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## Nursing center about to lose good fishin' hole

By Mark Stack  
Editor

Nursing students can always tell when it's raining outside — and just how much — by the size of the water puddles in the classrooms.

But those puddles are about to dry up for good.

The OKCCC Board of Regents authorized the construction of a new roof over the northwest portion of the building where the school of nursing is located.

Oklahoma Roofing and Sheet Metal, Inc., is in charge of replacing the roof after they won a competitive bid for \$92,546.

Art Bode, vice president for Business and Finance, said once the work order is in place, Oklahoma Roofing will begin replacing the 20-year-old roof.

"The documents for completing the work are being processed and we anticipate construction to begin in November," said Bode.

"Without significant weather delays, the project should be complete before the spring semester begins," he said.

Many people in the nursing department will be glad to see a new roof over their heads. Director of the nursing program Lea Ann Loftis is one.

"[The faculty] is ecstatic and so are the students," Loftis said. "It will make a whole lot of difference in our classrooms and in the way students feel about our program because [the rain] became very disruptive to students trying to learn."

The disruption included damage to classroom computers and the mini-hospital, making the learning process a difficult one.

See "Nursing," page 12



OKCCC student and bookstore employee Mike Sanders organizes books on the shelves in the new bookstore, located in the main building across from the Admissions office. The bookstore opened for business in its new location Thurs., Oct. 31.

## Communications lab, bookstore ready for students

By Ashley Martin  
Staff Writer

The Board of Regents recently accepted two remodeled areas as complete at the Oct. 21 meeting.

A walk-through of the Communications Lab and the bookstore was held during the meeting, said Art Bode, vice president of

Business and Finance.

"To be accepted by the Board of Regents as substantially complete, the Communications Lab and the bookstore have to be able to be used for their intended purpose," he said.

"Some minor items may still be required to be completed by the contractor."

The bookstore moved into its remodeled location Oct. 26, 28 and 29, and opened for business on Halloween.

Mike Sanders, journalism and broadcasting major and bookstore employee, helped move the bookstore to its new home.

"It's been trying," he said. "But it's all worth it because this [location] is better than the gym."

Sanders said certain parts of the job were more difficult and time-consuming than other parts.

"The most tedious work was getting all of the books

on the shelves," he said.

The new Communications Lab will not be inhabited until some time during the winter break.

As for the area in the gym where the bookstore was temporarily housed for the last year-and-a-half, it's not completely back to normal yet.

"The gym has electrical wiring and the [temporary] wall still in place," Bode said.

"Depending on when the contractor completes the tear-down and clean-up, the portion of the gym used by the bookstore may remain closed until the con-

See "Areas," page 12

**Correction:**  
The actual date to withdraw from 16-week classes is Nov. 8



## Editorial and Opinion

### Editorial

# 'Bachelor' a leap backward

Networks come up with some crazy ideas to hook viewers, and "The Bachelor" is no exception.

"The Bachelor" is not a new show — it's in its second season. It just took me this long to watch any of it, and I still haven't been able to sit through an entire episode. The behavior of the women on that show nauseates me.

Whatever happened to respect for women? Whatever happened to women respecting themselves? All the rules went straight out the window with this one.

First we have Aaron, the bachelor. He's a good-looking guy. It seems hard to believe he has ever had trouble getting a date, yet he plays the "poor lonely me" card perfectly.

Then there are all these women. They are beautiful, smart, charming. They don't seem like the types to be hurting for male companionship, either. So what is the problem here?

All the women live in a house together. They are cut off from the world — no TV, phones, Internet. All they can do is sit around and talk about Aaron. Pine for Aaron. Doodle their names with his last name attached.

After each episode, there is a "Rose Ceremony" where Aaron chooses which of the women he wants to go on to the next show.

The ones left without a rose go home heartbroken, or so the promos say. The idea is to have one woman standing at the end of the season who will ride off into the sunset with Aaron. Yuck.

Shows like this should not even exist. Women should not be portrayed in this pitiful, helpless role. Granted, all of the women on "The Bachelor" took part on their own.

That was their choice. But it's what got them to the point of doing it and how some of them behaved once they got there that I have the problem with.

On one episode, Aaron had one-on-one dates with six of the women (and made out with several of them.)

One of the girls was so hung up on him, she cried and practically begged him to choose her. Needless to say, after showing her true feelings, he sent her packing due to her "emotional instability." How sweet and sensitive.

It seems that no matter how much time marches on, the treatment of women stays stuck in a time warp.

How could any of those women be taken seriously?

As long as there are people willing to exploit themselves for their 15 minutes of fame — or a mate — things will never change.

—Ashley Martin  
Staff Writer

# Beating addiction more important

### To the editor:

Unlike many of the others who have entered into this discussion, I will be happy to have my name included with this letter.

If you cannot associate your name with your opinions, then keep them to yourself.

I suppose there might be situations in which your job might be at risk if you were identified, but don't hide behind "Name withheld by request" just because you are afraid of others knowing that your opinions belong to you.

I want to preface my comments by stating that I am a non-smoker; I've never smoked, and I have no intention of smoking in the future.

I want to set a good example for my children and extend my life expectancy as long as possible.

But I am concerned about this "persecution mentality" that now exists related to smokers.

It used to be, in the case of other minorities that were discriminated against, that those biases were based upon ethnicity, reli-

gious affiliation, or sexual orientation.

Society says that those practices are unacceptable, yet we continue to accept overt discrimination against the portion of our society that has made the decision to smoke.

Even our government has enacted laws that seem heavy-handed when dealing with smokers.

Smokers continue to pay outrageous taxes for their vice to the very government that forces them into their "smoking ghettos," as far away from the building as possible. I fail to see how we are creating a healthy environment when they have to sit out in all types of weather to suck some more poison into their lungs.

I would expect that all smokers realize that it is an unhealthy activity. I bet they also know that secondhand smoke can be a health issue for others.

I would think that most of them would like to stop smoking if they could.

I think that it is past time to use a little common sense on this issue. Let's

get serious about helping individuals stop smoking. Let's use more of the tobacco settlement money to expand anti-smoking programs in schools.

Or let's continue down the road we are traveling and banish all smokers from the entire campus.

—John Richardson  
Director of Computer  
Systems Development

## PIONEER

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off the mark by Mark Parisi  
www.offthemark.com



Comments and Reviews

# Opponents of homosexuality should learn not to be afraid, speak their minds

**To the editor:**

On Nov. 20, the Gay Alliance and Friends are organizing a day of celebration and support for gays, lesbians, bisexuals and transgendered persons.

The purpose of my writing is not to slander or bash people who choose these lifestyles. I simply want to exercise my freedom of speech to express my opinion on this issue.

The Gay Alliance and Friends have the same right to speak and organize in support of their agenda. I feel that there are men like myself who disagree with the "alternative" lifestyles and our voice should be heard as well as the supporters of such lifestyles.

There is no doubt that this is a moral issue. We live in a day where the idea of moral absolutes is questioned and scoffed at. I would like to go on the record as saying that homosexuality in any way, shape or form is a sin.

This does not come from my own ethical convictions, but from the Holy Bible.

To put it simply — God says it's wrong. 1 Corinthians 6:9-10 in the New King James Version says: "Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor sodomites, nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God."

According to the Bible, homosexuals will not see heaven. Homosexuality is a forgivable sin; however, if you die having not repented or changed, the Bible says you will not be in heaven.

That is a sad fact, and scary for those of us who know homosexuals and should concern you if your sexual behavior falls into these categories.

Most of us are familiar with the story of Sodom and Gomorrah (Genesis 19). God destroyed these cities because of sexual immorality. There are several other scriptures that

deal with this. I would encourage you to look up Ephesians 4:17-19, Galatians 5:19-21, Leviticus 18:22-23, 1 Timothy 1:9-11, 2 Timothy 2:22, 2 Peter 2:6 and Romans 1:26-27.

These scriptures really say it all. If you believe the Bible is the word of God, then you are faced with the words of these scriptures. I know there are many students and faculty who agree with this.

We as Christians need to break our politically correct silence and let our voice be heard. The Gay Alliance is

**"According to the Bible, homosexuals will not see heaven. Homosexuality is a forgivable sin; however, if you die having not repented or changed, the Bible says you will not be in heaven."**

—Jon Kuhlman  
OKCCC Student

sure that they are heard. We have the right and the obligation to speak the truth.

I encourage all supporters of the Gay Alliance to be open minded, get a Bible and read what it says.

I encourage Christians to be meek and kind to homo-

sexuals and their friends. God loves us all the same.

Perhaps we can help some others be reconciled with him through our witness.

—Jon Kuhlman  
OKCCC student

## '8 Simple Rules' gets the nod for an entire season on ABC

The life expectancy of a new sitcom on television these days is about three episodes before it gets whacked and canceled.

ABC has struggled the past two years with low ratings for miserable shows.

Luckily for ABC, they may have found a winner by turning to sitcom veteran John Ritter and a scantily clad 16-year-old.

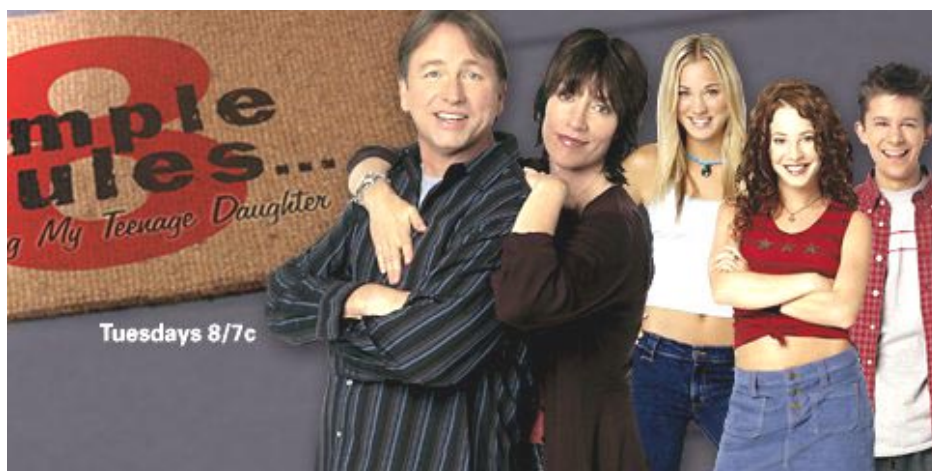
"8 Simple Rules for Dating My Teenage Daughter," which airs at 7 p.m. on Tuesday nights, has developed a winning formula combining family antics with a little — or a lot — of skin.

Apparently the formula works as it has already been picked up for a full 22-

episode season.

The show stars Ritter and Katey Segal of "Married with Children" fame in a

but it's easy to see all the storylines go through Bridget. Karey and Rory give as much back talk as



show about father dealing with the ever-so-dramatic life of his teenage children.

Kaley Cuoco is Bridget Hennessey, the aforementioned sexy 16-year-old who barely knows how to cover her skin. That, in and of itself, may be the reason why this show was picked up and receives high ratings. No complaints here.

The two other children, Karey and Rory, are funny

Bridget shows skin.

Ritter, for the first time in years, is very funny as Paul. It's nice to see someone land back on their feet after making some terrible career choices.

It's not the best show on TV, it's not the funniest. But it is cute, quirky and family oriented. A rarity these days.

—Mark Stack  
Editor

## Where does all the money go?

**To the editor:**

I am appalled that we are being told that there is no money for items we need, and we didn't get a cost of living raise to offset the increase in our insurance, but we have money for all of this new furniture for the upper echelon.

Have you seen some of these new offices? No wonder we don't have any money.

They remodeled the main building first floor and now we have lots of wide open, wasted space, no classrooms for classes that are scheduled and now they are telling the department chairs to start looking at adjunct classes we can cut for Spring. I thought this was a school, not a showroom.

Even the President's financial report was costly. Why wasn't it done in the print shop like the directory?

—Name Withheld  
by Request



# Biology prof credited with creative learning

**By Xiao-Wei Zhuang  
News Writing I Student**

Dennis Anderson, current chair of the biology department, knows the best way to study biology.

"Draw pictures of the things that you are trying to learn," he said, "If you draw a picture, you are able to remember, even the words."

Anderson recently received his 30-year plaque from OKCCC. He is the founder of the online biology class and the first to create a unique syllabus for the biology department.

Anderson, 58, has been teaching biology at OKCCC since the college's inception.

"I like to work here," he said. "It is an enjoyable job to teach, and a fine place to work."

Anderson said the college gets better every year.

"There is always a challenge every year with the new students."

He is currently teaching four classes — both online and standard. Anderson

has been innovative in the biology department, said Biology Professor Brenda Breeding.

"He was one of these who set up the whole biology online program for the college campus," she said.

Students taking biology online can go to a specific website, follow the professor's directions and requirements for a specific course.

Anderson designed the instructional material for the website.

Anderson said the online lab is probably the hardest challenge for science teachers.

"I ask the students to do the lab work in their kitchens," he said.

"Students don't have microscopes at home so I put pictures on the website so that they are able to recognize what the biology looks like."

Anderson said he recorded his voice lectures and wrote down the scripts of his lectures online.

For disabled students, international students and distance education students, Anderson said, these

have been great help.

"Two of my students were Taiwanese.

"They actually finished my general biology class online when they were on vacation in Taiwan last year," Anderson said.

Internet-based classes are a new way to teach. In Anderson's opinion, as long as people have a computer with Internet access, they will do well.

Some students who experienced science classes at OKCCC might be curious about where the thick syllabi come from.

That was another creation of Anderson.

"Mr. Anderson created those thick syllabi for our biology department," Breeding said.

"It was unique at that time."

A syllabus with objectives in the back helps students understand what will be focused on in every chapter. The syllabus provides the best way to guide students on how to review a long unit.

Sheau Huei Te, chemistry engineering major, took an online class with Ander-

son.

"I was so nervous before I took his class because that was my first semester here," she said.

"Mr. Anderson was nice and he encouraged me to take the class.

"He said that it would not be hard if you follow the directions," she said.

"He had an amazing website, and it helped me to solve every single problem.

"I enjoyed his class."



Photo by Kat Mohr

**Dennis Anderson**

## Regents say yes to retention pond project

**By Kat Mohr  
Staff Writer**

A project that will be both helpful to the college and pleasing to the eye is about to be started.

The Board of Regents approved a contract with Oklahoma City on Oct. 21 to build a detention/retention pond on the campus. The contract also includes fountains and jogging and walking trails.

The pond will encompass 18 acres on the northeast side of the campus, where May Avenue and 74th Street intersect.

"The purpose of the pond is to detain the storm water flowing downstream from the college," said John Knight, director of the physical plant.

According to the regents agenda, this area is currently being used for storm water drainage, and granting the easement will have no adverse effect on the amount of land available to the college for other uses.

Oklahoma City ordinances require detention of storm water on developed property to prevent increased runoff. The cost for Oklahoma City to construct this pond is estimated at \$1.2 to \$1.5 million.

The college will provide \$100,000 of Section 13 Offset Funds to assist in the construction. Section 13 Offset Funds are provided through the OK State Regents for Higher Education based on appropriations from the state legislature. These funds can only be used for meeting the capital needs of the college which include such things as construction, remodeling and equipment.

"[This pond] is a quality addition to this community and our campus," said OKCCC President Bob Todd.

The college's responsibility in this project would be to provide an easement to the city for construction and then continue to maintain the property. Information available from Oklahoma City suggests the project would begin after the first of the year and would take between six and eight months to complete.

"We will work with the city in an effort to have the project complete before classes begin next fall," said Art Bode, vice president for Business and Finance.

after this, the corporate ladder will be a piece of [cake]

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Photo by Kat Mohr

Theater student Zakee King and Theater Professor Ruth Charnay

## Theater students' talent recognized at festival

By **Kate Brennan**  
Staff Writer

The OKCCC theater department was honored at the American College Theatre Festival for the performance of "The Immigrant" on Oct. 25 at the University of Central Oklahoma.

Zakee King, OKCCC student, was awarded the Lead Actor Award for his performance.

"The judges felt that he did such an outstanding job that he deserved the award," said Ruth Charnay, professor of theater.

The Excellence in Acting award is only given to a student who is deemed exceptional, and is not a yearly award, she said.

"The entire audience of six participating schools

gave a standing ovation when he went to accept his award," said Charnay. "It was quite an experience."

Tom Johnson, OKCCC student, received the award for Excellence in Set Design, and Charnay won the award for Excellence in Directing.

The Resurgence Choice Award was shared between OKCCC and UCO for the best production in the festival.

Three students involved in the performance also were nominated for the Irene Ryan Scholarship.

Irene Ryan, better known

as Granny from the Beverly Hillbillies, left much of her estate in the form of scholarships for theater students, said Charnay.

Only three students may be nominated from each school.

Zakee King, Jessica Ball and Cortney Diehl received the prestigious nomination, she said.

"I'm so proud of the level of work accomplished by these students," Charnay said.

"All the actors deserve kudos for creating wonderful characters that really touched the audience."



### Be a Part of the New Homeland Security Agency!!!

The U.S. Coast Guard, the uniformed Maritime Law Enforcement Agency under the Department of Transportation, has immediate openings for highly motivated people to help meet challenges associated with the new homeland security Agency missions.

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## Blood donors urged to line up

By **Jennifer Hutchings**  
News Writing I Student

If you weigh more than 105 pounds and are over the age of 17, the Oklahoma Blood Institute wants you. OBI will be at OKCCC Nov. 20 and 21 collecting life-saving units of blood.

Nationally, only 5 percent of the people who can give blood actually do so, said Cindy Draper, recruiter for OBI.

Ten percent of Oklahomans who are eligible to donate give blood, she said.

Draper said there is always a need for blood. According to the OBI statistics, every three seconds someone needs blood.

"It's very rewarding knowing I have put forth 45 minutes of my time to save someone's life," she said.

All donated blood stays in Oklahoma, supplying 90 hospitals around the state.

Draper said there are added benefits to the donor aside from personal satisfaction.

"Every donor receives a free T-shirt, cholesterol check and pretty much a physical," Draper said.

OBI offers juice and cookies to all donors.

Donors also can check their blood type and other results online.

Mike Jones, director of Student Life, said he hopes to see a record number of donors this time around.



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# Employees creamed for a good cause

OKCCC'S United Way Campaign ended with the "Pie in your face" auction on Oct. 30, which was held in the college union.

OKCCC raised \$789 from the auction for the United Way.

The grand finale consisted of 15 pies, which were auctioned off to the highest bidder.

An online poll was held throughout the month of October where employees were given the chance to nominate the top 15 "most wanted" pie in your face employees.

J.B. Messer, assistant director of the physical plant, was the only person nominated this year that was actually on the United Way Committee.

"This fund-raising activity was generated by the committee, and we didn't know what kind of response we were going to receive," Messer said.

"But I think we had a really good turnout."

Messer said he thoroughly enjoyed getting pied. "It was absolutely wonderful."

All of the nominees in the fund-raiser agreed that getting messy was worth it if it meant supporting a good cause.

OKCCC President Bob Todd was one of many people that showed their support to the United Way by receiving a pie in the face.

"It was great fun for a great cause," Todd said.

Some other United Way activities included Blue Monday and Family Feud.

There was also a drawing held during the auction in which Amber Hallmark, coordinator of community outreach, won two OU-OSU football tickets.

People donated \$5 to participate in the drawing.

OKCCC raised \$250 from the donations made for the drawing.

Paula Belcher, secretary to the executive director of enrollment management, said she was very pleased with the response she received from college employees.

"I really feel like everyone here on campus cares about helping people," Belcher said.



Media Relations Coordinator Jessica Martinez-Brooks slowly smears pie all over the face of Assistant Director of the Physical Plant J.B. Messer.

"J.B. was the only person from the United Way committee that was nominated this year," Martinez-Brooks said. "So, he deserved to get pied."



Senior Executive Secretary Jean Snow makes sure not to miss a spot as she rubs pie all over OKCCC President Bob Todd's face.



Coordinator of Student Activities and Promotions Mike Jones asks members of the Student Ambassador team a trivia question during Family Feud. The Division of Health Professions beat the Student Ambassador team 286 to 116.

Todd smiles after getting pied in the face. He said he had a great time regardless of the mess. "I'd do it again but next time I'll get even with Jean," he said.

Photos and text by Kat Mohr



# OKCCC veterans reflect on time in the military

By **Kate Brennan**  
Staff Writer

OKCCC has a large representation of veterans as a part of faculty and staff.

No matter where a person was stationed or what division of the military they served in, there is a collective understanding of what service means to them.

"Most people don't realize the sacrifices [service men and women make,]" said J.B. Messer, assistant director of physical plant.

Messer served in the Navy for 21 years and was stationed in seven different states.

They don't see or understand the time and resources that are required, he said.

Veterans form a bond with one another with an understanding that only individuals like them can know.

"I think the people involved [themselves,

family or friends] recognize the value of Veterans Day," said Messer.

He believes that Veterans Day should be a celebration and a thank you to all the people that have served the United States.

Lloyd Kingsbury, health lab coordinator, remembers when he used to visit the memorial at the Oklahoma state capitol every year to pay his respects to those who have fought and continue to fight for American values.

"I would go there again this year if I had the day off," he said.

Kingsbury served in the Navy for four years and was stationed in San Diego and Vietnam.

Kingsbury agrees with Messer that it takes military background to truly appreciate Veterans Day.

With freedom having been questioned in the past year, Veterans Day is a time to give respect and honor those that have fought for the freedoms all Americans enjoy.



Kingsbury



Messer

## Local events honoring Veterans Day

— A one-hour long observance and memorial will be held at the 45th Infantry Museum, located at N.W. 36th and Grand, at 10 a.m., Monday, Nov. 11. For more information, call 228-5212.

— The U.S. Band of the West will perform at Rose State College at 7 p.m., Monday, Nov. 11. They ask that visitors please arrive by 6:30 p.m.

— Members of the Paralyzed Veterans Association, Mid-America Chapter (MAPVA), will participate in a ceremony entitled "Freedom Is Not Free" at the Norman Veterans Center 1776 E. Robinson, starting at 3 p.m., Monday, Nov. 11.

— The MAPVA will participate in a ceremony at the Historical Building Memorial Garden in Oklahoma City on Tuesday, Nov. 12. For more information and time of the event, call 800-321-5041.

## The roots of Veterans Day

In 1918, on the eleventh hour of the eleventh day in the eleventh month, the world rejoiced and celebrated. After four years of bitter war, the Allied powers signed a cease-fire agreement (an armistice) with Germany at Rethondes, France, on Nov. 11, 1918, bringing World War I to a close. The "war to end all wars" was over.

November 11, 1919, was set aside as Armistice Day in the United States, to remember the sacrifices that men and women made during World War I in order to ensure a lasting peace.

On Armistice Day, soldiers who survived the war marched in a parade through their hometowns. Politicians and veterans gave speeches and held ceremonies of thanks for the peace they had won.

Armistice Day officially received its name in the United States in 1926 through a Congressional resolution. It became a national holiday 12 years later. Congress voted Armistice Day a federal holiday in 1938, 20 years after the war ended. But Americans realized that the previous war would not be the last one. World War II began the following year and nations great and small again participated in a bloody struggle. After the Second World War, Armistice Day continued to be observed on Nov. 11.

In 1953 townspeople in Emporia, Kan. called the holiday Veterans Day in gratitude to the veterans in their town. Soon after, Congress passed a bill introduced by a Kansas congressman renaming the federal holiday to Veterans Day.

Beginning in 1954, the United States designated Nov. 11 as Veterans Day to honor veterans of all U.S. wars. In 1971 President Nixon declared it a federal holiday on the second Monday in November.

Americans still give thanks for peace on Veterans Day. There are ceremonies and speeches and, at 11:00 in the morning, most Americans observe a moment of silence, remembering those who fought for peace.

After the United States' involvement in the Vietnam War, the emphasis on holiday activities has shifted. There are fewer military parades and ceremonies. Veterans gather at the Vietnam Veterans Memorial in Washington, D.C., to place gifts and stand quietly as the names of their friends and relatives who fell in the Vietnam War are read.

Families who have lost sons and daughters in wars turn their thoughts more toward peace and the avoidance of future wars.

Veterans of military service have organized support groups such as the American Legion and Veterans of Foreign Wars.

On Veterans Day and Memorial Day, these groups raise funds for their charitable activities by selling paper poppies made by disabled veterans.

This bright red wildflower became a symbol of World War I after a bloody battle in a field of poppies called Flanders Field in Belgium.



Veterans Day  
November 11

# 'Smoke Out' prompts some — not all — to quit

By Ashley Martin  
Staff Writer

Great American Smoke Out Day is approaching on Nov. 21, and it's getting some smokers at OKCCC to think about quitting the habit.

"I'm [going to] try to quit," said Brian Doherty, biotechnology major.

"I've tried the Nicotrol inhaler, patches, Zyban [prescription smoking cessation aid]. Nothing has worked so far."

Doherty, 24, who has been a smoker since the age of 14, said cancer runs in his family. That fact forced him to try to quit.

"I'm tapering off; there's no way I could go cold turkey."

"I'm down to five to 10 cigarettes a day. It used to be 30."

Business major Amy Pack, 20, said she has smoked since the age of 13.

"I quit cold turkey for a year-and-a-half, but I started back up again."

Pack said her grandmother has developed emphysema, so quitting is important to her.

Brandi Tibbets, liberal arts major, said she has no plans to quit on Nov. 21.



Brandi Tibbets

"I think if I intend to quit, it will be on my own day, on my own terms," she said.

Tibbets said she had not attempted to quit in the past, "but I'm starting to think about it."

"It's one of those things you put off until you feel it's a necessity."

She said when she does decide to quit, there will be no patches or gum for her.

"I'll just quit. It's all mental anyway."

OKCCC employee Cathy Bowman quit smoking in 1990.

Bowman, a Macintosh lab assistant at the college, said quitting was difficult for her.

She said she used Nicorette nicotine gum to assist her.

"I couldn't have done it without it."

Bowman, a smoker for 10 years, said both of her grandfathers died of cancer, which prompted her to quit.

"I tried half-heartedly before, but I knew I had to do it," she said.

Several smokers declined to comment on the issue; however, one anonymous smoker said she never planned on quitting.

"I don't even know what the Great American Smoke Out is, and I don't plan to quit that day."



Amy Pack



Brian Doherty

## You know, there's a class for that

Smoking cessation classes

### FreshStart

**Where:** Baptist Medical Center,  
3300 NW Expressway, Oklahoma City

**What:** Four weekly one-hour sessions offered every month. Available to the general public.

**Contact:** For more information, call 951-2277 or 1-800-327-2273.

### Smokeless

**Where:** Central Oklahoma Medical Group,  
1025 Straka Terrace, Oklahoma City

**What:** Four sessions. Available to the general public.

**Contact:** Margaret Enright at 636-1906.

### Freedom From Smoking

**Where:** Deaconess Hospital,  
5501 N. Portland, Oklahoma City

**What:** Seven sessions. Available to the general public.

**Contact:** Tina McLaughlin at 848-4079.

### Tobacco Cessation

**Where:** 72 Medical Group/SGPZ,  
7900 1st Street, Tinker AFB

**What:** Four week duration. Available to those older than 18, on active duty, dependants and military retirees only.

**Contact:** For more information, call 734-5400.

## Gum and patches and pills, oh my!

Smokers turn to many sources to get out of the nicotine woods

By Ashley Martin  
Staff Writer

Many know that attempting to quit smoking is hard. Actually following through can be even harder.

There are many resources available to people who wish to quit smoking.

Nicotine patches, which can be purchased over the counter, are designed for light smokers and heavy smokers alike.

NicoDerm CQ comes in three steps, or strengths.

According to www.nicodermcq.com, step one is for those who smoke more than 10 cigarettes a day.

It has the highest amount of nicotine per patch at 21 milligrams.

After six weeks on step one, it's on to step two, a 14-milligram patch, for two weeks.

After step two, a seven-

milligram patch is used for two weeks. Then the former smoker is patch-free.

The website advises smokers who smoke less than 10 cigarettes a day to start at step two and stay on it for six weeks.

After six weeks on step two, they are then supposed to use step three for two weeks, and be smoke free from then on.

Another option is Nicorette, the nicotine gum, which is made by the same company as NicoDerm CQ.

According to www.nicorette.com, Nicorette can be used two ways.

The smoker can chew Nicorette on a regular schedule to help prevent cravings.

Or, a piece can be chewed only when the craving hits.

Either way, it is recommended not to chew more than 24 pieces of Nicorette in a 24-hour period.

A relatively new way to

quit smoking, which only appeared in the market in recent years, is the use of Zyban.

According to www.zyban.ibreathe.com, Zyban is a nicotine-free pill that is available to smokers who are 18 and older, only by prescription.

The pill is said to "work on the part of your brain that is addicted to cigarettes."

Unlike with patches or gum, those who use Zyban continue to smoke when they begin the program and set a date to quit during the second week of treatment.

It is estimated that quitting should take about seven to 12 weeks when using Zyban.

Support groups are also available to assist people once they have decided to stop smoking.

Visit [www.cancer.org](http://www.cancer.org) for more information on local groups and activities.

### Count 'em up:

Smoking even one pack a day adds up to 7300 cigarettes annually.



# Ghouls, goblins, Spongebob party down

## Annual Halloween party offers fun for all ages



A college union packed with tiny smiling faces proved OKCCC's annual Halloween Party was a success. With temperatures taking a downward turn, the majority of parents saw the indoor Halloween party to be a good alternative to trick-or-treating in the frigid outdoors.

"It's too cold outside [to go trick-or-treating,]" said Belinda Carrasco, OKCCC student.

"Besides, [my daughter's] loving it," she said.

Robbie Smith, OKCCC student, likes the convenience and safety that the party provides for the children.

"[My husband and I] both go to school here," she said.

"It's safe, it's not cold and it's a lot of fun," said Smith.

The parents kept careful eye over the children as they went to each activity.

"It was warm on my hands, but it was fun," said Taylor Parker, 6, after she made a wax casting of her hands.

Media Relations Coordinator Jessica Martinez-Brooks was on hand to help staff a photography booth.

"I think [the party] is a safe and fun way to spend Halloween, especially since it's indoors," Martinez-Brooks.

Various student clubs set up activity booths so children to get candy and play games.

"There are all kinds of activities going on for kids to participate in," she said.

Mike Jones, coordinator of activities and promotions, was happy with this year's attendance.

"The party was cookin'," said Jones.



Spencer Douglas gets his groove on, on the dance floor in the student union. Andrea Douglas was glad she decided to bring her son to the OKCCC Halloween bash. "I think this party is a great place to bring your kids because it is safe and warm."



Idshua Taylor leaves the candy behind as he focuses on playing with his balloon. Paul Baker, Taylor's grandfather, was pleased with the party. "My daughter told me about this party," Baker said. "So, far it's been a good experience."



Health Professions Club member Christina Walters bandages up Shaina Harris's arm in the MASH unit.

Text by Kate Brennan  
Photos by Kat Mohr



# Highlights

## Tuition fee waivers available

Spring Tuition Fee Waiver applications are currently available in the Student Financial Aid Center. The last day to submit applications will be Friday, Nov. 15. No applications will be accepted after 5 p.m.

## Listen to the sweet tune of culture

The Oklahoma City Symphonic Band will perform at 7:30 p.m., Nov. 5 in the college union as part of OKCCC's Cultural presentations. General admission is \$8. Student and senior citizen admission is \$6. For more information or tickets, call 682-7579 or visit [www.okccc.edu/globaled](http://www.okccc.edu/globaled).

## Make transferring easier

The Health Professions Club will host Dr. Donna Hames to speak at 3 p.m., Thursday, Nov. 7, about the transfer process to the University of Oklahoma Health Sciences Center. Refreshments will be provided. The room number will be posted on the main board next to the Science and Math division office.

## Analyze a dream – for free

Shannon Keener will be giving a lecture "Dreams: Meaning, Language and Wisdom" at 12:30 p.m., Nov. 7 in room CU2. The lecture is free and everyone is welcome.

## Share your blood

The Oklahoma Blood Institute will hold its second blood drive this semester from 10 a.m. to 3:30 p.m., Wednesday and Thursday, Nov. 20 and 21, in the college union. All donors will receive a free T-shirt.

## Earn some easy money

Five scholarships are available for OKCCC computer science, engineering and mathematics majors spring semester. Scholarships will be in the amount of \$3,125 per student and can be used for tuition, fees, books, supplies and equipment. The student must demonstrate financial need. For all selection criteria, contact Kathy Cupp at 682-1611 ext. 7361 or e-mail at [kcupp@okccc.edu](mailto:kcupp@okccc.edu). Applications are available from the Information Technology Division office or the 3rd floor library computer lab. The deadline for all applications is noon, Nov. 15.

## Scholarship available

Applications for the 2003 All-USA Academic Team Scholarships are available. Nominees from Oklahoma will be eligible for statewide recognition and scholarships through the All-Oklahoma Academic Team. The highest scoring nominee will receive \$2,000. Applications can be downloaded from the Phi Theta Kappa website with an access code. Please visit the office of Vice President for Student Services to receive the access code and to turn in applications. All applications must be turned in by Friday, Nov. 22. For more information call 682-7595.

## Nursing application extension

The nursing program has changed the application deadline for the Fall 2003 semester for the traditional program to noon, Friday, June 6. The deadline for the next LPN track program will remain at noon, Friday, March 28.

**Highlights are due by 5 p.m. each Tuesday for publication in the next issue of the Pioneer.**

**Correction:** Last week's issue incorrectly named Pathways Middle College High School as Pathways Middle School.



Photo by Kat Mohr

**Wild blue yonder:** Pathways Middle College High School students Nystacia Poole and Candace Albert prepare for take-off by strapping themselves into the flight simulator. The machine was available in the college union last week. "I was kind of dizzy and I screamed a little, but it was fun," Albert said. Steve Stein, owner of the Personal Motion theater, said the flight simulator gives the rider the sensation of flying a B-51 Mustang WWII fighter airplane. "I've flown a real jet before and this simulator is very close to the actual thing," he said.

## Hit the snooze button again

By Kate Brennan  
Staff Writer

**"The lecture is meant to give the audience a reason for why they dream what they dream."**

—Mike Jones

Coordinator of campus activities and promotions

Shannon Keener of the School of Metaphysics will be explaining why people dream in her lecture "Dreams: Meaning, Language and Wisdom" at 12:30 p.m., Thursday, Nov. 7 in college union room 2.

"The lecture is meant to give the audience a reason for why they dream what they dream," said Mike Jones, coordinator of campus activities and promotions.

Keener will take questions from the audience and help to analyze difficult-to-understand and recurring dreams.

Participants are encouraged to have a dream in mind to share, Jones said.

"All dreams are about the dreamer," said Shannon Keener, guest speaker and student of the School of Metaphysics.

She believes that all dreams are important and have some representation of the past 24 to 36 hours of the dreamer's life.

"It's like having a built-in counselor," said Keener, because of the feedback dreams give.

Keenan has been a student at the School of Metaphysics for two years and has been teaching for the past year.

The School of Metaphysics

has been in existence for around 35 years and has a main focus in the study and interpretation of dream symbols.

They have found that many symbols are common between dreamers.

"We call it the universal language of the mind," said Keenan.

**Got club news?  
Call Kate at  
682-1611,  
ext. 7676.**



# Classifieds

Pioneer Classified Advertising is **free** to all **currently enrolled OKCCC students** and employees for any **personal classified ad**. Ads must be submitted in writing with IDs supplied or work area and college extension included. Deadline for advertising is 5 p.m. Tuesday prior to the publication date. Call 682-1611, ext. 7674 for more information.

## AUTOMOBILES

**FOR SALE:** '01 Jeep Wrangler SE, auto, 4x4, custom wheels, a/c, CD, white with tan soft top. Excellent condition. 12K miles. \$15,800 OBO. Call 237-1146.

**FOR SALE:** '98 Eagle Talon TSI Turbo. Burgundy, 5-speed, power everything, gray leather interior, CD, sunroof. 37K miles, like new. \$9,900. Call 306-8466.

**FOR SALE:** '97 Acura CL, looks and runs great, 5-speed, one owner. Well maintained, new tires and brakes, sunroof, alarm, great sound system, high mileage. \$5,000. Call 842-5595.

**FOR SALE:** '96 Honda Civic EX. Black, gray interior, 2-door, power windows, locks & mirrors. Sunroof, spoiler, multi-disc changer, automatic, new timing belts & tires. In good condition, perfect

mechanical condition. \$7,000 OBO. Call Amber at 816-4338.

**FOR SALE:** '95 Ford Taurus Sedan, white, 3.0 Liter V6, a/c, power seats & windows. \$2,800 OBO. Call Eddie at 246-2361.

**FOR SALE:** '95 Mitsubishi Eclipse, red, 5-speed, a/c, Pioneer CD player, LCD screen for videogames, sunroof, alarm, good condition. New clutch, timing belt and radiator. \$6,000 OBO. Call 517-2305.

**FOR SALE:** '91 Honda Accord EX, auto, new tires, loaded with all power, 137K miles, a/c, very clean, excellent condition. \$3,900 OBO. Call 229-4279 or 605-0566.

**FOR SALE:** '90 Ford Taurus Wagon, auto, very reliable, clean, 160K. \$1,200 OBO. 557-0738.

**FOR SALE:** '89 Acura Legend LS, 4-door, automatic, all power, complete maintenance records, a/c, sunroof, security system, leather, excellent condition. 175K miles. \$3,000. Call Bob Carter at 682-1611, ext. 7543.

**FOR SALE:** '75 Honda CB 360T motorcycle. Beautiful classic in great condition with few minor blemishes. Original red paint with black and white graphics. Runs well. Own this original classic only \$1,400 OBO. Call Rob at 570-6150.

## ANIMALS

**NEEDED:** A good, temporary home for a 7-year-old male, neutered, orange, long-haired tabby. Affectionate and playful. Doesn't get along with other pets. Will help with expenses. Perfect companion for calm college student until end of year. Call Devon at 326-8939 or 364-0922.

**FOR SALE:** Four adorable kittens, 7-weeks-old. One gray male, one gray female, two black females. \$5. Call Kyle, 386-7382.

**WANTED:** Warm and loving home for 8-month-old puppy. Vaccinations are current. Call 824-7386 or 922-1831.

**FOR SALE:** 5-month-old ferret with three-story cage and accessories. Call Rachel at 923-9019 or 685-1847.

**FOR SALE:** Doberman puppies, registered. Beautiful reds and two rare blues with blue eyes, 7 weeks old. \$275-\$400. Call Desi at 350-1146.

## ELECTRONICS

**FOR SALE:** Laney HCR 50 guitar amp. 50 watts, one 12" speaker. Two channels, perfect condition, only 10 hours of play time on it. \$160 OBO. Call Chris

at 250-9451.

**FOR SALE:** 5-month-old electric range, white, medium size. \$150 OBO. White, electric dryer, large capacity. \$50. Delivery negotiable. Call Phil at 229-0056.

**FOR SALE:** MBQuart Car Audio Speakers. Four 6.5 coaxial with separate 2-way crossovers. Two 4.0 coaxial. Original receipt included. \$400. Call 229-0056.

**FOR SALE:** Visioneer 3300 Scanner with cord and CD. Used once. \$75. Call Desi at 350-1146.

**FOR SALE:** Practically new G4 Quicksilver computer. With box. 733Mhz, 40G hard drive, 256 ram, CDRW. With MacOS 9 and 10. \$1150 OBO. Call 912-5105.

**FOR SALE:** '97 Tama Rockstar drums, maroon, excellent condition with new heads. Perfect beginners set. Included 14" snare, 12" tom, 13" tom, 16" floor tom and 22" bass drum. Asking \$400 OBO. Call Jonathan at 820-5969 or 745-3994.

## MISCELLANEOUS

**FOR SALE:** Jenny Linn style baby crib. Excellent condition with new mattress. Asking \$65. If interested leave message at 895-6542.

**FOR SALE:** Textbook for both Classical and Modern Humanities classes. "The Creative Impulse" 5th edition with study guide. Paid \$66 asking \$45. Call Ruth at 942-3121.

**FOR SALE:** Scrubs. Solids and prints. Tops, bottoms & jackets. L-XL. Call Roberta at 782-0081.

**FOR SALE:** Massage recliner, mauve. \$100. Also, nice stove, freestanding or fireplace insert with attached blower. Can heat 1,800 square-foot house, only one-year-old. Paid \$1,200. Asking \$800. Call 680-7513.

**FOR SALE:** Golf equipment. Odyssey white hot putter, \$100. Calloway Knock of Irons 3-PW, \$200. Putter and irons like new. Lightweight carry-style bag, forest green and black, \$40. All for \$300 plus balls, tees, and other golf items. Call Glen at 412-6028.

**FOR SALE:** Microsoft Frontpage software. Opened, but never used. \$80 OBO. Call Marissa at 204-9414.

**FOR SALE:** Mountain bike. Giant brand, medium size mens, one-year-old. Purchased new at the Cycle Shop in OKC for \$300. Must sell! \$175. Call to see 703-1247 or 682-1611 ext. 7374.

**FOR SALE:** Brown, wooden changing table, \$25. Little girls dresses in good shape, \$5-\$10 each. Girls' shoes, still look new,

\$5. Black plastic drawers, \$20. Black purse with silver hearts, \$15. AM/FM Radio, \$15. Large, glass aquarium with water bottle and hamster food, \$50. Call 912-0890.

**WANTED:** Open-minded male or female as a roommate to share 3-bedroom, 1-bath house around the area of N.W. 16th and Meridian. Must like pets. Pay \$250 rent and 1/2 utilities. Call 604-0216 after 7 p.m.

## EMPLOYMENT

**Wanted:** If you have 15-75 lbs. to lose, we have a career for you. 1-877-429-4500 xt. 391 or www.3vs.net/102.

## MUSICIANS WANTED

**WANTED:** Singer/frontman in all-original hard rock band. Must be able to entertain a crowd and put on a show while sounding great. All band members are proficient musicians. Influences include Incubus, System of a Down, Godsmack, and Apex Theory. Call Chris at 250-9451.

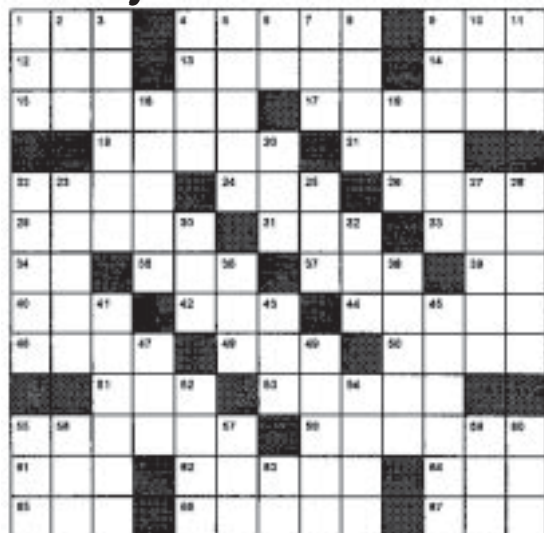
### April Tuesdays Upstairs Gift Emporium

8611 S. Western  
10% off with student/staff ID  
Brighton look shoes, watches, purses, jewelry, ladies and kid's clothes, home decor.  
Shop upstairs, it's worth the climb.  
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634-4831

### Real Life has no Referees!

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## weekly crossword



ACROSS  
1 Mine  
4 Make points  
9 Common noun suffix  
12 Ever (poetic)  
13 Path  
14 Born  
15 High Pitch  
17 Give  
19 Small  
21 Catch  
22 Possible  
24 Miscue  
26 Epoxy  
29 Nymph  
31 Children's game  
33 Navy rank (abbr.)  
34 Near  
35 Animal  
37 Chart  
39 Inanimate object  
40 Degree  
42 Rest  
44 Dish  
46 Toy  
48 Fuel

50 High cards  
51 No (Scottish.)  
53 Rushlike plant (Scot.)  
55 Hungry  
58 Reviews  
61 It is (Poetic)  
62 Leaves  
64 Grain  
65 But  
68 Resin (Scot.)  
67 Edu. group (Abbr.)

DOWN  
1 Arise  
2 Over (poetic)  
3 Oil  
4 Alone  
5 Best, elite  
6 Toward, to (pref.)  
7 Free  
8 Jacket  
9 Authorize  
10 Mesh  
11 Prepare golf ball  
16 Wide  
18 Gripe

20 Craft  
22 Sudey  
23 Correct (Comb. form)  
25 Male goat  
27 Join  
28 Park, CO  
30 Put on, as clothes  
32 Crack  
36 Joke  
38 Style of material  
41 Monarch, ruler  
43 Ballet step  
45 Performance  
47 Paddle  
49 Sudden flood  
52 Always  
54 Deteriorate  
55 Pig pen  
56 Same score  
57 Outside (Pref.)  
59 Fork prong (Scot.)  
60 Station (abbr.)  
63 Form of verb "be"

This week begins the Pioneer's relationship with a new crossword puzzle distributor. We hope you enjoy the new puzzles as much as you did the former ones. Thanks for being a loyal reader of the Pioneer.

Help us say  
**BON VOYAGE**

to the old crossword puzzle. Submit answers to last week's puzzle and be entered into a grand prize drawing for a \$20 gift certificate from Sellar's Cafe for delicious entrees, bubbling sodas, and juicy hamburgers.

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# Student arrested with false ID

By Jarrett Henderson  
News Writing I Student

Oklahoma City police arrested an OKCCC student Tuesday, Oct. 22, on a complaint of possession of a counterfeit ID and public drunkenness, according to a report filed by Oklahoma City Police Officer Kathy Dodd.

Joseph Michael 'Joey' Wishnuck, 18, was jailed in Oklahoma County and released that day, said a spokeswoman at the jail.

According to a report filed with the campus security office, at 7:10 p.m. OKCCC student Scott Nees went into the security office wanting to claim Wishnuck's wallet, which had been lost.

## New roof good news to students

"Nursing,"  
Cont. from page 1

"Part of the roof has collapsed from previous storms, which has damaged classrooms, the mini-hospital and the ceiling tiles," Loftis said.

"Every time it rained, there seemed to be more damage."

Bode agreed that the rain has hampered learning somewhat.

"The most concerning aspect has been the interruption of the educational process as classes have been forced to relocate," he said.

Bode said the new roof will solve those problems.

"When the roof work is complete, the Physical Plant personnel will repair all interior damage, including classrooms and ceiling tiles," he said.

In the report Dodd said that campus security had called Wishnuck and told him his wallet, credit cards and checkbook had been found in a campus parking lot. Wishnuck's phone number was obtained from the checks.

Dispatcher Jon Beardshear told Nees the wallet could only be returned to its owner.

At 7:15 p.m., Wishnuck entered the security office to claim the wallet. When Beardshear opened the wallet to make an identification check, he found two Oklahoma State identification cards, showing two different dates of birth for Wishnuck.

Beardshear said he then called OKCCC Security Officer Kevin Tipton.

Tipton looked at the two IDs and confirmed one as being false.

Tipton said when he told Wishnuck that having a false ID is a felony in the state of Oklahoma, Wishnuck ran from the security office.

Tipton chased Wishnuck through the main building and out into parking lot A, where he tackled Wishnuck. Tipton said, at that time, he noticed a strong

## Construction completed in two areas

"Areas,"  
Cont. from page 1

tractor is ready to proceed with the work in the gym."

Bode said the next area that is anticipated to be ready for acceptance by the Board of Regents will be the restrooms located near the Safety and Security office.

Bode said acceptance of the Enrollment Management office will be in the near future.



### Rapper Eminem stars in the movie "8 Mile." What other professional name is he known by?

Drop your answer by the Pioneer office located in 2M6 of the main building. Winners will be chosen at random from all correct answers. Deadline for entries is no later than 5 p.m. Wednesday, Nov. 6. Name and phone number must be included. Winners will be notified by phone Thursday, Nov. 7. All prizes must be claimed by Thursday, Nov. 14.

odor of alcohol on Wishnuck's breath.

Tipton notified the OCPD, who sent an officer.

The OCPD report indicated that Wishnuck drank a six-pack of beer in a friend's car in an OKCCC parking lot, prior to the incident.

OKCCC Head of Security Keith Bourque said OKCCC campus security officers are able to take someone into custody if they believe a law has been broken.

"It's basically like placing

someone under citizen's arrest," Bourque said, "[The] only [difference is] that we're security officers."

Wishnuck was not available for comment.

**Classified Ads FREE**  
to students, faculty,  
& staff. Go by the  
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a classified form by  
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