Help wanted: Summer jobs beckoning

By Darcey Ralls
Staff Writer

OKCCC is hiring swim instructors, lifeguards, diving coaches and camp counselors for the spring and summer.

Chris Moler, director of Recreation and Community Services at OKCCC, said he is looking for applicants. “It’s a good time to come and speak with our staff about employment,” he said. “If they don’t have the training, we have it for them.”

The Office of Recreation and Community Services, the Oklahoma County Chapter of the American Red Cross and the Recreation and Parks Society are sponsoring the Southwest Regional Aquatic and First Aid School May 7 through May 23 at OKCCC’s aquatic center.

For some of the thousands of water safety professionals, this is a training opportunity. For others, it’s a chance to make a difference in the lives of others.

See “Jobs,” page 9

Todd among few chosen for award

By Melissa Guice
Editor

Do the math.

Every year, for the past three years, only 20 college presidents from 12,000 community colleges around the nation have been chosen for the Shirley B. Gordon Award.

That’s just 60 out of a possible 3600 applicants for the award given to presidents who show great support for their school’s Phi Theta Kappa Chapter.

OKCCC President Bob Todd is now among the few. “This year, we only chose 15 [presidents], so it’s a very special award for Dr. Todd,” said Wendy Taylor of the PTK International Headquarters.

“It shows he has been very active with the chapter at the college and has

See “Todd,” page 12

Students’ hard work, dedication receive recognition

By Darcey Ralls
Staff Writer

When Judi Iardella was assigned to write an essay about a day in her life for an OKCCC English Composition course, she chose to write about an emotional night she spent looking for her now ex-husband who had become addicted to crack cocaine.

“I borrowed my friend’s car around 9 p.m.,” she wrote. “With posters in hand I drove to crack town and I put them on telephone poles. I left them in small convenience stores. I drove around and stopped the hookers walking the street and showed the posters to them. (Hookers sell more than sex, they sell crack).”

After reading the essay, her instructor Mary Adams encouraged Iardella to enter it in the English Student Essay Contest.

Iardella said she entered the contest and didn’t think about it again until OKCCC Professor Clay Randolph asked if she was going to the Student Awards Ceremony. She said she was.

Iardella, along with numerous other OKCCC students, were presented student awards and scholarships, including the Student Essay Award, at a ceremony April 23. Iardella and Traci Proctor won English Student Essay Awards. They each received $100 along with a book bag filled with books and other helpful writing tools.

Other students were award winners as well.

Receiving the President’s Award for Excellence were: Melissa Guice, Journalism; Gail Lee, Graphic Communications; Stacia Roybal, Theater Arts; Patricia Bowen, Management; Dietra Bradsher, Business; Thomas Newbrey, Diversified Studies; Leigh Ann Kolar, Psychology.

Charlotte Bolton, Political Science; Anita R. Franks, Physical Therapist Assistant; Daisy Mitchell, Administrative Office Technology; James Payne, Computer-Aided...
Go ahead, stand up for yourself

I had lunch the other day with a friend. As we were waiting for a food-service employee to show up and take our orders, a person from the end of the line walked up to the counter. Seeing no one around, she decided to help herself.

She glanced around, I assume to make sure the coast was clear, then made her way behind the counter in an obvious attempt to serve herself.

She retreated after finding the food she sought was not in the oven she opened.

When the food-service employee arrived, she took note of the obvious impatience of the woman in question. In response, she offered to help her first. However, she decided to ignore the fact that the woman entered the actual food preparation area.

As a restaurant worker, I know this is a major health code violation not to mention a big faux pas.

The worker knew this too. Afterwards, she proceeded to tell my friend and me what trouble the company could get into because of something like that.

The terrible thing is, nothing more was said to anyone else.

Why tell us?

Maybe because we were so obviously shocked by the rude behavior and the lack of response to it.

No one ever told that young lady she couldn’t help herself to food.

Regrettably, I saw myself in that food-service worker.

There are countless times when I have seen customers doing things they shouldn’t and I, too, am guilty of having never said anything to them. Instead, I allowed a manager to yell at me later.

This seems to be more of a problem as of late. People are refusing to stand up for themselves or for others. Why is that?

So someone won’t get mad at them?

So people don’t get their feelings hurt?

Because the customer is always right?

I don’t propose having people yell at each other nor do I propose everything one does be scrutinized.

What I do suggest is that when in a position of authority, you use that authority to right obvious wrongs.

If you see someone doing something you know is clearly wrong, tell that person. Tell the offender the act is not acceptable and must be stopped.

There’s nothing wrong with a polite, “I’m sorry, but you can’t do that.”

As for my recent experience, I know one customer may have been saved at the expense of two others — me and my friend.

And, to top it off, the customer who was in the wrong will probably repeat the actions she was allowed to get by with, possibly causing the establishment to lose more customers in the long run.

People must speak up if we, as a nation, hope to thrive in a law-abiding society. Breaking the rules is breaking the rules, no matter how small and insignificant that rule may seem.

Silence is not always golden.

—Jamie Johnson
Assistant Editor

Responsibility lies in the hands of Hollywood’s head honchos

To the Editor:

At 11:30 a.m., Tuesday April 20, two teenage boys dressed in long black trench coats opened fire in a high school. About 20 students were injured and 13 were fatally shot. What would pervert someone to do something this horrific?

I have noticed that a lot of kids act as if they are big, tough, macho gang-bangers.

The question remains: how far do you have to go to prove how tough you are?

Unfortunately, today, the answer is going into your school and getting a little revenge on those guys who always pick on you.

Was this act of violence enough to show that this isn’t a joke or a game?

Thirteen people were murdered; their lives on God’s green earth are over. Dead. No more.

I’ll guarantee that none of those students had any idea who and why these crazed people were shooting at them. Is this right?

It is time for people to take a stand. Just how many movies have you seen where people have been murdered and no consequences were shown?

How about on Monday night when professional wrestling is on TV, when a lot of little kids see it is acceptable to beat someone with a chair or a baseball bat.

Some people in the entertainment industry should take a big step back and examine what they are showing their viewers.

Let’s just forget about the “parent’s responsibility” approach — that parents should filter what their children watch or listen to. All we see is the glamorizing of violence and death, making it seem like fun and games.

Where does this all end?

It is not cool. It is not a game.

This is real life. Those were real people.

—Jacob Thompson
OKCCC Student

WANTED: Opinions in good condition, running well. Writers need to include name and home phone number. Call 682-1611 ext. 7675, ask for Melissa.

RUBES®

By Leigh Rubin

The defensive back of Notre Dame meets the Hunchback of Notre Dame.
HOMOSEXUALITY:

The Bible says it is wrong

To the Editor:

We are not writing this to condemn anyone on their lifestyle choice, but we want to clear up the homosexual issue involving God.

First, 2 Timothy 3:16 and 17, in the Bible, tells us that “All scripture is God breathed and is useful for teaching, rebuking, correcting and training in righteousness...” This leads us to believe that when Corinthians 6:9-10 says, “Do you not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor male prostitutes nor homosexual offenders... will inherit the kingdom of God,” that means God does not accept this lifestyle. This is also found in Romans 1:18-32.

Many people who believe in God do not believe this is relevant to their lives, but if God is in your life then we do not believe this is the only way to overcome the sin of homosexuality.

If you have any questions about the scriptures or any of this, please respond by e-mail to: jcl@po.okc.cc.ok.us

—Jon and Carol Leeth

OKC area airport seeks volunteers

To the Editor:

Announcing opportunities to become a part of “the world of flight” at Will Rogers World Airport!

The airport is looking to staff an additional information and referral booth.

If you enjoy people, this is a great opportunity for you to volunteer your time.

Volunteers answer phones, make pages throughout the terminal, assist travelers and provide information about the airport and city.

Shifts are three hours and can be any day of the week. For more information, call 232-5507.

—Margie Law

Airport Coordinator

Travelers Aid of Oklahoma

OKCCC stars shine in night of 10-minute plays

April 14 through 17, the students of the OKCCC drama department put on “Open Plains Original, A Night of 10-Minute Plays.”

The plays were performed on the first floor of the library with the audience in a semicircle around half of the makeshift stage. This feature helped the crowd get intimately involved with each play.

The night started off with “A Good Day To Die,” written by drama student Spencer Francis. Here he narrates an Indian fable of a deerwoman.

Charlie Rose who portrayed Hannah, the evil deerwoman, did a great job along with Hokti played by Lai Nguyen, Chisi by Chris Bruza, and Uncle John played by Mark Salas.

“Daddy’s Little Girl,” written by drama student Tom Johnson pulled at the heart strings of all fathers who have to face the fact of their daughter going on her first date.

The dad was played by Paul Tomlin. He did a fantastic job as he showed the pain he felt as he let his daughter, Suzy, played by Jen Armstrong, go out with her classmate, Donnie, played by Shane McKenna.

The long minutes Donnie spent with Suzy’s dad were humorous — every young man’s nightmare. Johnson must have daughters.

In “The Falling Broker,” a stock broker down on his luck played by Jason Mayo decides to end it all by jumping out of his high rise office window. During his fall, he meets up with a bird played by Kirk Suttles.

This dynamic duo did a superb job. They really complemented each other’s performance very well.

The Open Plains Original was definitely original.

With a running time of just over two hours, the drama students worked hard and their effort was definitely shown.

—Traci Washington

Newswriting I Student

Play Review

Paul Tomlin and Jen Armstrong in “Daddy’s Little Girl.”

Everyone’s entitled to an opinion

“Whether homosexuality is right or not is simply a matter of opinion. I have my opinion and others have theirs.”

—Patrick Figaro

OKCCC Student

Comments and Reviews

To the Editor:

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—Traci Washington

Newswriting I Student

OKCCC Student
College GED course convenient for most

By Courtney Owens
Newswriting I Student

OKCCC’s General Education Degree program goes the distance for students enrolled by providing options for those wanting to go through the program.

For starters, morning, afternoon and evening preparation classes are available.

Besides convenience, OKCCC’s GED program has another unique quality. Its graduates participate in a formal graduation ceremony.

According to Program Coordinator Sue deCardenas, this gives students the chance to take part in a graduation ceremony since many may not have had that opportunity in high school.

“We try to duplicate high school graduation as much as we can,” she said.

OKCCC GED graduates, as well as graduates from other programs, are invited to take part in the ceremony.

The ceremony has all the perks of high school graduation right down to the graduation march.

Robes, tassels and class rings are available to the graduates.

“The most rewarding part of my job is the GED graduation,” deCardenas said.

The perks don’t stop there deCardenas said.

“OKCCC’s GED program is also one of the few in the state with an open test site,” deCardenas said.

That means students have the option of taking the GED test whenever it’s convenient via OKCCC’s testing center.

GED preparation classes are offered for noncredit enrollment.

Classes are free in the spring and fall semesters.

For more information call 682-7804.
By Mike Colley
Newswriting I Student

This year’s winner of the Miss Latina Cinco De Mayo title is OKCCC’s own Cathy Turke. The Oklahoma City resident claimed the honor after competing in several categories. In order for Turke to become Miss Latina Cinco De Mayo, she had to compete in a pageant that involved an interview, a casual and formal dress competition as well as a talent contest.

“I was nervous at first but now I am just excited,” Turke said.

Robyn St. Clair attends OKCCC and works with Turke. She said she was glad to hear about her friend winning the pageant.

“I am very happy for Cathy,” she said.

“I know that she will make a good Miss Cinco De Mayo.”

Cinco De Mayo is the Mexican holiday that celebrates the victory of the Mexican Army over France at the battle of Puebla.

Turke will now receive the benefits of her efforts by making special appearances in three Oklahoma City parades, three interviews on the local radio station KJ-103, as well as six television appearances.

Turke said she plans to take this achievement seriously by doing what she can to fully represent her culture.

“It is an honor to be Miss Latina Cinco De Mayo and not only because I am representing the Hispanic community but my culture and heritage as well.”

Primadonna struts her stuff

By Darcey Ralls
Staff Writer

Canadian opera singer Mary Lou Fallis began her entertaining and comedic performance at OKCCC April 27 by entering through the audience pushing a stroller full of groceries and diapers, popping bubble gum and coughing incessantly.

Fallis advanced on the stage and began to ready herself for a performance by putting on make-up and going through several peculiar warm-up exercises.

“You might think being a prima donna is easy,” she said. “But it’s not.”

Approximately 35 people attended the award winning show, “Primadonna,” which provided an entertaining, comic and charming look at the life and work of an opera singer. OKCCC student Danette Mauldin learned about the event in her music appreciation class.

“It is very entertaining,” Mauldin said during the intermission.

Fallis began her career as an operatic soprano at the age of 15, performing in a production of Mozart’s “The Magic Flute.”

Her international career furnished sufficient material for “Primadonna,” which is based on her life as a singer.

“Primadonna” was directed by Heath Lambers and written by Mary Lou Fallis. Peter Teifenbach played the piano and Sue LePage provided the designs. Student Tom Johnson was the technical director.

“It was a rare opportunity to work with such a talented person,” he said. “She was a real pleasure to work with.”

The event was part of the Cultural Awareness Series sponsored by the Office of Global Education and Cultural Programming and the Oklahoma Arts Council.

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MATH 3333 940
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Mondays, Wednesdays, Fridays, 8-9:50 a.m.

Fall Semester 1999
August 23 - December 17

ANTH 3893 940
Maya, Aztec, and Inca: High Civilizations of Ancient America
Mondays & Wednesdays, 4-5:20 p.m.

COMM 3483 940
Communication & Argumentation
Tuesdays, 5-7:55 p.m.

COMM 3513 940
Intercultural Communication
Mondays, 5-7:55 p.m.

ECF 2213 940
Introduction to Digital Design
Mondays & Wednesdays, 5:30-6:45 p.m.

HR 5100 940
Supervision of Counseling & Family Therapy
Wednesdays, 5:30-8:40 p.m.

MATH 3333 940
Linear Algebra
Tuesdays & Thursdays, 4-10-5:25 p.m.

MATH 3333 940
Linear Algebra
Tuesdays & Thursdays, 4-10-5:25 p.m.

PSY 2113 940
Research Methods I: Statistics
Wednesdays, 5-7:55 p.m.

PSY 3203 940
Cognitive Psychology
Thursdays, 5-7:55 p.m.

It is the student’s responsibility to confirm with an advisor the applicability of a course to his/her degree program. Eligibility for enrollment in courses listed above is subject to admittance to the University of Oklahoma and satisfaction of prerequisites when applicable.

For registration and course information contact OKCCC-OU office, 682-7569 (located in Main Building near Campus Safety & Security Office), or the University of Oklahoma College of Continuing Education, 325-2891.
OKCCC’s best students honored

“Awards,”
Cont. from page 1

Design: Kathy Willis, Computer Science; Patricia Allen, Nursing; David S. Steagall.
Pre-Engineering: RaeAnn Thomas, Biology; and Monica Zasueta, Mathematics.
Bobby D. Gaines Scholarships were presented to Jamie Winders and Chris Young.
Faculty Association Scholarships went to Tony F. Aylesbury, Melody Lee Joyce, Brian Owen, Cristiana Penn, Stacia Roybal, David Steagall and Susan Wierima.
Nursing Scholarship Awards were presented to Sara Bieger, Frank Dickinson, Amy Gay, Traci Jackson and Tracy Sellers.
Taffi Davenport was awarded the Jack Cain Memorial scholarship.
Kay Edwards Memorial Scholarships were given to Michael Cross, Lola Hales, Randal Long and Randi Maloy.
Darcey M. Ralls was presented with the Matt Skvarla Journalism Memorial Scholarship.
Ronda Evilla, Dana Foreman, Lisa Stephens, Stormy Jackson and Barbara Brown each received a Women of the South Scholarship.
Certificates of Appreciation were given to: Melissa Guice, Pioneer; Meredith Dunkerson, Abilities Galore; Terry Stanley, Aging Studies Club; Paul Stucke, Baptist Collegiate Ministries.
Also Keisha Brown, Campus Activities Board; Steven Phillips, Chess Club; Casey Satterlee, Chi Alpha; Grant Williams, Computer Aided Design Society of Oklahoma; Charlotte R. Hill and Jason Mayo, Drama Club; David S. Steagall, Engineering Club.
Tom Johnson, Future Teachers’ Organization/Student Oklahoma Education Association; Stacia Roybal, The Leadership Council; Venessa Mendoza, Hispanic Organization to Promote Education; Kimberly Codynah, Native American Cultural Awareness Organization; Kathy Saylor, PASS with CLASS; Stacia Roybal, Phi Theta Kappa; Kelly Thompson, Psi Beta.
Kristi Mayhle, Psychology/Sociology Club; Chris Young, Scholar’s League; Shane McKenna, Science Club; Marcella Joy Felts, Student Nurses’ Association; and Trena Whitefield, Student Physical Therapist Assistant Organization; Certificates of Achievement were given to: Lara Bliss, Music; Kyna Burnett, Graphic Communications; Jacqueline Fladstol, Public Relations; James Fynmore, Modern Languages; Dustin R. Johnson, Humanities/Literature; Jamie Johnson, Journalism.
Jennie Martinez, Broadcasting; Alice Onco, Theater Arts; Alana Stephens, Speech; Robert Tautfest, Visual Arts; Lacey Wood, Pre-Education; Darla Attwood, Real Estate; Stanley Campbell, Management; Allen Moore, Automotive Technology Internship Program; DeAnna Rethford, Business; Cindy Sanders, Accounting; Denise K. Young, Finance; Angela Zelenik, Banking/Finance.
Jamie Winders, Diversified Studies; Ann Arthur, Physical Therapist Assistant; Celeste Krebs, Health Psychology; Genevieve Meyer, Gerontology; Leann Parr, Psychology; Christy Pearn, Child Development; Deborah Brown, Medical Transcriptionist; Brian Butler, Aviation Maintenance Technology.
Richard Cain, Computer Programming; Katie Cardinal, Office Automation Specialist; Huong Lu, Computer Science; Dawn Miller, Microcomputer Specialist; Justin Nguyen, Manufacturing Technology; Richard Ortiz, Electronics; William Petty, Electronics; James Secrist, Architectural Manufacturing Design; Jeremy Martin, Computer-Aided Design; Mike Robison, Computer Science; Linda Steele, Office Administration; Derek Vinson, Electronics; Chad Woodman, Automated Aerospace; Dusty Wooten, Microcomputer Support Technology.
Sara Bieger, Nursing; Steven Murray, Respiratory Care; Darla R. Wright, Surgical Technician; Ervina Baruti, Science/Pre-Dentistry; Taffi Davenport, Mathematics; Long Nguyen, Pre-Engineering.
Thi Nguyen, Science/Physics; Thien-Lan Nguyen, Science/Pre-Pharmacy; Ritesh Patel, Science; Kim Pham, Pre-Baccalaureate Nursing; Rebecca Ross, Chemistry; Melissa Telford, Biology; and Michael Tucci, Science/Pre-Med...
OKCCC coordinator of student activities Mike Jones was enthusiastic about the ceremony and reception.
“It’s always our pleasure to honor the hard work of students,” he said.
“It’s a great opportunity for us to give back to the students who give so much to our college.”
Seniors show artistic side

OKCCC Student Jarred Campos examines the detail in an oil painting entitled “Country Road.” The piece, which will hang in the OKCCC library until June 3, carries a price tag of $75.

Below: “Serenity Lake” by Larry Edwards is ready to go home with a buyer for $275. Edwards is part of a senior group that meets each week in Genie Brock’s oil painting class.

“The Seniors Who are Young at Heart” exhibit can be viewed Monday through Thursday at the OKCCC library —

Thursday — 7:30 a.m. to 11 p.m.
Friday — 7:30 a.m. to 8:30 p.m.
Saturday — 8 a.m. to 5 p.m.
Sunday — 12:30 to 4:30 p.m.

Artists on display are:

Left: “Pink Roses,” a painting by Anna Cole, one of the many artists aged 55 and older who is participating in the “Seniors Who are Young at Heart” showing in the library. The price is $85.

Right: “Reflection at Twilight,” by artist Larry Edwards is on exhibit in the OKCCC library. It is also on sale for $245. Several pieces of art are on display through June 3 as part of the “Seniors Who are Young at Heart” showing. Genie Brock is the instructor for the 55 and over class that meets each week at Woodson Park in south Oklahoma City. Brock said the most important thing about painting is the enjoyment and satisfaction each student gains from the learning experience.

Photos by John Thomas
Physical therapy assistant scholarship awarded

By Darcey Ralls
Staff Writer

OKCCC physical therapy assistant student Anita Franks has yet another national award to add to her growing collection.

She was recently awarded the Mary McMillian Physical Therapy Assistant Student Scholarship by the American Physical Therapy Association.

“Mary McMillian is the founder of physical therapy,” Franks said. “Each year, the APTA gives out scholarships to one physical therapy student and one PTA student.”

“I am really excited. I still can’t believe it, to tell you the truth.”

Franks was nominated by her director, Peggy Newman.

“I believe that she embodied all of the qualities required for this award,” Newman said. “She was very deserving of this honor. It is the highest award given to physical therapy assistant students.”

After being nominated, Franks had to apply for the scholarship by writing an essay and providing five letters of reference. Two of the letters had to be from instructors, two from PT professionals and one from another PTA student.

Volunteer activities and club involvement were also factored into the decision.

Franks has served as the president of the student physical therapy assistant organization and has been a major force behind the club’s success.

“We were able to accomplish a lot of things,” Franks said. “We did health fairs, we did a walk-a-thon for a girl that had a liver transplant.

“We did it because we were a team and it was teamwork.”

SPTAO won a first-place award for Organization of the Year at this year’s jubilee awards ceremony.

“We’ve been told that we have raised more money than any other club on campus,” said Newman, the club’s sponsor.

SPTAO tied with the Drama Club for the Best Scrapbook Award and two of its members — Trena Whitefield and Anita Franks — won awards for Volunteer of the Year.

In addition to the Mary McMillian Scholarship Award, Franks was named the Physical Therapy Student of the Year by the APTA earlier this year.

Franks said she chose physical therapy as her profession because her son had a rare form of polio and needed physical therapy.

Seeing first-hand how much it helped him, she decided to enroll in school and become a PTA.

“I think the PTA program at OKCCC is one of the finest in the state,” she said. “The professors and the director take whatever time is necessary if you don’t understand something.”

Franks trained through clinicals for almost three years in Southwest Medical Center’s physical therapy program in south Oklahoma City.

(Several of the PT’s and PTA’s I came in contact with had graduated from OKCCC’s program,” she said.

“They were a tremendous help to me.”

Franks will graduate in May and plans to work as a PTA.

Anita Franks, OKCCC physical therapy assistant student, helps Pat Tate with her physical therapy at Mercy Health Center in Yukon. Tate is recovering from a complete knee replacement.

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The creative juices have been flowing and the result is Absolute 99, the literary and art journal of OKCCC. Clay Randolph is the faculty adviser of the Absolute. He said the journal is diverse.

“The journal is comprised of mainly student work but does feature some work from staff at the college,” said Randolph, also an ORCCC professor of composition and literature.

Larry B. Stem and Sharon R. Kear were the student editors of this edition. They read all the selections that were entered.

Randolph said one particular piece in the journal is of special interest.

“A highlight this year is the inclusion of ‘One frame at a Time,’ an essay by Chuck Porter, who won the Pulitzer Prize for one of his photographs of the Oklahoma City bombing,” Randolph said.

There will be a free reception May 6 in the foyer of the library at 4 p.m.

Refreshments will be served and authors of the short stories and essays will read selections of their work.

Copies of the Absolute will be available for purchase at a cost of $5. The public is invited to attend.

New college grads wanted for upward career move.

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See The Friendly Dodge Dealer Near You

*Ask for eligibility requirements. Not available with certain other offers.
Highlights

Scholarship deadlines approaching

The deadline for the Cloud of Witnesses Scholarship is May 15. Anyone can apply for the Cloud of Witnesses Scholarship. The deadline for the Future Teachers Scholarship is May 21. Only those who are planning to pursue teaching as a career should apply for this scholarship. Applications can be picked up in the Prospective Student Services office on the first floor of the main building. For more information, contact Linda Sapp at 682-1611 ext. 7580.

Pagan Student Alliance seeks interested students

Another new club, the Pagan Student Alliance, is forming on campus this semester. OKCCC student Heather Belcher said the purpose of the club will be to support students who have pagan beliefs and also to inform people as to what paganism is. The club will allow pagan students and students who are interested in paganism to learn and grow with others following the ancient paths. To sign up or to request more information, call the Student Life Department at 682-1611 ext. 7737.

OKCCC offers fitness workshops

Fitness instructors who would like to receive certification or continuing education training can attend one of several workshops sponsored by OKCCC’s Health Technology Center and the National Dance and Exercise Instruction Training Association. The Aerobic Certification Workshop will be held Saturday, May 15, for potential and current fitness instructors. This workshop covers the basic academic and practical applications of teaching group exercise, including basic steps, heart rate checks, beats, warming up and safety. Workshop registration includes a full-day review, written exam, two-year certification and membership to the NDEITA. Continuing education workshops will also be held for teachers of aquatic aerobics and kickboxing on May 16. Pre-registration for any of the workshops is important, as space is limited. For more information or to register, call 1-800-237-6242.

Get ready for summer with water safety training

For some of the thousands of water safety professionals who spend their summer guarding the lives of swimmers across the state, the Southwest Regional Aquatic and First Aid School is the most important instruction they will receive. Held by the Office of Recreation and Community Services at OKCCC in conjunction with the Oklahoma County Chapter of the American Red Cross and the Recreation and Parks Society, this year’s training will be conducted May 7 through May 23 at OKCCC’s Aquatic Center. Lifeguards, swimming instructors, coaches, pool maintenance people and camp counselors who want to learn about water safety are encouraged to attend the training. Courses include Lifeguard Training, CPR for the Professional Rescuer, Safety Training for Swim Coaches, Water Safety Instructor and many others. Several sections in each course are offered through April and May. For more information about cost and times for classes, call the Office of Recreation and Community services at 682-7560.

Fall tuition fee waiver applications available

Fall tuition fee waiver applications are available in the student financial aid center located on the first floor of the main building. The deadline to submit applications to the student financial aid center is 5 p.m. Friday, Aug. 6. Fall tuition fee waiver awards will be posted in the student financial aid center on Friday, Aug. 20.

Yan Xin Qigong promotes coordination of mind, spirit

By Jamie Johnson
Assistant Editor

An old form of Eastern medicine is making it’s way westward to OKCCC. Qigong, pronounced Chi Kung, are mental and physical training exercises that are widely beneficial for disease elimination and prevention as well as health maintenance and enhancement, said Dr. Wei Cao, professor of Ophthamology at the University of Oklahoma School of Medicine.

Vijayan Ramachandran, professor of business at OKCCC, along with Rob Loving, OKCCC adjunct professor, will be the faculty sponsor of the new club, with considerable help and instruction from Dr. Cao. Originally from mainland China, Cao received his MD in Ophthamology and his Ph.D. of clinical science at the University of Sherbrooke in Canada in 1993. Qigong, Cao explains, is a form of alternative medicine that focuses on the coordination of the mind and the spirit. It dates back over 7000 years and is passed down from generation to generation—from masters to their students.

“There are thousands of different types of Qigong,” said Cao. “The one that we will be teaching and using will be Yan Xin Qigong.” This type of Qigong combines the use of traditional Chinese medical practices and Western medicine, Cao said.

Any interested and potential member should sign up outside of Ramachand-
Classifieds


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Some of the top names in the motion picture industry will be in attendance as OKCCC hosts the second annual Oklahoma Film Institute.

The Institute is a statewide project that gives up-and-coming camera operators, sound mixers, electricians and editors hands-on experience in all aspects of film production.

The Oklahoma Film Institute will consist of three training programs led by professionals in the business.

Participants will learn professional techniques to create their film, from the basics of operating a camera and recording sound on location to editing the film digitally at the college using advanced computer programs.

Several Oklahoma film industry professionals will lend their expertise to the intensive, two-week institute, including Brian “Bulldog” Blagowsky, who has served as key grip, electrician and gaffer on motion pictures for HBO, Fox Television and Warner Brothers.

Gwyn Williams, senior arts and music producer for the BBC in Wales and guest teacher at OKCCC for the spring, will share his knowledge with the students as well.

The film institute was created two years ago to showcase the state to filmmakers, according to Dr. Manuel Prestamo, dean of Global Education and Cultural Programming at OKCCC.

Film Production I and II will be held May 14 through 18 and May 19 through 23, respectively, at Lake Murray State Park.

Editing Techniques will be held May 24 through 28 at OKCCC.

Enrollment is limited to 16 students.

This event is sponsored by OKCCC’s Office of Global Education and Cultural Programming and the Oklahoma Department of Tourism and Recreation.

For more information, or to enroll in the Oklahoma Film Institute, contact the Office of Global Education and Cultural Programming at OKCCC at 682-7579.

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