Three officers join OCCC’s ranks

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OCCC welcomed three new campus police officers this semester.

Jimmy Watts, Kevin Hammond and Gordon Nelson all came from recent positions from higher education campus policing and are Council on Law Enforcement Education Training (CLEET) certified, which every officer in the state of Oklahoma has to be.

Watts, who started Aug. 15, said that means the officers have completed 24 hours of continuing education and one hour of mental education, and are certified to carry a gun. The training is required yearly, he said.

“I don’t think I necessarily meant to be a police officer until it just happened,” the 28-year-old said.

Watts said his security career has been a vast one.

He said he worked for the Langston University Police Department for four and a half years prior to coming to OCCC.

Watts said he also has done a stint in the army, been a bouncer at a night club which, Watts said, is where the security idea all started. He has been in various armed security positions off and on for about seven years, and worked at the Oklahoma County Sheriff’s Office as a detention officer for about two years.

He also is a student at OSU-OKC in the bachelor’s program for emergency responders administration. He has an associate in police science from OSU-OKC.

Watts said having a police force on campus will “promote a safer environment.”

“By being visible, I think that deters a lot. We want to promote awareness,” Watts said.

“Coming from a student’s perspective, safety is the number one priority.”

Hammond, 29, graduated from the University of Central Oklahoma in 2005 with a bachelor’s degree in criminal justice, followed by a master’s degree in Business and Organizational Security Management from Webster University in Kansas in 2007.

He said he was a security supervisor for about six years and came to OCCC after being a police officer for 10 months at Rose State College.

See POLICE OFFICERS page 9

Food service manager says healthier fare on the menu

Calories, fat grams and carbs among new information listed

WHITNEY KNIGHT
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If any of these nutritionally lacking foods sound familiar to you, it’s probably because they’re college student staples: cheap and not exactly good for you.

This semester, Carson’s Catering General Manager Corrine Aguilar said she hopes to change that trend by introducing a new menu and a few healthier options to Carson’s typical fare.

The new menus, which hang in gold-plated frames in the cafeteria, replaced the old food lists that simply cataloged what choices were available and how much they cost.

Now, menus list how many grams of sodium, carbs, and fat can be found in each item, as well as the number of calories and the cost.

In addition, students can now see healthier options at a glance thanks to a red heart posted to the left of the item’s name.

For example, on Carson’s breakfast menu, a sausage patty contains 340 milligrams of sodium, 120 calories, and 7 fat grams.

Beneath the sausage patty, students are given another, healthier option: a turkey patty, with 240 milligrams of sodium, 120 calories, and 7 fat grams.

“Before, we did have some limited nutrition information listed,” Aguilar said, indicating a small list that noted calories and fat grams in basic grill items like hamburgers and hot dogs.

However, she said, the new menus will encompass all areas of Carson’s, including the sandwich deli, salad bar, and pizza counter.

Aguilar said she hopes the menus will help students make more health conscious decisions when they eat at Carson’s.

See FOOD SERVICE page 9
PIONEER - 2 • AUGUST 26, 2011

OPINION

EDITORIAL | McDonalds blamed for children’s obesity issues

Parents should say no to fast food

Apparenly, some people have gotten it in their heads that Ronald McDonald, the spokesperson for the fast-food company, is making their children fat. Some of these people even have medical degrees. This author believes they have no idea what they are talking about.

It’s not a clown that’s feeding these children garbage, advertising or not. It’s the parents who are to blame for a large part of their children getting fat, not counting the obesity gene, anyhow.

The way these people are making it out, a bright red and yellow clown is breaking into their houses and force-feeding their children hamburgers and really salty fries.

Anybody who honestly believes that needs to have his or her head examined.

Now that the readers have that horrifying picture stuck in their heads, just remember, that is not how things happen.

The only ones who are responsible for what children eat are their caretakers. If parents don’t want their children to be beach balls, they should control what their children eat.

It’s not that hard to say “No [insert name here,] that food is really bad for you.”

In fact, there is one doctor that is actually in your face about it. Australian physician Joe Kosterich, said what children eat is a function of what they are fed.

“The people responsible for feeding children are parents,” Kosterich said. “If we are going to see any changes, then it is parental behavior that will need to change.”

If people are going to feed their children McDonalds, and then blame the company for the resulting weight gain, they need to evaluate their priorities, or check themselves into an institution for the mentally deficient.

Now, on to the 550 people that signed this petition to have Ronald removed as the mascot. How can someone, much less a doctor, blame a fictional character for kids getting fat instead of the parents?

The author believes that the movement was spearheaded and followed by idiots, and doctors who got their medical degrees at the Dollar Tree — or Walmart if they felt like getting something fancy.

—Robert Bolton

STAFF WRITER

Carsons Catering | Patrons will pay more for campus food

Prices increase at Carson’s Cafeteria and coffee shop

To the Editor:

Effective Aug. 22, Carson’s Catering and Food Concepts will implement price increases in the café and coffee shop.

As most of you know, food costs have been steadily going up for the past several years.

With the exception of bacon, we have not raised our prices to offset these increases in food costs. However, the increases have now reached the point where we can no longer absorb them, and continue to offer the same quality and variety of foods that our customers are used to enjoying.

In addition to increasing food prices, the cost of paper and plastic products has also risen over the past several years. This has also contributed to our need to increase our product prices in both the café and the coffee shop.

The last price increase in the café was approximately three years ago.

The coffee shop prices have not increased since it opened in July 2007.

Food costs have been negatively impacted by our severe winter last year, high temperatures this summer, international demand for commodities, and increased fuel costs.

All of these factors are outside our scope of control and result in higher food prices for everyone. Our café and coffee shop prices remain competitive with other food service establishments in the area. We continue to believe that we offer excellent food and service at an affordable cost.

To the Editor:

Phi Theta Kappa is holding a Meet and Greet dance from 7 to 9 p.m. Friday Aug. 26, in CU3. The event is open to all students who are asked to bring a $5 donation or canned goods. The money donations will be given to the Red Cross and the canned goods to the Regional Food Bank of Oklahoma.

Information will be available at the event about PTK and how to become a member. For more information, visit http://occcampusgroups.com/home, Groups Tab, Phi Theta Kappa.

—PTK OFFICERS

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The PIONEER welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author’s name, address, phone number and signature. E-mail letters should include all but the signature. The PIONEER will withhold the author’s name if the request is made in writing.

The PIONEER has the right to edit all letters and submissions for length, libel and obscenity. Letters should be fewer than 500 words. Students must list their major. OCCC staff and faculty must list their work title.

Letters to the editor can be submitted to the PIONEER office, located in room 1F2 on the first floor of the Art and Humanities Building, mailed to 7777 S. May Ave., Oklahoma City, Okla. 73159, or submitted via e-mail to editor@occc.edu with a phone number for verification included. The PIONEER ONLINE also can be accessed at www.occ.edu/pioneer.
Movie provides dark originality

“Guess what? You just brought a gun to a bomb fight, officer!”

This line, spoken by Nick, played by Jesse Eisenberg, captures the spirit of “30 Minutes or Less.” The movie takes a tired, played-out cliché and revives it with pithy comedic timing that parallels reality, albeit a twisted reality.

The movie was directed by Ruben Fleischer, known for the equally morbid comedy — also starring Jesse Eisenberg — “Zombieland.”

Nick, a regular, everyday normal guy, finds himself a pawn in an illusionist instigator of the whole bomb scheme, reminding us why we fell in love with the weirdo character from the movie “Foot Fist Way.”

He masterfully delivers his unique performance of lovable redneck ignorance.

The usual, over-the-top caricature that is Eisenberg’s understated portrayal of his character quite well, delivering a nice balance throughout the entire movie.

Easily the most alluring quality about “30 Minutes or Less” is its dark originality.

In today’s mainstream comedies where plot lines take a back seat to utter randomness and stupid humor, this film holds its head high, shakes its fist at formula and says, “not today formula, not today.”

Yes, the plot is outrageous and mostly unrealistic, yet there is a plot — a clear one that can be followed and appreciated for its outside-of-the-box quality.

Even in the most absurd and ridiculous of situations, the dialogue is clever and relatively intelligent which in and of itself is quite a feat.

All the technicalities aside, the movie is plain entertaining.

I don’t feel as though I wasted two hours of my life or my seven bucks.

Rating: B+

—Priscilla Colley
Staff Writer

College leader welcomes all students

The Fall Semester signals the beginning of a new academic year. To those returning students — welcome back. To our new students — let me be one of the first to welcome you to OCCC.

Your choice to further your education and earn a college degree is one of the most powerful and life-changing decisions you will ever make.

A college degree has never been as important for your financial security as it is today. The average income of a college graduate is now projected to be 84 percent higher than those without a college degree. Good jobs that require only a high school diploma are dwindling, while job opportunities that require an associate degree or higher continue to increase.

While future jobs and potential income are very important, there are other non-tangible benefits. College is also about stimulating your mind, expanding your capacity to intelligently participate in our democracy, and learning more about yourself and the world. Simply put — college will make you a smarter, better informed, and more successful in life.

Whether you are here to eventually transfer to another college, get the education to begin a new career, or just to learn something new, the faculty and staff at OCCC are dedicated to provide you with the support and education necessary to see your dream of a college education come true.

On behalf of everyone here — welcome and have a great Fall Semester at OCCC.

—Paul Sechrist
OCCC President

Cast delivers an amazing, memorable performance

In this romantic comedy, “Crazy Stupid Love,” Cal Weaver (Steve Carell) is living the life he aspired to all along — he has great children; has married his high school sweetheart, Emily (Julianne Moore), and has a great job.

His life is going as planned until his wife tells him she wants a divorce and confesses to having cheated with cocky accountant Jacob (Kevin Bacon) who wants a relationship with Emily.

So, suddenly, Cal finds himself single and in the dating game again.

Even more horrifying, Cal sticks out like a sore thumb.

After watching Cal get sloshed in a local bar and throw a pity party for himself, Jacob Palmer (Ryan Gosling), decides to take Cal under his wing and show him the ropes of dating again.

In the meantime, Emily’s 13-year-old son, Robbie (Jonah Bobo), is also coming into his own.

He has a diehard crush and will not give up on the family babysitter (Analeigh Tipton), who has a secret crush of her own and is torn on whether to act on it.

Add to the mix Hannah (Emma Stone), a law student, who is not falling for any cheesy pick-up lines and will not settle.

She is challenged and confused when she meets Jacob.

After being taught from the best of the best, Cal has a fling with an erratic teacher (Marisa Tomei). Throughout all this, the movie highlights the love Cal and Emily still possess for one another. “Crazy Stupid Love” is about fighting for the one you love.

This movie has all the dimensions of a romantic comedy with an edge.

It will make you want to laugh and maybe cry a little, but mostly laugh.

The cast is amazing and does a phenomenal job of making moviegoers believe.

There are a few twists and turns to keep you on the edge of your seat.

Rating: A+

—Emily Schorr
Senior Writer
FOOD REVIEW | Restaurant pops with excitement

Arcadia’s Pops a one-stop drink shop

Looking for something different to do with your Friday night? Pops may be your answer. 
Located just off Route 66 in Arcadia, Pops is a restaurant that will ensure your dining experience is a unique one.
Set up like an old-style diner, Pops is home to nearly 600 varieties of soda from all over the world, organized by color and flavor.
For sale at just $2.19 a bottle, customers have the option of selecting a soda and consuming it with their meal, or purchasing some to take home and enjoy later.
As you walk into Pops, it is not the friendly employees, the gift shop, or even the gas station on which the base of the restaurant is built that first catches your eye, but the glass windows that show off thousands of colorful beverage-filled pop bottles that surround the facility.
The food is good, ranging from burgers and hot dogs to Pops’ signature onion rings, but it is definitely the atmosphere that makes this restaurant worth a stop.
To make sure you don’t go home empty-handed, the gift shop sells everything from T-shirts, magnets, to even bottle pop openers to ensure your Pops experience is a memorable one.
In case you are worried about finding it, Pops plays host to its famous 66-foot LED soda bottle, which at night illuminates the sky, making it hard to miss.
Pops offers an atmosphere that suits families and people of all ages.
You will return from Pops with a full stomach, a pleasant attitude, and a carrier full of unique sodas. Just use caution when selecting your soda or you might be unpleasantly surprised!

RATING: A

— Erin Peden
Contributing Writer

TOP 20 MOVIES
weekend of Aug. 19 through 21
www.yahoo.com

1. The Help
2. Rise of the Planet of the Apes
3. Spy Kids: All the Time in the World
4. Conan the Barbarian
5. Fright Night
6. The Smurfs
7. Final Destination 5
8. 30 Minutes or Less
9. One Day
11. Harry Potter and the Deathly Hallows - Part 2
12. Cowboys & Aliens
13. Captain America: The First Avenger
14. The Change-Up
15. Glee: The 3D Concert Movie
16. Horrible Bosses
17. Sarah’s Key
18. Transformers: Dark of the Moon
19. Midnight in Paris
20. Friends With Benefits

FILM REVIEW | Movie sheds light on the relationship between 1960s servants and employers

Controversial movie depicts 1960s race relationships

"The Help," a best-selling novel by author Kathryn Stockett, was recently turned into a movie of the same name.
The story focuses on race relations between what was then considered the Southern upper-class white society and lower-class African-American society in the 1960s.
Starring Emma Stone as Skeeter Phelan, Octavia Spencer as Minny Jackson, and Viola Davis as Aibileen Clark, the movie tackles the numerous class and position obstacles folks in the South faced.
Aibileen Clark, the maid plus nanny, is one of the main characters of the movie.
She has to deal with raising well-to-do Caucasian children while also dealing with the earlier loss of her son.
Skeeter is one of the children Aibileen raises. The young girl grows quite fond of Aibileen and considers her to be a dear friend.
When an adult Skeeter returns home from college and goes to work for a newspaper, she decides one of her story subjects should be about the relationship between hired help and their employers.
She approaches Aibileen who reluctantly agrees to interview with Skeeter and eventually, convinces many of her fellow hired help to follow suit and talk to her as well.
The ensuing secrets and major hits to social standing that emerge become much more than the 1960’s South can bear.
All hell eventually breaks loose — mostly because of the many of the hired hands exposing their employers.
Many critics are saying this movie is racist because it shows African-Americans in a subservient role.
Others are saying it is the best movie they have seen in a long time.
This is a very good movie which does focus on a negative time in American history but one that should not be missed out on because it is a story that needs not to be forgotten.
An added major plus in the movie is its list of some Hollywood bigwigs such as Cicely Tyson and Sissy Spacek.
Acting and writing are superb in this movie so if you feel like you can sit through seeing how life really was for the African-American servants of the 1960s south, this would be the movie to see.

RATING: A

— Christy Johnson
Staff Writer
PIONEER | OCCC.EDU/PIONEER
AUGUST 26, 2011 • 5

QUESTIONS ANSWERED ABOUT MILITARY INVOLVEMENT IN AFGHANISTAN, THE ECONOMY AND ENERGY INDEPENDENCE

Senator Tom Coburn holds meeting on campus

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U.S. Senator Tom Coburn (R-Oklahoma) met with local residents in a Town Hall Meeting at OCCC Aug. 18.

Speaking before an audience of about 350 in the College Union, Coburn addressed a number of key political issues and topics as he took questions regarding the economy, energy independence, the “war on terror” and what he said he believes to be the most dire problems that the United States has had to confront in decades — a massive deficit and sluggish economy.

Coburn opened the meeting by saying that many communities throughout the nation, not just Oklahoma, seem unsettled about the current state of the nation.

“There is a tremendous amount of anxiety,” he said.

“It’s not just in Oklahoma and I think it’s healthy because we are finally becoming aware of the excesses of our federal government.”

A former member of the Senate’s bipartisan “Gang of Six” group and author of the recent budget proposal titled “Back in Black,” Coburn made known his objection to the government perpetually spending money that, he said, doesn’t exist.

“You can’t spend money that you don’t have on things that you don’t need and you cannot borrow your way out of debt,” he said.

The Senator’s plan, which has gained little traction among fellow members of Congress leading up to the recent “Debt Ceiling” agreement signed by President Barack Obama, calls for summary cuts across nearly every sector of government in order to curb what he calls “out of control” government spending.

In his speech, Coburn addressed questions of oil and natural gas consumption and said, beneath the estimated 650 million acres of land owned by the federal government, there was more oil, coal, and natural gas than what lay beneath China, Saudi Arabia and Canada combined.

“I think we’ve got a great future,”
—Tom Coburn
Oklahoma Senator

“This is the only nation in the world, where you as citizens own that kind of resource and your government refuses to allow you to take advantage of it,” he said.

The question of military involvement in Afghanistan and the possible timetable for withdrawing combat troops from the country was then raised before the Senator who felt that being there provided stability in a volatile region.

“In northwest Pakistan lies a nidus of infection of hate for this country and for freedom that has to be controlled,” Coburn said.

This was in high contrast to his position on American involvement in Libya.

“I don’t think we have any significant national security interest in Libya,” he said.

This statement was correlated with Coburn’s wish to re-install a paradigm of economic dominance on the part of the United States and broadcast it to the rest of the world.

“If we had our economy going again, our foreign policy would be different than what it is today,” Coburn said.

“The best way to get us out of Afghanistan is to grow our economy.”

When asked what he foresees as the future of the U.S. should President Obama be re-elected, the senator provided a blunt response. “I don’t think that’s going to happen,” he said.

Coburn said he feels Americans will “get tough” and change the path they are currently headed down, as well as become focused on ridding themselves of debt and electing individuals who better reflected their personal values and beliefs.

“I think we’ve got a great future,” he said.

Coburn ended the evening by saying the burden of recovery lay on every American’s shoulders and everyone would need to make sacrifices.

“Anybody can find something they disagree with in [the Back in Black Plan],” Coburn said. “There’s even things I don’t like — but we will all have to participate.”

Sen. Tom Coburn speaks to citizens during the Oklahoma City town hall meeting Aug. 18 in the College Union. Coburn also took time to listen to individual questions and respond to them.

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Rachel Morrison /Pioneer
Civil War anniversary important to state

Politics of the time led to formation of the current Oklahoma

PRISCILLA COLLEY
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“This battle and this war was literally brother against brother.”

Ralph Jones, former superintendent of the Honey Springs battlefield historic site, located in Checotah, Okla., was speaking of the Civil War, where fathers, sons and brothers found themselves fighting against each other in a war that divided the U.S.

He said the brutality of that statement resonates to this day.

With 2011 marking the 150th anniversary of the Civil War, the nation is revisiting the path that its citizens have forged since then and the pivotal influence it still holds.

The Civil War led to the emancipation proclamation, and had great influence on the industrial revolution — Oklahoma specifically, Jones said.

“The Civil War is especially important to the history of Oklahoma because of certain aspects of politics that led to the formation of the state we have today,” he said.

“Honey Spring is the largest of 107 documented hostile encounters between North and South in the Indian Territory,” Jones said.

“As a result of this battle the confederates no longer had free reign and roaming rights on the Arkansas River.”

“The Battle of Honey Springs was significant to the war in that among the federal units there were the First Kansas Colored infantry — that’s what they were called at the time,” Jones said.

“They were the first black regiment organized in the federal army during the war.”

The battle of Honey Springs was the inspiration for one of OCCC’s murals in the courtyard.

Mary Ann Moore, Visual Arts professor, spearheaded the mural project and called on her students to help.

“We were looking for different things in history or things that happened that were important and really made a difference on our society today — particularly because of the people who fought,” Moore said.

“There was not just free black men but American Indians.”

For more information, visit www.civilwar.org or contact the Oklahoma History Center at 405-522-0765.

Civil War brought about many U.S. firsts

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The Civil War, commonly referred to as America’s bloodiest war, claimed 620,000 American lives and also brought about many firsts for America.

According to PBS.org, during the war the U.S. issued its first paper currency, called greenbacks, and the words “In God We Trust” first appeared on a U.S. coin.

It also was the first time black men fought as free men and American Indians became involved in U.S. affairs.

Ralph Jones, former superintendent of the Honey Springs battlefield, a historic Civil War site, said with the invention of photography, this became the war most easily connected with in a very physical way.

“The type of photography that made it well documented occurred first during the Civil War,” Jones said.

“As well as the photography aspect, the armies were well organized. Jones said both armies kept boxes and boxes of reports.

“Everything that happened, you had to do a written report on it and send it to higher headquarters, who then did a report on it, and sent it to higher headquarters.

“So the complete records of the war are probably in 168 different books,” Jones said.

On a darker side, according to the Oxford Companion to Military History, the Civil War is the first and only war where Americans fought Americans, and also the only time the U.S. might have not have remained as one sovereign nation.

The first presidential assassination occurred in 1865, killing the leader of the Union Army President Abraham Lincoln.

In addition to a war of many firsts, the effects that echo through our history remain relevant today.

A Civil War cannon on display at the Oklahoma History Center located at 800 Nazih Zuhdi Drive in Oklahoma City, near the State Capitol. The Oklahoma History Center is open from 10 a.m. to 5 p.m. Monday through Saturday.

ERIN PEDEN/PIONEER
Mural depicts monumental battle of Honey Springs

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When Mary Ann Moore, Visual Arts professor, and some of her past students decided to decorate the college’s courtyard with tile murals depicting monumental moments in Oklahoma’s history, one moment they chose was the battle of Honey Springs, which took place in Oklahoma during the Civil War and was the largest battle in Indian Territory.

“My students and I created the tiles and actually installed the walls,” Moore said. “All those little pieces were put on one at a time. The wall itself is 12 by 32.

“The Honey Springs wall we especially did a lot of research on,” she said. “We wanted to get it right because if it wasn’t, it was actually written in stone.”

Moore said she and her students attended reenactments and spoke with many people from the Historical Society prior to its actual construction.

“There was students and volunteers from the community helping to accomplish the task,” she said.

Despite the immensity of the project, Moore said, it depicts a love of art.

“Art should be so much a part of our lives,” she said. “We looked at this project in the beginning and it was like enormous — four walls, 12 by 32 feet — and I thought ‘Well, we can do it. We can do it one stone at a time.’”

Notable dates and battles surrounding the Civil War

January 1861: The South secedes

April 1862: The Battle of Shiloh
On April 6, Confederate forces attacked Union forces under General Ulysses S. Grant at Shiloh, Tenn. Casualties were heavy — 13,000 out of 63,000 Union soldiers died, and 11,000 of 40,000 Confederate troops were killed.

December 1862: The Battle of Fredericksburg
General McClellan’s slow movements, combined with General Lee’s escape, and continued raiding by Confederate cavalry, dismayed many in the North. On Nov. 7, Lincoln replaced McClellan with Major General Ambrose E. Burnside. Burnside’s forces were defeated in a series of attacks against entrenched Confederate forces at Fredericksburg.

January 1863: Emancipation Proclamation
Lincoln issued the Emancipation Proclamation on Jan. 1, 1863, declaring that all slaves in areas still in rebellion were free.

July 1863: Union victory at Honey Springs
One of the least known but most strategically important battles of the Civil War took place on July 17, 1863. The Battle of Honey Springs was a bloody engagement fought to drive back Southern forces that were threatening an attack on the Union base of operations at Fort Gibson (Fort Blunt), Oklahoma.

November 1863: The Battle of Chattanooga
On Nov. 23 through 25, Union forces pushed Confederate troops away from Chattanooga. The victory set the stage for General Sherman’s Atlanta Campaign.

May 1864: Grant’s Wilderness Campaign
General Grant, promoted to commander of the Union armies, planned to engage Lee’s forces in Virginia until they were destroyed. North and South met and fought in an inconclusive three-day battle in the Wilderness. Lee inflicted more casualties on the Union forces than his own army incurred.

November 1864: Lincoln is re-elected

April 1865: Lincoln is assassinated
On April 14, as President Lincoln was watching a performance of “Our American Cousin” at Ford’s Theater in Washington, D.C., he was shot by John Wilkes Booth, an actor from Maryland obsessed with avenging the Confederate defeat. Lincoln died the next morning.

April-May 1865: Final surrenders among remaining Confederate troops
Remaining Confederate troops were defeated between the end of April and the end of May. Jefferson Davis was captured in Georgia on May 10.

—courtesy of Library of Congress: www.LOC.gov, and ExploreSouthernHistory.com
**With a twist**

Johnna Jaynes executes a dive from the diving board at the OCCC Aquatic Center Aug. 19. Jaynes, from Denver, was just one of many divers attending the Masters Diving National Championship held at the OCCC Olympic-sized pool. For more information about the Aquatic Center, visit www.occc.edu

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**SPORTS | College forms team to tackle Alzheimer’s disease**

**SEAN M. TOLBERT**
Sports Writer
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OCCC is joining in the fight against Alzheimer’s by taking part in the annual Walk to End Alzheimer’s charity event.

OCCC is forming a team of staff and students.

Team members will pledge donations and participate in the charity walk aimed at raising additional funds and awareness for the sixth highest cause of death in the U.S. according to The Alzheimer’s Association.

Alzheimer’s Association OKC Walk Coordinator Sara Jones said the walk, to be held Saturday, Sept. 17, at Oklahoma City’s Bricktown Ballpark, is entering its 12th year.

Jones said she is excited to see continuing growth and involvement in the event.

“We’re seeing more and more people come to the event and that trend has been pretty consistent throughout the years,” she said.

“In 2010, we had approximately 1,500 people participate in the walk and in 2011 we’re expecting a number in the region of 2,000.”

OCCC Emergency Planning and Risk Management Director Lisa Teel is co-founder and captain of this year’s team. She said she has a personal investment in the fight against Alzheimer’s.

“My mother has Alzheimer’s and I wanted to do something to help find a cure,” Teel said.

Teel said there has been a positive response to the team and hopes anyone interested will help by walking or pledging funds to meet the college’s goal of raising $1,000.

Jones said the increasing number of participants each year has allowed The Alzheimer’s Association to continually meet and surpass its goals.

“In 2010, we raised $147,000,” Jones said.

“In 2011, we have set our goal at raising $190,000.”

Educating the public about the disease is one of the key motivations for both Teel and Jones.

“I don’t think people realize the impact that this disease has upon individuals and families alike,” Jones said.

“Alzheimer’s has no means of prevention or a cure and more Americans suffer from it than breast and prostate cancer combined.”

The absence of any true means of diagnosing the illness is also a portentous fact facing patients and family alike, Teel said.

“There is no ‘positive’ result to determine if someone has Alzheimer’s or not, and as our population grows and lives longer, the number of people affected is going to rise.”

Alzheimer’s is a disease that interferes with a person’s memory and is the most common form of dementia, accounting for roughly 50 to 80 percent of all dementia cases, according to the Alzheimer’s Association.

Anyone interested in joining or pledging money may do so by going to www.alz.org/walk and registering with Team OCCC.

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**UPCOMING INTRAMURALS EVENTS**

Aug. 23 - Aug. 31: Registration for OCCC 8 on 8 Flag Football League. Season begins Sept. 9 For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Aug. 23 - Aug. 30: Registration for 6 on 6 Volleyball Season. Season begins Sept. 6. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Aug. 23 - Oct. 19: Registration for O-Trip 3-on-3 Basketball Tournament takes place Oct. 28. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Sept. 17: Pepsi: Punt, Pass, and Kick Competition — girls and boys age groups from 8 to 15. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

Sept. 17: OCCC Youth Soccer. Ages 6 to 8 and 9 to 10. For more information, call the Wellness Center at 405-682-1611, ext. 7310.

All event news is due Monday by 5 p.m. for inclusion in the next issue. Email sportswriter@occc.edu.

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**Have sports news you want to share?**

e-mail Sean at: sportswriter@occc.edu, call 405-682-1611, ext. 7676, or drop by 1F2 in the Arts and Humanities building.
Food Service: Students anxious to see promised healthy changes

Continued from page 1

“This is something most restaurants are doing today,” she said. “We’ve had many students asking about it.”

In addition, Aguilar said, Carson’s also will debut a few new healthy choices for the fall.

“Every semester, we try to introduce something new,” she said.

This semester, that would be a cereal and yogurt bar, which includes six different kinds of cereal, cups of yogurt, and large parfaits layered with granola, blueberries, strawberries, and vanilla yogurt.

Aguilar said additional toppings for cereal and yogurt also will be available at an extra cost.

Students have mixed feelings about the new menus’ effectiveness.

Graphic communications major Debbie Hartsell said she is excited about the menus. Hartsell said she tries to eat healthy when she dines at Carson’s.

“I love the omelet bar,” she said. “But they don’t have an egg white-only option. And more veggies would be awesome.”

Student Kyle Tanner, however, said he avoids the cafeteria altogether when he wants to eat healthy.

“If you are trying to eat healthy in the student union, you are doing it wrong,” he said.

“The union is there if you need a quick snack to finish the day, or a regular fast-food style lunch. Make your own meals at home if you are concerned about that.”

For more information about Carson’s menus, email Aguilar at caguilar@occc.edu or fill out a comment card at the cafeteria drop box, located outside the entrance of Carson’s.

Campus Police: New officers bring years of experience with them

Continued from page 1

Nelson, 58, was a police officer for six months at Rose State College prior to becoming a campus police officer here.

He said he worked as a parole officer for the Department of Corrections for 20 years.

“I was a science teacher and a football and wrestling coach (before that),” Nelson said.

“At the time a lot of public school systems in Oklahoma did not have really good benefits for their teachers, and going to work for the state did.”

Nelson said he believes his age and experience will be a benefit to OCCC.

John Boyd, vice president of Business and Finance, said the choice to hire these three was made carefully.

“We wanted to make sure the police officers we hired had an understanding of what an educational institution is all about,” Boyd said.

“They all understand the dynamics of a campus, that they’re not patrolling the streets of OKC, that they’re dealing with students.

“I think we got some really, really good employees for these three positions we hired.”

The plan to add campus police to the college was made back in August 2010 at a Board of Regents meeting.

Police Chief Jim Fitzpatrick said hiring the men “is a major benefit for the college.”

That 9 dollar lunch is worth more than you think. Like 19,000 dollars more.

Pack your own lunch instead of going out. $6 saved a day x 5 days a week x 10 years = $30,600. That could be money in your pocket. Small changes today, big buck tomorrow. Go to feedthepig.org for free savings tips.

Ever Get Somebody Totally Wasted?

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CAMPUS COMMUNITY

This year’s Arts Festival Oklahoma posted was created by artist, Steve Hunsicker. He said he works with a mixture of mediums to create pieces that are built around his own wood carving centerpieces.

Hunsicker describes the creation of his art as being “not limited to the time it takes to create the physical piece.”

“The process of creation is a manifestation of a person’s life experience.”

He said his work draws from so many sources, the creation ends with the personal life experiences of the viewer.

For more information about the arts festival, contact the AFO office at 405-682-7576 or artsfestivaloklahoma@occc.edu.

CAMPUS HIGHLIGHTS

PTK invite all to Meet and Greet Dance
Phi Theta Kappa is holding a Meet and Greet dance from 7 to 9 p.m. Friday, Aug. 26, in the Student Union in room CU3. The event is open to all students. PTK is asking participants to bring a $5 donation or canned goods.

Campus Christians to hold welcome lunch
Please come join Christians on Campus from noon to 1 p.m. Aug. 31 in room 1X3 for a free meal and a chance to get to know each other.

Students invited to Organization Fair
A Student Organization Fair will be held from 10 a.m. to 6 p.m. Wednesday, Aug. 31, and Thursday, Sept. 1, in the general dining area. Students are encouraged to attend and learn about the college’s many clubs and groups.

Learn about part-time jobs & internships
Student Life is hosting a Brown Bag session on how to search for jobs and obtain internships from 12:30 to 1:30 p.m. on Tuesday, Sept. 13, in CU1 in the Main Building. For more information on this Brown Bag event, email Amy Reynolds at amy.e.reynolds@occc.edu, or visit www.occc.edu/studentlife.

Christians on Campus hold Bible study
Our top enjoyment and priority in Christians on Campus is to get into the Word of God together. Join the group every Monday from 12 to 12:45 p.m for a Bible study in Room 1X3.

All Highlights are due Monday by 5 p.m. for inclusion in the next issue. Highlight forms can be picked up in the Pioneer office, located in 1F2 of the Arts and Humanities building, just inside Entry 2.

ARTS FESTIVAL OKLAHOMA

Arts Festival Oklahoma starts Sept. 3

MIKE WORMLEY
Community Writer
communitywriter@occc.edu

For many cities, the start of September means some kind of Labor Day event. For Oklahoma City it means it’s time for Arts Festival Oklahoma. The festival is an annual celebration held at OCCC that features visual and performing artists from around the state and country.

This year marks the 33rd anniversary for the three-day event, which will kick off at 10 a.m. on Saturday, Sept. 3, and end 5 p.m. on Monday, Sept. 5. While parking is $5, admission will be free.

The children’s tent is a favored spot for many each year. Lori Colbart, music major, said it is one of the things she most looks forward to. “I take my daughter,” Colbart said. “She’s 10, but I enjoy picking out the beads for her to make necklaces.”

Wide ranges of arts in many mediums await visitors to AFO.

There are ceramics, digital arts, drawings, textiles, fine crafts, glass, metal, paintings, photography, sculptures and much more in the 164 art booths covering the campus.

This year’s featured artist, Steve Hunsicker, said he works with a mixture of mediums and his pieces are built around his own wood carving centerpieces.

Hunsicker describes the creation of his pieces as being “not limited to the time it takes to create the physical piece.”

“Process of creation is a manifestation of a person’s life experience.”

He said his work draws from so many sources the creation ends with the personal life experiences of the viewer.

For many attending the festival, the art of choice will be the culinary kind. While many fair favorites will be available such as foot-long corn dogs and funnel cakes, the food court will boast a number of ethnic specialties from Italian, German, Mexican and Greek cultures.

Vendors will provide food options including gelato, fajitas, gyros, and Indian tacos, pulled pork, turkey legs, cinnamon rolls, roasted corn cobs, and chocolate-dipped cheesecake on a stick.

Live performances will resound throughout AFO with a mix of classical, country, Latin, and world music from both internationally recognized and local performers.

Saturday evening will feature a performance from Riders in the Sky, a comedy and western band that takes listeners back to the day of such country artists as Gene Autry or Roy Rogers while keeping things light and wacky.

Sunday night will include a performance from the Oklahoma Philharmonic that will conclude with a fireworks show.

Arts Festival Oklahoma depends on many students, faculty and staff to volunteer to help in the set up and production of the event.

Matthew Caldwell, game design major, has volunteered for the past couple of years.

“I’m looking forward to the people and atmosphere,” he said.

“I really like to help people ... and I figured I would like to extend my help toward the volunteer work at the Arts Festival.”

Anyone interested in volunteering still has time to do so. For more information, contact the AFO office at 405-682-7576 or artsfestivaloklahoma@occc.edu.
Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Mondays prior to the publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

**RESEARCH VOLUNTEERS NEEDED**

Researchers at OU Health Science Center need healthy volunteers ages 18 to 30, who have a parent with, or without a history of an alcohol or drug problem. Qualified participants will be compensated for their time. Call 405-456-4303 to learn more about the study and to see if you qualify.

**NEED 10 STUDENTS INTERESTED IN ROCK CLIMBING:**

To start a rock climbing club I need 10 students, and two faculty or staff sponsors. Contact James:

405-694-7779, or james-spear24@yahoo.com.

**NEED HIGH QUALITY CHILD CARE ON CAMPUS WHILE YOU ATTEND CLASSES AT OCCC?**

For more information contact:

Dr. Barb Carter at the OCCC CDCLS.
405-682-7561

**FOR SALE:** 1994 Mazda Protegé, more than 200,000 miles, but very well maintained, good a/c. Standard. Priced to sell. Call: 405-840-5334.

**FOR SALE:** Pecan, Baldwin, upright electric piano. Great sound. Call: 405-840-5334.

**FOR SALE:** Limited edition wakeboard, still packaged: $200; new, limited edition Jim Beam bean bag/cornhole toss game, $150. 405-818-0083.

**FOR SALE:** Entertainment center/bookshelf/TV stand has multiple uses for books, photos, etc. Maple color engineered lumber. $50. Email: 4allmypets@gmail.com for photo.

**FOR SALE:** Entertainment center/bookshelf/TV stand has multiple uses for books, photos, etc. Maple color engineered lumber. $50. Email: 4allmypets@gmail.com for photo.

**FOR RENT:** Nice bedroom in a house with other students. $380 per month with all bills paid, including internet. Located in good neighborhood near 104th and Western.$100 deposit. No pets or indoor smoking. Call: 405-794-9999.

**DO YOU ENJOY WRITING STORIES? ARE YOU A POET? IS PAINTING YOUR PASSION? CAN YOU CAPTURE LIFE ON FILM?**

Submit your entry to the OCCC Absolute literary anthology for possible publication. Applications are available on the table outside the Arts and Humanities Division office.

**FOR SALE:** This space for your business ad. Reach thousands of potential customers for just $16 a week. Email your information to: adman@occc.edu. Or call Cynthia at 405-682-1611, ext. 7674.

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Students register with their 7-digit student ID number. Alumni enter AL+last 5 digits of Social Security number.

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**INTERESTED IN VIDEO GAMES, pen and paper games, trading card games, board games or just gaming in general? Check out the OCCC Gaming Guild. Contact Mathew.J.Caldwell@email.occc.edu.**

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Thank you. all sorts of everyday products are being made from recycled materials. But to keep recycling working, you need to buy those products. For a free brochure, call 1-800-CALL-SEPA.
DEPARTMENT COACHES STUDENTS ON INTERVIEWING SKILLS, COVER LETTERS

Employment Services helps students land jobs

DARON STALLWORTH
News Writing Student

With more than 15,000 students on campus, OCCC understands the importance of helping students find employment — both on and off campus.

Employment Coordinator Kevin Fink said his staff is available to help students create résumés and cover letters, as well as search for open positions.

Fink joined the department this summer, though he began as an adjunct instructor at OCCC in August 2010 in the Leisure Service Management program. He said the department works with hundreds of students each month.

Fink said he and his staff bring employers to campus for job fairs and assist students in preparing for the hiring process.

“Our goals in the department are to continue to put together a great job fair that helps students, alumni, and community members find meaningful work and to help as many students prepare for their job hunt as possible,” he said.

Fink said various campus departments hire student workers.

“It is really up to the department on who they hire and how many people they hire,” he said.

Debra Vaughn, Employment and Career Services director, said there are about 230 student jobs posted in their system.

She said she can’t say how many on-campus student jobs are open now since the number fluctuates.

Vaughn is an Ardmore native who graduated from Oklahoma State University with a doctorate in education. She said she has been with Employment Services for almost six years and has seen growth in the services the department offers and expects the growth to continue. She said students who have on-campus jobs benefit in many ways.

“The likelihood of graduating is really enhanced,” Vaughn said. “You are more likely to form relationships within the college.”

These relationships can be used as a source of encouragement or motivation for students to stay in school. Although it is beneficial for students to have on-campus jobs, some students need to work more hours.

“Student jobs only can schedule up to 20 hours a week and start off at $8 an hour the first year,” Vaughn said. “We like to let students know these things up front, because 20 hours a week isn’t always enough for everyone.”

Employment Services continues its campaign with a job and career fair in October, open to all students to explore different opportunities available for their future.

OCCC’s Student Employment and Career Services website has a link for students to create a résumé and another to explore career options and different majors.

Vaughn said last year Employment Services handed out 7,500 “Student Employment and Career Services” guides, which include information on how to create a résumé, cover letter, how to dress during an interview, professional etiquette, and more.

In addition, she said, the department provides an incentive for students who find jobs.

Students and alumni who find a job through Employment Services can enter in a drawing to win prizes.

The guides are available at the Student Employment and Career Services department on the first floor of the Main Building.

All students and alumni can apply for on- or off-campus jobs through the website at www.occc.edu/es.