

## PIONEER ONLINE

To comment on stories, or to access the latest news, features, multimedia, online exclusives and updates, visit [occc.edu/pioneer](http://occc.edu/pioneer).



## EDITORIAL

HARD TIMES  
NO EXCUSE  
FOR ABUSE

A recent study shows a correlation between the recession and child abuse, and the Pioneer's Casey Akard has something to say about that.

OPINION, p. 2

## CAMPUS LIFE

STAY AWARE  
OF CANCER  
IN OCTOBER

Writer Sarah Hussain gives the 411 on Breast Cancer Awareness Month with info on the disease, and even a how-to on performing a self-exam.

NEWS, p. 7

## SPORTS

LOCAL CLUB  
SPONSORS  
SWIM MEET

Team and individual competitions will take place on campus Oct. 28 through 30 for the Halloween Invitational Swim Meet. Get more info, read on.

SPORTS, p. 8

## CAMPUS LIFE

CHAMBER  
MUSIC COMING  
TO CAMPUS

Grammy-nominated Imani Winds is bringing its music to OCCC Tuesday, Oct. 4. Continue reading for more information.

COMMUNITY, p. 10

## Censorship surprises students

Goal is to increase awareness, promote freedom of expression

ALISHA DAVIDSON  
News Writing Student

The "Harry Potter" series. "The Diary of Anne Frank." "To Kill A Mockingbird." "I Know Why The Caged Bird Sings."

These are just a few of the popular titles in a tabletop display of books that have been banned or removed from public access.

The Keith Leftwich Memorial Library will leave the first-floor display in place through Oct. 7 to mark Banned Books Week which is celebrated the last week of September.

Librarians say their goal is to increase censorship awareness and promote freedom of expression, which is protected by the First Amendment to the U.S. Constitution. These activities also promote open and unrestricted access to books that are frequent censorship targets.

Students have been surprised to find that some of their favorite books have been challenged due to political or religious ideology, offensive language, racism or sexually explicit content.

On the second floor, fliers posted near the challenged books explain why they were denounced or banned. These fliers also post the book's location and an interactive QR Code for use with smartphone devices.

"There are lots of titles still challenged to this

See **BANNED** page 9



SHAWN STAWICKI/PIONEER

Terrence Mack, business major, browses the banned books table in the Keith Leftwich Memorial Library. The display will remain through Oct. 7.

## OKLAHOMA NATIVE COMING TO OCCC TO DISCUSS HEALTHY LIVING

## 'Biggest Loser' to speak on campus Oct. 6

MIKE WORMLEY  
Community Writer  
[communitywriter@occc.edu](mailto:communitywriter@occc.edu)

Danny Cahill, Oklahoma native and winner of season eight of NBC's series "The Biggest Loser," will speak at OCCC Thursday, Oct. 6, as part of Student Life's Campus Voices

Lecture Series.

Originally from Midwest City, Cahill has lost 239 pounds since first arriving at "The Biggest Loser" ranch in 2004. He was named "The Biggest Loser Ever" in 2009 by losing 55.58 percent of his body weight.

According to his website, the tipping point in which Cahill realized his weight was a

problem was when his 7-year-old daughter said, "Daddy, you are my hero and I want to be just like you! I want a belly just like yours!"

Since winning, Cahill has also appeared on numerous television and radio shows and has managed to keep the weight off.

See **HEALTHY** page 9

# OPINION

EDITORIAL | Finances related to child abuse?

## Money trouble doesn't warrant abuse

A new study conducted by the American Academy of Pediatrics has indicated a link between an increase in child abuse and economic recessions.



Casey R. Akard

The recent study has mirrored the suspicions that pediatricians have had for awhile, and now the numbers are in.

More than 420 children were diagnosed with abusive head trauma during the study, from across a region of 74 different counties.

The number of children diagnosed with abusive head trauma, or shaken baby syndrome, rose by 65 percent compared to pre-recession years.

The average age of children: only 9 months old.

Children from lower-income families have been known to be at greater risks for being abused, and economic recessions do not help these figures.

According to the U.S. Department of Health and Human Services, there is no single known cause of child maltreatment.

However, unemployment and poverty show a strong association with these cases of abuse, particularly neglect.

But it is important to note that most poor people

“To say that the recession in and of itself is the cause of child abuse would be another arbitrary excuse to shift blame.”

—CASEY R. AKARD  
VIDEOGRAPHER

do not mistreat their children.

To say that the recession in and of itself is the cause of child abuse would be another arbitrary excuse to shift blame, but the results of this study speak for themselves.

The financial factor is only one of many common factors that are associated with cases of child maltreatment.

Substance abuse, the psychological well-being of the adult, and parental histories are also common factors in child abuse cases.

Still, this should serve as no justification for the abuse of a child.

On first impression, this study seems to be downright societal blasphemy.

Everyone has seen the public service announcements urging parents not to succumb to the frustrations of a crying baby, in a campaign to educate the public on shaken baby syndrome.

After all, how can you label the abuse on a child a “syndrome”?



Know Your Mycology.

GREG HOLKAN/GREGHOLKAN.COM

The Wall Street Journal recently predicted a double-dip recession to occur in the next 12 months.

What could this possibly mean for the helpless children born into a world under a blanket of financial stress?

Though financial woes can be directly correlated with the increasing numbers of shaken baby cases, dire straits do not justify physical abuse.

—CASEY R. AKARD  
VIDEOGRAPHER

YOUR VIEW | Chain reaction at Starbucks

## Surprising random acts of kindness inspire others

To the editor:

This Monday I came to the office only to find a chipper co-worker going on about her other part-time job working at Starbucks.

It seems that a customer had come through the drive-through window the day before. The customer said, “I want to pay for the order of the car behind me.”

My friend said the customer's own

order was only about \$2, but the car behind her had an \$18 order. The customer said that was fine. She wanted to pay for it anyway. So she did.

When the driver in the car behind came up to the window and found out the person in front had paid for his order, that customer said he wanted to pay for the order of the person behind him.

That started a chain reaction that went

“It was a day-brightener for my co-worker, and for me as well.”

—SUE HINTON  
ENGLISH AND JOURNALISM PROFESSOR

for 10 or 11 cars. Each one paid for the order of the person behind them in line.

It was a day-brightener for my co-

worker, and for me as well.

I must admit I've never paid for someone's order in a restaurant or at a drive-through window.

I'd never even thought about it. But I might do it sometime.

—SUE HINTON  
ENGLISH AND JOURNALISM  
PROFESSOR

OKLAHOMA CITY COMMUNITY COLLEGE  
**PIONEER**

Vol. 40 No. 7

Jeremy Cloud.....**Editor**  
Emily Schorr.....**Senior Writer**  
Christy Johnson.....**Staff Writer**  
Sarah Hussain.....**Staff Writer**  
Priscilla Colley.....**Staff Writer**  
Mike Wormley.....**Community Writer**  
Sean Tolbert.....**Sports Writer**  
Rachel Morrison.....**Photographer**  
Brady Bell.....**Photographer**

Cynthia Praefke.....**Advertising Manager**  
Whitney Knight.....**Online Editor**  
Casey Akard.....**Videographer**  
Robert Bolton.....**Online Writer**  
Cybele Hsu.....**Graphics/Webmaster**  
Aaron Donahue.....**Circulation Manager**  
Richard Hall.....**Acting Lab Director**  
Shawn Stawicki.....**Lab Assistant**  
Sue Hinton.....**Faculty Adviser**

The PIONEER is a publication of Oklahoma City Community College through the Division of Arts and Humanities. It is published weekly during the 16-week fall and spring semesters and the eight-week summer session.

Opinions expressed are those of the author and do not necessarily represent those of the PIONEER, the college or the publisher.

The PIONEER welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. E-mail letters should include all but the signature. The PIONEER will withhold the author's

name if the request is made in writing.

The PIONEER has the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 250 words. Students must list their major. OCCC staff and faculty must list their work title.

Letters to the editor can be submitted to the PIONEER office, located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S. May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The PIONEER ONLINE also can be accessed at www.occc.edu/pioneer.

7777 S. May  
Oklahoma City, OK 73159

phone:  
405-682-1611, ext. 7307

email:  
editor@occc.edu

# COMMENTS AND REVIEWS

**FAIR REVIEW** | Good eats and lots of fun at State Fair

## Attractions reasonably priced

People all around Oklahoma took their sense of adventure and their appetite to the Oklahoma State Fair of 2011.

There were many attractions at the fair to tickle anyone's fancy.

Everything was offered from pig racing, shopping and the adventurous carnival.

The carnival offered many rides for a variety of ages and adventure levels.

The big slide, eight riders racing against one another, was a favorite for all.

The Gravitron was for anyone that would enjoy high-speed spins and being stuck to the wall.

The prices for the carnival were reasonable.

An unlimited ride wristband cost \$25. A

five-ride ticket could also be purchased for \$20.

All of the buildings were filled with booths selling anything from Cutco knives to Made In Oklahoma products (MIO). The MIO products ranged from food items to clothing and décor.

For most fair patrons, the food was the highlight of the trip.

Vendors offered fried foods which deviated outside of the normal offerings.

Fried Twinkies, an assortment of fried candy bars and fried pickles were a few of the most popular.

Chocolate-covered bacon was one of the more unusual items covered in chocolate.

Along with the unusual foods at the fair there were foods which were to be expected like corn dogs, turkey legs, roasted corn, Indian tacos and cheese on a stick.

There also were a variety of shows to entertain the young and old.

Disney on Ice is a big attraction, and the Eli Young Band brought many people to the fair on a cool fall evening.

There also were agriculture shows and beauty pageants.

The majority of the shows were included



PHOTO BY EMILY SCHORR

with admission to the fair.

The Oklahoma State Fair was an overall treat.

The prices for most attractions were reasonable with the exception of the food, which is always expensive.

Rating A-

—EMILY SCHORR  
SENIOR WRITER

**BOOK REVIEW** | Collection comes out strong but lacks 'bite'

## 'Zombies!' is a crawler, not a runner

There is a sad and painful realization that must be made regarding one of my favorite icons of the horror genre. A statement (inducing a pain in me that creates a want to strike myself in anger at its mere mention) that has become truer now than ever before: Zombies... have become cliché...

In the last five to 10 years, the American pop-culture identity has become inundated with every manner of zombie-related paraphernalia; bridging the entire spectrum from mind-blowingly great: Max Brook's literary masterpieces "World War Z" and "The Zombie Survival Guide," as well as Robert Kirkman's graphic novel "The Walking Dead." There is

also the disastrously terrible: Ving Rhames and Nick Cannon's cinematic lobotomy that is the 2008 remake of "Day of the Dead."

This market saturation has caused the creative and sociological potential of the zombie genre to become diluted and plots have become so mundane that George A. Romero himself has succumbed to releasing half-assed tripe (See: 2009's "Survival of the Dead").

Joining the fray is Vintage Publishing's compendium of zombie stories oh so creatively titled "Zombies! Zombies! Zombies!" The collection of stories contains notable submissions from authors including: H.P. Lovecraft, Edgar Allan,

Poe, Theodore Sturgeon, Stephen King and Harlan Ellison, while the majority of the works are no more necessary than a rotting, dangling appendage.

Otto Penzler, the collection's editor who's also released similar tomes dedicated to vampires, lizards and adventure stories, most likely stumbled upon the rights to these stories through happenstance and shelled out the necessary finances to secure stories with star power that would draw the reader in.

H.P. Lovecraft's "The Outsider" and Poe's "The Facts in the Case of M. Valdemar" are the standouts from a literary perspective but my personal favorite is Harlan Ellison's unique

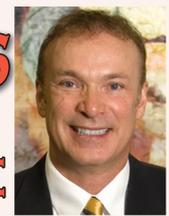
and adeptly written "The Song the Zombie Sang," the tale of a concert pianist who, years after his death, is artificially resuscitated night after night to perform classical compositions that have lost all meaning to him and all he has left is the wish to finally "slip into the ether."

"Zombies! Zombies! Zombies!" is a good read if and if you have a spare hour or two, hit the book store. I wouldn't recommend purchasing the book though (\$25 is a big ask for the quality). The undead are rapidly losing their luster and this book is doing little to stifle the onslaught of the mediocrity of pop-culture.

Rating B-

—SEAN TOLBERT  
SPORTS WRITER

## View from the PRESIDENT'S OFFICE



I would like to add my voice to the many others in support of higher education.

Recent editorials in *The Oklahoman*, by Carl Edwards, President of the Greater Oklahoma City Chamber of Commerce, Dave Lopez, Secretary of Commerce, and Phyllis Hudecki, Secretary of Education, have all emphasized the need to increase the number of Oklahomans who hold college degrees and certifications to meet the number of new jobs being created in our state.

Secretaries Lopez and Hudecki quote a new study by the Center on Education and the Workforce which concluded that "most of the new jobs being created, or to be created in the future, require a college education."

As a student attending a community college, you will be particularly interested that this study also stated, "Almost all of the fastest-growing job categories require at least a one-year certificate or an associate degree."

Many of these types of certifications and degree programs are offered here at OCCC.

The benefits of higher education to you individually, to our community, and to our state are dramatic.

As a college graduate, you are likely to earn more, have a job that includes retirement and health insurance benefits, and more likely to keep your job if layoffs occur.

Our community and state benefit as well—college graduates pay more in taxes and are less likely to need public assistance from local and state government.

The college will be hosting a number of job fairs this year. Even if you are not looking for a job right away, I urge you to attend.

Meeting with employers early in your college experience may give a better sense of the skills and knowledge you will need to secure a job in the future.

I would also encourage you to meet with an academic or faculty advisor to match your college goals with career options.

While I continue to believe reaching your full potential intellectually is reason enough to continue your education, I also know that for almost all of you getting a good job is the motivation—it certainly was for me when I was a college student.

The only difference now is that there are fewer job opportunities if you don't finish—and a lot more if you do.

—PAUL SECHRIST  
PRESIDENT

CONCERT REVIEW | Train, Matt Nathanson, and Maroon 5 deliver a top-notch performance in Oklahoma City

# He said: Zoo concert series one of best

The evening walk to the Zoo Amphitheater was refreshing; 68 degrees, a brisk north wind and a touch of orange as the sun crested over the eastside rooftops of Oklahoma City. Accompanying me on the mile long walk were what seemed like tens of thousands of fellow



Sean M. Tolbert

Oklahomans, all making their way to the sunken oracle of the Oklahoma concert scene to see Train along with fellow headliners Maroon 5 perform one of their final stops on their Summer U.S. Tour.

With Oklahoma City being on the very tail end of their tour, I was half expectant of

a solid performance by both bands but was also open to seeing some shortcomings that would illustrate signs of fatigue from a rigorous cross country tour – I was, in reality, blown away.

Opening the show was singer/songwriter Matt Nathanson who was an apt choice for a warm-up act considering the demographic that both headliners catered to. His pop-acoustic performance was just light hearted enough to relax but he remained technically sound and he rounded off the performance with the only song I'd ever heard of his: the Clearchannel radio-fodder that is "Come On Get Higher".

As the amphitheater crowd began to expand, Train took the stage and proceeded to notch the energy level somewhere in the "I just had three 5 Hour Energy drinks" range.

Lead singer Patrick Monahan's vocals and crowd interaction were top notch and embodied exactly what any concertgoer comes to expect from the front man of a band



with three albums that have all hit platinum status.

Guitarist Jimmy Stafford was more than solid on guitar and offered up a stirring freestyle solo on the back end of their performance of "Calling All Angels." Personally, I found the high point to be when the band broke from their standard set up and, performed a cello-anchored, acoustic rendition of U2's "I Still Haven't Found What I'm Looking For." The set list, as expected, included their most well known works including "Meet Virginia," "Drops of

Jupiter" and "Hey Soul Sister." Their stage show, lighting effects and Monahan's trip out into the crowd itself to personally serenade all in attendance sealed one of the finest live performances I've been privy to in some time.

Headliners Maroon 5 took the stage 30 minutes later and picked up the energy where Train had left off.

Lead Singer Adam Levine bounced across the stage offering up boundless energy as the sextet blasted the audience with high intensity guitar and synth work along with a light/

video display that would have been nirvana for anyone in an altered state. James Valentine's guitar work was solid and, with the aide of a myriad of effects pedals, he led the band in a nearly non-stop performance.

The band's only digression was the momentary performance of the song "How", an unplanned ballad Levine dedicated to a young woman in the audience who held up a sign that simply read "How!"

Performing a balance of well-known singles and newer compositions off their latest album "Hands All Over", Maroon 5 closed the show in style and did not disappoint.

The concert was one of the best that the Zoo Amphitheater has hosted in many years and, as someone who was not a "fan" or either band walking in the gate, I was dually impressed and I have plans to purchase some Train albums in the very near future.

Rating: A

— SEAN M. TOLBERT  
SPORTS WRITER

CONCERT REVIEW | Maroon 5 lead singer Adam Levine shined while Train's performance was old and self-indulgent

# She said: Pre-concert not so good

Seeing Maroon 5 live is something close to a religious experience. Their Summer US Tour brought them to Oklahoma City's own Zoo Amphitheater on Sept. 22. Along with Maroon 5 were Matt Nathanson and Train.

Nathanson was forgettable at best. If one is looking to feel uncomfortable in a group setting, look no further. Good ole Matt has all the awkward commentary needed to fill an evening.

Following Nathanson, Train took the stage and reminded us why they were famous... a decade ago.

To be fair, Train was pretty great live. Lead singer Pat Monahan's vocals were spot

on. Honestly I knew maybe three songs. The actual performance aside, Train was annoying. Their performance was too gimmicky. First of all Pat had at least seven costume changes.

When Janet Jackson makes a costume change it has a purpose. It's relevant to the set of songs. When Pat Monahan changes, it's an act of unnecessary self-indulgence. Besides it was the exact same shirt just in a different color.

It's obvious a band lacks sufficient hit songs to fill a set when they pause between each song to speak a frustrating amount of time, call up fans at various points in the show, for no obvious reason.

Maroon 5 on the other hand stormed the stage with no hesitation, leading with their new hit single "Moves Like Jagger."

Adam Levine's singing is something akin to a chorus of angels. He moves with almost feline grace.

Performing each song in succession with little hesitation, Adam has a quality to his performance that just captivates. It can't be explained in words, it's something you have to experience.

That's the defining factor between a singer and a performer. A performer goes beyond a song or the music alone. A performer creates an entire experience, something



Priscilla Colley

you have to be present to truly grasp.

Maroon 5 creates that experience, and Adam Levine is unquestionably the definition of a performer.

Rating: A+

— PRISCILLA COLLEY  
STAFF WRITER

TOP 20 MOVIES  
weekend of Sept. 23 through  
25  
www.yahoo.com

1. *The Lion King*
2. *Moneyball*
3. *Dolphin Tale*
4. *Abduction*
5. *Killer Elite*
6. *Contagion*
7. *Drive*
8. *The Help*
9. *Straw Dogs*
10. *I Don't Know How She Does It*
11. *The Debt*
12. *Rise of the Planet of the Apes*
13. *Kevin Hart: Laugh at My Pain*
14. *Warrior*
15. *Colombiana*
16. *Crazy, Stupid, Love.*
17. *Spy Kids: All the Time in the World*
18. *The Smurfs*
19. *Shark Night 3D*
20. *Mausam*

ALTA PRICE MOVES TO DIFFERENT DEPARTMENT TO MAKE A DIFFERENCE

# Employee transfers to Student Support Services

CHRISTY JOHNSON

Staff Writer

staffwirter2@occc.edu

Changing lanes can be a good thing when it comes to helping others.

Learning Support Specialist Alta Price moved to Student Support Services in July of this year.

Price worked in Recruitment and Admissions for more than two years, but then decided to make a change in order to be a further help to others, she said.

Price attended Kilgore Community College in Texas where she said she valued many learning experiences.

"I acquired lots of support there. The faculty and staff played a large role in my educational experience," she said.

Price said she originally wanted to go into psychology but she became a student worker and fell in love with education.

Price said she believes her training as a student worker while she was in college led to her wanting to work in



Alta Price

adult education.

"I can have a career and help others," Price said.

For her, being a student worker taught her many things.

"This experience sparked, then reinforced, the desire for me to want to go into education," Price said.

**“ We try to connect students with as many services as possible according to student needs. We give presentations on learning skills and we oversee accommodations for students with mental and physical disabilities.”**

—ALTA PRICE

LEARNING SUPPORT SPECIALIST

Student Shawn Peterson said other students should be aware of Student Support Services because it may be helpful to someone they know.

"Although I don't have a direct need to use Student Support Services, I feel that it's a very good program to have on campus," Peterson said.

"Anyone should go by and check them out because they may have a friend or loved one who could use their help."

Price said she enjoys the one-on-one time with the students, and that she is also thinking of furthering her own education.

Price has a master's degree in adult higher education and a bachelor's degree in psychology.

Price says Student Support Services offers a plethora of services.

"We try to connect students with as many services as possible, according to the students needs," Price said.

"We give presentations on learning skills, and we oversee accommodations for students with mental and physical disabilities."

For more information on Student Support Services 405-682-7520 or visit the website at [www.occc.edu/support](http://www.occc.edu/support).

EXPERIENCED NURSE BECOMES FULL-TIME INSTRUCTOR

# Former student returns home to teach nursing

CRYSTAL RODRIGUEZ

News Writing Student

A former OCCC student returned to her roots when she accepted a full time position as a member of the nursing faculty in April.

Nursing Professor Cindy Milam graduated from Tuttle High School and came to OCCC for her basic college courses.

She then went to Oklahoma City University to earn a bachelor's degree in nursing. Milam is currently working on her master's degree at Southern Nazarene University.

Milam worked at Oklahoma Children's Hospital as a pediatric oncology nurse, where she cared for children with cancer.

Milam said she worked with many great nurses who graduated from OCCC.

She had served as a clinical adjunct professor for the nursing department at OCCC for about a year when she applied for a full time faculty position.

Nursing Program Director Deborah Myers said Milam is a very organized and mature professor.

**“ My main priority in this position is to produce competent and intelligent future nurses coming out of OCCC,”**

—CINDY MILAM

NURSING PROFESSOR

stands out in all areas."

OCCC's nursing program is one of five programs within the Health Professions Division. Milam is a part of the Nursing Process I teaching team.

"I have always wanted to teach and do nursing," Milam said.

"When I realized I could do both, I applied for the job.

"I work with a lot of great nurses at OU Children's Hospital who came from OCCC."

Milam said it was an easy decision to come back to teach at OCCC.

"My main priority in this position is to produce competent and intelligent future nurses coming out of OCCC," Milam said.

Milam's students are currently taking



Cindy Milam

their clinical courses.

Nursing students have to do clinical coursework at the hospital, Milam said.

"They go to a hospital and take care of one patient and learn how to be a nurse.

"The adjunct professor facilitates the learning experience."

Milam encourages her nursing students to believe in their goals.

"If it's their desire and they study hard enough and work hard, they can do it."

**OCCC**

**STUDENT EMPLOYMENT AND CAREER SERVICES**

**JOB BOARD**

[www.collegecentral.com/occc](http://www.collegecentral.com/occc)

Students register with their 7-digit student ID number  
Alumni enter AL+last 5 digits of Social Security number

**Find Jobs Post Your Resume Apply for Positions**

## DOMESTIC VIOLENCE AWARENESS MONTH HELPS EDUCATE VICTIMS AND FAMILIES

# October brings education against violence

WHITNEY KNIGHT

Online Editor

onlineeditor@occc.edu

What comes to mind when you think about October? Grinning jack-o'-lanterns, bucket loads of candy, or perhaps a black cat or two?

With Halloween right around the corner, it's easy to get caught up in the witching hour. But this month also represents something much scarier than ghosts and goblins: domestic violence.

Since 1987, October has served as Domestic Violence Awareness month, according to the website at [dvam.vawnet.org](http://dvam.vawnet.org).

Domestic violence is a "cycle of violence that a perpetrator uses against a person to maintain power and control," said Sunshine Gross, assistant executive director for the Oklahoma Coalition Against Domestic Violence and Sexual Assault.

When you think of violence, Gross said, it's easy for images of physical altercations to spring to mind.

However, she said, domestic violence goes much deeper than that.

"Domestic violence can also be emotional, mental, psychological, sexual, spiritual, [or] social," Gross said.

She said fear is the most telling sign of abusive relationships.

"If you constantly watch what you say and do in order to avoid a blow-up with your partner, chances are your relationship is abusive and unhealthy," Gross said.

Abusers are also very controlling, she said. "They won't let their partners see family or



COURTESY FREEDIGITALPHOTOS.NET

friends, and they are jealous and possessive," Gross said. "They will minimize violence. They will either blame the victim or deny it altogether."

Most victims of domestic violence will leave their tormentor five to seven times before leaving for good, according to [dvam.vawnet.org](http://dvam.vawnet.org).

That makes helping victims difficult for friends and family on the outside looking in.

"If a person's not ready to leave, there's nothing you can do except let them know you're there and that you care for them," Gross said.

She said the best way to help victims of domestic violence is letting them know what resources are out there if they need anyone to talk to or are ready to leave.

Those resources include the National Domestic Violence Hotline, which can be reached by calling 1-800-799-SAFE (7233.) Victims who have access to a safe computer can also visit the corresponding website at [www.thehotline.org](http://www.thehotline.org).

Getting help can be especially difficult for men, who account for 15 percent of the 33

million Americans affected by domestic violence, Gross said.

"Society makes it harder for them," she said. "Certain cultures condemn male victims as being weak or as being sissies."

"They aren't often taken seriously as being victimized, but that doesn't make the abuse any less real."

Even when victims are ready to speak up, it can be difficult to find a safe place to do so.

Abused students in need of help, should look no further than OCCC's own Student Support Services, where they can meet discreetly and confidentially with an on-campus counselor.

One of those counselors, Jenna Howard, said Student Support Services offers a safe place for students in abusive relationships to get help.

"All the information we take is locked in the counselor's office," Howard said. "It's not part of student records — it's a clinical file. We're licensed therapists, so it's just like going to a licensed therapist in the community. Our notes are confidential as well."

She said Student Support Services offers short-term counseling, where students can get immediate help before being referred out to community organizations like the YWCA.

"They can come talk to us first and we can work with them on their options," Howard said. "Sometimes, we help

with an emergency plan."

Emergency plans are created for victims who might not be ready to leave, but need to have a plan in place if the situation escalates, she said.

Howard said some people look at victims of domestic violence and ask, "Why don't you just leave?" The solution is not that easy, she said.

"It's a process," Howard said. They have a bond with that person. It's really hard to do."

Because victims of domestic violence often feel helpless, she said, one of the counselors' goals is to help them feel empowered again.

"We help them look at different options, but we let them decide what's best for them and their families," Howard said.

Student Support Services is open 8 a.m. to 8 p.m. Mondays through Thursdays, and 8 a.m. to 5 p.m. Fridays.

Students can either make an appointment by calling 405-682-7520 or simply walk into the office during its hours of operation.

Howard said students usually see a counselor within a day.

"Our hope is for people to know, if something is going on, they can talk to someone — not just hope it's going to go away, because it could get worse," she said.

"People can lose their lives. It can get worse, and your life is much more important than a relationship."

For more information about domestic violence, call the OCADVSA at 405-524-0700.

In addition, victims of domestic abuse can call the Oklahoma domestic abuse hotline at 405-917-9922 or the Oklahoma Safeline at 1-800-522-7233.

## HAVE A SAFETY PLAN

### If you are still in the relationship:

- Think of a safe place to go if an argument occurs. Avoid rooms with no exits (bathroom) or rooms with weapons (kitchen.)
- Make a list of safe people to contact.
- Keep change with you at all times.
- Memorize all important numbers.
- Establish a "code word" or "sign" so that family, friends, teachers or co-workers will know when to call for help.
- Think about what you will say to your partner if he/she becomes violent.

### If you have left the relationship:

- Change your phone number.
- Screen calls.
- Save and document all contacts, messages, injuries, or other incidents involving the batterer.
- Change locks if the batterer has a key.
- Avoid staying alone.
- Plan how to get away if confronted by an abusive partner.
- If you have to meet, do it in a public place.
- Vary your routine.
- Notify school and work contacts.
- Call a shelter for battered persons.

Courtesy [www.ncadv.org](http://www.ncadv.org)

## HOTLINES

- National Domestic Violence Hotline: 1-800-799-SAFE (7233) or 1-800-787-3224 for TTY devices.
- Oklahoma City Police Department: 405-297-1125.
- Oklahoma Safeline: 1-800-522-7233.
- Oklahoma YWCA Rape Hotline: 405-942-7273.

# Free breast cancer screenings offered

## Month promotes breast cancer awareness and education

**SARAH HUSSAIN**  
Staff Writer  
Staffwriter3@occc.edu

Students on campus can acknowledge October as Breast Cancer Awareness month by wearing pink ribbons provided by the office of Student Life, said Jill Lindblad, coordinator of service learning and student life programs.

“What we are doing is called a silent protest. People have the opportunity to come and pick up pink ribbons in [the Student Life] office throughout the month of October,” said Lindblad.

Lindblad said silent protesting is not necessarily participating in breast cancer awareness fundraisers, but by wearing this pink ribbon one can show their awareness of breast cancer and how prevalent it is.

OCCC will not hold a fundraiser for breast cancer awareness month.

“It does get a little tricky with money,” Lindblad said.

“We wanted to at least do something where people could be aware and show support.”

Lindblad said as the service learning coordinator, OCCC does recognize and support students who participate in breast cancer awareness fundraisers such as the Susan G. Komen Race for the Cure.

“Students are welcome to do service

hours with Susan G. Komen to do the run,” Lindblad said.

“They could count that as service hours. We definitely support people getting involved in that cause.”

According to the organization’s website, Susan G. Komen for the Cure is an organization that is the global leader in breast cancer awareness formed in 1982 by Susan’s sister, Nancy G. Brinker, as a promise to her sister to find a cure for the disease.

The website boasts events like the Race for the Cure and the 3-Day for the Cure. Contributions from their partners, sponsors and fellow supporters, Susan G. Komen for the Cure has become the largest source of nonprofit funds contributed to the fight against breast cancer in the world.

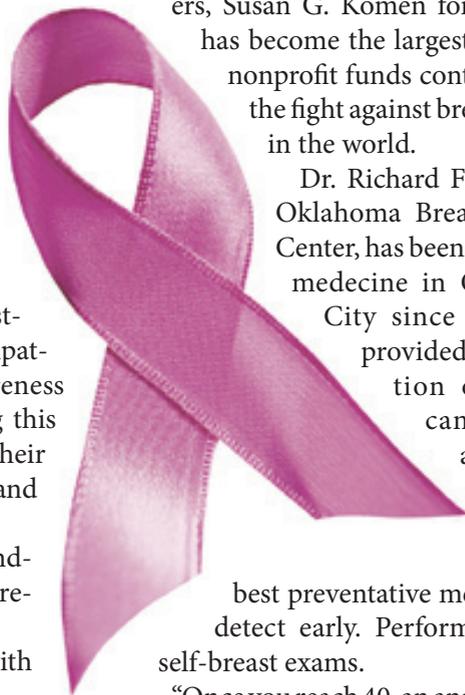
Dr. Richard Falk, of the Oklahoma Breast Cancer Center, has been practicing medicine in Oklahoma City since 1983. He provided information on breast cancer from a doctor’s point of view.

“The best preventative method is to detect early. Perform monthly self-breast exams.

“Once you reach 40, an annual mammogram has been proven to increase the likelihood of catching the cancer early on,” Falk said.

He said the main symptoms of breast cancer are localized areas of pain, a painless lump and skin and or nipple retraction.

Women have more breast tissue than men, but that does not rule out the possibility of men getting breast cancer.



## FREE MAMMOGRAMS IN OCTOBER

- The American Cancer Society offers free mammograms at a location near you. Visit their website at [www.cancer.org](http://www.cancer.org) or call the ACS at 1-800-ACS-2345.
- The Centers for Disease Control and Prevention that also give free mammograms. Visit their website at [www.cdc.gov](http://www.cdc.gov) or call the CDC at 1-800-CDC-INFO.
- The local Susan G. Komen Foundation may be able to help in financial assistance for those who cannot afford to be tested. Visit [www.komen.org](http://www.komen.org) or call 1-877-GO KOMEN.
- Planned Parenthood is also offering free screenings in OKC. Contact 405-528-2157 for more information.
- OU Cancer Institute in OKC is offering free screenings. Contact 405-271-6822 for more information.

According to the National Breast Cancer Awareness Month website, less than one percent of breast cancer cases are reported in men generally between the ages of 60 and 70 years old.

“I have diagnosed three men with breast cancer in my time practicing,” Falk said.

“For males who form breast cancer, it is a secondary genetic mutation that occurs and, like I mentioned, very

uncommon.”

On Oct. 15 there will be a Race for the Cure in Oklahoma City.

To participate, contact the Central and Western Oklahoma Affiliate at 405-526-RACE (7223), or email [race@komencentralwesternok.org](mailto:race@komencentralwesternok.org).

For more information on the silent protest held by Student Life, contact Jill Lindblad at 405-682-1611, ext. 7697, or email her at [jlindblad@occc.edu](mailto:jlindblad@occc.edu).

## HOW TO PERFORM A MONTHLY SELF-BREAST EXAM

- Using a mirror, inspect your breasts with your arms at your sides, with your hands on your hips, and with your arms raised while flexing your chest muscles.
- Look for any changes in contour, swelling, dimpling of skin, or appearance of the nipple. It is normal if your right and left breasts do not match exactly.
- Using the pads of your fingers, press firmly on your breast, checking the entire breast and armpit area. Move around your breast in a circular, up-and-down, or wedge pattern. Remember to use the same method every month. Check both breasts.
- There are three patterns you can use to examine your breast: the circular, the up-and-down, and the wedge patterns. Use the pattern that is easiest for you, and use the same pattern every month.
- Gently squeeze the nipple of each breast and report any discharge to your doctor immediately.
- Examine both breasts lying down. To examine the right breast, place a pillow under your right shoulder and place your right hand behind your head. Using the pads of your fingers, press firmly, checking the entire breast and armpit area. Use the same pattern you used while standing. Repeat for your left breast.

[www.women.webmd.com](http://www.women.webmd.com)



## SPORTS

## Upping the tempo



RACHEL MORRISON/PIONEER

Southmoore High School student Duncan Barhart, 15, trains in the OCCC swimming pool along with other Southmoore students as part of an agreement with the college to use the facility. Barhart is training for an upcoming November meet at OCCC.

SPORTS | Chesapeake swim club returns to campus for annual competition

## OCCC to host Halloween Invitational

SEAN M. TOLBERT  
Sports Writer  
sportswriter@occc.edu

OCCC Aquatic Center will once again play host to Chesapeake Swim Club's Halloween Invitational Swim Meet taking place Oct. 28, 29 and 30.

Entering its 15th year at OCCC, the event is a USA Swimming sanctioned meet and will have a multitude of events ranging from relays to freestyle heats and will consist of team, as well as individual events said Chesapeake Swim Club Head Age Group Coach Kathy Mendez.

All swimmers taking part must qualify for the event by meeting USA Swimming's

specified time trials. The entry deadline is Oct. 19.

USA Swimming is the national governing body for the sport of swimming for the U.S.. Mendez said they are expecting an increase in numbers with this year's participants.

"We're expecting to have 300 to 500 swimmers at the event," she said.

Mendez said the invitational provides an array of events that all qualified USA swimmers of any age group can participate in.

"It's a fun meet and it's open to all USA swimmers in Oklahoma," Mendez said.

"The kids always have a great time from our youngest at 5 years old, up to the seniors in high school."

OCCC Aquatic and Safety Training Specialist James Hensley said that young swimmers and parents should research and understand what sort of time they will need to dedicate to the sport and that swimmers must pass a series of qualifiers before they are granted entry.

"[Swimmers] have to have met the required physical standards to go to USA swim meets," Hensley said.

"You have to meet all of the qualifications and, specifically, the time standards that can vary from age group to age group."

When asked about what set OCCC apart from other potential venues to host the event Mendez said the Ches-

apeake Swim Club's relationship with OCCC is consistently beneficial and was invaluable to connecting the group with the national swimming community.

"I think we have an excellent relationship with OCCC and with Aquatics Director Roxy Butler," Mendez said.

"She's been instrumental in strengthening our rela-

tionship with 'Make a Splash' and USA Swimming."

Make a splash is child-focused water safety initiative created by USA Swimming Foundation.

Specific event dates, times and information can be found by visiting the Chesapeake Swim Club's official website at [www.chesapeakeswimclub.org](http://www.chesapeakeswimclub.org).

## UPCOMING INTRAMURALS EVENTS

**Aug. 23 - Oct. 19:** Registration for O-Trip 3-on-3 Basketball Tournament takes place Oct. 28. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

**Aug. 29 - Nov. 18:** Registration for OCCC Youth Winter Basketball League. Elementary Divisions from 3rd grade to 6th grade. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

**Oct. 15:** OCCC's Student Physical Therapist Assistants Program will be sponsoring a Zumbathon to celebrate National Physical Therapy Month. Both land and Aqua Zumba will be offered to participants. For more information, contact Jennifer Ball at 405-682-1611, ext. 7305.

**Oct. 18:** OCCC will be sponsoring the Senior State Games, series of activities that senior citizens in the community may take part in. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

**All event news is due Monday by 5 p.m. for inclusion in the next issue. Email [sportswriter@occc.edu](mailto:sportswriter@occc.edu).**

OCCC 

STUDENT EMPLOYMENT AND CAREER SERVICES

OPTIMAL RESUME

[www.occc.optimalresume.com](http://www.occc.optimalresume.com)

Students' access ID is their OCCC email address  
example > [john.t.doe@email.occc.edu](mailto:john.t.doe@email.occc.edu)

Resumes Cover Letters Interview Skills

## ELECTRONICS, FITNESS EQUIPMENT AVAILABLE

# Garage sale, silent auction benefits students

ALISHA DAVIDSON  
News Writing Student

The Faculty Association Scholarship Committee is hosting a garage sale and silent auction from 8 a.m. to 5 p.m. Thursday and Friday, Oct. 6 and 7, in College Union 1, 2 and 3.

Items available through the silent

auction include a Gucci purse, Bowflex fitness machine, antique wine glasses, assorted themed gift baskets and a wireless pet containment system.

Bargain hunters can browse through a variety of electronics, sports equipment, antiques, furniture, books, clothing, household decorator items and more.

Second day sales will be half price or best offer, said Librarian Linda Boatright, scholarship committee member.

Any remaining items will be donated to Habitat for Humanity.

All proceeds from the sale benefit student scholarships.

"Students can use the money for

whatever they need," Boatright said.

More than a dozen scholarships ranging from \$200 to \$300 were awarded last semester, said history Professor Jeffrey Carlisle, scholarship committee chairman.

"The faculty is very supportive," Carlisle said. "It all goes back to the students."

## Banned: History of banned books list varies, wide-reaching

Continued from page 1

day," said Amanda Lemon, OCCC electronic services/reference librarian. "If you restrict what people read, you take away their ability to experience things in life."

School districts in Alaska and Missouri banned "The American Heritage Dictionary of the English Language" due to the use of slang definitions.

Film production major Jeremy Sieg finds the censorship unacceptable.

"It's odd they would ban a book like 'The Golden Compass' for atheism," Sieg said. The youth fantasy novel has been rocked with negative criticism toward the author's spin on religion.

"If you're offended by it, don't

pick it up," said Lacey Robertson, a nursing major.

"Writing is a form of expression."

Robertson said she had read several of the banned books.

Mary Grace Berkowitz said her responsibilities as a cataloger and reference librarian reach beyond locating books for students.

"I protect the intellectual rights of people," Berkowitz said.

She believes that freedom of speech and open access to information are mutually important.

She said she was surprised by the controversy surrounding the book "And Tango Makes Three," by Peter Parnell and

Justin Richardson.

Based on a true story, the popular children's book chronicles the lives of two male penguins jointly responsible for hatching an egg at New York's Central Park Zoo. The book was challenged for promoting a same-sex agenda.

"It's a book about penguins taking care of penguins," Berkowitz said.

Even the beloved child wizard could not escape the wrath of literary censorship.

Nursing major Stacy Duffee was dismayed to see a series of Harry Potter books on the library's display.

The books have been challenged on grounds of promoting witchcraft.

"It's disappointing people would think that," Duffee said.

Banned Books Week was established 29 years ago by the

American Library Association.

A list of challenged books is compiled annually by the organization.



— CAREER TRAINING. MONEY FOR COLLEGE. —

# AND AN ENTIRE TEAM TO HELP YOU SUCCEED.

Serving part-time in the Air National Guard, you'll have an entire team of like-minded individuals who want to help you get ahead. You can choose from nearly 200 career specialties, and develop the high-tech skills you need to compete in today's world. You also train close to home, all while receiving a steady paycheck, benefits and tuition assistance. Talk to a recruiter today, and see how the Oklahoma Air National Guard can help you succeed.

OKLAHOMA  
**AIR NATIONAL GUARD**

GoANG.com ► 1-800-TO-GO-ANG

## Healthy: Students inspired by will, desire

Continued from page 1

The reaction to the news of his appearance has been positive with excitement from fans and non-fans alike.

"I love him," said Kristen Hall, academic specialist for TRiO. "The thing I remember most is that he had on a (University of Oklahoma) hat on the show."

Nursing major Sanaa Qarqour said she admired his tenacity. "He has a certain la Volanté," she said. "If you really want to do something, nothing is going to stop you. And he has that."

The largest reaction however is speculation about the content of his presentation.

"I think it could be beneficial," Antwan Leon, political science major, said. "Obesity is a major issue in Oklahoma and this gives students a face."

Kevin Fink, Employment Services coordinator and leisure studies advocate agrees.

"We were recently ranked the sixth-most obese state," Fink said. "It's important that he transmits

what he learned about nutrition and how to maintain the weight."

Ardy Burger, physical therapy assistant and pre-nursing major, said she hopes she can apply his ideas in her own life.

"I hope his talk will show me how to get my own strategy started ... Then I can have a strategy for the rest of my life," Burger said.

The event will kick off with a conversation with Lisa Mosley, a contestant from season 10 and OCCC alumna, at 12:30 p.m. in 1X3. It will continue with a special introduction by her at 2 p.m. in the General Dining Area leading into Cahill's speech, "Committing to a Healthy Life."

The event will wrap-up with a reception featuring healthy snacks and booths representing the Community Outreach and Development, Weightwatchers, Campus Recreation and Fitness, the Tobacco Free Campus policy and information about the OCCC fitness trail.

# CAMPUS COMMUNITY



PICTURE COURTESY OF IMANI WINDS

Grammy-nominated chamber music ensemble, Imani Winds will perform on campus Oct. 4. Members clockwise from the back, Jeff Scott (French Horn); Valerie Coleman (flute); Monica Ellis (bassoon); Toyin Spellman-Diaz (oboe); and Mariam Adams (clarinet).

**COMMUNITY** | Cultural Arts Program to host classical wind quintet, Imani Winds

## “Winds of Faith” to perform here

**CHRISTY JOHNSON**

Staff Writer  
staffwriter2@occc.edu

OCCC's Bruce Owen Theater will play host to Imani Winds, a wind quintet, as part of the college's Cultural Arts Series. The group's performance is at 7 p.m. Tuesday, Oct. 4.

This will be the first time Imani Winds has performed at OCCC, said Lemuel Bardeguez, Cultural Program director.

Bardeguez said Imani Winds is one of the most successful chamber music ensembles in the U.S. He said they and are considered by many classical music authorities to be the nation's premier wind ensemble.

“They are a Grammy-nominated group, and their extensive touring schedule has brought them to most of this country's major and most prestigious concert halls,

“Including Carnegie Hall, Lincoln Center and Kennedy Center,” Bardeguez said.

Scott Tigert, Cultural Programs assistant, said Imani Winds should

“They are a Grammy-nominated group, and their extensive touring schedule has brought them to most of this country's major and most prestigious concert halls,”

—LEMUEL BARDEGUEZ  
DIRECTOR OF CULTURAL PROGRAMS

not be missed.

“They are advancing classical music, and that is a great thing in this day and age,” he said.

Bardeguez said the group was founded in 1997 and is known for its adventurous programming, which includes newly composed works as well as compositions featuring African, Latin American and American influences.

“The group's members are of African American and Latin American ancestry, and the name Imani means ‘faith’ in the Swahili language,” he said.

Imani Winds will perform both traditional wind quintet pieces and contemporary compositions specifically written for the quintet, Bardeguez said.

Tickets for this event are now

on sale from 8 a.m. to 5 p.m. at the Cultural Programs office, located in room 1G1 in the Main Building. Ticket availability is on a first-come first-served basis.

Tickets are \$10 for students and children, \$22 for adults, and \$17 for seniors over 55, OCCC faculty, staff and Alumni Association members.

For more information about Imani Winds, visit [www.imaniwinds.com](http://www.imaniwinds.com).

For more information on this event, ticket availability and other Cultural Arts Series events, visit the CAS website at [www.occc.edu/cas](http://www.occc.edu/cas), or call their office at 405-682-7576.

## CAMPUS HIGHLIGHTS

### Brown Bag: Interview Skills

Student Life will be sponsoring a workshop on the do's and don'ts of job interviews at noon on Monday, Oct. 3, in CU1. For more information contact the office of Student Life at 405-682-7523.

### Brown Bag: Friends in Need

Want to know how you can assist a friend when they are truly in need? Student Life will be hosting a lunchtime lecture over assisting your friends when they are in trouble at 12:30 p.m. on Oct. 3 in CU1. For more information contact the office of Student Life at 405-682-7523.

### Job and Health Professions Fair on Oct. 5

Student Employment and Career Services is sponsoring the gathering of over 100 employers in the General Dining Area Wednesday, Oct. 5. Individuals seeking general employment are encouraged to attend between 10 a.m. and 2 p.m. while those seeking a profession in health should attend between noon and 6 p.m. The entire community is invited to attend the job fair. For additional information, please contact the OCCC Student Employment and Career Services office at (405) 682-7519, or by email at [employmentservices@occc.edu](mailto:employmentservices@occc.edu).

### Danny Cahill to talk about losing weight

Biggest Loser Winner and Oklahoma native Danny Cahill will be speaking about the importance of a healthy lifestyle at 2 p.m. on Thursday, Oct. 6, in the General Dining Area. For more information on Cahill's visit to OCCC on Oct. 6, please call (405) 682-1611, ext. 7821. For more information about Danny Cahill, visit [www.thedannycahill.com](http://www.thedannycahill.com).

### Garage sale for scholarships

The Faculty Association Scholarship Committee will hold its annual garage sale from 9 a.m. to 4 p.m. Thursday, Oct. 6, and Friday, Oct. 7, in CU 1, 2 and 3. All proceeds will go toward student scholarships. Those who would like to make a donation should contact Librarian Linda Boatright at 405-682-1611, ext. 7468.

**All Highlights are due Tuesday by 5 p.m. for inclusion in the next issue. Highlight forms can be picked up in the Pioneer office, located in 1F2 of the AH building, just inside Entry 2.**

OCCC 

STUDENT EMPLOYMENT AND CAREER SERVICES

**OPTIMAL RESUME**

[www.occc.optimalresume.com](http://www.occc.optimalresume.com)

Students' access ID is their OCCC email address  
example > [john.t.doe@email.occc.edu](mailto:john.t.doe@email.occc.edu)

**Resumes Cover Letters Interview Skills**

# CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Mondays prior to the publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail [adman@occc.edu](mailto:adman@occc.edu).

## AUTOMOTIVE

**FOR SALE:** 1994 Mazda Protege', over 200,000 miles, but very well maintained, good a/c. Standard. Priced to sell. Call: 405-840-5334.

**CAR FOR SALE:** 2004, VW Beetle, GLS. Two door, power windows, locks and steering. Leather interior. Sun roof. Cruise control. 71K miles. Excellent condition inside and out. Gets great gas mileage. \$9,995./OBO. Call: 405-863-4195.

## CHILD CARE

**NEED HIGH QUALITY CHILD CARE ON CAMPUS WHILE YOU ATTEND CLASSES AT OCCC?**  
For more information contact:  
Dr. Barb Carter at the OCCC CDCLS.  
405-682-7561

## FURNITURE

**FOR SALE:** Entertainment center/bookshelf/TV stand has multiple uses for books, photos, etc. Maple color engineered lumber. \$50. Email: [4allmypets@gmail.com](mailto:4allmypets@gmail.com) for photo.

**READ THE PIONEER ONLINE FOR ALL THE LATEST IN CAMPUS NEWS!**  
[www.occc.edu/pioneer](http://www.occc.edu/pioneer)

**RESEARCH VOLUNTEERS NEEDED**  
Researchers at OU Health Science Center need healthy volunteers ages 18 to 30, who have a parent with, or without a history of an alcohol or drug problem. Qualified participants will be compensated for their time.  
Call (405) 456-4303 to learn more about the study and to see if you qualify.



**FOR SALE:** Pecan, Baldwin, upright electric piano. Great sound. Call: 405-840-5334.

**MISCELLANEOUS**  
**INTERESTED IN VIDEO GAMES?** Check out the OCCC Gaming Guild. Contact: [Mathew.J.Caldwell@email.occc.edu](mailto:Mathew.J.Caldwell@email.occc.edu).

**SUBLET AVAILABLE FOR OCTOBER:** Female to share with 3 other friendly, clean, non-smoking girls in a 4 bedroom, 4 bath apartment. Rent is \$369 per month, all bills included. Campus Lodge Apartments in Norman. Call for more information: 405-368-5886.

**FOR RENT**  
**FOR RENT:** Nice bedroom in a house with other students. \$380 per month with all bills paid, including internet. Located in good neighborhood near 104th and Western. \$100 deposit. No pets or indoor smoking. Call: 405-794-9999.

**DO YOU ENJOY WRITING STORIES? ARE YOU A POET? IS PAINTING YOUR PASSION? CAN YOU CAPTURE LIFE ON FILM?**  
Why not submit your entry to the OCCC Absolute literary anthology for possible publication?  
Applications are available on the table outside the Arts and Humanities Division office.

# TODAY'S CROSSWORD PUZZLE

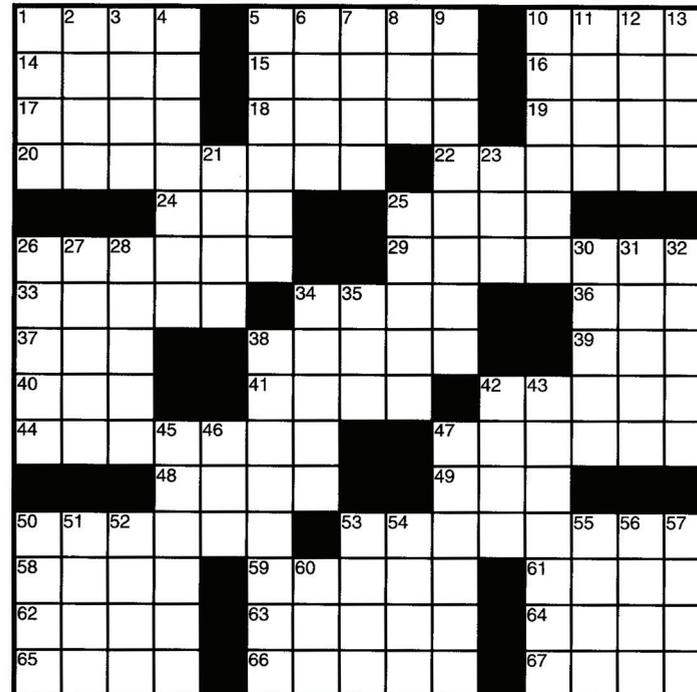
- ACROSS**
- 1 Did the crawl
  - 5 Tops of cars
  - 10 Toy on a string
  - 14 Actress Capshaw
  - 15 Comic Murphy
  - 16 Branding —
  - 17 Whirlybird inventor Sikorsky
  - 18 Juice from 22-Across
  - 19 Lima's place
  - 20 Pittsburgh players
  - 22 Orchard fruits
  - 24 Newt
  - 25 "The African Queen" scriptwriter
  - 26 Marilyn —
  - 29 Customers
  - 33 Gather
  - 34 Indian garment
  - 36 Affirmative vote
  - 37 Sedan or coupe
  - 38 Old-fashioned brooch
  - 39 Science room
  - 40 Mandela's org.
  - 41 Singer Redding
  - 42 Ordinary speech
  - 44 Smart aleck
  - 47 Frankfurter
  - 48 Cat's murmur
  - 49 One, no matter
- DOWN**
- 1 Omit
  - 2 Word following "minimum"
  - 3 Like — of bricks
  - 4 Business deals
  - 5 Enumerate
  - 6 Norse god
  - 7 Chances
  - 8 "For shame!"
  - 9 Harem
  - 10 Shout of glee
  - 11 Pitcher
  - 12 Days of —: long ago
  - 13 Blame
  - 21 Sci-fi craft
  - 23 Can. province
  - 25 Land measures
- which**
- 50 Wading birds
  - 53 Kind of rug
  - 58 With, to Henri
  - 59 Enter (data) on a computer
  - 61 Golden Fleece ship
  - 62 Roy Orbison song
  - 63 Din
  - 64 Overwhelming defeat
  - 65 Goofs
  - 66 Avarice
  - 67 Pigments

**PREVIOUS PUZZLE SOLVED**

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| A | M | A | N | D | A | B | O | G | B | I | T | E |
| C | U | R | I | O | S | A | B | A | E | D | A | M |
| E | D | I | B | L | E | R | E | S | T | Y | R | E |
|   |   |   |   |   |   | B | E | A | U | T | Y | P |
| B | A | W | L | S | N | O | S | S | A | L | T | Y |
| O | G | E | E | D | I | N | P | L | Y |   |   |   |
| W | I | L | D | C | A | T | Z | E | E | A | L | E |
| E | L | L | A | V | E | O | W | E | C | O | P |   |
| D | E | S | L | I | D | D | E | P | L | O | R | E |
|   |   |   |   |   |   | P | I | T | P | I | E | R |
| M | A | G | I | C | F | R | A | H | O | N | E | S |
| Y | E | L | L | O | W | J | A | C | K | E | T |   |
| T | R | I | O |   | H | O | T |   | U | N | A | B |
| H | I | N | T |   | E | R | E |   | S | C | R | E |
| S | E | T | S |   | E | D | S |   | H | E | D | G |

8-14-98 © 1998, United Feature Syndicate

- 26 Parrot
- 27 Muscat citizen
- 28 Some cops
- 30 Drip-dry fabric
- 31 Fluff, as hair
- 32 Cavalry sword
- 34 Mythical creature
- 35 French friend
- 38 Traversing
- 42 Cone producer
- 43 "— the Fox"
- 45 Noteworthy periods
- 46 Six-shooter
- 47 Worked in a restaurant
- 50 Hearty's partner
- 51 Always
- 52 Raise
- 53 Mayberry kid
- 54 Ploy
- 55 Helen of —
- 56 Flu symptom
- 57 House sites
- 60 Neither fish — fowl



**BUY RECYCLED.**

**AND SAVE.**

Thanks to you, all sorts of everyday products are being made from recycled materials. But to keep recycling working, you need to buy those products. For a free brochure, call 1-800-CALL-EDF.

Ad Council A Public Service of This Publication

SEPA ENVIRONMENTAL DEFENSE FUND EDF

TEN OCCC FACULTY, STAFF AND FAMILY MEMBERS PARTICIPATE IN LOCAL WALK FOR A CURE

# OCCC walkers raise nearly \$1,000 for Alzheimer's

**PRISCILLA COLLEY**  
Staff Writer  
staffwriter1@occc.edu

**SARAH HUSSAIN**  
Staff Writer  
staffwriter3@occc.edu

The Walk to End Alzheimer's on Sept. 17 was an overwhelming success, said Lisa Teel, Emergency Planning and Risk Management director.

Teel said the walk is the country's most recognizable event that increases awareness for Alzheimer's care, support and research.

Millions have participated in the walk since its 1989 inception, according to the Alzheimer's Association website at [www.alz.org](http://www.alz.org).

Ten OCCC faculty, staff and family members added to that number when they participated in the walk.

"Our goal was to raise \$1,000 and we were very close at \$960," Teel said.

The team contributed to the \$158,900 raised by the near 2,000 walkers in Oklahoma City.

The two-mile walk was held in Oklahoma City at the Bricktown Ballpark.

In the 22 years the Alzheimer's Association has been established, annual events in nearly 600 communities have raised more than \$347 million for the cause, according to the website.

Teel said a major motivation to walk was to help educate the public about the disease, which affects 5.4 million Americans.

Alzheimer's is the sixth-highest cause of death in the U.S., according to the association.

Teel said her reason for joining the team and participating in the event was because her mom was recently diagnosed with Alzheimer's.

"Seeing what it does and how it affects people is reason enough," she said.

Alzheimer's is a disease that interferes with a person's memory and is the most common form of dementia, accounting for nearly 50 to 80 percent of all dementia cases.

Although it affects one in every eight persons aged 65 or over, 200,000 Americans are affected by an early onset of the disease.

By 2050, the association estimates as many as 16 million Americans will have Alzheimer's.

For more information or if you want to pledge money to the Alzheimer's Association, visit [www.alz.org](http://www.alz.org).

The next metro Alzheimer's Association event, A Masque in Black and White Gala, will be held March 1, 2012, at the Skirvin in Oklahoma City.

From left to right:  
Enrollment and Student Services Vice President Marion Paden, Vice President for Human Resources Administrative Assistant Denise Stewart, Lauren Foley, Joe Velleca, Austin Foley, and Vice President for Enrollment and Student Services Administrative Assistant Kim Velleca stop for a photo op during the Walk to End Alzheimer's Sept. 17. Ten OCCC faculty, staff, and family members participated in the event, raising \$960 for the cause.

PHOTO PROVIDED BY LISA TEEL



## Employment Services Job Fair



OKLAHOMA CITY  
COMMUNITY COLLEGE

Wednesday, October 5, 2011  
College Union Dining Area

General Employment  
10am–2pm

Health Professions  
12noon–6pm

For information call  
405-682-7519 or email  
[employmentservices@occc.edu](mailto:employmentservices@occc.edu)



## Assessments 10 & 24 Hour ADSAC "DUI SCHOOL"

DUI, DWI, APC or Drug Arrest  
-Court & Drivers License Requirements-

**10-Hour Class-**  
Oct. 14, 15 & 16 F 5:30-8:45p, S/S 8:30a-12  
OR Oct. 17, 18 & 19 M/T/W 5:30-8:45pm  
**24-Hour Class-** Start anytime, call for times

**Assessments-** Call for appointment

**NW OKC, 3160 N. Portland**  
**Call: 94-DRIVE (943-7483)**  
AT&E, INC.: check us out at [www.okduischool.com](http://www.okduischool.com)



Read the  
Pioneer  
Online  
at [www.  
occc.edu/  
pioneer](http://www.occc.edu/pioneer) for  
all the latest  
breaking  
news,  
videos,  
photos and  
more