Help available for stressed-out students

College expert says a number of resources exist at OCCC

PARIS BURRIS
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College can be a stressful and nerve-racking time for students. Learning Support Specialist Mary Turner said Student Support Services is available to help relieve some of that stress.

Turner said there are steps students can take to make college life easier. “I strongly encourage people to take the Success in College and Life class as early in their academic pursuits as possible,” Turner said.

“It goes over a lot about learning about yourself and that’s one of the things that we typically as individuals will ignore or we don’t think is important.

“We think there’s just a magic set of study strategies that works for everybody, but everybody is a different learner, so we really have to focus on knowing who we are first.”

This class has sections beginning mid-term.

Turner said students also can schedule an appointment with her or Learning Support Specialist Alta Price.

“We can talk with them about what kinds of things help them — give them some guidance on studying and time management.

“If they’re struggling with reading their textbooks, we encourage them to bring the textbook in so that we can sit and actually go through that with them.”

Turner said her office can help students who may be struggling with note taking, time management, test taking and more.

“A lot of students will come in because they either have test anxiety or they think they have test anxiety but they really just don’t understand how to test. We will sit and work with them on those kinds of things.”

Turner said students also should take advantage of the

See STRESS page 9

OCCC offers surplus items to public online

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When colleges and other state agencies from around the nation get funding for new items such as computers or even vehicles, the old equipment is sometimes surplus.

Material Control Supervisor Steve Duncan said when OCCC surpluses items, they list them on www.publicsurplus.com, making the items available to the public for purchase.

"Public surplus is a website that is devoted to selling surplus property by government agencies," Duncan said.

"To be a member of public surplus, you have to be some type of school district, a city, a state, a township. You have to be some type of governmental agency.

"Public surplus is kind of like eBay or Craigslist … but it is exclusive to government organizations," he said.

Duncan said OCCC posts a variety of items on the surplus website.

See SURPLUS page 9
OPINION

EDITORIAL | With illnesses all around, everyone should be scrubbing away germs

Hand washing a real necessity

I took my 7-year-old daughter to school this morning, as I do every Friday, and was informed that an illness outbreak had hit the classroom. Her teacher said they had seen cases of strep throat and some children with fevers. Parents of two children were already on their way to get them. Needless to say, my daughter didn’t stay.

This got me thinking about how so many people really don’t wash their hands very often. I always feel slightly disgusted when people use the restroom and leave without washing their hands. For the record, water without soap doesn’t really do anything either, so quit pretending. It’s not hard to add a little soap to the mix and actually kill some germs and bacteria.

Scary thought: I wonder how many of these non-washers and semi-washers handle food later with those same ungloved hands.

Lazy restroom users are bad enough, but in cold and influenza season, nastiness is on everything everywhere and it will take you down.

Granted, the Centers for Disease Control and Prevention website says, “Most experts believe that the flu virus is on a person for another time. People frequently washing their hands — at least after using the restroom or before they handle food — would go a long way toward reducing the spread of germs and viruses.

Also, the type of soap used can be important. An antibacterial soap is obviously the best for killing bacteria. Antibacterial hand sanitizers also can be a great way to reduce the amount of living bacteria on your hands. Germ-X brand claims it kills 99.99 percent of germs.

While they are effective, they can also be overused. Plus, the alcohol used in hand sanitizer to kill the germs always dries my hands out.

It happened to catch an episode of Doctor Oz where a few surfaces in a home were tested for bacteria. Among them were the bathroom floor and a keyboard. The keyboard turned out to have a great deal more bacteria than the bathroom floor.

While I don’t put much stock in the advice of television doctors, it kinda makes sense, because the bathroom floor probably gets washed more frequently than the keyboard.

The bad part is, most people wouldn’t think, “I need to wash my hands after touching that nasty keyboard,” but maybe they should.

Now, I don’t expect everyone to start washing their hands after touching any and every object. That’d be ridiculous. But if the next time you pretend to wash or just don’t bother at all, don’t be surprised when I witness it and call you disgusting.

It really isn’t hard to wash your hands, and it doesn’t take but few seconds: soak, scrub for 30 seconds, rinse, dry, and done.

—Chris James
Staff Photographer

LETTER TO THE EDITOR | Writer says reading messages can help students stay current

Students need to check college email at least once daily

To the Editor:

For nigh on three years now, I’ve considered student email to be one of those annoying hassles that occasionally conveys important information.

I never check the dang thing, but I get good grades and communicate with my professors well.

So in the past, most of the little foibles I’ve had as a result of not checking it have been along the lines of showing up for a canceled class and then, feeling a bit dumb.

But this semester, I almost missed the fact that I needed to file paperwork with financial aid to get my FAFSA reinstated because I finished my associate degree last semester and had changed majors.

And I only discovered that by accident when I went to change my password. The PIONEER has the right to edit all letters.

Cue mad scramble.

Check those emails, people.

Yes, it might be more of the same info you get on the billboards and by talking to your counselors and advisers. But it also might be something you need to know now and fast.

—Jeremy Cloud
Broadcast News Lab Assistant

WANTED: STUDENT VOICES

—Do you have news to share?—

Maybe you know of an OCCC student worthy of a mention or have an opinion about something you’ve read. If so, contact Paris Burris at editor@occc.edu or call 405-682-1611, ext. 7675.
**COMMENTS AND REVIEWS**

**PRODUCT REVIEW** | Photographer delighted with numerous features

**Canon digital camera easy to love**

I bought my Canon EOS 7D digital single lens reflex camera back in September, and have loved every second of using it. I mean, what’s not to love?

The 7D’s two Digic 4 image processors which enable it to capture images in bursts of 8 frames per second and the 19-point autofocus system can help get the perfect shot in fast-action situations like sporting events.

The 7D’s camera body also has a rugged magnesium frame along with dust and weather sealing, and remains fairly lightweight. Some of the 7D’s other features include a 3” LCD screen, an integrated Speedlight transmitter, 63 zone dual layer metering, rechargeable lithium ion battery, and the ability to capture video in full high definition with frame rates of 24 or 30 fps.

In fact, the 7D is widely used for documentaries and other videojournalism work, because of its high quality video, comparatively small size, and its microphone input.

The 7D body has a lens mount made for EF and EF-S mount lenses, but when using an EF mount lens, the 7D’s sensor has a crop ratio that has to be taken into account. A crop ratio is the difference between a crop-sized sensor and a full-frame size that is equivalent to the old 35mm film size. You calculate the EF lens’s actual focal length on the 7D by multiplying the stated focal length by the crop ratio of 1.6. In the end, this gives lenses mounted on the 7D a little extra reach. For example, my Canon EF 35mm f/1.4 lens is more like a 56mm.

An EF-S mount lens, like my EFS 10-22mm f/3.5-4.5, stays a 10-22mm lens, because the EF-S mount lenses are designed for the crop-sized sensor cameras.

Overall, at $1500 and up, the Canon EOS 7D’s speed, versatility, and ability to capture breathtaking images and video make it the perfect photojournalist workhorse.

**Rating:** A+

—Chris James

**STAFF PHOTOGRAPHER**

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**TECHNOLOGY REVIEW** | Writer says stick with Netflix for movie streaming

**Redbox Instant needs improvement**

One of the newest technological fads today is that of streaming media.

Computers, tablets, streaming media boxes and more all take advantage of servers and programs like VUDU HD movies, Netflix and more.

Now the leader in video DVD rentals, Redbox, has teamed with Verizon Wireless to come out with their own streaming video services.

Being in the first month of beta testing, I have only had this service a few short days.

During the first month, I will be receiving unlimited streaming media and four free rentals from the Redbox kiosk.

Redbox claims this will be an $8 value, as compared to other services like Netflix and Hulu who charge the same amount.

There is currently no charge for the beta version, but after being invited in to try the test for free, I am having second thoughts.

Netflix currently is the leading streaming service around. For only $8 a month, they offer new, old, classic and extremely popular programming. And for an additional $8, members have the ability to get physical DVD copies of their favorite rentals. I just watched the newest “Mission Impossible” movie several days ago on Netflix.

So upon completion of creating my Redbox account, I received an email.

The email indicates I have the ability to receive unlimited streaming videos as part of a subscription. The only problem currently is that these videos suck. And they only offer the service through a computer and not through a Roku or smart TV. The videos are not very new either, in fact, I have not seen anything as new as Netflix currently offers.

Redbox actually charges extra for movies like the newest version of “Mission Impossible,” that movie I received elsewhere for free.

This leaves me wondering: why would I need this service?

For the same price I can get newer movies through all my media players and still be happy.

Unless Redbox plans to add newer programming once the beta test is over, I cannot see myself keeping this wasteful service.

**Rating:** D-

—Shawn Stawicki

**CONTRIBUTING WRITER**

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**COUNSELOR'S CORNER**

**Students get what they give**

“The price of greatness is responsibility.”

—Sir Winston Churchill

In spite of the negative commentary and rhetoric that dominate the media, America still is a land of opportunity. Although none of us can predict the future or control all the events in life, we do have control of our attitudes about choices and for handling those events.

Within the world of higher education, community colleges stand out as the champions for providing educational opportunities for those who might otherwise not have them. Even here, however, the determining factor in whether you will succeed or fail is you.

Go to class or log on from the first day to the last day. This is how you will access the information you need to learn and it’s how you will impress the professor tasked with providing that information. If your apartment floods or your tires go flat at some point in the semester, the professor who has identified you as a solid, serious student is more likely work with you.

Take responsibility for your learning. The professor’s job is to make information available to you and to help guide you when you have questions. The responsibility for learning is yours. Nobody can teach you anything that you don’t want to learn. Nobody can keep you from learning anything if learning is your goal.

Going to college is like having a job. It’s hard work. You will be expected to read, to discuss, to write and to think. Sometimes those things are uncomfortable but they are always necessary. The point of this is less about having you agree with everything that is put forth. Sometimes, it’s important to understand why you do not.

Finally, recognize that if you already knew everything there is to know that there wouldn’t be a need to come to college.

This should be a time of exploration and awakening and seeing the world through new lenses. Ask questions. Ask for help when you need it. We don’t know what we don’t know, so we can’t always articulate questions well. However, spending time with faculty and staff, and using the many resources available at OCCC, can help you navigate the system and achieve your goals.

If you have questions or need help with that navigation, we in Student Support Services are here to help.

—Mary Turner

**LEARNING SUPPORT SPECIALIST**
**Comments and Reviews**

**Business Review | School of hair design beats out some pricier salons**

**Duncan Brothers Affordable Hair Care for Everyone**

In this day and age, men and women are constantly experimenting with their hairstyles and colors. Unfortunately, hair upkeep can easily be on the pricier side. To satisfy my hair needs and wants without breaking my bank, I go to Duncan Brothers School of Hair Design located at 2209 SW 74th St., #300, about five minutes away from the OCCC campus.

The students at Duncan Brothers do a great job and with the affordability of their services, it’s been my go-to place for years. While I have tried other salons, I have never been as satisfied anywhere else.

Women’s haircuts are only $15, while men’s are $12 and children’s are $8. All-over color starts at $30 for short hair, $40 for medium and $50 for long.

Compared to other salons that average $40 just for a haircut and $80 or more for color, these prices are a steal and the quality is the same or better than other salons.

**Business Review | Venue offers daily public ice skating**

**Blazers Ice Centre Chilled Out Fun**

The Blazers Ice Centre is a great place to spend some quality time with friends and family. Ice skating is something everyone enjoys during winter months.

However, you decide which will hit? The wait is not necessary as soon as the cooler weather arrives. The Blazers Ice Centre is open seven days a week, all year round.

The Blazers Ice Centre has an ample and smooth skating rink. Unlike the Devon Ice Rink, this rink is smooth on every surface and angle.

There are no chunks of ice on the sides possibly causing those who are skating to fall.

Blazers offers two types of skates to choose from: hockey and figure skates. My personal favorites are the figure skates. They are less bulky than the hockey skates and are more comfortable on my feet.

If this is embarrassing for anyone, let me tell you, upon my visit there was a 2-year-old boy skating like a professional. The boy would skate around the rink, spin in a circle and continue skating.

Blazers offers group lessons and classes for those interested in learning how to skate.

Their activities consist of ice skating, ice hockey, figure skating and broomball. They also can host private parties and corporate events.

Their amenities include a pro shop, skate rental and a snack shack. Unfortunately when I visited the snack shack was closed. Therefore I cannot say if they have good tasting food or what type.

Admission is $7 for ages 7 and up, and $3 for ages 3 and up. Skate rental is $3 unless you provide your own skates.

The Blazers Ice Centre is open for public skating noon to 2:45 p.m. on Monday, Tuesday, Wednesday, Thursday and Friday. They offer Family Night from 7:15 p.m. to 8:45 p.m. Tuesday nights. Additional time is added to public skating, starting at 7:30 p.m. to 10 p.m., Friday and Saturday. On Sunday the hours are 11 a.m. to 2 p.m. All hours are subject to change. Please visit www.blazers-icecentre.com for more information.

**Rating:** A

—Reyna C. Otero

**Community Writer**

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**Top 20 Movies**

Weekend of Jan. 18 through Jan. 20

www.newyorktimes.com

1. Mama
2. Zero Dark Thirty
3. Silver Linings Playbook
4. Gangster Squad
5. A Haunted House
6. Broken City
7. Django Unchained
8. Les Misérables
9. The Hobbit: An Unexpected Journey
10. The Last Stand
11. Lincoln
12. Parental Guidance
13. Life of Pi
14. The Impossible
15. Argo
16. Jack Reacher
17. This is 40
18. Wreck-It Ralph
19. Texas Chainsaw 3D
20. Skyfall
Feb. 1 last day to withdraw with refund

BUFFIE RICHARDSON BROWN
Senior Writer
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Knowing how and when to withdraw from a class can be confusing. If students don’t withdraw during the add/drop period, refunds may not be given, said Assistant Director of Financial Aid Meghan Morgan.

Feb. 1 is the last day to withdraw from 16-week spring classes and fast track first session with a refund. Jan. 25 is the last day to withdraw from the first early spring classes and receive a refund, and March 8 is the last day to withdraw from fast track second session with a refund, Morgan said.

For a full list of withdrawal dates with refunds for classes, Morgan said students can access the academic calendar from the OCCC homepage at www.occc.edu.

Students with Financial Aid also must consider that withdrawing after the add/drop period can affect their ability to receive aid the following semester, Morgan said.

“If a student is withdrawing from a class after the add/drop period, it could affect their Financial Aid completion status,” Morgan said. “If you receive Federal Pell Grant funds for a class that you drop and get a refund, you will owe that money back.”

Many situations are different, Morgan said. She refers students to the Financial Aid homepage at www.occc.edu/FinancialAid to view the withdraw and return-of-funds policy.

To drop a class students can go through MineOnline or go to the Recruitment Office located on the first floor of the Main Building.

Freshman Huong Mach said she would prefer using MineOnline if she needed to drop a class instead of coming to campus.

Long campus lines a fixture during first week

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Long lines can be seen all throughout campus, in the Academic Advising office and the Bookstore. They can even be seen at the Textbook Brokers bookstore on the corner of May Avenue and 74th street.

A student, who wished to remain anonymous that was shopping in the bookstore Jan. 23, said the main problems she has seen are long lines around campus.

“[Students] wait until the last minute to buy books,” said Brenda Reinke, director of the bookstore.

The bookstore had extended hours Jan. 2 to the 26 publicized online at bookstore.occc.edu.

According to the website hours may vary.

For the week of Jan. 22 to the 25, the OCCC Bookstore is open from 7:45 a.m. to 8 p.m.

“If you want to avoid long lines come in early,” Reinke said.

“The bookstore opens at 7:45 a.m., or you can also purchase [books] on our online website,” Reinke said the bookstore is fairly empty in the morning.

Textbook Brokers goes through lines as well. According to Brice Varbel, cashier at Textbook Brokers, the store also has extended hours.

Varbel said to avoid long lines the best time to visit is before 10 a.m. or after 5 p.m.

Varbel said there are a few problems students encounter the first week of classes.

“Students not being prepared, not having a list of what class and section is needed,” Varbel said.

The bookstores are not the only places that get long lines. The Academic Advising Office does as well.

The reasons for the long lines are due to students needing to make changes to their schedule, said Assistant Director of Advising Jill Lindblad.

“Sometimes that can be tricky.Because we are so full after school starts, the class time a student needs to change may be full but we do the best we can. Spots are dropping and opening.”

For more information on adding or dropping a class, contact Meghan Morgan at 405-682-1611 ext. 7188 or Kayla Prideaux at 405-682-1611, ext. 7665.

For the fall semester there were about 25 applicants for the Faculty Association scholarships for the spring semester.

10 students win Faculty Association scholarships

REYNA C. OTERO
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Ten students have been awarded the Faculty Association scholarship the fall semester at OCCC.

The 2012 winners and their majors were nursing major Christina Douthit, general humanities major Angela Gutierrez, business major Ella Harry, nursing major Katherine Murray, sociology major Jesse Prather, biotechnology major Jacalyn Russell, business major Chiew Tan, psychology major Christopher Valencia and biotechnology major Leslie Wilmot said Michael Machiorlatti, professor of business and economics in an email.

“Seven of the 10 students received a $300 scholarship and the other three received a $150 scholarship,” Machiorlatti said.

History professor Jeff Carlisle, said the scholarships are awarded every fall and spring semester to students who have successfully completed the semester.

“It is based on grades, needs, school involvement, and past performance,” Carlisle said.

He said the scholarship is professor driven, meaning professors see students who have a need or are good students.

The student can be recommended for the scholarship if a professor feels the student is worthy.

Students are informed of the scholarship via email by their professors.

For the fall semester there were about 25 applicants. Out of those, ten were the winners.

Carlisle said there is no ceremony held for the winners. Instead, the winners are informed via email of their award as well.

However, Carlisle said, the student must be enrolled as a full time student in order to receive the full balance of the scholarship. If the student has only been a part time student, the scholarship will then be awarded for half of the original amount.

“Funds come from fundraisers held every semester,” Carlisle said.

The funds came from the soup sale and silent auction held in the fall.

The committee is planning on having a chili cook-off and silent auction to fund the scholarships for the spring semester.
College recognizes 8 NISOD winners

BUFFIE RICHARDSON BROWN
Senior Writer
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Eight professors from OCCC will bring home awards from an international conference in Austin, Texas, in May. According to their website, the National Institute for Staff and Organizational Development (NISOD) encourages and inspires professors in leadership and excellence for higher learning institutions.

May 26 through the 29 in Austin, Texas the 35th annual international conference on teaching and leadership excellence will be held, according to the website www.nisod.org.

NISOD winner from the Business division, accounting Professor Tamala Zolicoffer, said the best part of being a professor is impacting the students’ lives.

“I was very excited and honored to win the award,” Zolicoffer said.

Zolicoffer said she has been at OCCC for 10 years. She was born in Pauls Valley and has been in Oklahoma all her life.

Zolicoffer said she is close friends with fellow award winner and biology Professor George Risinger, and is looking forward to the conference in Austin.

Risinger, one of the two winners from the Science and Mathematics division, said during his undergraduate work he had the opportunity to work in one of his professor's labs and he found the work to be exciting and rewarding.

Risinger added he was very pleased and surprised to win the NISOD award.

“Knowing I was able to help a student come to understand some new puzzling concept or learn how to perform a difficult lab technique has been very rewarding,” Risinger said.

Harrelson said the best part of teaching is interacting with students especially when it is a hard topic and they figure it out.

The winners for the Arts and Humanities division were modern languages Professor Ginnett Rollins and English Professor Marybeth McCauley.

Rollins said, she does her job.

“It’s a very pleasant honor to be recognized.”

Born in Stillwater, Rollins said she got her doctorate at Texas Tech and her Masters at the University of Houston. Rollins said her parents were both elementary school teachers.

“Always knew that I would be a teacher,” she said. “I was going to be a math teacher, but the math went downhill and the foreign languages took over my life.”

McCauley, who said she grew up in Oklahoma, also said she was surprised and honored to know she was chosen.

She said her passion for learning began when she was in college.

“I loved learning and being in the college environment,” she said.

“My favorite part of being a professor is working with my students.”

Douglass Gregory said he was surprised to be a winner. Gregory said this was the second time he has received a NISOD award.

“It was quite a compliment to get the award twice,” Gregory said.

Originally from Michigan, Gregory said he was once an engineer for the Ford Motor Company before coming to Oklahoma to teach at OCCC.

“The best part of being a professor at OCCC is the fact that we as a college specifically give people a chance to change their life,” Gregory said.

Program Director and Speech-Language Pathology Professor Kathy Wheat was one winner for the Health Professions division.

“I was surprised and pleased to win,” Wheat said.

Wheat said she was so encouraged to know that the craft of teaching and leadership is being positively reinforced by NISOD.

Wheat said she is part of the only speech language program in Oklahoma City.

“Communication is the most important skill we have so those who have an impairment need those who have the knowledge.”

For more information, visit www.nisod.org.

Ken Harrelson

Marybeth McCauley

Douglas Gregory

Kathy Wheat

Ginnett Rollins

Tamala Zolicoffer

George Risinger

Buffie Richardson Brown
Senior Writer
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"Knowing I was able to help a student come to understand some new puzzling concept or learn how to perform a difficult lab technique has been very rewarding."

---George Risinger

Biology Professor
PARIS BURRIS
Editor
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The college’s new theater may just be the frontrunner in Oklahoma when it opens in about a year.

The technology and features the theater will offer have impressed colleges around Oklahoma, leaving them in awe, said Project Manager Larry Barnes.

“Rose State, [University of Oklahoma], [Oklahoma State University], a school in Ada — everybody that has a theater group or an Arts and Humanities group were up here, and I’ve go to say this: they were all in awe … ,” Barnes said.

The theater, part of the Visual and Performing Arts Center, will accommodate seating for 1,070, including balcony seating, he said.

It will feature concession stands, an art gallery, the Office of Cultural Programs and various other offices, along with public bathrooms and several other features for guests.

“We’re going to have $2 million worth of [fixtures, furniture and equipment],” Barnes said. “That’s from trash cans to computers to ladders and things they’re going to need for backstage.

“This is the largest project we’ve ever done on campus.”

Barnes said the number of people working on the construction site varies day to day.

“We’ve had up to 60 and as the job progresses, that number will go up.”

The overall construction of the theater has gone more smoothly than any other project so far with very little interruptions or problems, Barnes said.

“We have had an excellent contractor on the job — Downey Contracting,” he said.

“They are good to work with. They have to make a living but they are conscientious about what they do. Also, we don't have a [quality assurance] problem. They have their own QA people here to document the process.”

Barnes said it is hard for most people to truly realize and appreciate all of the work that goes into building something like the theater with all of the behind-the-scenes work that is often hidden from the public eye.

Seven-foot ducts, catwalks, heating and air conditioning units and hundreds of lighting units make up some of the unseen but vital parts of the massive theater.

Barnes said one technologically advanced feature the theater will have is an area which will allow the orchestra pit to be lifted from below the stage up to stage level.

The area for this is currently in the construction process while the actual lift will come later due to the budget, he said.

The theater will be a venue for concerts, performances and other events much like the current Bruce Owen Theater is, but will be more advanced and several times larger.

For more information, contact Barnes at 405-682-1611, ext. 7463, or email lbarnes@occc.edu.
Exercise your rights

Student Austin Randall watches concurrent high school student Britton Thagard shoot a free throw on Jan. 18 in the OCCC Wellness Center gymnasium.

The OCCC Wellness Center houses an Aquatic Center, weight room, cardio room, and aerobic room as well as a 15,000 square foot gymnasium, which can be configured to run up to three basketball or volleyball courts simultaneously. The OCCC gymnasium is sometimes home to a variety of intramural events including basketball, volleyball and more.

The Wellness Center is open from 6 a.m. to 8:30 p.m. Monday through Friday. All current OCCC students, faculty and staff are able to use the facility free with proper ID.

UPCOMING INTRAMURALS EVENTS

Jan. 25: Chesapeake Ice Breaker Meet. The event is open but the pool will be closed to the public. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Feb. 1-2: Mid State/Metro Swim Meet. The event is open but the pool will be closed to the public. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Feb. 2: Intramural basketball season begins. Player/team sign up will be ongoing through www.imleagues.com. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Feb. 5: Chickasha Conference Swim Meet. The pool will be open to the public. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Feb. 8: Edmond/Putnam City Last Chance Swim Meet. The pool will be open to the public. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

All event news is due Monday by 5 p.m. for inclusion in the next issue.

Email your news to sportswriter@occc.edu.

Youth sports season about to kick off

ALLEN MITCHELL
Sports Writer
sportswriter@occc.edu

Throughout the year, OCCC recreation and fitness offers sports leagues and programs for children in the metropolitan area. According to Recreation and Sports Specialist Eric Watson, who serves as coordinator for the program, the sports programs are available to children of OCCC students, faculty and staff as well as members of the general public.

Watson said some of the youth sports leagues being offered through OCCC are soccer, basketball and the Hershey’s Track and Field games.

Watson said some of the upcoming youth programs include Tiny Tot Ballet, Tiny Tot Tumbling and Kids’ Dance Party.

Watson said, the childrens sports leagues are designed to introduce children to the basics of team sports.

“They cater to beginners. We eventually get competitive, but it’s set up for kids just looking to get into the game,” Watson said.

“The programs prepare kids for sports at higher levels and are good starter programs for kids to get into prior to entering middle school sports and competitive teams,”

—ERIC WATSON
OCCC Recreation and Sports Specialist

Have sports news to share?
Email Allen at sportswriter@occc.edu, or call 405-682-1611, ext. 7676
Locker room thefts continue at Wellness Center

BUFFIE RICHARDSON BROWN
Police reporter
seniorwriter@occc.edu

Locker room thefts continue to occur at OCCC, with the latest two happening on the same day.

Officer Nathan Graves was dispatched at 8 p.m., Dec. 12, in the Wellness Center to investigate two thefts in the women’s locker room.

Mihn Ngoc Nguyen, 49, said when she returned to the locker room after swimming and taking a shower, she noticed her iPhone 4S, valued at $600, was not in her bag which she had left in the locker room. Nguyen said she did not have her bag in a locker.

The second theft on Dec. 12 was of a USAA bank card belonging to Janette Stacey Poston, 27. Poston reported she taught a swim class at 7 p.m. and then, returned to the locker room. That’s when she noticed her locker was open and her belongings had been gone through. Poston said her bank card was missing from her wallet.

The locker had a built-in lock but Poston said the keyhole on her locker looked like it had been tampered with. Video surveillance provided no helpful information.

At 8:57 a.m., Jan. 3, student Brianna Jacobsen reported a white female with blonde hair looking into vehicles and trying to open them. Jacobsen said the female got into a dark colored SUV and left the parking lot from South May Avenue.

Police reporter

Locker room thefts continue at Wellness Center

Stress: Taking advantage of college resources helpful

Continued from page 1

college’s learning labs and knowledgeable faculty.

Numerous labs are scattered throughout the campus that can help students, she said. In addition, Turner said, students should open up a discussion with professors.

“The reality is, if [students are in] a history class and they’re not really sure how much work they have or how much time it takes to prepare it, their professor is going to know more about that than anybody else because he or she knows more about what is expected.”

The Student Support Services website also contains links to various resources for students about different academic subjects in order to study or find information, Turner said.

“We also go out into the Success classes and work on specific skills with [the students].”

“It’s not uncommon for us to do presentations or activities related to studying, test taking, reducing anxiety and stress level and so forth.

“I encourage [students] to come in and work with us,” Turner said.

To schedule an appointment, call Student Support Services at 405-682-7520. For more information, contact Turner by email mtturner@occc.edu.

A list of campus labs is listed on the college’s website at www.occc.edu.

Surplus: College items no longer needed listed online

Continued from page 1

“The college auctions numerous products.

“We have, in the past, put in vehicles that are no longer needed by the college … or furniture that’s no longer desired by the college…

“… Typically, when we list computers we list them like a palette — 12 processors as an auction group or 12 monitors.

Duncan said computer hard drives are removed for security reasons.

He said although only certain people or groups can put items up for auction, anyone can buy from the website.

Pictures are posted so potential buyers can see the items before deciding to bid.

“There are no public viewings of the property,” Duncan said.

“It’s all done online and it’s paid for online.”

All items must be picked up in person from the place the item is being sold. Nothing is shipped.

Duncan said the amount of time it takes to list items as well as how often the college’s auctions are updated depends on different factors.

“It really depends on how much stuff we have and how much time it takes to prepare it because it has to have pictures and descriptions written.”

Duncan said he encourages everyone to check the website regularly.

He said OCCC’s auctions are usually posted on Tuesdays and on average, are up for two weeks.

“Currently we don’t have anything up because of Christmas break,” he said.

“We kind of make sure everything is completed and paid for by Christmas break and picked up.”

To use the website, just go to www.publicsurplus.com.

From there, item category can be selected from the left-hand side or specific regions or agencies can be selected from the browse panel.

For more information, contact Duncan at 405-682-1611, ext. 7693, or email sduncan@occc.edu.

Officer Gordon Nelson reviewed surveillance footage of the area and was able to confirm a dark-colored SUV entering the campus around 8 a.m. The SUV parked in three different locations, all in parking lot A main area.

Footage showed that each time the vehicle parked, the female suspect got out and tried to open doors of parked vehicles.

She is then shown driving to the south area of parking lot A, parking in two separate areas, and again trying doors on cars. The suspect is then shown returning to her car and leaving the campus, turning southbound on South May Avenue.

Nelson said he was unable to determine the model of the SUV or get a clear view of the tag.
Organization fair to be held

BUFFIE RICHARDSON BROWN
Staff Writer
seniorwriter@occc.edu

Students have the chance to explore the many clubs and organizations at OCCC. The organization fair will be held from 10 a.m. to 6 p.m., Jan. 30 and 31, in the lobby of the Main Building, said Student Clubs and Organizations Assistant Karlen Grayson.

“We plan for all of our clubs to be there,” she said. “It can be anywhere from 34 to 40 clubs and organizations at the fair.”

Grayson said each club will have a table with information about their club and what it offers students, as well as the scheduled club meeting dates. She said Student Life will also keep information about the many resources each club offers.

“Students will be able to see the various clubs and organizations at OCCC, ask any questions they may have and, of course, it is an opportunity for them to join,” Grayson said.

Premed major Jessica Macras said, “I think the fair is great because students can see other students walking around asking questions about the clubs.”

Biology Major Feri Nematzadeh said she believed the fair makes OCCC look more alive, overall as a campus.

Grayson said a few mentionable clubs that will be at the fair include the Gay Straight Alliance, College Democrats, Advocates of Peace, Christ Campus Fellowship, Hispanic Organization, Promoting Education (HOPE), Engineering Club, Christians on Campus and Kappa Beta Delta.

The fair is good because you get to know more people and it is a way to communicate with others, Macras said.

“Communication is important so you won’t be lost and feel like you are the only one,” Macras, 20, said she is a member of several clubs including Civic Honors, International Student Association, TRiO and Health Professions. She said organizations are extremely helpful to students.

“It looks good when you want to transfer to a university, as well as making you look like you are interested in applying yourself to the college, even if it is a community college,” she said.

Nematzadeh also said she is a member of Health Professions, TRiO, and International Student Association.

For more information about the student organization fair, call 405-682-7523, or stop by the Student Life office located on the first floor of the Main Building.

Students will be able to see the various clubs and organizations at OCCC, ask any questions they may have and, of course, it is an opportunity for them to join.”
—KARLEN GRAYSON
STUDENT CLUBS AND ORGANIZATIONS ASSISTANT
PIONEER classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Fridays prior to the next publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

Advertising rates start at $8/week. Call 405-682-1611, ext. 7674, or email adman@occc.edu for details and to request an ad rate booklet.


FOR SALE: 2001 Dodge Durango SLT 4x4, pearl white. $2,500. Engine overheated, needs some work. 164,000 miles. Would be great hunting vehicle. Call Cheryl: 405-912-7401.

FOR SALE: English Comp I, $35; TI-83 Plus, $30. Call 405-209-0308.


LOOKING FOR A ROOM/HOME TO RENT: Will share all bills. Call Quinton at 443-812-0917 or email qmmountain@yahoo.com.

LOOKING FOR RIDE: Need ride from Norman to OCCC. Legally blind student. Will pay for gasoline. Classes Monday, Wednesday, Friday 11 a.m. to 4 p.m. Call: 405-598-5052 or 405-395-2779.

FREE: This classified space is free to OCCC students and employees. Call for details. 405-682-1611, ext. 7874.


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Share your thoughts with us: editor@occc.edu

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Find and circle all of the words that are hidden in the grid. The remaining letters spell a secret message.

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OCCC’s child care center offers student rates

Allen Mitchell
Sports Writer
sportswriter@occc.edu

The OCCC Child Development Center offers childcare to meet student schedules. The center offers Student Scheduled Childcare in three-hour time blocks, or sessions — Monday through Thursday from 7 a.m. to 9 p.m. and from 7:30 a.m. to 1:30 p.m. on Friday.

The center is located one mile north of the main campus at 6500 S Land Ave., in the former John Glenn Elementary School.

Alicia Garrett, OCCC biology major, said she relies on the center for the care of her 3-year-old daughter. She said she enjoys the security of knowing the center provides care for children using state-assisted child care.

“I wouldn’t put her in any other center,” Garrett said. “There’s a lot of benefits. It’s [near] the school.”

Director Mary McCoy said the center has several programs in place to maintain a high level of safety and education. McCoy herself is an OCCC graduate.

Assistant Director Barb Carter said the center develops and uses age-specific curriculum in each of its classrooms.

“We do not have drop-in care. There are no TVs in the classrooms.”

Child development teachers are required to have a bachelor’s degree or higher. Teacher assistants must have college credit hours in child development or an associate degree.

McCoy said the center is a high-quality facility.

“We are a model center for the state of Oklahoma,” she said.

For student scheduled childcare, fees are $10 per session per day, plus a $3 meal charge per day and a $15 activity fee per semester, according to its website www.occc.edu/childdev.

The center has open enrollment twice a semester; however, the dates for open enrollment vary, Carter said. She asked that interested parents call the center.

Carter said the center accepts children ages 6 weeks through kindergarten in the day program. For the evening time blocks, parents can enroll children as old as 8. There are a limited number of spots available each semester.

Traditional childcare services and hours also are available for students and non-students alike.

Other programs such as the Single Mothers Academic Resource Team (SMART) provide assistance for single parents trying to continue their education by offering support services to those students.

For more information about the CDCLS, including hours, and fees and enrollment, visit the website at www.occc.edu/childdev/about or call 405-682-7561.