2. Hodgepodge
 3. Dish list
 4. Euphemistic expletives
 5. How to make glycerin explosive
 6. Weight allowance
 7. Type of rock
 8. B ___ Baby
 9. Item oft lost in the couch
 10. Onetime sprint record-holder, for short
 11. Luigi's capital city
 12. Guinness
 13. It has a turret
 21. Takes too much LSD
 22. More prudent
 25. Smoking, e.g.
 26. Place for spectacles
 27. A well-known one is green
 29. Ditch plants
 30. Emcee's concern
 31. Capital of Senegal
 32. It needs dressing
 33. Lift up
 34. Furnishings
 36. Downed
 39. Pigeon patter
 41. Caper
 42. Firmly inserted
 48. Waco campus
 49. Last word in "America the Beautiful"
 51. Not a liability
 53. Pass a bill
 54. Notion
 55. Make like Waldo
 56. ___ of Man
 57. Poet and feminist of the Americas (1895-1965), Lee
 58. Calif. neighbor
 59. Courteous
 60. Girder
 61. Ultimatum word
 62. Vichyssoise ingredient

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Comments? Opinions? Let us know! E-mail Paris Burriss
editor@occc.edu
 Let your voice be heard!



Noontime fun

Left to right: Baptist Collegiate Ministry sponsor Jordan Belt, Black Student Association president Ali Nixon, and BCM sponsor Aaron John play a friendly game of football Thursday, Sept. 26, in the OCCC courtyard before their club sponsor meeting.

The group took advantage of their free time to enjoy the last warm weather of early fall.

The courtyard serves as an area for students to study, relax and enjoy free time between classes.

ERIN PEDEN/PIONEER

October 3 fall concert to feature three OCCC choirs

MELODY KORNMAIER
News Writing Student

Featured music in the first choir concert of the fall semester will include “Bridge Over Troubled Water,” “Agnus Dei” and “The Water is Wide,” all widely recognized songs with a theme of spirituality.

The performance will be at 7 p.m. Thursday, Oct. 3, at Wilmont Place Baptist Church, 6440 S Santa Fe Ave. in Oklahoma City.

Choir Director Ron Staton explained how he decides which music will be performed at each concert.

“Sometimes you have a theme you try to follow, and sometimes I pick pieces based on what concepts I want to teach the choir,” he said.

“The overriding thing is it has to have good text. If you don’t have a good text, then there is no point in doing a song.”

The three college choirs, the Concert, Chamber and Symphonic Community choirs, are led

by Staton, who is in his seventh year at OCCC, and accompanied by pianist Lisa Barsalau.

“The singers prepare for six weeks for this concert,” Staton said.

“The three choirs are made up of 141 college students and community members,” Staton said.

The Chamber choir, which students must audition for, has 28 members.

Emily Page, a music major and Chamber choir member, said her favorite piece they will be performing is “Festival Sanctus,” another song with a religious theme.

The Concert choir is comprised of 35 student vocalists, who are not required to audition. Every student is welcome to join the Concert choir, Staton said.

Students are not required to be music majors to join either choir.

The Symphonic Community choir boasts 78 members from the community.

For more information about the choral music program, contact Staton at RStaton@occc.edu.

Employment Services
Job Fair



OKLAHOMA CITY
COMMUNITY COLLEGE

Wednesday, October 2, 2013
College Union Dining Area

General Employment
10am–2pm

Health Professions
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For information call
405-682-7519 or email
employmentservices@occc.edu

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