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# PIONEER

## The great outdoors



Photo by Carrie Cronk

Students James Higgins, Tyler Shields, Jeremy Sturdivant, Gillian Villines and Conrad Baade spend a break between classes in the commons area, across from the Bursar's office. Many students took advantage of the spring-like weather to relax after studying and mid-term exams.

## Stress and depression manageable

Perception is key, expert says

By Christiana Kostura  
Editor

One in 10 Americans will suffer from depression during any one-year period, said Peggy Jordan, OCCC psychology professor.

Many college students are likely candidates for the condition, said Thomas Jones, OCCC psychology professor.

Jones said it's important for students to assess and react to stress which, if left untreated, can be a factor leading to depression.

"[Stress] is a part of daily life that will not go away," he said. "We all have stressors. It's how you cope with them that matters."

The first step to coping with stress is to understand a lot of pressure is in the perception, he said.

"Stress is manageable," Jones said.

"People who don't manage stress well feel like the world is in charge of their life instead of them being in charge of their own life."

Untreated stress can lead to other, more severe, problems, he said.

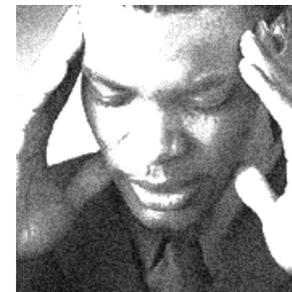
Some results of stress include anxiety disorders and depression.

Jordan said symptoms of depression include persistent sadness, loss of interest in activities, decreased energy, fatigue, difficulty concentrating, difficulty remembering, feelings of hopelessness, guilt, worthlessness and helplessness.

"Depression is treatable," she said.

The first step in treating depression is to have a physical check-up to make sure the depression is not being caused by an undetected medical condition, Jordan said.

If stress or depression is left untreated, the



## Missing student case to be examined on Japanese TV

By Caroline Ting  
Contributing Writer

A Japanese television show similar to "America's Most Wanted" needs help bringing home a former OCCC international student from Japan who's been missing since Aug. 20, 2001.

Mayuko Kawase was 21 years old when she disappeared.

The program is called "The Power of TV."

"(The show) features many unsolved homicide and missing persons cases," said Nazu Kikkawa, production coordinator based in Los Angeles.

Kikkawa said the show normally is one hour long but the network, TV Asahi, is producing a three-hour special on Kawase's case.

"Half of the show will be dedicated to Mayuko's story," she said.



Pioneer File Photo  
Mayuko Kawase

Kawase also is a former student of the University of Central Oklahoma.

A friend of Kawase at the time and OCCC Student Brenda Paine, drove Kawase to and from OCCC every Monday, Wednesday and Friday.

Paine was the last person known to have seen Kawase, after dropping her off at the Albertson's store located at 7000 S. May Ave. on Aug. 20, 2001, according to the Sept. 3, 2001 issue of the Pioneer.

Kawase's mother, Reiko Kawase, told the Pioneer she last heard from her daughter in an e-mail sent from an OCCC library computer Aug. 21, 2001.

The Oklahoma City Police Department conducted searches on Kawase's case but there have been no new developments, the Pioneer reported Sept. 10, 2001.

Kawase's mother contacted "The Power of TV"

See "Mayuko," page 16

See "Stress," page 6

Editorial and Opinion

Editorial

# Don't cut education funds

On Feb. 8, President George W. Bush ruffled some feathers when he signed the Deficit Reduction Act. The act included a \$12 billion cut from student loan programs and also raises in interest rates on loans.

The Congressional Budget Office said the money will come from trimming the profits of lenders and raising the rates on parent borrowers.

In January, Bush answered questions from students at Kansas State University about the cuts.

"I think what we did was reform the student loan program," he said. He went on to say money is not being cut from the program.

He said the money being saved will be part of a \$39 billion deficit-reduction bill. The bill also includes cuts from Medicaid and Medicare.

The bill was controversial until it was voted on in Congress. In the Senate, Vice President Dick Cheney was needed to cast a tie-breaking vote to pass the legislation.

A similar result occurred in the House of Representatives where the bill passed by a narrow vote of 214-212.

Three of Oklahoma's five representatives voted for the bill. They were Reps. Tom Cole, Frank Lucas and John Sullivan.

The intentions of the majority were in the right place as they tried to find a way to alleviate the nation's budget deficit.

Earlier this month, the Congressional Budget Office said the deficit would total \$371 billion at the end of the fiscal year.

If the deficit is not paid off, it will just pass to today's children and maybe their children.

Although paying off the deficit is important, it should not be done at the expense of those who cannot afford it.

Facts and figures are not needed to prove college students don't have money to spare. The strain is tight on students who are faced with rising tuition and textbook costs.

The deficit can be lowered with some creative thinking and common sense.

This would include trimming money from some programs and not authorizing tax cuts at every turn.

Obviously, it would be hard to decide what to cut from, but sacrifice is necessary to pay off this massive debt.

With tax cuts, less money is going toward paying the budget deficit.

This isn't saying that taxes should be raised, just that tax cuts aren't the solution.

If the burden of paying off the deficit rests on the shoulders of students and their parents, higher education may lose some of its diamonds in the rough.

—Matthew Caban  
Staff Writer

# Rules for all, not some

To the editor:

I would like to comment on the Feb. 27 letter about the difficulties a student had with a professor.

I think it's unfortunate a student who seeks assistance outside of class from a professor was refused. I believe that would be highly unusual at OCCC. Most professors are pleased to spend time to help a student understand material.

However, I do wish to comment on the student's unhappiness with the cell phone rules.

A student will probably have four or five different profs in a semester. Each one should provide a syllabus with all the rules, and generally they review these with students during the first week of class. It is at this time a student should decide if they can live with the rules, and if not, they should go through drop and add to change to a different class.

I admire the student's desire to be accessible for her children, but it's not unreasonable for the prof to restrict cell phones in class.

When a phone goes off, it distracts the teacher and other students. Valuable

time is lost. Even when the phone is on vibrate, the student will have to retrieve the phone, and after viewing the message, would expect to be excused from class to return a call if it is from school or day care. This is also disruptive.

Other students sometimes complain about disruptions, though many just suffer in silence.

When 40 to 50 students have enrolled in class and are sharing a crowded room, banning phones is a reasonable accommodation for the good of all the students.

Having raised children as a single parent in the days before pagers or cell phones, I am sympathetic only to a point. In general, a call about one's child is not a life or death emergency where minutes count.

Waiting until the end of a class to check messages is not a critical time period. If the child has a life-threatening illness, I would consider that as an exception. Otherwise, checking messages after class is reasonable.

Each prof has personal idiosyncrasies. For some it

is tardiness, or absences, or sidebar conversations in class, or cell phones.

The student should be able to determine from the syllabus and the first week of class what those are, and either decide to abide by them or switch to a class they can live with.

—Jane Carney  
Sociology Professor

## PIONEER

Vol. 34 No. 25

- Christiana Kostura.....Editor
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- Matthew Caban.....Staff Writer
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The PIONEER welcomes letters to the editor and encourages the use of this publication as a community forum. All letters must include the author's name, address, phone number and signature. However, the PIONEER will withhold the name if the request is made in writing. The PIONEER has the right to edit all letters and submissions for length, libel and obscenity.

Letters to the editor can be delivered to the PIONEER office, mailed to: Pioneer Editor, 7777 S. May, Oklahoma City, Oklahoma 73159 or faxed to (405) 682-7843.

Letters may also be e-mailed to editor@occc.edu. A phone number for verification must be included.

The PIONEER can be accessed on the Internet at: www.occc.edu/pioneer.



## Comments and Reviews

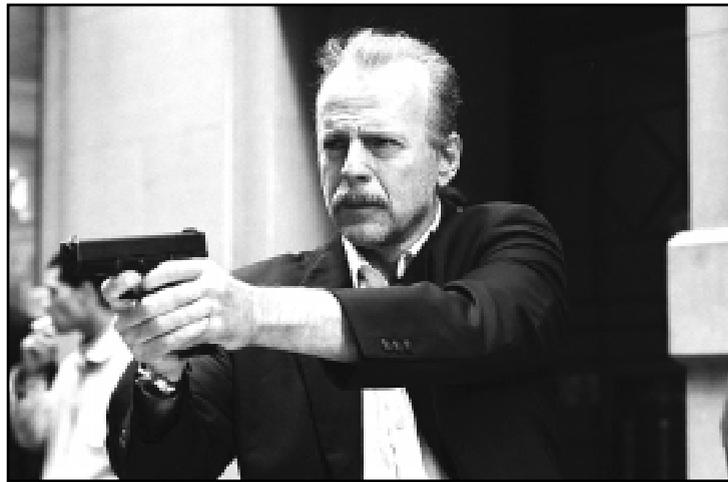
# Willis film falls short

In the recent Warner Bros. release, "16 Blocks," Bruce Willis stars as washed-up New York City cop Jack Mosley, who's only a whiskey bottle away from his retirement.

His last assignment before he hangs it up is lackluster: transfer a witness (played by Mos Def) in a murder trial from the police department to the courthouse. Wearisome, tedious and an uninspiring waste of a morning for Mosley, who prefers to bury his thoughts in paperwork until his shift is over.

But he goes with it anyway and eventually discovers there are crooked cops being testified against in the trial who want the witness dead. The lead guy of the corrupt cops is Mosley's ex-partner, played by David Morse ("The Negotiator," "The Rock"), who could do a role like this in his sleep.

Mosley is offered the chance to give up the witness, walk away and be re-



lieved of all trouble for the rest of his life.

Instead, he attempts to fight off the entire homicide department while weaving through traffic, back alleys, rooftops and Chinatown to the courthouse with the witness.

As a "run-n-gun" film about a shrill criminal and a downtrodden cop working together and eventually changing each other, it fails to deliver.

The film only works until midway through the movie

when the obstacles, the characters and eventually the weak ending have been seen before, not to mention the entire geographical layout of what is supposed to be 16 blocks in New York City is confusing to no end.

The action scenes are a little nicer than what's been in the theaters recently, but that's one of the few payoffs for yet another of Bruce Willis' duds.

**Rating:** C-

—Eric Nguyen  
Staff Writer

# 'Newborn Eyes' long on quality

"Newborn Eyes," a collection of short stories by Oklahoma author Cliff Morrison, is an eye-opening experience into the world of short stories.

Each of the 38 stories leaves readers with room to interpret the meaning in their own way. The stories range in length from half a page to about 15 pages, allowing the reader to choose the length of story they have time to read.

One of the best stories is "Three Refrains." The story is written in three parts. Part one is a news story describing a tragic fire that takes a man's life. Part two is a journal entry from years later by the man's girlfriend. Part three is a letter sent to friends of the couple from a mutual friend years after that.

The three parts pull together to show a glimpse of

how a tragedy can start a chain of events.

Many of the anecdotes are set in Oklahoma in the 1970s and appear to be non-fiction accounts from Morrison's life.

Some of the settings in the stories are in Greece, in an undetermined time. The author combines elements of Ancient Greece with elements of present time.

All the stories in the collection have a component of humanism readers can connect with.

Most the stories in the book feature at least one character having some sort of epiphany.

According to the introductory note, this is why Morrison titled the collection "Newborn Eyes."

"The title 'Newborn Eyes' and the epigraph allude to the fact that most stories herein center around characters experiencing a realization that might cause tears," Morrison said.

—Christiana Kostura  
Editor

# Cheers to food service

**To the editor:**

I'm as quick to praise a good thing as I am to attack something and our new food service is wonderful.

With the new made-to-order lines for omelets, stir-fry and salads, to the new look, it gives one the feeling of being taken care of personally, not just getting something that has been laying out for hours. Great job.

—Lloyd Kingsbury  
Health Lab Coordinator

# Counselor's Corner

*"It's not enough that we do our best; sometimes we have to do what's required."*

—Sir Winston Churchill

Life isn't easy. Often, it isn't even fair. Things happen over which you have no control, and sometimes other people won't make allowances for that. They still hold you accountable. Sometimes you make choices for yourself that turn out not to be in your best interest. Then, you have to face consequences.

Growing up in a culture where excuses flow like cheap wine and where no one is ever supposed to suffer the consequences of his or her actions doesn't prepare you well for the reality of being an ordinary adult in an ordinary life. As adults, we don't get to live our lives in VH1 technicolor. Problems don't get solved or go away in 30-minute episodes. There is no canned laughter and no applause prompts. You can close your eyes and wish for problems to go away, but when you open them, they'll still be there.

There's an old saying that says if you want something done, give it to the busiest person you know. Why? Truly busy people stay busy, but they tend to get things done. They have a knack for juggling responsibilities and keeping track of what needs to be done. Some of you may need to spend time observing and imitating these busy people.

When your counselor asked if you wanted to enroll full time or part time, you might have been thinking about how much money you would get from financial aid or whether you could stay on your parents' insurance. We, however, were asking if you had the time to make a commitment to work a certain number of hours each week. Full-time enrollment in school should engage you, in and out of class, about as many hours each week as a full time job. Being successful academically means making school a priority. Sometimes, that means other parts of your life have to shift or go away for a while.

It's easier to make the necessary shift in your life if you have a strong sense of direction and know what you want to do with your future. Knowing your future goals can help you select an appropriate academic path which, in turn, can make what you do in each class more meaningful. If you haven't chosen a degree plan in college, or if you've picked a plan because of your parents told you to, your friends said you'd be good at it, or it looked glamorous on TV, then some career exploration would be a good investment for you. Dr. Deborah Vaughn, the new career specialist in Student Development, or any of the counselors there could help you get started on the journey toward discovering what's out there in the world and where your potential might lie.

Being successful in college means working hard. Working hard becomes easier when you recognize why you must which ultimately translates into having the type of career you'll truly enjoy and at which you can be successful, while working hard.

—Mary Turner  
Student Development Counselor

# Job fair leads journalists in the right direction

**By Jason Kimball**  
News Writing Student

Get an internship and learn new media.

That was the repeated message given at the Journalism Job and Internship Fair sponsored by the Society of Professional Journalists Feb. 24 at the University of Oklahoma.

The panel, consisting of newspaper editors and journalism graduates, discussed "Workplace Realities."

The panel included Joe Hight, The Oklahoman managing editor; Mark Brown, Tulsa World design editor; Cindy Allen, Enid News and Eagle editor; Sean Hill, Tulsa World sports copy editor; Lynn Nguyen, Dallas Morning News designer; and Paul Riedl, a copy editor for The Oklahoman.

Every guest on the panel echoed encouragement for journalism students to procure a summer internship.

The panelists said in-



Photo by Carrie Cronk  
**Jennifer Johnson**  
Interactive News Editor  
Wall Street Journal

ternships are the key to later employment in the field.

Hill said managing editors want to hire someone about whom they can say, "Yes, he or she can work and do the job."

Editors get such information when students do internships, he said.

Brown advised students to not be picky but instead, to take whatever job is given. He said, in the long

run, the opportunity for a graduate to get the position originally sought will likely come along.

Allen agreed with Brown.

She said cross training could only help journalists. The more "hats" a person wears, the better chance they have at a career, Allen said.

Hight stressed the need for multimedia experience and knowledge.

"The mode may change, but the need (for news) will not go away," Hight said.

Multimedia was a continued theme as Nguyen told the students they couldn't be one-dimensional.

"Think multimedia, podcasts and slideshows," she said.

The panel was given the question, "Why are you successful?"

Most members said luck and timing played a role.

Nguyen said being proactive helped. Hill said flexibility is important.

Hight said once he got his foot in the door, he told his manager where he wanted to be and worked hard to

get there, which led Hight to manage one of his former editors.

Wall Street Journal Interactive News Editor Jennifer Johnson was the keynote speaker, picking up where the panel left off.

Johnson, a 2002 OU journalism graduate, also stressed the importance of

knowing how to work in more than one type of media.

She said convergence journalism is moving in a direction that will merge print, audio, video, podcasting, and more. She said students need to know about all types of media to succeed.

## Rejection — a learning experience

Oklahoman Managing Editor Joe Hight discussed rejection at a job fair Feb. 24.

Here is his acronym for why people are sometimes rejected for an opportunity (REJECT) and how to improve skills and overcome the rejection (ION).

**R**eputation, bad or inconsistent

**E**ntitlement, feel the job should be given to you

**J**ob inexperience.

**E**go — too much will hurt you; sell skills, not yourself.

**C**ry baby — don't blame yourself if you don't get the job.

**T**epid behavior — a lack of confidence, flexibility and enthusiasm.

**I**nterview skills.

**O**ffensive. Be offensive, not defensive; send thank-you cards.

**N**ever give up. Dreams are worth pursuing.

# 'Rumors' play contest results for week two

The results for week two of the "Rumors" play contest are in with two winners being named.

Lloyd Kingsbury, Health Lab coordinator, submitted this entry:

"Rumor has it that we use chicken and pig parts in the health labs for injection practice and then return them to food service to be served on the line."

Rebecca Weber, Communications Lab assistant, responded to last week's rumor that Paul Sechrist, OCCC president, is opening the president's bathroom to the public for 25 cents per use to recoup the cost of remodeling the area.

"Rumor has it that Mindie Dieu, [Communications] Lab supervisor extraordinaire, has won tickets to the play 'Rumors.' Mindie's clever antics warranted a surprise visit from a rather stunned Dr. Sechrist.

"Mindie could not be found for questioning. The Communications Lab staff denied knowing anything



Write a rumor and submit it to the Pioneer. Winners receive tickets to the upcoming Neil Simon play "Rumors," running March 30 through April 1.

about the rumor or their supervisor's whereabouts.

"The rumor mill is turning again, and this time ears are burning with the news that Dr. Sechrist plans to remodel the Communications Lab, making it his personal spa."

Each week, readers are encouraged to submit made-up rumors to the Pioneer. The top rumors are chosen and then printed in the following issue.

Each week's winner receives two

tickets to the play, "Rumors," which will run March 30 through April 1 in the college theater.

Contestants are encouraged to keep the rumors clean and friendly.

The Pioneer reserves the right to edit for libel and length.

Contest organizers will select one grand-prize winner. The person chosen will receive four tickets to the play, and have the opportunity to participate in the performance with a walk-on part.

The deadline for week three of the "Rumors" contest is by 5 p.m., Tuesday, March 21.

Submissions may be e-mailed to editor@occc.edu or dropped off at the Pioneer newspaper, located just outside the elevator on the second floor of the Main Building in area 2M6.

The Pioneer has joined forces

with the OCCC theater department to bring the contest to the college community.

Results for week three will be published in the March 27 edition of the paper.

For more information about the contest, contact Pioneer Editor Christiana Kostura at editor@occc.edu, or Theater Professor Ruth Charnay at rcharnay@occc.edu.

**Classified Ads FREE**  
to students, faculty,  
and staff.

**Fill out a classified**  
form in the Pioneer  
office - 2M6 MB  
by 5 p.m. Tuesday  
for the next issue.

## Musician shows keys to success



Photo by Carrie Cronk

Russian pianist Valery Kuleshov performs during a demonstration and lecture March 7. Kuleshov appeared in concert later that evening, performing "The Horowitz Transcriptions." Kuleshov said he transcribed the pieces by ear. He believed many of the original manuscripts may have been destroyed by Vladimir Horowitz himself after composing the pieces.

# New project to loan textbooks to students

By John Savage  
Staff Writer

To help ease the pain of paying for textbooks, the college is trying something new this year — the Communication Lab loaner library project.

The project is designed to help students who are short of funds borrow textbooks for their class until they can afford to buy them.

This is the first semester it's being tried at OCCC, said Mindie Dieu, Communications Lab supervisor.

Currently, students have the option to read textbooks on reserve in the library but they are not allowed to check them out.

Dieu said the program will allow the student to borrow a book for up to one month.

The student also is able to take the book home to do homework.

The loaner library has textbooks for courses in study skills, college reading and college writing courses.

Dieu said Learning Skills Professor Mark Schneberger deserves the credit for starting the loaner library.

"Mark Schneberger puts the students first," Dieu said.

Schneberger said some students who are still in high school don't recognize they have to buy their textbooks, and some students can't afford them.

"What we have found is students who don't have their textbooks within the first four weeks are more apt to fail," Schneberger said.

He said this is a formal way to loan textbooks to students, and a way to help more than one student.

If the student's financial aid has not been awarded, this is one way they can have a book to take to class and also take home, he said.

Schneberger paid \$500 out of his own pocket to get the loaner library started.

"It is something that I think is important enough to invest that kind of money in," Schneberger said.

He said he also is talking to some textbook publishers, trying to get them involved as well.

"The publishers have loaned us about a half dozen textbooks," he said.

Students can also find help about a money management plan so they can avoid taking loaned textbooks, he said.

"We encourage (students) to talk to financial aid and get acquainted with services that can lend help."

Students will be able to check out books with a student ID and a completed form from their professors.

Library rules still apply when it comes to checking out textbooks. Students must return the books or recheck them to avoid penalties.

Students who have lost textbooks must replace them in order to receive grades and enroll in future classes.

For more information, visit the Communications Lab in the Main Building or call Schneberger at (405) 682-1811, ext. 7624.

Staff Writer John Savage can be reached at Senior Writer@occc.edu.

**Are you a cartoonist?**  
Send your work to the Pioneer at editor@occc.edu for a chance to get it published.



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# Mosaic mural on track for 2007 debut

**By Rachel Carlton  
News Writing Student**

Tiles, tiles and more tiles. OCCC art professor Mary Ann Moore is up to her neck in thousands of clay tiles that are being used to construct a 1,500 square foot mosaic mural.

The mural will feature Oklahoma wildlife, landscapes and state symbols.

The mosaic is being installed at the mouth of the Bricktown Canal. It is scheduled to be finished in time for the state centennial celebration in 2007.

Moore, lead artist and project director, is working along side retired OCCC art professor Carolyn Farris on the project.

Farris drew the illustrations that the handmade porcelain and clay tile pieces will replicate.

The mural will cost \$180,000 and is being co-sponsored by OCCC and the Oklahoma Centennial Commission.

Moore said the project was recommended by the Oklahoma City Arts Commission and was approved by the Bricktown Design Committee.

OCCC art students and a number of volunteers are getting their hands dirty and installing the mosaic.

Volunteer Barbara Taber is a mosaicist who worked on the murals in the OCCC courtyard. She said the artistic process of piecing together a mosaic is therapeutic.

Visual Art major Andy Holten said being involved with the project is good for his art portfolio. Holten is working on the mural for college credit.

Moore said she and her team are building the mural in pieces at a studio downtown.

OCCC student Melania St. Onge said the process is a tedious one.

First, a gridline of the image is drawn onto paper, she said. The clay is then rolled out and is cut into squares.

Next, the small squares or tiles are fired in a kiln and smoothed over.

The tile pieces are assembled into the mosaic image and glazed with color.

The pieces are then disassembled and fired once again. When a portion of the design is finished, it is reassembled and placed on



Above: Graphic designs of the Bison Wall and Redbud Wall for the mural being designed and created by Mary Ann Moore, art professor, and Carolyn Farris, retired art professor. The mural will represent Oklahoma's history and beauty. It also will have 77 red tiles listing each Oklahoma county.

Left: Farris displays sketches of the Redbud Wall next to a graphic of the Bison Wall.

a mesh board. After that, the piece is bubble wrapped and ready to be placed in storage until all segments of the design have been

completed.

"When we're ready to install it, each section goes back up like a puzzle," St. Onge said.

For more information about the mosaic mural and how to volunteer, contact Moore at (405) 682-1611, ext. 7255.

## OCCC students can get help for stress, depression

"Stress,"

Cont. from page 1

results can be devastating, Jones said.

"An unhealthy lifestyle, which oftentimes is the result of poor management of stress, can shorten your life," he said.

"There are lifestyle diseases — heart diseases, diabetes, even cancer."

By managing stressors, Jones said, people learn to alter their lifestyle enough to reduce or eliminate the negative effects of stress that could lead to lifestyle diseases.

One way to get help man-

aging stress is through self-help books, he said.

Another way to help oneself is by enrolling in a stress management class, Jones said. OCCC offers the course.

Students also can find help for coping with stress by contacting a crisis line, community counseling agency, or private practitioner, Jones said.

"There are community counseling agencies in Oklahoma County that are based on ability to pay."

Some of those agencies are North Care Center, Oklahoma County Crisis Intervention Center and Red Rock Behavioral Health Services.

Jordan said students who believe they may be suffering from depression should seek medical atten-

tion.

Editor Christiana Kostura can be reached at editor@occc.edu.

## Seeking self-help? Visit the OCCC library

Dana Tuley-Williams, systems librarian, said OCCC's library has dozens of books in both print and electronic format that address depression and stress.

"Our books address depression and stress from a number of different approaches, such as holistic, diet, counseling and therapy, pharmaceutical, Christian, meditation journaling [and more]."

Some of the books are:

- "Don't Get Mad, Get Funny! A Light-Hearted Approach to Stress Management" by Leigh Anne Jasheway
- "Good Stress, Bad Stress: an Indispensable Guide to Identifying and Managing Your Stress" by Barry Lenson
- "The Complete Idiot's Guide to Managing Stress" by Jeff Davidson
- "Controlling Stress and Tension: A Holistic Approach" by Daniel A. Girdano
- "Managing Stress: A Creative Journal" by Brian Seaward

Tuley-Williams said any of the librarians are happy to help students find the books.

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# Air conditioning upgrades almost done

By John Savage  
Staff Writer

Physical Plant workers are in the process of making sure the climate is always nice inside, no matter what the temperature is outside.

The workers' efforts to upgrade the college's air conditioning system are almost finished, said Chris Snow, Physical Plant assistant director.

The college is replacing two 325-ton cooling units with a new 1,000-ton unit that is twice as efficient.

"The [chiller] unit has been installed and been re-assembled and it's currently having a pipe run to it," said Eddie Cox, project manager.

The chiller that was being used has been relocated, and both new and old chillers are in the process of being repiped.

"We're doing them both at the same time and getting them both hooked up," Snow said.

The new chiller unit has a 1,000-pound chilling capacity that will save the school money and cool it more efficiently, he said.

The units won't be fully

functional until the piping process is completed.

Physical Plant Director J.B. Messer said, to get the units running, workers have to install new pumps, controls, and electrical wiring to power the units.

The chillers will be worked on during spring break. Messer said he plans to have them running shortly after that. He said the chillers could be running as early as March 17, the Friday of spring break.

Once the units have been completely installed, the Main Building will once again have a cooling system, something some classes were wishing for during 80-degree days in February and early March.

Next on the Physical Plant agenda is the heating units. Snow said, once the college can safely turn off the heat, the Physical Plant will start work to upgrade the furnaces.

Staff Writer John Savage can be reached at [SeniorWriter@occc.edu](mailto:SeniorWriter@occc.edu).

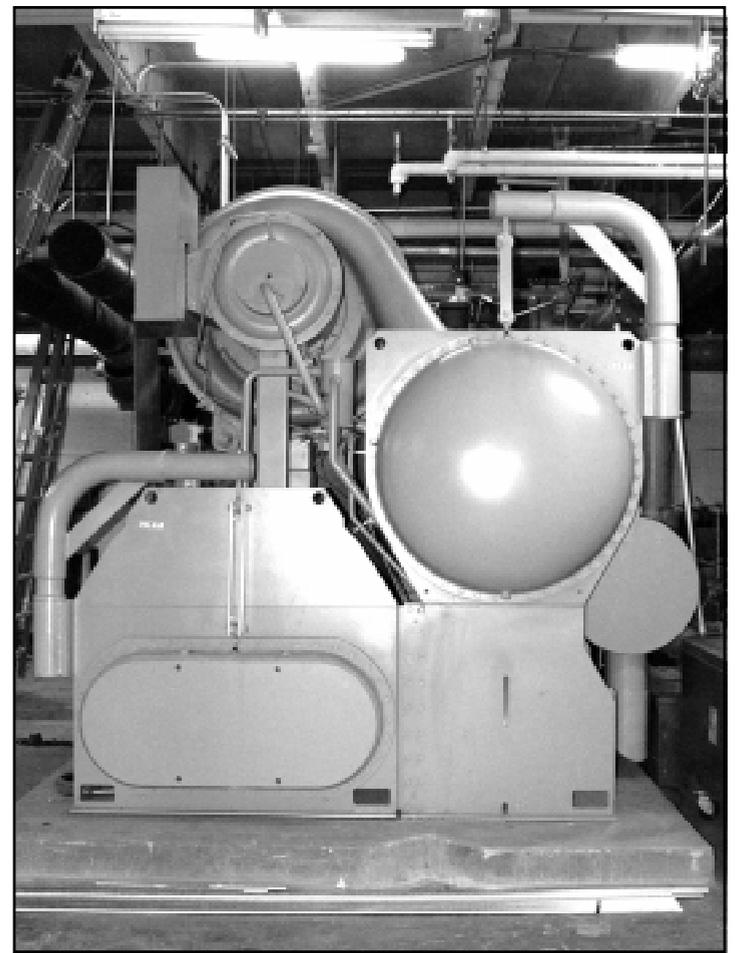


Photo by Carrie Cronk

The new chiller unit sits in the Physical Plant. Eddie Cox, project manager, said the college's air conditioning should be up and running when students return from spring break.

## Capitol Hill Center helps community

By Tamlin Klutinis  
News Writing Student

The Capitol Hill Center, a bilingual program designed to teach computer literacy and give job-skills training to minorities, low-income and the elderly, is on its way to being completed.

The center teaches classes in English, Korean and Spanish. Director Alejandro Rendon said the program aims to provide computer access to low-income people.

"A lot of students are interested in pre-professional programs such as premed and nursing," Rendon said.

For some students, the center is a bridge to college.

"It gave me motivation to continue to study," said OCCC student Alexandra Hernandez.

The program, which is part of the OCCC Economic and Community Development Department, functions through a partnership with Oklahoma City Public Schools.

Oklahoma City Public Schools provides the facilities made possible by grants. Last year, OCCC received a \$25,000 SBC Foundation Excelsior grant.

The center's six-week class, "From Information Technology to Work," is offered at the beginning of the year, in the summer and in the fall.

Students are taught basic computer knowledge, interview skills, office etiquette and money management.

## Authors discuss psychology world

By Jokori Taylor  
News Writing Student

Some OCCC students have read their book, and on March 3, Don and Sandy Hockenbury spoke to students about everything psychology.

The Hockenburys, authors of "Psychology, 4th Edition," said the changing field of psychology has resulted in job growth for those who major in the subject.

The various fields of psychology and the growing number of job opportunities in each field were briefly discussed just before a film was shown which gave insight on the different fields and opportunities.

Psychology professor Peggy Jordan said the field offers many options.

"This presentation will help students understand the broad range of psychology and give them the opportunity to view psychology more in depth," Jordan said.

"Psychology, 4th Edition," is the required textbook in OCCC's Introduction to Psychology courses.

The Hockenburys emphasized that students must not limit themselves.

"Students can have a greater degree of self-worth by getting involved in whatever their major is," Don Hockenbury said. "Get involved with your discipline and stay flexible."

Laurie Thornton, president of the Psychology/Sociology Club and Psi Beta, said psychologists are not limited to just to being counselors.

"Don and Sandy Hockenbury gave an immensely informative presentation

that explored the many different options available to students who earn psychology degrees," Thornton said.

The husband and wife team both have backgrounds in the collaboration of textbooks and spent seven years writing the first edition of "Psychology."

Don is a psychology professor at Tulsa Community College. Sandy is a former psychology book editor.

The Hockenburys said psychology addresses real issues people encounter in their lives.

"It is true — the mind could affect the body," Sandy said.

Freshman Zach Glaskow said the presentation broadened his range of knowledge.

"It helps decide if I want to major in psychology and what field to go into," Glaskow said.



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Photo by Carrie Cronk

English Professor Pamela Stout instructs her Yoga for Life class Feb. 17. From left: Margaret Pitts, Dianne Broyles, Tarea Sanders and Ashley Leslie.

## Prof teaches yoga on campus

By **Ebonee Gilliard**  
Staff Writer

English professor Pamela Stout has yoga on her mind and is now teaching the Hindu system of stretches and exercises to the OCCC community.

Students, faculty and staff now can enjoy the benefits of yoga in the Wellness Center.

Classes are free to faculty and staff members, and cost \$20 per month for students.

Stout teaches the class at 1:30 p.m., Fridays.

"Yoga is for everyone," Stout said. "Anybody can do yoga."

Stout said she teaches her class at a relatively slow pace, but individuals can make it as difficult as they can handle.

Stout said this class focuses on stretching and endurance.

"I try to create a supportive atmosphere for my students," she said.

Yoga is designed to affect

the union of the human soul and body.

It is one of the only sports that originated as a male-dominated activity in India and transitioned to be more female-dominated in America, said Mindie Dieu, Communications Lab supervisor.

Dieu also is a student in Stout's class.

"Yoga is a definite stress reliever," Dieu said.

Practicing yoga builds physical strength and can help keep a person focused, Dieu said.

Stout's Yoga for Life class is inspired by the Lyengar technique, developed in India.

The Wellness Center also offers Hatha Yoga at 6:30 p.m., Tuesdays.

Hatha Yoga is a more basic class, said Jack Perkins, Community Education coordinator.

The Hatha Yoga class also is \$20 per month.

For more information about class schedules, call the Wellness Center at (405) 682-1611, ext. 7310, or Stout at (405) 682-1611,

7219.

Staff Writer *Ebonee Gilliard* can be reached at [StaffWriter2@occc.edu](mailto:StaffWriter2@occc.edu).

## Swimming has many health benefits

By **Daniel Conway**  
News Writing Student

When people think of exercise — jogging, weight lifting and popular sports come to mind. Stephanie Scott, aquatic and safety training specialist, said people are missing out on a great exercise — swimming.

"As far as the benefits of swimming, they are countless," Scott said.

"Any exercise you can do on land can be done in the water and will provide greater resistance. It's the only exercise you can do and feel weightless."

According to [www.tinajuanfitness.info](http://www.tinajuanfitness.info), swimming a mile will burn 360 calories for a skilled female swimmer and 440 calories for a skilled male swimmer.

## 'Rumors' set to spread on stage

By **Chelsea Houdyshell**  
News Writing Student

One person has been shot and another is missing. Find out why at the OCCC theater department's production of Neil Simon's "Rumors," opening Friday, March 31, and running through Saturday, April 1.

OCCC Theater Professor Ruth Charnay said "Rumors" is a funny farce involving four couples, gunfire, food and rumors galore.

Charnay said one of the things that interested her about the play is it's designed with actors in mind.

"I chose this play because it provides a lot of really good roles of relatively equal size," Charnay said. "It's perfect for a college situation allowing us to showcase the strength of the actors."

The production will feature set design by Luke Hadsall, technical theater instructor, and costumes designed by Andy Wallach, fashion design instructor.

Tickets are \$4 for students, faculty and staff, and \$5 for the general public.

"Rumors" contains adult language and is not suitable for children.

A free preview of the production will be available to OCCC students, faculty and staff, Thursday, March 30.

The production features only OCCC students. Carl Evens as Ken; Jean Windham as Chris; Ken Sikora as Lenny; Lauren Poe as Claire; Yousef Kazemi as Ernie; Erin McMurry as Cookie; Gil Lopez as Glenn; Sarah Young as Cassie; Jonathan Allen as Officer Welch; and Vaneza Ceballos as Officer Pudney.

**"Any exercise you can do on land can be done in the water and will provide greater resistance. It's the only exercise you can do and feel weightless."**

—Stephanie Scott  
Aquatic and Safety Training Specialist

The website states people with more fat have an easier time staying afloat. That means fewer calories are burned.

OCCC student Amanda Mantooth said swimming is her preferred exercise.

"Swimming has really helped me," Mantooth said. "I played a lot of softball in high school and it has caused me to have problems with my knees."

Mantooth, who frequents OCCC's swimming pool, said swimming has become a substitute for jogging.

According to [\[juanfitness.info\]\(http://juanfitness.info\), one way to burn a substantial amount of calories in the water is by water walking.](http://www.tina</a></p>
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This is where a swimmer stands in chest-deep water and walks. The website said a 20-minute water walking workout is a big calorie burner.

OCCC's swimming pool, located in the Aquatic Center, is open 6 a.m. to 8:30 p.m., Monday through Friday, and 9 a.m. to 4 p.m., Saturdays.

For more information, contact Scott at (405) 682-1611, ext. 7662.

# Business professionals club dreams big

By Holly Jones  
Staff Writer

The Business Professionals of America successfully started a new chapter at OCCC.

President Dustin Fisher said 25 students have joined and 15 members showed up to the first two meetings.

The first set of meetings for the re-established club was to pass the gavel from former OCCC President Carl Walls, who is now a student at the University of Central Oklahoma. Fisher accepted the gavel as a symbol of new direction and new leadership.

Walls is a five-year member of BPA and an Internet technolo-

gies industry major. He serves as National Parliamentarian for the post-secondary division and the public relations coordinator for the OCCC chapter.

Walls said Oklahoma has the largest post secondary chapter in the United States.

The BPA has chapters in high schools, which set up students to be able to join as they enter college.

"Students gain leadership skills, have a small commitment to the chapter and are able to become an officer at the state or national level," Walls said.

He said he started at the local level in BPA and eventually worked up to state and then into national levels as an officer.

The OCCC BPA is taking applications for officers at its next set of meetings being held during the week of March 20.

Fisher said he is looking for responsible and dependable students who are up for a challenge.

He wants to see the club enter state and national conferences next year. To be able to do that, he said, the club has to get a lot of fund-raising completed.

The fund-raising the club has set up includes bake sales, silent auctions and candy sales.

"We don't want students to have to pay for the trips," said Chris Stewart, co-president. "Corporate sponsors and fund-raising should handle



Photo by Carrie Cronk

Guest speaker and former Business professionals of America club President Carl Walls (left) officially passed the gavel to new club President Dustin Fisher (right) and club Co-President Chris Stewart. Walls passed presidential duties to Fisher during the club meeting held March 6.

the costs."

Lee Ann Hall, Business division secretary and club sponsor, said she will be able to assist with the club's

bake sales and candy sales. Hall said, as the club sponsor, she will assist the club with the structure and formation in the process

of re-establishing the club at OCCC.

Staff Writer Holly Jones can be reached at [StaffWriter1@occc.edu](mailto:StaffWriter1@occc.edu).

# Math classes move into experimental mode

By John Savage  
Staff Writer

OCCC students now have the option of finishing some math courses ahead of schedule.

Students can now enroll in a special section of Elementary Algebra as well as some basic math courses that allow them to progress at their own pace.

Mathematics Professor Lisa Buckelew is one of the instructors teaching the experimental algebra class, being offered for the first time this semester.

"We're taking the material covered in Elementary Algebra and breaking it into eight smaller pieces instead of the five larger pieces," Buckelew said.

She said the Basic Math sections are set up the same way, with an eight-module system that allows many students to finish early.

She said this allows the student to take it one module at a time. Students are tested after they have covered the module and are allowed to retest until they pass the module.

Mathematics Professor Jay Malmstrom said the college is evaluating whether this method of teaching math works better than the traditional lecture system.

"One of the things we were looking at is the question of do we want to change the way we're structuring math," he said. "We looked at some

other schools to see what they have done."

The goal of the self-paced class is to keep students in algebra until they understand the material.

"We are having better attendance... even if they haven't passed or achieved a score high enough for the next module," Buckelew said. "They are still coming in and working on it."

One of the things that this course promotes is retention and attendance.

"We're trying to keep them in the class instead of just dropping out," Buckelew said.

She said some students seem to get discouraged after the first test.

And, she said, it often appears that if the student hasn't had much success by the second test, the student sometimes will drop or stop showing up to class.

The dropout rate in pre-college math classes is almost 50 percent according to academic data released in fall '03.

For some students, this approach would not be the perfect fit.

"It tends to become individually paced," Buckelew said. "You have to have pretty good self-discipline to keep yourself moving."

Buckelew said it's too early to tell how this program will work. She believes it would take two semesters to compare the numbers.

OCCC history major Scott Bowden said he likes the method.

"I have the opportunity to do homework in the time frame of a day instead of a hour. I like

**"One of the things we were looking at is the question of do we want to change the way we're structuring math. We looked at some other schools to see what they have done."**

—Jay Malmstrom  
OCCC Math Professor

the freedom that you get when completing the modules. OCCC student Amy Thach said she doesn't like the new style of learning

"I'm a visual learner," Thach said.

She said the one thing she does like about the new class style is that she can do the work at home.

"It's on a computer, which is actually nice."

Despite the new style being somewhat accommodating, Thach said, she hates the fact the computer is picky, requiring the formula that leads up to her answers — something she finds annoying.

This class uses the same math book as other sections of Elementary Algebra. No extra material is included.

Buckelew said students who do not or cannot finish the course would be able to sign up and finish the course the next semester, starting where they left off.

Staff Writer John Savage can be reached at [SeniorWriter@occc.edu](mailto:SeniorWriter@occc.edu).

# Nursing program is in high demand

By Elizabeth VanZant  
News Writing Student

OCCC's Nursing Program is as successful as ever and continues to be one of the most sought after programs in the state.

Rosemary Klepper, Nursing Program director, said OCCC has some of the most successful nursing graduates in the country.

"When you consider that our graduates are compared to national graduates of other associate degree programs, but also from diploma and baccalaureate programs. I believe our graduates do quite well,"

Klepper said.

According to the U.S. Department of Labor, nursing is the largest occupation in health care. In 2005, three out of every five jobs were in a hospital.

OCCC and its RN students compete both academically and professionally, with not only other associate degree programs, but also baccalaureate degree programs (BSN).

Students of the RN program and the BSN take the same certification test, called the NCLEX-RN.

In 2005, OCCC had an average passing rate of about 83 percent. The state average was roughly 86 percent, and the national

**"We really look for nurses who are patient-centered, customer-focused and can exercise critical thinking skills."**

—Linda Merky

Vice President of Patient Care Services  
and Chief Nursing Officer at Integris Health

average was about 87 percent.

OCCC boasts an 86 percent completion rate for the six-semester RN program, and 100 percent for the four-semester Career Ladder Pathway Program — a degree program Licensed Practical Nurses and paramedics take to become an RN.

Linda Merky, vice presi-

dent of Patient Care Services and chief nursing officer at Integris Health, said technical skills aren't always the most important aspect of the nursing field.

"Technical skills can be taught," Merky said. "We really look for nurses who are patient-centered, customer-focused and can exercise critical thinking skills."

To attract, hire and retain nurses, employers are offering incentives such as tuition reimbursement, child care, signing bonuses, and flexible hours. Not to mention a good starting salary that [www.salary.com](http://www.salary.com) places at about \$54,378 a year for nurses working in Oklahoma.

The U.S. Department of Labor predicts, by the year 2012, the nursing profession will grow an estimated 27 percent. Among all occupations, nursing is expected to be the second largest profession of all new jobs.

In addition, the growth can be attributed to better technology and a growing elderly population.

## Pathways students spring into action planning prom

By Peju Faboro  
News Writing Student

Pathways Middle College High School seniors are getting their prom plans squared away.

On April 22, 14 juniors and 16 seniors, as well as

their guests, will attend a formal prom.

Senior Dawn Bates said "One Wish" is this year's prom theme.

Prom is one of the many activities the students will plan and operate themselves.

Twelve seniors work behind the scenes of "One

Wish," an idea they got from a prom magazine.

The seniors have divided into four committees, ranging from decoration to food, to efficiently plan the event.

The colors for "One Wish" are black and gold with a "starry night touch," said Chelsea Rensrow, a senior on the decoration commit-

tee.

Cocina de Mino's Mexican Restaurant, located at 6922 S. Western, will host the event. Refreshments, ranging from beverages to chips and queso, will be provided by the restaurant.

Cathy Klasek, English teacher and prom adviser, said the Pathways students

have raised money since the beginning of the school year in order to make the prom possible.

One way the students have raised money is by hosting community dinners at a local Golden Corral.

The students are anticipating more than 60 people to show up.

## Tech department sees declining grad, enrollment numbers

By Melia Wright  
News Writing Student

Numbers over the past four years show a slow decline in Information Technology graduates at OCCC.

Vicki Gibson, Information Technology acting dean, said she attributes the gradual decline partly to the alternative of earning a certification instead of a degree.

"It is very easy to get a degree," Gibson said.

Those in search of jobs within the Information Technology field now have the option of taking courses and tests to become certified instead of enrolling in a program for a degree, Gibson said.

Gibson also said there is

a decline in enrollment to job training and re-training.

Many students, she said, are taking only one or two classes in the Information Technology department because they are required to complete courses for training to meet the demands of the job they are pursuing.

Gibson said she sees first-hand how the enrollment in this department is declining.

Enrollment is now more than ever "heading towards traditional college students," she said.

Because of this, Gibson said many students are pursuing Introduction to Computers as a general education course, and not extending their computer classes.

Gibson said computer

programming classes have become increasingly important for nursing students.

"The more they know about it the better they

are," she said.

While enrollment is down, the number of graduates is even smaller.

Gibson said she and her

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# Club leaders learn skills at workshop

By Jeremy Orrostieta  
News Writing Student

Eleven members of the Black Student Association took a road trip to Iowa State University on Feb. 23, for the 29th annual Big XII conference on Black Student Government.

This year's theme was "Construction before Destruction: Building Tomorrow's Leaders Today," said Carlos Robinson, BSA president.

"The conference was a three-day event that consisted of motivational speakers, workshops, entertainment and fellowship," Robinson said.

"I wanted to give the (BSA) members a chance to better themselves, and to have one of the best experiences of their lives," Robinson said.

BSA Member Sherwin Johnson said he came back excited to share what he had learned.

"After the first day we felt ready to come back," he said. "We had so much information to tell people."

Robinson said it was a great experience all the way around.

"The discussions on the way back were one of the best parts," Robinson said. "The 10-hour trip felt like two hours."

Plus, Johnson said, the members became closer during the trip.

"The bonds that were created were special," he said.

BSA raised money for the event by having a bake sale and a Valentine's Day sale in February.

Sometime in late March the group plans to host workshops showcasing the things they learned at the conference.

BSA meets every Friday at 1 p.m. in room 1G7 in the main building.

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# Sports

## UPCOMING

### OCCC INTRAMURALS SCHEDULE

•**March 24:** The men's intramural basketball championship game will be played in the OCCC gym. For more information, contact Community Education and Health Specialist Eric Watson at (405) 682-1611, ext. 7786.

•**March 25:** The OCCC club soccer team will be returning from a two-week spring break when they face the Northeastern State University-International team. The game will be hosted by Rose State College. For more information, contact Jalal Daneshfar at (405) 974-2377.

•**March 26:** Recreation and Community Services will host a student softball game. To sign up, contact Community Education and Health Specialist Eric Watson at (405) 682-1611, ext. 7786.

•**March 31:** Recreation and Community Services will host a men's basketball Hot-Shot Shoot-out. Students may sign up in the RCS office. For more information, contact Community Education and Health Specialist Eric Watson at (405) 682-1611, ext. 7786.

•**April 4 and 6:** Recreation and Community Services is sponsoring a squat contest in the weight room located inside the Wellness Center near OCCC's pool. Students may sign up at the Wellness Center Desk or contact Community Education and Health Specialist Eric Watson at (405) 682-1611, ext. 7786.

•**April 8:** The OCCC club soccer team will play the University of Central Oklahoma at 1 p.m. Rose State College will host the game. For more information, contact coordinator Jalal Daneshfar at (405) 974-2377.

•**April 14:** Indoor tennis comes to OCCC's gym. Both singles and doubles games will be played. To sign up, contact Community Education and Health Specialist Eric Watson at (405) 682-1611, ext. 7786, or visit the Wellness Center desk.



Photo by Carrie Cronk

OCCC club soccer team members Caesar Romera (2), Bidemi Sakote (with the ball), Keith Moore (goal keeper) and Juan Rosales (12, right) stop a Rose State College player from scoring a goal March 4. OCCC beat Rose State 5-3. This was OCCC's first win of the season. OCCC will face Northeastern State University-International on March 25.

## Soccer team beats Rose State

By Ebonee Gilliard  
Staff Writer

The OCCC club soccer team clinched its first win in a battle that was almost lost against Rose State College March 4 at Oklahoma State University in Stillwater.

OCCC defeated Rose State 5-3.

"The team was really pumped up after last week's loss," said K.B. Yeboah, OCCC soccer coach.

The OCCC offense was solid, going into the half up 3-0.

Team captain Uziel Rios suffered an ankle injury early in the first half but played through the game.

Yeboah said Rios limped but with a two-week break coming up, Rios should be ready for the next game.

The team will be returning from spring break when they play Northeastern State University-International on March 25. This game will be hosted by Rose State College on its campus in Midwest City.

After a tight defense in the first half, the OCCC defenders started to slack off. This led to an early sec-

ond half goal by Rose State.

"The defense needs a little more work but we did enough to win," OCCC defender Bidemi Sakote said.

"It felt good to win and now we are 1-1," he said.

The Rose State offense also scored two more goals in the last minutes of the game.

OCCC scored quickly to break the tie and secure the win.

Yeboah said OCCC's defense became too relaxed in the second half. He said he was upset with the

three easy goals that were given to Rose State.

When the defense faltered in the second half, OCCC forward Juan Martinez stepped up his game.

Late in the half, Martinez received a pass on a corner kick and scored a goal.

Yeboah said he was impressed by the performance of the offense.

"This was not an easy game but the team kept fighting," he said.

Staff Writer Ebonee Gilliard can be reached at StaffWriter2@occc.edu.

### Spring 2006 OCCSL Standings

TEAM	GAMES	WIN	TIE	LOSS	GA	POINTS
<b>Oklahoma</b>	2	2	0	0	0	20
<b>Central Oklahoma</b>	2	2	0	0	1	17
<b>Oklahoma State</b>	1	1	0	0	0	10
<b>OCCC</b>	2	1	0	1	6	9
<b>OSU-International</b>	2	1	0	1	8	9
<b>Rose State</b>	2	0	0	2	10	5
<b>NSU-International</b>	2	0	0	2	9	1
<b>OU-Colsa</b>	1	0	0	1	1	0

Teams are awarded six points for a win, up to three points for each goal scored and one point for a shutout. GA= goals against.

# Family Literacy Night encourages reading

By Cassi Doolittle  
News Writing Student

The Child Development Center and Lab School will host a Family Literacy Night from 5:15 to 6:45 p.m., Thursday, March 23.

Center Teacher Lisa Young said the purpose is for parents to become more aware of the importance of literacy.

The event will feature parents reading from a variety of books to children.

Between readings, snacks will be available.

Based on current research, children who participate in family literacy programs make gains three times as many as those who do not participate.

The children range in age from

birth to 3 years. Although these children cannot read, teachers hope Family Literacy Night will show parents the importance of reading to their kids, as well as encourage their children to read as they grow older.

Young said this is the first year the center has hosted this type of event.

She is excited about the event and hopes all 12 of her students and their parents will attend.

The idea to have Family Literacy Night sprung from a class called Language Literacy taught by Professor Cecilia Pittman.

The Child Development Center realizes children are the future and they are willing to take the steps to improve upon their students' skills, Young said.

For more information, contact the CDCLS at (405) 682-7561.



Photo by Carrie Cronk

Sarah Berkowitz, 3, sits in front of a shelf of books in the Preschool B class. The Child Development Center and Lab School will host a Family Literacy Night from 5:15 to 6:45 p.m., Thursday, March 23, at the children's center. The event will feature parents reading from a variety of books to children.

## Teen arrested for theft

By John Savage  
Staff Writer

Oklahoma City Police have arrested a teenage girl driving a vehicle stolen from the OCCC campus Feb. 17.

An undercover officer reported, on March 2, he booked Joanne Goff, 16, into the Community Intervention Center on complaints of unauthorized use of a motor vehicle, possession of marijuana and not having a state driver's license.

The 1992 GMC Yukon sport utility vehicle belonged to Kathleen Huff, whose son drove it to class the day it was stolen, according to a crime report filed by OCCC's Safety and Security Office.

Huff said the recovered vehicle had been "trashed" and wrecked.

"They ruined all the locks on every door (and the SUV) had been wrecked in the front," Huff said.

"The glove compartment had been ripped out and the cup holders were used as ashtrays. There was cigar tobacco dumped in cup holders."

The officer reported following the vehicle traveling westbound on N.E. 28th Street crossing Martin Luther King Boulevard. The truck had no license plate, only a paper

tag in the window. The suspect weaved through a residential neighborhood before pulling into a driveway at 2421 N. Prospect.

After stopping the suspect and approaching the vehicle, the officer reported he saw the steering column had been broken and there were no keys in the ignition. A white headband had been placed over the steering column to conceal the damage. The officer confirmed the SUV had been stolen by checking the vehicle identification number.

A passenger in the vehicle, another female juvenile whose name was not released, surrendered two baggies of marijuana to the officer, according to the police report.

The SUV had a regular metal license plate when it was stolen, Huff said. She said she has been on campus since her vehicle was stolen and has seen little evidence that parking lot patrols have increased.

"I observed only one security officer in the parking lot," Huff said.

She said she thought more officers should be patrolling, and at more frequent intervals.

She said OCCC should install surveillance cameras in the parking lots.

Staff Writer John Savage can be reached at SeniorWriter@occc.edu.

## Dean of Social Sciences to remain through 2007

By Shaunica Byrd  
News Writing Student

Cecilia Yoder, acting dean of social sciences, has agreed to remain in the position until June 2007.

Yoder, who took over the position after Patti Buxton resigned, has been an OCCC psychology professor for 27 years.

Yoder has had experience as department chair for seven years.

She said she works with full-time faculty to prepare schedules of classes to be taught throughout the school year.

History Professor Ray McCullar said he has known Yoder for 26 years.

"As dean, Dr. Yoder is fair, even tempered and extremely thorough in all that she does," McCullar said.

"The challenge that she faces is working with a very diverse group of people who are highly individualistic but she is equal to the task.

Peggy Jordan, psychology professor, said she has known Yoder for 10 years.

"Dr. Yoder has made herself available to the students and the faculty," Jordan said.

"Dr. Yoder is bright, a great thinker and enjoys the experience as dean."



Cecelia Yoder

Read the Pioneer Online at [www.occc.edu/pioneer](http://www.occc.edu/pioneer).

# Highlights

## Business Professionals of America on campus

The Business Professionals of America will hold its first meeting from 5:30 to 7 p.m., Monday, March 20, in room 3K7. The group's second meeting will be from 12:30 to 1:30 p.m., Tuesday, March 21, in room 2N7. The third meeting is set for 5:30 to 7 p.m., Friday, March 24, in room 2N2. In connection with Student Life, BPA will host a brown bag lunch series with keynote speaker Ambassador Edwin Corr from noon to 1 on Wednesday, March 29. For more information, contact President Dustin Fisher at (405) 519-3716, or e-mail [dafisher@okcccbpa.com](mailto:dafisher@okcccbpa.com).

## Environmental Club to host bake sales

The Environmental Club will host bake sales from 9:30 a.m. to 4 p.m., Monday, March 20, and Monday, April 3, in the Main Building. All proceeds will benefit a rural city that was devastated by the wildfires. The Environmental Club has weekly meetings every Wednesday from noon to 1 p.m. in room 1C5 of the Main Building. For more information, contact Publicity Officer Holly Jones at (405) 682-1611, ext. 7410.

## Jack Cain memorial scholarship

The deadline for the Jack Cain memorial scholarship is Tuesday, March 21. To be eligible, students must be currently enrolled in 12 hours at OCCC, must have completed or enrolled in Math 2103, Calculus and Analytic Geometry I, must be intent in completing a degree at OCCC and be a returning student for summer or fall semesters.

## Student occupational therapy club to host bake sale

Student Occupational Therapy Association will host a bake sale from 11:30 to 1:30, Tuesday, March 21, in the entry way to the cafeteria. The bake sale will feature whole pies, cakes and sugar-free items.

## Health Professions panel discussion

The Health Professions Club invites all club members to join in a panel discussion with speakers from The University of Oklahoma Health Sciences Center. The event is from 12:30 p.m. to 1:20 p.m., Thursday, March 23, in room 1G7 of the Main Building. For more information, contact Physics Professor Steve Kamm at (405) 682-1611, ext. 7268, or e-mail [skamm@occc.edu](mailto:skamm@occc.edu).

## International student scholarship

The International Student Association is offering a scholarship to international students. To find out more information about the scholarship, students should attend the meetings held from 2:30 to 3:30 p.m., Fridays in 1V7 of the Main Building. For more information, contact President Yu Da Kim at (405) 412-4090.

## OCCC science students to assist summer academy

OCCC students are being sought to assist in the Biotechnology/Bioinformatics Discovery! week planned for June 12 through 16. For more information, contact Biotechnology Professor Charlotte Mulvihill at (405) 682-1611, ext. 7225.

## Poetry contest and Open Mic day

The Writing Club will sponsor a poetry contest and open mic day. For more information, contact Andre Love at [a1love@occc.edu](mailto:a1love@occc.edu).

## Job hunting



Photo by Carrie Cronk

Sophomore nursing major Jennifer Rhoads discuss job prospects with Ronda Smith, Oklahoma City Zoo Food and Beverage Operations manager, at the job fair March 8.

## Officer teaches about alcohol abuse

By Chauncey Hale  
News Writing Student

Alcohol is the most abused substance in Oklahoma, said Greg Giltner, Oklahoma City Police officer.

"Oklahoma City averages 305 driving-under-the-influence arrests a month. In 2005, of those 305 arrests, 242 people were under the age of 21," Giltner said.

Giltner was the speaker at "Alcohol 101 and DUI Simulation," a Student Life presentation held March 2.

Giltner encouraged members of the audience to try on drunk-simulation goggles.

The goggles looked like goggles a person would wear while skiing or snowboarding, and had a black tent across the lens. The volunteers were told to put the goggles on and try to walk a straight line.

"It made me dizzy and nauseated," said OCCC freshman Jennifer Deemer.

Sophomore Laurie Thornton said, "It took a while to adjust after I took

them off."

Giltner developed the theme "Arrive alive: Don't drink and drive." He explained the severity of driving while impaired.

According to state law, in order to issue a DUI arrest, a person's blood alcohol content (BAC) must be .06 to .07 if 21 years or older. If you are under the age of 21, your BAC can be .02 to .05 to issue a DUI arrest.

A BAC of .02 is the same in one 12-ounce can of beer, one 5-ounce glass of wine, or one 1.5-ounce shot of liquor, he said. Four beers average a BAC level of .08, which legally warrants a DUI arrest.

"The average person with a DUI conviction will drink and drive at least 80 times a year," Giltner said. "Driving is a privilege in this state, not a right."

The actual cost of one DUI arrest averages \$15,105, he said. The major expense is high-risk auto insurance for three years, which is \$11,400. Other fees include lawyer's fees and driver's license reinstatement fees. The estimated annual cost of alco-

hol-related accidents in the United States is \$27 billion, according to the OCPD.

Giltner also cleared up several myths about sobering up after drinking.

"Taking a cold shower, running laps, or drinking a pot of black coffee does not make you sober. Then all I've got on my hands is a wide-awake drunk," he said.

Giltner said alcohol leaves the body in the form of urine at .015 percent an hour.

He said alcohol is not the only drug that can lead to a DUI arrest.

A DUI arrest also is issued if a person is driving under the influence of any controlled substance or drug.

He said those drinking alcohol should make the right choice and use a designated drivers.

"The designated driver is not the one who is the least drunk," Giltner said. "It is the one who hasn't drank at all."

Giltner, an 18-year veteran of the OCPD, said he has been a drug recognition expert for three years.

# Classifieds

**Pioneer Classified Advertising is free to all currently enrolled OCCC students and employees for any personal classified ad. Ads must be submitted in writing with IDs supplied or work area and college extension included. Deadline for advertising is 5 p.m. Tuesday prior to the publication date. For more information, call (405) 682-1611, ext. 7674 or fax (405) 682-7843.**

## ANIMALS

**FREE TO GOOD HOME:** My newborn son is allergic to our long-time family cat and the doctor says she has to go. Lovable and spoiled rotten. De-clawed. Spayed. 10 years old. Female. She is not an outdoor cat. If interested, please call April at 682-1611, ext. 7462, or e-mail at [ajackson@occc.edu](mailto:ajackson@occc.edu).

**FOR SALE:** Pit bulls, 2 males, 19 weeks old. Almost white with masks. Nice markings. Shots/Wormed. \$50. If interested, please call 301-0822.

**FOR SALE:** Beautiful yellow parakeet w/ cage. \$25. Call 794-2078.

## AUTOMOBILES

**FOR SALE:** 2003 Chevy Silverado 1500 LS, Ext. Cab SB, 5.3L. 28,900k miles, ps, pl, pw, p/seats, pm, CD, Bose stereo, tow pkg., elec. brake cont, step bars, bedliner, warr., excellent condition. \$17,200. Call 745-9322, ask for Aaron.

**FOR SALE:** '99 VW GLS Passat. Loaded, 1.8L Turbo engine, tan leather, dark green exterior, heated seats, tiptronic transmission, tint, sunroof, 6-disc changer, non-smoker, and well maintained. Great car for \$9,000. Please call 473-0129.

**FOR SALE:** '99 Chevy Cavalier, 2-door coup, 97K miles, great gas mileage. \$3,000 OBO. Call 310-3940.

**FOR SALE:** '97 F-150 XLT sports cab, with opening back passenger door, 102K miles, runs great and is in excellent condition. Power windows and locks. Asking \$7,500. Call Rachel at 830-4565.

**FOR SALE:** 1997 Chevy Cavalier Sedan, Blue, Automatic, 115,000 miles, cold A/C, AM/FM, CD with removable faceplate, A/C compressor and timing belt replaced in 2005. Good gas mileage. \$1,700 OBO. Call 206-0768.

**FOR SALE:** 1992 Lexus SC 300. Good condition, \$5,000. E-mail: [letsgocowboys86@yahoo.com](mailto:letsgocowboys86@yahoo.com).

**FOR SALE:** '91 Honda Civic DX, Light blue, 183k miles, 4 cylinder, 5 speed, CD player, runs

good. Asking \$1,000 OBO. Call Scott at 314-4935.

**FOR SALE:** 1981 Kawasaki 440. It runs. 16,482 miles, needs TLC and tag. Asking \$650. Please call 990-1968.

**FOR SALE:** Diamondback Road Bike, 14 spd, 56" frame, Shimano parts. Asking \$150 OBO. Call 921-7677.

## EMPLOYMENT

**\$10,000-\$20,000 Signing Bonus!**  
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**405-819-6413**

## FOR RENT

**FEMALE ROOMMATES NEEDED:** To share large home 3 miles from OCCC, 20 minutes from OU. Nice neighborhood, 3-car garage, 2 1/2 bath. Fully furnished except bedrooms. \$350/month plus 1/3 bills. Call 615-2396, leave a message, or e-mail [im\\_luv@yahoo.com](mailto:im_luv@yahoo.com).

com. Pictures available.

**FEMALE ROOMMATES NEEDED:** Two bedrooms avail. in 3-bed/2-bath apt at Legacy Crossing (S.W. 89th & I-44). Non-smoking, no pet apt. Current tenant is 27/f. Approx \$375/month incl. utils, cable and DSL. E-mail: [haley@att.net](mailto:haley@att.net) for more info.

## FURNITURE

**FOR SALE:** Leather recliner, \$75. Leather executive-style desk chair, \$50. Call Annie 360-6793 or leave a message.

## MISCELLANEOUS

**FOR SALE:** Two new 10" Alpine Competition Type R subwoofers in box w/ a 920-wt. Self-cooling Kenwood amp, also new, \$400 OBO. Please call 606-9114.

**FOR SALE:** Maytag washer, Gas hook-up, late '90s model, good condition. \$60. Call Jared 488-5330.

**FOR SALE:** Wedding dress size 12/14. Lace and beads. Heart-shaped neckline. Train and slip. Asking \$100. Call 632-6259.

**FOR SALE:** Women's size 11 black leather boots. 5-inch stiletto heels. Zip on insides. Knee high. \$30. Call Christiana at 682-1611, ext. 7409.

**FOR SALE:** BowFlex-like total body workout equipment. Never been used, all accessories included. Will sell for \$200 OBO. E-mail: [74jenny@sbcglobal.net](mailto:74jenny@sbcglobal.net).

**FOR SALE:** His & hers Wedding/Engagement set. Hers: Round 1/3 carat diamond solitaire set in white gold w/ yellow gold accents and matching white gold band, recently appraised \$750. Selling with men's white gold band, (heavy in weight). Asking \$425 for all. E-mail: [atctracy@yahoo.com](mailto:atctracy@yahoo.com) for more info and pictures or call 694-9243.

**FOR SALE:** Want a great tan before the summer gets here? How about getting one month free tanning At the Beach tanning store! You can tan at any At the Beach tanning store with my tanning membership and you won't have to pay the extra signup fee. I will cover that and a free month of tanning for you when you take over my membership. Please call Racheal at 830-4565 if you have any questions or would like the membership.

**FOR SALE:** C.G Conn French Horn. Serial number 321\*\*\* suggests made in 1937. Brass. Has some dents and scratches (won't affect playing). Comes with hard case, Giardinelli NY C8 mouthpiece, and valve oil. All slides and valve moveable. Asking \$800 OBO. Call 921-7677.

**FOR SALE:** Playstation 2 Lego

## TODAY'S CROSSWORD PUZZLE

### ACROSS

- 1 Serve soup
- 6 Volcano's dust
- 9 Cowboy movie
- 14 Bay window
- 15 Health resort
- 16 Broadway offering
- 17 Group of stars
- 19 Duck-hunter's need
- 20 W. alliance
- 21 Actor Foxx
- 22 Entices
- 23 — National Park, Utah
- 25 Glue
- 26 Stoneworkers
- 29 Actor Grey
- 31 — upon: take advantage of
- 32 Rowboat part
- 36 Microbe
- 37 — Wiedersehen
- 38 Ghostly sound
- 40 Computer networks
- 43 Riches
- 45 Squadron
- 46 "Messiah" composer
- 47 Green stones
- 50 Hawaiian island
- 51 Regulations
- 52 Skip over
- 54 Reporter's question
- 57 Trojan War tale

- 58 Sense failure, slangly
- 61 Singer Ross
- 62 Consumed
- 63 Chicago's airport
- 64 Pert
- 65 Actor Beatty
- 66 College student's assignment

### DOWN

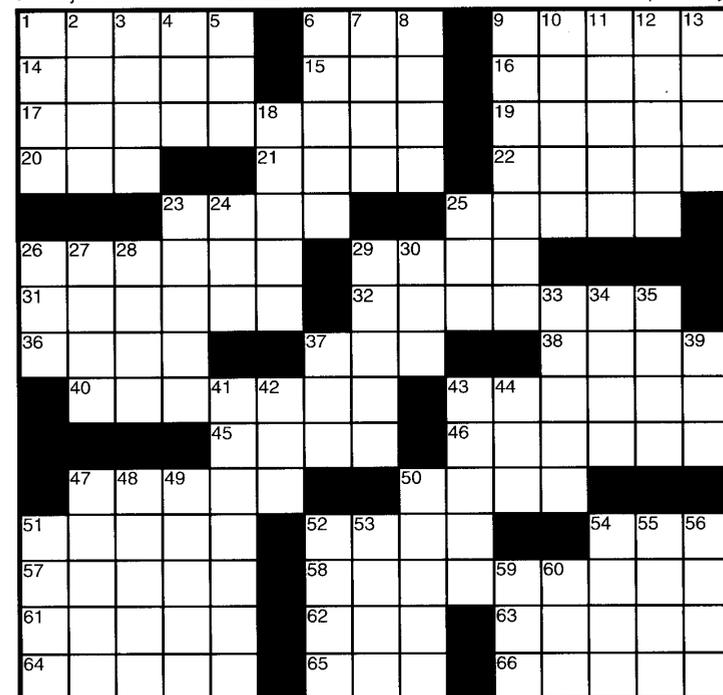
- 1 Gray wolf
- 2 Operatic highlight
- 3 Uses a shovel
- 4 Guided
- 5 Yale alumnus
- 6 Rocky Mountain tree
- 7 Went 95
- 8 Difficult
- 9 Crackpot
- 10 Territories
- 11 Unspoken
- 12 Overact
- 13 Sunbeams
- 18 Not poetry
- 23 Skyrockets
- 24 Be —: hippie happenings
- 25 — capita
- 26 Russian fighter
- 27 Iowa town
- 28 Agile
- 29 Knight's contest

### PREVIOUS PUZZLE SOLVED

T	A	B	C	R	I	S	P	U	S	A			
M	O	V	E	H	E	N	N	A	R	I	N	D	
O	L	I	N	A	V	A	I	L	U	N	D	O	
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F	E	E	L	S	M	O	U	S	S	E			
S	N	A	I	L	S	A	N	I	T	A			
C	A	C	T	I	S	W	A	N	Y	A	R	N	
O	P	E	C	A	L	D	R	O	N	Y	O		
W	A	D	I	F	E	U	D	O	C	E	A	N	
M	O	L	D	S	P	R	I	S	M	S			
M	U	U	M	U	T	E	A	M	S				
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S	H	U	N	T	A	K	E	N	E	L	I	T	E
H	E	R	S	E	V	E	N	T	R	I	C	E	
R	Y	E	R	E	A	D	S	R	I	C	E		

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|-------------------------|------------------------|
| 30 Lummo                | 48 Pen name            |
| 33 Muscat native        | 49 Faculty heads       |
| 34 Frosty               | 50 Worked underground  |
| 35 Singer Smith         | 51 Disencumbers        |
| 37 "How — doing?"       | 52 North African port  |
| 39 Edmonton Oilers org. | 53 Silent              |
| 41 Calendar box         | 54 Prepare for mailing |
| 42 Printer's measures   | 55 Not there           |
| 43 "— up, Doc?"         | 56 Frankfurt's river   |
| 44 Water, in Montreal   | 59 Uniform wearer      |
| 47 Chef Child           | 60 Triumphant cry      |



Star Wars game (\$20), Polar Express game (\$15). Selling both for \$30. Please call 703-2147 or leave a message at 370-2173.

**FOR SALE:** Pecans! Great for cooking or just munching on. Already cracked and ready to go. 1 lb. for \$6. Any questions please call Racheal at 830-4565.

**FOR SALE:** Blue sofa \$80. China cabinet w/ hutch \$250. Roll top desk \$100. Spring Air mattress (full-size) \$150. Microwave and stand \$50. Call Paul or Linda Fay at 691-6511.

**FOUND:** Something valuable! If you have lost something, identify it and tell the location in which you have lost it. E-mail: [letsgo cowboys86@yahoo.com](mailto:letsgo cowboys86@yahoo.com).

**LOST:** A red Lexar jump drive,

on Friday, Feb. 25, in Computer Lab. Very important. Will offer a \$20 reward. No questions asked. Please call Nathan at 596-0394.

## TEXTBOOKS

**BOOK FOR SALE:** HIST 2103, \$15. Please call 793-2774.

**BOOKS FOR SALE:** Hillcrest Medical Center, Beg Med Transcription Course, 6th Edition. Keyboarding and Word Processing latest. Please call 408-2828.

**BOOKS FOR SALE:** HIST 1483, 3rd Edition, American Journey \$60; American Portrait Vol.1, 2nd Edition \$30. E-mail: [eileen4Davis@hotmail.com](mailto:eileen4Davis@hotmail.com) or call 681-1023. I'm on campus 6 days a week. You'll save over \$30.

# Missing international student case reopened

**"Mayuko,"**  
Cont. from page 1

about six months ago, Kikkawa said. Since then, she said, the network has been in touch with the mother and they're now coming to Oklahoma City to film the show.

Kawase's mother and younger sister were scheduled to arrive in Oklahoma City Thursday, March 16, to work with the television crew and retired Texas police inspector Marx Howell, Kikkawa said.

Kawase's mother and sister also will meet with the Assistant District Attorney and detectives from the OCPD Missing Persons Unit and Cold Case Unit, Kikkawa said.

Howell, 67, worked for the Texas Department of Public Safety for 32 years and has been involved in police work for 44 years. He also is an expert in forensic hypnosis.

"Forensic hypnosis is where you use hypnosis with witnesses and victims to crimes in an effort to refresh their memory," Howell said.

Howell has consulted with TV Asahi in homicide and missing persons cases in Japan, he said.

But, he said, Kawase's case is different because it

happened in the United States and there are, to his knowledge, no witnesses to any crime related to her disappearance.

"One of the things that I'll be doing is assisting [TV Asahi] in looking at this case in what I call, 'an equivocal disappearance analysis.'

"That means, 'this person's disappeared and there can be different reasons or causes for the disappearance,'" Howell said.

The main part of Howell's investigation will be to look at the case from a psychological standpoint, he said. In other words, he wants to try and get a mental profile of Kawase, he said.

Kikkawa and Howell both strongly encourage people with any information regarding Kawase's case to come forward. Howell said even if the information may seem unimportant to the case, it may be crucial to locating Kawase.

Howell stressed that TV Asahi is investigating the case from a family's standpoint.

"All they want to do is try to help get the word out and see if they can get somebody to come forward and help," Howell said.

Anyone with information regarding Kawase's disappearance can contact the OCPD Missing Person's Unit at (405) 297-1288.

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