### Web security program cited for excellence

**ZACH STRAUSS**  
News Writing Student

OCCC’s Cyber Security program was nationally recognized in June as one of the best programs in the nation, according to a letter from the Department of Homeland Security and the National Security Agency.

The college is one of only six two-year schools in the nation to receive the award for how well it prepares students to enter into the cyber security field, said Tom Ashby, acting dean of Information Technology.

“The criterion for this award were very high and by exceeding them we showed our continued commitment to excellence in this area of study,” Ashby said.

The award from the National Security Agency and the Department of Homeland Security designated the college a Center of Academic Excellence.

In the award letter sent to cyber security professor Al Heitkamper, National Security Agency spokesman Richard George said the college is unique in the way it prepares students to defend America’s Cyberspace.

See AWARD page 9

### Shorter cafeteria hours leaves some hungry

**CHASADI C. FAILS**  
News Writing Student

OCCC night students and staff say they are hungry and unhappy now that the college does not provide hot food service for them.

The cafeteria in the College Union closes at 4 p.m. Mondays through Thursdays and 2 p.m. Fridays.

The OCCC Coffee Shop closes at 2 p.m. Mondays through Fridays.

This forces students who have 5:30 p.m. classes or who take classes until 9 p.m. to remain hungry, bring their own food or eat out of the vending machines.

“It is annoying and gross, having to eat out of the vending machines when you are hungry,” said Kim Gore, OCCC student.

Assistant Director of Finance Brenda Carpenter said the college offers 30 cold beverage machines and 16 snack machines, located on the first and second floor of each building.

Only one change machine is on the first floor of the Main Building by the main vending bank.

The college contracts with Carson’s Catering & Food Concepts, which provides hot breakfast as early as 7:30 a.m., and lunch service. The company also staffs the coffee shop in the Main Building.

In the past, Carson’s has remained open into the evening with little or no business, Carpenter said.

Carson’s General Manager Corrine Aguilar said the cafeteria and coffee shop close early because they wouldn’t generate enough revenue to stay open and serve students in extended hours.

Extended hours would require extra staffing, she said. And staying open late when students and staff aren’t eating is an inefficient use of money which would mean higher food costs passed on to students, she said.

See HUNGRY page 9

### BOMB DRILL HELD JULY 13

Area emergency personnel teamed up with OCCC for a simulated bomb situation. See inside for pictures and the full story.

See AWARD page 9

### CPR CLASSES OFFERED

The life-saving classes will begin July 23 at a cost of $45 per person.

### COURSE OFFERINGS

Five sections have been added to New Student Orientation classes.

### STUDENTS, STAFF SAY THE COLLEGE SHOULD PROVIDE MEAL OPTIONS LATER INTO THE EVENING

“IIt is annoying and gross, having to eat out of the vending machines when you are hungry.”  
—KIM GORE  
OCCC STUDENT
OPINION

EDITORIAL | Look at the bigger picture

Race-exclusive mentorships are unnecessary

Many students may be unaware that African-American males are failing out and dropping out of college in record numbers.

These stats come from OCCC’s 2010 Achieving the Dream report. Only 22 percent of African-Americans who enrolled in OCCC in 2006 remained in college in 2008. Nationally, only 20 percent of black students earn a bachelor’s degree by the age of 29.

Mary Turner, OCCC’s learning support specialist, is part of the college’s Achieving The Dream Taskforce.

They are trying to raise the success rate of black men at OCCC.

She said one of the proposed solutions is offering a special mentorship program for black men.

A lot of black men “come from social environments where they are expected to act macho and not ask questions,” Turner said. “So when they first begin college, they are lost and don’t know what to do. They need extra guiding.”

Carlos Robinson, extended service coordinator, said he plans to volunteer as a mentor.

He said his responsibilities include giving black men advice about college and life, while allowing them to stay within their cultural comfort zone.

It is not the place of the college to offer racially-exclusive mentoring services.

A person’s success or failure is a matter of their own individual responsibility and their merits as an individual.

OCCC’s job is to provide students with an education. What students do with that opportunity is their own responsibility.

It’s up to black individuals to personally rise up above cultural problems and succeed academically.

Secondly, the school already has people on staff who students can talk to. The counseling staff provides the option of a student either talking to a woman of mixed racial heritage, who is both black and American Indian, or a white woman.

Even if a black man refused to speak to anyone other than another black man about his education, there is already a black man who works as an academic adviser here, Ed Williams.

There is no valid reason these people would not be able to give a black man the advice he needs.

The idea that a person should stay in his cultural comfort zone while in college is a limiting one.

In a culturally-diverse society, a man doesn’t benefit from dealing specifically with persons of his own race and gender. A racially-exclusive mentoring program is also, by nature, divisive.

Patrick Chism, who works at the Welcome Desk, said he shared this feeling about with special services for black students.

“A program like this just creates more division between the races, and more division in our society is not what we need to integrate,” Chism said.

The line of thinking this mentorship program is based upon is the assumption that black individuals are unable to learn because the contents of their mind are racially or culturally inherited. This is the falsehood the mentor program would be based on.

The program is pointless as it does not provide any functions the school does not already supply to everyone, equally, already.

YOUR VOICE | Even smokers are jumping on the bandwagon

Smoke-free trend on the rise in state

To the editor:

Support among Oklahomans forsmokers for making all indoor workplaces totally smokefree has increased dramatically since 2004, according to a report released today by the University of Oklahoma College of Public Health.

The report found that 61 percent of smokers who work indoors believe all indoor workplaces should be totally smokefree, up from 47.2 percent in 2004.

Support among this group for making all restaurants totally smokefree has increased to 45.7 percent, more than doubling from 21.8 percent in 2004.

The report analyzed data from the Adult Tobacco Survey, conducted by the Oklahoma State Department of Health in 2004 and 2008 in conjunction with the U.S. Centers for Disease Control and Prevention.

Current Oklahoma smoking laws, adopted in 2003, permit smoking in several types of indoor workplaces, including stand-alone bars and restaurants with smoking rooms.

The State Board of Health has recommended closing these loopholes and protecting all Oklahomans from secondhand tobacco smoke in the workplace.

The Oklahoma Health Improvement Plan, released in late 2009, calls for extending state law to eliminate smoking in all indoor public places and workplaces.

—Pamela Williams
Oklahoma State Department of Health
MUSIC REVIEW | Trent Reznor remains independent and in control

‘Angels’ high point for Reznor

Trent Reznor, the suicide king of industrial pop, comes out of exile to re-ascend his throne. There he sits, hand in hand with his new queen, covered in blood and soot.

“How to Destroy Angels” is his first musical project since disbanding Nine Inch Nails last year. This time he’s brought along his wife Mariqueen Maandig and co-producer Atticus Ross.

The self-titled, 6-song EP was released June 1 and is available as a free MP3 download at www.howtodestroyangels.com.

The album is so good it spits upon everything Reznor’s done this century, from a great height. “How to Destroy Angels” is the best selection of songs he’s put out since 1992’s “Broken,” or possibly ever.

This time Reznor’s focused on the musical production side, trading in his angsty screams for his wife’s soft whispers.

By removing himself as a singer, his songs take on new life, and the words feel more at home coming out of the mouth of a beautiful Filipina woman.

Maandig does a great job of singing the sweet nothings of the doomed behind Reznor’s pummeling metallic sex beats. All of the music is awash in waves of distorted synth and the fuzzy hum of a dead TV channel.

It is the music of the Pompeii lovers embracing 30 seconds prior to the eruption of Mt. Vesuvius. But that’s the strength of the project, perversity.

“The Space In Between,” the opening track, frames this peepshow-creepshow perfectly. Its lyrics account two lovers with their arms entwined, bleeding to death in front of a crowd of press, flashbulbs blazing.

The accompanying music video that was released on their website matches the lyrics literally, as it shows the couple’s corpses lying on a hotel bed as they are engulfed in flames. It’s a powerful piece of audio-visual art, that, like any good nightmare, is hard to shake out of one’s skull.

“A Drowning” is a trip hop song tailor made for a teenager’s darkened room.

It’s a down-tempo piano number with orchestral samples swirling backwards and a snare made from shaped static. Here Mariqueen sings “I don’t think I can save myself.”

But she’s saved her husband’s artistic credibility and cultural relevancy by helping make this awesome EP.

Rating: A+

—DANNIEL PARKER
Staff Writer

FILM REVIEW | Tension builds throughout classic franchise

‘Predators’ best installment of series

The newest installment of “Predators,” written by Robert Rodriguez and directed by Nimrod Antal, muscled its way into fans’ hearts July 9.

Despite having a small budget, the movie is great and breathes life back into the “Predator” franchise.

In the sequel to “Predator” and “Predator 2,” a group of humans find themselves on a foreign jungle world after being taken from Earth.

The humans are all cold-blooded killers ranging from a mercenary, to soldiers and convicts. The only exception to this deadly group of humans is a doctor named Edwin (Topher Grace) whose role is revealed as the movie continues.

Led by Royce (Adrien Brody), the humans soon find themselves hunted by and fighting for survival against a race of high-tech, hunter aliens called Predators.

Brody gives a solid performance as the anti-hero, who reluctantly takes charge. The knowledge and skills he gains from hunting people as a mercenary allows him to understand how the Predators think and behave.

Grace’s character provides some dark humor, as it appears he has finally shed the Eric Foreman skin from “That 70’s Show.”

Laurence Fishburne’s role as Noland, a slightly insane human who has managed to survive for years on the planet, is very well done.

The movie takes its time getting started, and gives the viewers time to get a feel for the characters and see how they treat humans, despite being cold-blooded killers.

When the Predators start killing off the humans, the audience is able to actually sympathize with the characters.

The movie builds up quite a bit of tension throughout its entirety, but when the ending comes, it’s less than climactic and leaves you feeling let down.

Despite this, the movie is a good watch for someone who’s not a fan of the series and a definite must-see for fans.

Rating: A

—ETHAN HENDRICKS
Transfer and Academic Advising Coordinator

The Office of Academic Advising is excited to introduce its expanded Distance Advising services. These services are designed to provide academic advisement to students who cannot get to campus for in-person advisement or who have a quick academic advisement related question. The services include distance adviser e-mail, Health Professions e-mail and live online chat.

The new Distance Advising e-mail address simplifies the process of getting in touch with an adviser. Any student can contact an adviser now, by e-mailing academicadvisor@occc.edu. E-mails are responded to within 24 hours Monday through Friday.

The Health Professions Email is an e-mail address solely for those with questions about their majors within the Division of Health Professions. Students interested in speaking with this adviser can reach that area at healthproadvisor@occc.edu. This e-mail service is designed to aid students with simple or quick questions related to health professions that programs at OCCC. To review the application processes, requirement, transfer equivalencies, etc. students are still encouraged to meet with an academic adviser face-to-face.

The Live Online Chat is a new service providing a live, real-time chat between students and an adviser. For two hours per day, an OCCC academic adviser is available online to answer questions. It is a private, one-on-one chat (similar to AOL Instant Messenger but more secure) that allows the student to receive immediate assistance with any questions they have. While the times vary from day to day, a weekly schedule of available times can be found on the Distance Advising website, at http://www.occc.edu/ACS/Distance.html.

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Career Services helps students find jobs

Tonya Parks, child development major, works on perfecting her résumé in the Student Employment and Career Services Center. Student Employment and Career Services is available to assist students in their job hunts. Student Employment and Career Services Director Debra Vaughn said since 2008, the career guidance programs in her department have seen a 124 percent increase in use.

“Career Services are giving the student the tools and empowering them to land the job,” Vaughn said.

One program getting the most use is Optimal Resume online at www.occc.optimalresume.com, she said. Some of the tools Optimal Resume offers are cover letter creation, résumé, and interviewing skills practice.

Vaughn said when the Optimal Resume program was installed in 2008 it only had 318 users. However, in two years the program has jumped to 3,253 users.

She said the numbers show her department is doing the right things by “Giving students professional tools, helping students stand out and get the job they want.”

Students also are using the Student Employment and Career Services guide more, she said. The guide, helpful for students in job searches, is updated every year and assisted around 1,000 students in landing jobs this year — a 20 percent increase from last year, Vaughn said.

New student Cinnamon Russell, 21, said she is excited to use the resources that Career Services provides, to help her get a job.

With the increase in students enrolled at OCCC, Career Services is expecting to help more students next semester, Vaughn said.

Students return to reopened facilities

ZACH STRAUSS
News Writing Student

Students in the Information Technology Division will soon be staring at two monitors instead of one when using lab computers, and using a faster operating system in the classrooms, Computer Aided Technology Department Chair John Helton said.

Helton said the multimedia lab on the third floor of the Keith Leftwich Memorial Library will have its computers fitted with two screens each.

The dual monitors will “give the student more screen real estate,” Lab Supervisor Gary Dominguez said.

The monitors are 19-inch full-screen monitors and will sit next to the pre-existing screens, Dominguez said.

Additionally, the computers in two classrooms will be upgraded to the Windows 7 operating system.

“The change will happen in the fall,” Helton said, with all the upgrades ready to use by the start of the fall semester.

BRENNEN SCHLUETERS
News Writing Student

After three days of cleaning up from torrential rains that closed the Aquatics Center, the Weight Room and the Social Sciences Center, all three areas reopened last week Khari Huff, Recreation and Fitness Coordinator said.

The cost of cleaning and repairs hasn’t been totaled, Huff said. She said she was not sure when a final amount would be tabulated.

The centers were closed July 7 when more than 2.5 inches of rain flooded parts of the low lying areas of the college.

Rain came through the ceiling and seeped under the doors again July 8 near Entry 10, Social Sciences Dean Susan Tabor said.

Jenny Kellbech, Recreation and Fitness secretary, said the fitness areas were closed as a safety precaution but reopened to full use July 12.

“Rain water flooded the whole hallway, weight room and pool,” Kellbach said.

Social Sciences students were scattered across campus as their classes met in other buildings such as the Arts and Humanities Center, but by July 13 all classes had returned to Social Sciences, said Mary Barr Social Sciences division secretary.

“All classes are back to normal hours at the Social Sciences building” she said.

Students said they felt happy at the centers’ reopenings.

Anthony Payton, history major, said he had been frustrated with the move but felt better that his class was back in its regular classroom.

CHASADI C. FAILS
News Writing student

More students than ever are using the services in Student Employment and Career Services — and they’re getting jobs, said Director Debra Vaughn. She said since 2008, the career guidance programs in her department have seen a 124 percent increase in use.

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Information Technology department receives fall upgrade

ZACH STRAUSS
News Writing Student

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Additionally, the computers in two classrooms will be upgraded to the Windows 7 operating system.

“The change will happen in the fall,” Helton said, with all the upgrades ready to use by the start of the fall semester.

Student Computer Center Supervisor and adjunct instructor Michael Reeves said he believes Windows 7 is a better operating system for the kind of work IT students do.

“There’s not as many processes running in the background,” Reeves said.

The general lab on the library’s third floor will continue to run Windows Vista, Reeves said.

He said this is because introduction to computer classes are taught in the general lab and the curriculum doesn’t yet cover Windows 7.

“So we can’t put Windows 7 on our computers yet because were still teaching Office 2007 with Vista,” Reeves said.

“The books aren’t ready yet to teach Windows 7.”

Yearly software upgrades on programs taught in the IT division make up most of the division’s budget Acting Dean of Information Technology Tom Ashby said.

At pretime he did not have information about the exact cost of the upgrades.

OCCC graduate and Multimedia Lab Student Tutor Evan Tabor said.

Tonya Parks, child development major, works on perfecting her résumé in the Student Employment and Career Services Center. Student Employment and Career Services is available to assist students in their job hunts. Student Employment and Career Services Director Debra Vaughn said since 2008, the career guidance programs in her department have seen a 124 percent increase in use.
EMS STAFF AND STUDENTS GATHER IN COLORADO

Bike ride honors fallen EMS personnel

ELIZABETH ROBERTSON
News Writing Student

OCCC Student Emergency Medical Technology Association members and Emergency Medical Services department staff competed and participated in the National EMS Memorial Bike Ride last month in Colorado, said Emergency Medical Sciences Director Leaugay Barnes.

She said the team included EMS majors Melissa Vice, Megan Pfeiffer, Brett Colclasure, Seth Clark, and Bill Greyson, Barnes and Affiliation Compliance Administrator Shelly Troxel-Tevis accompanied the students.

The June 25 bike ride raised money for the Fallen Angels Fund, an organization dedicated to supporting families of EMS practitioners who have died in their line of duty.

Barnes said before the race, the crew drove 12.5 hours from Oklahoma and met with EMS staff and students from Inver Hills Community College from Minnesota to discuss their plans for the event.

The group awoke at 4:30 a.m. the following day, she said, to begin their 85-mile bike ride from Littleton, Colo. to Colorado Springs.

The journey took approximately seven hours with several mandatory rest stops along the way.

Small memorial services were held at the rest stops to honor the 26 EMS personnel who died doing their job during 2009 in efforts to save others, Barnes said.

SEMTA member Brett Colclasure said, “The ride was definitely a challenge, and at times I felt like I was in way over my head.”

Fortunately, he ended up finishing, he said, thanks to encouragement from other riders and some excellent support that correlated with the EMS mindset.

“I think the ride was a lot like EMS in that regard — challenging, but rewarding, because you have adequate support from your peers,” he said.

I think the ride was a lot like EMS in that regard, challenging, but rewarding, because you have adequate support from your peers.

—Brett Colclasure
SEMTA MEMBER

New sanitary lift station installation quicker than expected

CHELCIE HUNT
News Writing Student

The Main Building received a new $13,000 sanitary sewer lift station over the Fourth of July weekend said Building Maintenance and Operations Supervisor Gary Belcher.

The lift station and pumps take portions of drainage and sewer water from different areas on campus at lower elevations and lift them up so they can drain properly until they reach the city sewage system, Belcher said.

Money for the lift station came from the campus repair and remodel budget, Belcher said.

A new station means new pumps for the college, which are more efficient and easier to work on, he said.

“We no longer have to send individuals down into the pit to work on the pumps.

“We can now pull the pumps up from the floor and work on them,” Belcher said.

The last pumps were so dated, he said, if the new lift station hadn’t received new pumps, the college would have had to spend more money to keep them operational.

And, although it would have been possible to maintain the old pumps, Belcher said, they would have eventually broken down.

“If there was a system breakdown then parts of the college would have to be shut down due to lack of drains and toilet facilities,” he said.

Lori L. Steen, respiratory therapy major, said she is happy to hear the new lift station has been put in.

She said it will help reduce the risk of the college shutting down and interfering with her classes.

“Last year when the bathrooms were closed and they were having problems, my math final got completely canceled,” she said.

“It was really inconvenient because we didn’t know when or even if our final would be rescheduled.”

The new lift station, if maintained properly, should last 20 to 30 years, Belcher said.

Quality Plumbing of Norman was contracted to help with the job, along with three Facilities Management employees, he said.

“We’ve used these contractors before and they were instrumental in our central plant remodel.”

The project was scheduled to last from July 3 to 4 but took only eight hours on July 3, Belcher said.

“The job went faster and smoother than I had anticipated.”

If there was a system breakdown then parts of the college would have to be shut down due to lack of drains and toilet facilities.

—Gary Belcher
SUPERVISOR OF BUILDING MAINTENANCE AND OPERATIONS

Do you have news you’d like to share? Contact Justin at editor@occc.edu
City emergency crews join OCCC for bomb drill

ETHAN HENDRICKS
Staff Writer
seniorwriter@occc.edu

Students were forced outside as area police, firemen and the Oklahoma City bomb squad converged on campus to participate in a college-wide bomb drill Tuesday, July 13.

The simulated bomb threat began at 9:08 a.m. when a mock bomb exploded on the south side of the college in parking lot F. The drill lasted throughout most of the afternoon.

During the event, OCPD bomb squad personnel and OCCC security guards worked together to capture the pretend bomber who fled the scene.

The OCPD bomb squad also was kept busy dealing with a second bomb in a cooler left at the site of the mock explosion.

Students also assisted in the event. Twelve emergency medical students volunteered to simulate injuries created by a car explosion. Five other students played the roles of bystanders, said Cordell Jordan, Media Relations coordinator.

“The upperclassmen paramedic students that are participating in the simulation today are participating voluntarily,” said Leaugeay Barnes, Emergency Medical Sciences program director. “However, some of the basic students are getting extra credit for participating.”

Mock injuries, ranging from ruptured eardrums, shrapnel wounds and broken bones, were rated with a color code system by EMTs and firefighters, she said.

This was the first time the college could test its new security procedures implemented after the Feb. 26 campus shooter incident, which include public address speakers mounted outside on some of the campus buildings, Jordan said.

Ike Sloas, Campus Safety and Security director, said he was pleased with the performance of the new emergency communication system. “The system worked very well,” he said. “We got all the departments completely evacuated.”

Although the drill had everyone in the buildings evacuating outside, Jordan said in a real situation like the one performed Tuesday, the college would actually be locked down.

“When you have a suspect on the run with a second bomb that has not been detonated, there is a potential for danger,” Jordan said. “So we would follow lockdown procedures and close off the campus.”

Steven Warren, EMT student, said he enjoyed participating in the simulation. “I’m glad to be a part of something that helps our college and public service members become better at their jobs,” he said.

Jordan said the drill was a success. “Overall we are very pleased,” said Jordan. “We learned a lot yesterday.”

In a simulated bombing July 13 in parking lot F, people lay injured on the ground as smoke from a fake car bomb floats through the air.

Photos by Ethan Hendricks
For the past 25 years OCCC has hosted the Southwest Regional Lifeguard games which came to an end July 9 at White Water Bay.

Head lifeguard Tre Kramer said OCCC’s Senior Lifeguard team came in fifth out of 15 teams, placing second in Spinal Injury Management, fourth in Deep Water Tug-of-War, and 11th in the Reach, Tow and Rescue competition.

Kramer won the male Iron Guard award. For the Iron Guard award, Kramer said, judges look for someone exceeding the expectations of lifeguard duties.

“The competition helps us see where we are lacking and enforce that in our lifeguards,” Kramer said.

He said the team spent weeks before the competition preparing to compete against teams from Texas and Arkansas.

Kramer said when a person lifeguards, he or she is responsible for someone’s life.

“Big things don’t happen very often,” he said. “But when they do, there’s a big difference between someone who takes their job seriously and ones that just want to get paid.

This was the last year for the games.

In an e-mail, Recreation and Fitness Director Roxy Butler said a nationwide shortage of lifeguards and tight budgets made it difficult for facilities to send several lifeguards away from their facility to participate in the competition.

“While this was the last year for the Southwest Regional Lifeguard Games, we plan to re-evaluate and develop a new competition that will meet the current needs of the facilities and the guard staff,” Butler said.

Kramer said he is disappointed the games — which usually has 24 teams competing — won’t be held again.

“This is a great way to get people in here to practice their skills and build a community,” Kramer said. “I’m really disappointed to see it fizzle out.”
CPR classes put spotlight on safety and life

DEMERYE PAULIN
Staff Writer
staffwriter2@occc.edu

Students and community members can become certified lifesavers when CPR for the Health Care Provider opens its medical class doors for anyone interested 8:30 a.m. to 2:30 p.m. July 23, in the hall near the Aquatics Center, said Learn to Swim Program Assistant Tre Kramer.

Participants in the one-day session will be instructed about rescue breathing and creating unobstructed airways for conscious and unconscious adults, children, and infants according to the Aquatic Center website.

The class is taught by American Heart Association certified instructors, Kramer said.

The cost is $45 per participant.

Kramer said prior to enrolling, participants must pass a knowledge test.

He said the textbook for the course, which can be found in the college bookstore, is highly recommended by professionals in helping students interested in passing the pre-test.

Kramer said the class is worth taking because it “teaches people how to react in situations without panicking.” He said participants would use textbooks and video as well as participate in hands-on activities.

They also will take a written test and skills test in order to become certified CPR instructors.

Certification cards will be given upon completion of the course, Kramer said. The course’s curriculum will always be current and new research is a must to protect everyone around, Kramer said.

Students also will learn to use an automated external defibrillator, which is used in life-saving situations such as a heart attack, Kramer said.

Kramer said learning to use the machine as well as the other information in the class would benefit OCCC students years down the road.

“If a person has a chance to take this class (and doesn’t), and someone they know gets hurt, it can be hard to deal with,” he said.

“However, if preparation is made to the highest degree, mistakes are out of the equation.” He said other dates available for CPR certification classes are: Aug. 6, Aug. 13, Aug. 14, and Aug. 21.

Kramer said CPR classes are so important, in that “the principles of safety will be used one day in a person’s lifetime.”

For more information about enrolling in CPR for the Health Care Provider, contact Kramer at 405-682-1611, ext. 7442, or Coordinator of Recreation and Fitness Khari Huff at 405-682-1611, ext. 7481.

Students also can visit online for information at www.occc.edu/RF/WaterSafety.

Teamwork
Cale Johnson, left, and Zach Mayes, both 11, pass the basketball back and forth during the Sports Extravaganza at the Camp-Rec Youth.

Camp-Rec Youth concludes July 30 with Fun and Fit camp for children ages 6 to 11. The cost is $40 per child.

For more information about Summer Recreational camps, contact Eric Watson, Recreation and Fitness specialist, at 405-682-1611, ext. 7786.

... If preparation is made to the highest degree, mistakes are out of the equation.
—Tre Kramer
Recreation and Fitness Employee

UPCOMING INTRAMURALS EVENTS

- July 19-23: Youth Sport Camps will offer Volleyball to children ages 8 to 14. The cost is $60 per child. Youth Sport Camps will also offer Soccer to children ages 6 to 11 and 12 to 14. The cost is $60 per child. For more information, contact Eric Watson, Recreation and Sports specialist, 405-682-1611, ext. 7786.

- July 19-23: The FitKids Camp will offer Amazing Race to children ages 6 to 12. The cost is $35 per child. For more information, contact Eric Watson, Recreation and Sports specialist, 405-682-1611, ext. 7786.

- July 26-30: Youth Sport Camps will offer Cheer & Dance to children ages 6 to 14. The cost is $60 per child. Youth Sport Camps will also offer Flag Football to children ages 6 to 11 and 12 to 14. The cost is $60 per child. For more information, contact Eric Watson, Recreation and Sports specialist, 405-682-1611, ext. 7786.

- July 26-30: The FitKids Camp will offer Amazing Race to children ages 6 to 12. The cost is $35 per child. For more information, contact Eric Watson, Recreation and Sports specialist, 405-682-1611, ext. 7786.

- July 26-30: Camp Rec Youth will offer Survivor to children ages 6 to 11. The cost is $40 per child. Camp Rec Teen is also offering Iron Man to children ages 12 to 15. The cost is $40 per child. For more information, contact Eric Watson, Recreation and Sports specialist, 405-682-1611, ext. 7786.

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Upward Bound students step out of comfort zone during workshop

CHARNAY PARKS
News Writing Student

Students in the college’s Upward Bound Program learned team-building skills during a one-day workshop June 18, said Carmela E. Pyle, program assistant director.

Upward Bound is a program that offers classes to high school students to increase academic skills and leadership development.

The students are able to earn up to $120 for their participation during the summer — $60 a month, Pyle said.

Students in the team-building workshop learned how to better interact with each other, Pyle said, and learned motivational and social skills to help them interact better with their peers.

John Nguyen, Upward Bound student, said he benefited from the program.

“It involved a lot of leadership, respect for one another and an overall fun experience,” Nguyen said.

Certified coaches from Project Adventure ran the workshop, starting with ice-breakers and moving up to more challenging activities, Pyle said.

“We’re trying to get the students out of their comfort zone and cliques,” she said. “We want them to start working more as a team.”

—CARMELA PYLE
UPWARD BOUND PROGRAM ASSISTANT DIRECTOR

“We’re trying to get the students out of their comfort zone and cliques. We want them to start working more as a team.”

Award: Honor gives college recognition, professor says

Continued from page 1

“Your ability to meet the increasing demands of the program criteria will serve the nation well in contributing to the protection of the National Information Infrastructure,” George wrote.

Ashby and Heitkamper accepted the award last month in Baltimore. They accepted a certificate and met with representatives from the Department of Homeland Security and National Security Agency, Ashby said.

Ashby said he was enthusiastic to receive the award.

“The award is a great validation that the efforts and funding invested in this program are well spent,” he said.

Ashby said he believes this national award grants OCCC new, well-earned importance and recognition.

It also means more work, Heitkamper said.

He will mentor another institution — which is not yet known — during the next few months so it can apply for the designation in the fall, he said.

“Although vending machine food does not constitute a meal as such, there are also healthy snacks available in the vending machines that could provide nourishment for our students during their evening classes,” she said.

However, at least one second-floor vending machine — near the Main Building elevators — regularly sits mostly empty after 7 p.m. many days.

Students said being forced to eat chips and crackers from a machine shows they are not getting the same accommodations as daytime students.

Student Ashley Allen, 19, said she is annoyed the cafeteria serves all other meals except dinner.

“I should get the same opportunity the daytime students get,” she said.

Most staff and students asked said they would be satisfied if the cafeteria would stay open at least until 5:30 p.m. as they are coming from work and don’t have time to stop at any of the fast food restaurants in the area on their way to class.

“It would be nice to have the cafeteria open until 6 p.m.,” said John Brumfield, Student Computer Center technician.

Cafeteria and coffee shop hours extend in the fall semester.

 Hungry: Business at night forced early closure, manager says

Student Darryll McAllister said he understands the change.

He said he wants the hot food service halted if it means students would see a spike in food prices because the cafeteria stayed open.

Students aren’t being forced to go hungry or eat food poor in nutrition, Carpenter said.

“Although vending machine food does not constitute a meal as such, there are also healthy snacks available in the vending machines that could provide nourishment for our students during their evening classes,” she said.

Sporadic business at night forced early closure, manager says

Continued from page 1
An increase in enrollment numbers has caused the college to schedule a larger number of New Student Orientation sessions than ever before, said First Year and Student Life Programs Coordinator Stephanie Baird.

She said the sessions, which are two-hour non-credit courses where students learn about OCCC, have increased to 37 sections from 32 since April said First Year and Student Life Programs Coordinator Stephanie Baird. The sessions end Aug. 25.

"Now the sections are serving many more new students because of the enrollment rise. Students can have a better connection with each other and ask questions. Baird said the sessions are free for students, who gain valuable knowledge about the campus and resources offered at OCCC.

"Students learn about the financial aid office, various labs, (get) a tour of buildings where their classes will be located, and get a head start to being familiar with the school," Baird said.

"I feel like these courses place students on the right track and help them so they will be academically, personally, and financially successful," she said.

Baird said National Orientation Directors Association surveys show students will be 60 percent more successful in college if they have some form of orientation when they begin.

New Student Program leaders Centerria Wright and Rebecca Whitson guide the informational tours.

"I think the greatest thing we teach to them are study habits and preparing for class," Wright said.

Whitson said she believes by giving the new students a tour around the school, students are better able to find many other resources.

They both agree for a first-time student, it’s better to receive directions from someone with a friendly face who is close to their age, since most students who participate are young and they can relate with them more.

Baird said the program always takes suggestions after the sessions to get feedback about what students think could be improved upon, and what they found helpful.

New Student Desiree Allen said she was satisfied overall with the information she was given in the orientation session she attended.

"I feel better prepared for the upcoming semester, but the class moved so fast — and because I am older — it was somewhat hard for me to stay up," Allen said.

Baird said each student has a different reaction after finishing the class.

"Some students feel like the class is too long or not long enough, and we acknowledge that our students have families and lives, so we try and keep the information informative and quick," Baird said.

Megan Brown, who also participated in a NSO session said she felt more at ease starting school after she attended this class.

"I am not so scared now, and I feel better about starting school in the fall," Brown said.

For more information, call Student Life at 405-682-1611, ext.7523 or e-mail sbaird@occc.edu.

For more information, contact Student Life 405-682-1611, ext.7523.

Brown Bag luncheon scheduled

Student Life will host its first lunch session of the fall semester 12:30 to 1:15 p.m. Aug. 31 in room CU1 of the College Union. Attendees will meet with Ike Sloas, Safety & Security director, and learn more about specific emergency procedures at OCCC. For more information, contact Student Life 405-682-1611, ext.7523.

Life Saver run

Participants can enter and help support Nursing Education in Oklahoma in the 5k or one-mile race Sept. 25. Those entering must pick up a packet 4 to 7 p.m. Sept. 24 in the lobby of the Health Professions building, or Sept. 25 from 6:45 to 7:45 a.m. outside the Health Professions building. Registration varies from $12 to $20. The race is for all ages and split into different age groups. Entries are taken until the day of the race but after Sept. 23 will incur a late charge. For more information or to register online, visit dgroadracing.com or occc.edu/lifesaver.

All Highlights are due 5 p.m. Monday for inclusion in the next issue. Highlight forms can be picked up in the Pioneer office, located on the second floor of the Main Building, across from the elevator.

NEW! The Pioneer blog is the place to share your feedback on the issues and to let your voice be heard

occcpioneer.wordpress.com

Check it out today!
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CLASSIFIEDS

Pioneer classified advertising is free to all enrolled OCCC students and employees for any personal classified ad. Ad applications must be submitted with IDs supplied by 5 p.m. Mondays prior to the publication date. For more information, call the Ad Manager at 405-682-1611, ext. 7674, or e-mail adman@occc.edu.

FOR SALE:

1996 Honda Civic, two door, red color, rebuilt motor, recently changed new a/c. Good condition and drives great. $3,500. OBO. Contact: Liton at 405-822-1638.

FOR SALE: 2003 Mazda Protege5, automatic transmission, four door, leather interior, moonroof, keyless entry, automatic lock, power steering. Good condition and drives great. $5,500. OBO. Contact: Victoria at 405-535-2155 or e-mail vicchristofi@yahoo.com.

FOR SALE: 1996 Mitsubishi Eclipse, two door, maroon color. Good condition and drives great. $3,750. OBO. Contact: Liton at 405-822-1638.

FOR SALE: 2001 Ford Focus ZX3-S2 Special Edition, 80,500 miles, new transmission, water pump, four low profile tires, light damage on driver side door and minor cracks due to the hail storm. Good condition and drives great. $3,200. OBO. Contact: Lily at 918-740-7906.

Adopt Puppies: 10-week old affectionate, loving male and female English Bulldog puppies (AKC Registered) for free adoption. E-mail: David Sanchez at fatherswill22@gmail.com.

ANIMALS

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TODAY’S CROSSWORD PUZZLE

Correctly answer four Treasure Hunt Questions and be entered in our final drawing of the semester:

1: When is the Art Festival Oklahoma going to be held at OCCC?
2: When and where is Student Life holding its annual clubs and organizations retreat?
3: When is OCCC offering Opening Day and Welcome Week for students and their families to explore the school?
4: What class is OCCC offering this fall that will teach students how to raise children throughout the first 18 years of their lives?

Read the July 2 Pioneer issue for the answers. Send your answers to: adman@occc.edu.

GIVE. ADVOCATE. VOLUNTEER. LIVE UNITED.

Tutoring Offered: Are you struggling with math or chemistry? If you think you need some assistance then, here is the solution. Take a tutoring class with Nguyen, who has 8 years of tutoring experience and a master’s degree in both subjects. Contact: Nguyen at 918-850-5625 or e-mail nguyen.h.truong@email.occc.edu.

FOR RENT

ROOMMATE WANTED: Female roommate needed to share room in SW Oklahoma City. Must have a good reference. Roommate offered own bedroom. Pets are allowed inside the house. Smoking and drugs are not allowed. Contact: Kelli at 405-205-0740, only after 6 p.m. or e-mail poohbear73064@hotmail.com.
CDCLS students learn about gardens

LAUREN REED
News Writing Student

The children at the Child Development Center and Lab School have harvested vegetables every morning in their garden this week, Lisa Jones, teacher and lab assistant said.
The garden, planted in May, has sunflowers, squash, okra, watermelon, sunflowers, sweet potatoes, and strawberries, she said.
Jones said the children are harvesting their plantings to learn about things that grow and how they grow.
“It is important that the kids realize and learn that food doesn't magically appear at the grocery store,” she said.
Last week the students harvested squash and okra which was then cooked for the children's lunch, Jones said.
She said the garden has helped the children learn about the process of growth. It gives them a sense of pride knowing they have taken care of something and seen it grow.

OCCC’s ground contractors funded the project, planted the seeds and designed the garden, Jones said.
Each day when the children go out to the playground, the ones who are interested help weed the garden and harvest it, Jones said.
Kylie, a 5-year old student at the CDCLS, said her favorite thing to grow is the sunflowers.
The children also are excited about one special summertime treat growing in the garden, Jones said.
“We've been watching the watermelon,” Hailey, 5, said.
Still, Jones said, other children are more excited about the non-plant life in the garden.
Jones said a family of rabbits that lives in the wood on the playground, but hides in the squash, has caught the students' attention.
“The kids always chase the rabbits around the playground, and we chase them trying to get them to stop chasing the rabbits,” she said.
It's quite an event.”

Online advising now available

HUNTER LIGON
News Writing Student

Students who want help choosing classes can now chat with an adviser without coming to the college thanks to a new online distance advising portal, said Academic Adviser Sara McElroy.
The virtual program, which began July 6, works as a chatroom on OCCC’s website, where students can webchat with an adviser to prepare for next semester’s classes.
“We’ve had distance advising for some time in an e-mail form,” McElroy said.
“Opening a chatroom on the website gives it a more conversational feel.”

— SARA McELROY
ACADEMIC ADVISER

Each week, she said.
A schedule for each week is posted on the distance advising section of the OCCC website, McElroy said.
McElroy, chat adviser, said the portal is one-on-one chat and confidential. She said it is open to all students.
Distance advising isn’t meant to replace traditional in-person advising, she said, but is good for people who work long hours or who can’t make it to campus to schedule a meeting.
McElroy said she receives about 10 e-mails each day from students seeking online advisement.
She said she anticipates that number to grow as the Fall semester nears.
Barry Tatum, who enrolled July 9, said he didn’t mind waiting in line to speak with an adviser in person.
“I think the program could really be useful,” Tatum said.
“I think it would just depend on the student. For some it would be effective; for others not so much.”
For more information about distance advising, go to www.occc.edu/ACS/Distance.html.